

Data:	09-05-2010	Hora:	11h00	Local:	Coimbra			
Natação	750 mt	Ciclismo:	20.000 mt	Corrida:	5.000 mt			

Ranking:	Taça de Portugal	Hora de Partida:	00h00
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	Ciclism	P	Corrida	Total	Diff
1	3016	3	Bruno Pais	-	SEN	Sport Lisboa e Benfica	8	00:09:00	3	00:35:04	5	00:13:30	00:57:35	
2	1105	30	João Serrano	-	JUN	SR Camarnal / Seguros	2	00:08:42	5	00:35:30	15	00:14:18	00:58:32	00:00:56
3	1117	29	Hugo Ventura	-	JUN	Clube Olímpico de Oeiras	4	00:08:51	4	00:35:19	17	00:14:34	00:58:45	00:01:09
4	2088	13	Miguel Arraiolos	-	S23	C. D. "Os Águias" de Alpiarça	14	00:09:16	10	00:36:54	3	00:13:17	00:59:28	00:01:52
5	2087	15	José Estrangeiro	-	S23	Assoc. Académica de Coimbra	12	00:09:14	9	00:36:49	6	00:13:51	00:59:56	00:02:20
6	1113	32	Gil Maia	-	JUN	CFV	19	00:09:29	6	00:36:35	7	00:13:54	00:59:59	00:02:23
7	3284	36	Pedro Gomes	-	SEN	Clube Olímpico de Oeiras	18	00:09:28	8	00:36:40	9	00:13:55	01:00:04	00:02:28
8	1162	54	Miguel Fernandes	-	JUN	Clube Olímpico de Oeiras	7	00:08:58	14	00:37:03	11	00:14:03	01:00:05	00:02:29
9	1167	27	José Veiga	-	JUN	Clube Olímpico de Oeiras	16	00:09:18	11	00:36:56	8	00:13:55	01:00:09	00:02:33
10	1153	22	Luis Filipe Marafuz	-	JUN	Alhandra Sporting Club	20	00:09:31	7	00:36:36	13	00:14:07	01:00:15	00:02:39
11	1156	23	Pedro Araújo Mendes	-	JUN	C. D. "Os Águias" de Alpiarça	9	00:09:05	16	00:37:09	14	00:14:16	01:00:31	00:02:55
12	1095	28	João Amorim	-	JUN	Alhandra Sporting Club	3	00:08:44	19	00:37:29	20	00:14:37	01:00:51	00:03:15
13	1293	51	Pedro Afonso Gaspar	-	JUN	C. D. "Os Águias" de Alpiarça	6	00:08:55	17	00:37:11	30	00:14:53	01:01:00	00:03:24
14	2152	17	Pedro Laginha Palma	-	S23	CFV	22	00:09:36	31	00:38:18	4	00:13:25	01:01:20	00:03:44
15	1247	52	Filipe Azevedo	-	JUN	C. D. "Os Águias" de Alpiarça	10	00:09:12	13	00:37:02	41	00:15:23	01:01:38	00:04:02
16	2151	226	Tiago Maia	-	S23	CFV	11	00:09:13	12	00:36:56	46	00:15:33	01:01:43	00:04:08
17	1106	31	Fabricao Tomás	-	JUN	Alhandra Sporting Club	5	00:08:54	18	00:37:18	48	00:15:38	01:01:51	00:04:16
18	2160	16	Ruben Costa	-	S23	Sporting Clube de Portugal	17	00:09:20	41	00:38:45	12	00:14:04	01:02:11	00:04:35
19	1166	21	Hugo Alves	-	JUN	C. T. Fundação	27	00:10:00	25	00:37:48	16	00:14:25	01:02:14	00:04:38
20	1223	195	Rui Tenrinho	-	JUN	Alhandra Sporting Club	13	00:09:15	15	00:37:05	74	00:16:16	01:02:38	00:05:02
21	2127	579	Diogo Custódio	-	S23	Sporting Clube de Portugal	21	00:09:35	33	00:38:22	29	00:14:52	01:02:50	00:05:14
22	1203	53	Rafael Ribeiro	-	JUN	Alhandra Sporting Club	25	00:09:41	30	00:38:17	32	00:14:56	01:02:55	00:05:19
23	1249	24	João Curado	-	JUN	Sporting Clube de Portugal	15	00:09:17	40	00:38:41	36	00:15:05	01:03:05	00:05:29
24	1149	26	Guilherme Marques	-	JUN	C. D. "Os Águias" de Alpiarça	28	00:10:04	35	00:38:34	23	00:14:41	01:03:20	00:05:44
25	3127	377	Tiago Lobo	-	SEN	COMPEED - Tri-Oeste	45	00:10:44	28	00:38:06	24	00:14:42	01:03:33	00:05:57
26	3412	831	Rui Dolores	-	SEN	Amiciclo	49	00:11:01	24	00:37:45	26	00:14:47	01:03:35	00:05:59
27	1303	50	Ricardo Calado	-	JUN	C. D. "Os Águias" de Alpiarça	33	00:10:10	39	00:38:39	31	00:14:55	01:03:45	00:06:10
28	3264	335	Manuel Alves	-	SEN	Sporting Clube de Portugal	50	00:11:08	1		1		01:03:57	00:06:21
29	3542	123	Pedro Madeira	-	SEN	Molly Maid - Vitoria de Janes	55	00:11:14	20	00:37:38	37	00:15:10	01:04:02	00:06:27
30	3583	1379	Paulo Adão Coelho	-	SEN	Clube Triatlo de Perosinho	29	00:10:06	49	00:38:55	33	00:15:03	01:04:04	00:06:28
31	3107	421	Rui Sousa	-	SEN	C. N. Tejo	56	00:11:15	23	00:37:39	45	00:15:32	01:04:27	00:06:51
32	3485	1111	Nuno Patrício	-	SEN	C. N. Alvito	60	00:11:24	21	00:37:38	44	00:15:32	01:04:35	00:06:59
33	1233	419	Diogo Rosa	-	JUN	C. N. Tejo	57	00:11:15	22	00:37:38	53	00:15:49	01:04:44	00:07:08
34	1216	592	Pedro Miguel Amaral	-	JUN	C. D. "Os Águias" de Alpiarça	23	00:09:36	58	00:39:11	59	00:15:57	01:04:45	00:07:09
35	3484	2	Maria Areosa	-	SEN	Clube Olímpico de Oeiras	31	00:10:07	53	00:38:58	52	00:15:47	01:04:53	00:07:17
36	3666	35	Tiago Silva	-	SEN	Ludens Clube do Machico	95	00:12:32	32	00:38:20	10	00:14:01	01:04:54	00:07:18
37	1042	415	João Francisco Ferreira	-	JUN	C. N. Tejo	42	00:10:24	36	00:38:35	56	00:15:55	01:04:54	00:07:19
38	1155	25	Miguel Marques	-	JUN	Alhandra Sporting Club	26	00:09:59	47	00:38:54	64	00:16:02	01:04:56	00:07:20
39	1154	406	Diogo Mata Tristão	-	JUN	Alhandra Sporting Club	30	00:10:07	42	00:38:46	69	00:16:12	01:05:05	00:07:29
40	2162	490	Jorge Alves	-	S23	Clube Olímpico de Oeiras	65	00:11:41	56	00:39:05	19	00:14:36	01:05:24	00:07:48
41	1202	147	Ivo Cristeta	-	JUN	Alhandra Sporting Club	41	00:10:21	38	00:38:35	86	00:16:37	01:05:34	00:07:58
42	3214	443	Miguel Ganchinho	-	SEN	Clube de Triatlo de Almada	81	00:12:15	37	00:38:35	27	00:14:47	01:05:38	00:08:02
43	4366	301	Carlos Nóbrega	-	V1	Clube Futebol Andorinha	66	00:11:42	61	00:39:19	21	00:14:37	01:05:39	00:08:03
44	3304	482	Ivan Pinto da Silva	-	SEN	Clube Triatlo de Perosinho	58	00:11:18	26	00:37:48	85	00:16:34	01:05:42	00:08:06
45	3704	453	Nuno Rodrigues	-	SEN	Clube de Triatlo de Almada	52	00:11:10	67	00:39:42	35	00:15:04	01:05:58	00:08:22
46	3396	1598	Jorge Figueiredo	-	SEN	Lusavouga-Clube dos Galitos	48	00:10:56	27	00:38:00	101	00:17:02	01:05:59	00:08:23
47	4192	582	Rui Melo	-	V1	COMPEED - Tri-Oeste	75	00:12:04	50	00:38:55	34	00:15:03	01:06:03	00:08:28
48	1204	194	Filipe Miguel Lopes	-	JUN	Alhandra Sporting Club	51	00:11:09	71	00:39:57	38	00:15:11	01:06:18	00:08:42
49	3394	645	Valdo Neves	-	SEN	Oeiras Sport Clube	110	00:13:04	46	00:38:54	22	00:14:38	01:06:37	00:09:01

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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	Ciclism	P	Corrida	Total	Diff
50	1093	18	Mariana Costa	-	JUN	C. T. Fundão	36	00:10:13	59	00:39:17	105	00:17:07	01:06:38	00:09:02
51	3453	515	Armandino Chaves	-	SEN	C. T. Fundão	106	00:12:58	55	00:39:03	25	00:14:45	01:06:47	00:09:11
52	1164	356	David Maia	-	JUN	Clube Olímpico de Oeiras	32	00:10:09	51	00:38:57	138	00:17:41	01:06:48	00:09:12
53	4032	252	Carlos Gomes	-	V2	Oeiras Sport Clube	117	00:13:11	45	00:38:50	28	00:14:49	01:06:51	00:09:15
54	2148	5	Ana Filipa Ferreira	-	S23	Alhandra Sporting Club	40	00:10:19	52	00:38:58	134	00:17:33	01:06:51	00:09:15
55	1248	1079	Henrique Gouveia	-	JUN	Ludens Clube do Machico	98	00:12:35	29	00:38:17	62	00:16:00	01:06:53	00:09:18
56	2092	104	Pedro Miguel Gomes	-	S23	Alhandra Sporting Club	37	00:10:16	48	00:38:54	142	00:17:47	01:06:58	00:09:22
57	3239	210	Telmo Veloso	-	SEN	Porto Runners	101	00:12:42	66	00:39:41	18	00:14:35	01:06:59	00:09:23
58	1313	1411	Bruno Pereira	-	JUN	Lusavouga-Clube dos Galitos	74	00:12:03	43	00:38:48	73	00:16:16	01:07:08	00:09:32
59	5477		Paulo Gonçalves	-	SEN	Individual	46	00:10:45	72	00:40:03	78	00:16:25	01:07:15	00:09:39
60	3591	468	Paulo Janela	-	SEN	Clube de Triatlo de Almada	102	00:12:47	63	00:39:22	39	00:15:11	01:07:21	00:09:45
61	3285	347	Hugo Ferreira	-	SEN	Clube Olímpico de Oeiras	112	00:13:05	54	00:39:02	40	00:15:15	01:07:23	00:09:47
62	3760	1000	Pedro Pinheiro	-	SEN	COMPEED - Tri-Oeste	127	00:13:27	34	00:38:29	42	00:15:27	01:07:25	00:09:49
63	3131	382	João Ferreira	-	SEN	McDonalds/TriBraga	64	00:11:40	80	00:40:28	47	00:15:35	01:07:44	00:10:08
64	3616	1433	Abel Condesso	-	SEN	Assoc. Académica de Coimbra	96	00:12:32	65	00:39:36	50	00:15:40	01:07:49	00:10:14
65	1198	1355	Francisco Machado	-	JUN	C. N. Colégio Vasco da Gama	24	00:09:38	130	00:42:52	43	00:15:30	01:08:00	00:10:24
66	3621	1381	Fábio Magalhães	-	SEN	Clube Triatlo de Perosinho	90	00:12:22	69	00:39:54	55	00:15:52	01:08:10	00:10:34
67	4147	62	Fernando Carmo	-	V1	C. N. Colégio Vasco da Gama	124	00:13:22	44	00:38:49	63	00:16:02	01:08:14	00:10:38
68	3501	371	Tiago Neves	-	SEN	COMPEED - Tri-Oeste	44	00:10:38	77	00:40:19	123	00:17:24	01:08:21	00:10:45
69	3614	1562	Manuel Júlio	-	SEN	Individual	73	00:12:02	73	00:40:04	75	00:16:18	01:08:25	00:10:49
70	2131	108	Miguel Medeiros	-	S23	CFV	43	00:10:33	87	00:40:57	97	00:16:58	01:08:29	00:10:53
71	3464	1117	Duarte Martins	-	SEN	Clube Futebol Andorinha	79	00:12:12	76	00:40:11	65	00:16:06	01:08:30	00:10:54
72	3135	1161	Mário Guedes	-	SEN	Assoc. Académica S. Mamede	87	00:12:20	70	00:39:55	79	00:16:26	01:08:42	00:11:06
73	3128	616	José Ferreira	-	SEN	McDonalds/TriBraga	114	00:13:07	57	00:39:08	81	00:16:28	01:08:44	00:11:08
74	3524	632	Paulo Sequeira	-	SEN	Peniche A. C.	77	00:12:08	74	00:40:05	83	00:16:32	01:08:45	00:11:09
75	3054	643	António Luz Gomes	-	SEN	Oeiras Sport Clube	93	00:12:30	64	00:39:34	90	00:16:44	01:08:48	00:11:13
76	4384	471	Paulo Carvalho	-	V2	Clube de Triatlo de Almada	35	00:10:13	94	00:41:13	121	00:17:23	01:08:50	00:11:14
77	3195	517	Ana Filipa Santos	-	SEN	C. T. Fundão	63	00:11:38	85	00:40:38	87	00:16:38	01:08:55	00:11:19
78	3207	870	José Magalhães Dias	-	SEN	A. M. C. R. Fonte Grada	99	00:12:40	60	00:39:18	99	00:17:00	01:08:58	00:11:22
79	1314	680	João Miguel Cristo	-	JUN	Clube de Triatlo de Almada	85	00:12:17	68	00:39:49	102	00:17:03	01:09:11	00:11:35
80	4040	1373	António Raposo	-	V3	Louletano/AlgarvCycles/LouleJardimHot	92	00:12:27	75	00:40:11	92	00:16:45	01:09:24	00:11:48
81	3005	321	Diogo Almeida	-	SEN	C. F. "Os Belenenses"	47	00:10:50	81	00:40:29	162	00:18:18	01:09:38	00:12:02
82	4015	1046	José Oliveira	-	V3	Molly Maid - Vitoria de Janes	116	00:13:09	62	00:39:20	106	00:17:07	01:09:38	00:12:02
83	3769	1303	João Pereira	-	SEN	Lusavouga-Clube dos Galitos	147	00:13:53	79	00:40:27	49	00:15:39	01:09:59	00:12:24
84	4178	299	Joaquim Fernandes	-	V2	Clube Futebol Andorinha	1		2		2		01:10:31	00:12:55
85	3416	1500	Miguel Vigôco	-	SEN	Clube Triatlo de Perosinho	61	00:11:28	90	00:41:02	150	00:18:00	01:10:32	00:12:56
86	2143	353	Ana Teresa Machado	-	S23	Clube Olímpico de Oeiras	82	00:12:15	127	00:42:43	71	00:16:12	01:11:12	00:13:36
87	3697	729	Patrick Silva	-	SEN	McDonalds/TriBraga	148	00:13:54	78	00:40:22	98	00:16:58	01:11:15	00:13:39
88	3535	139	Pedro Francisco	-	SEN	TRIATLO CLUBE TAP	174	00:14:52	88	00:40:57	51	00:15:41	01:11:31	00:13:55
89	3100	871	Luis Cipriano	-	SEN	A. M. C. R. Fonte Grada	160	00:14:20	93	00:41:11	60	00:15:59	01:11:31	00:13:55
90	1311	43	Andreia Lopes	-	JUN	C. F. "Os Belenenses"	71	00:11:55	83	00:40:35	184	00:19:06	01:11:37	00:14:01
91	3837	1604	Nelson Mestre	-	SEN	Assoc. Académica de Coimbra	80	00:12:14	118	00:42:21	103	00:17:05	01:11:41	00:14:05
92	3208	1440	Rui Trovão	-	SEN	Assoc. Académica de Coimbra	132	00:13:33	92	00:41:09	100	00:17:00	01:11:44	00:14:08
93	3300	241	Nelson Santos	-	SEN	Peniche A. C.	161	00:14:20	99	00:41:28	61	00:16:00	01:11:49	00:14:13
94	3411	163	Luis Novo	-	SEN	Alhandra Sporting Club	137	00:13:45	82	00:40:32	132	00:17:32	01:11:50	00:14:14
95	3143	1162	Daniel Reis	-	SEN	Assoc. Académica S. Mamede	107	00:13:00	104	00:41:36	122	00:17:23	01:12:00	00:14:24
96	3673	384	Henrique Avelar	-	SEN	Resistentes	162	00:14:24	96	00:41:17	80	00:16:26	01:12:08	00:14:33
97	4377	381	Faber Martins	-	V1	McDonalds/TriBraga	157	00:14:15	111	00:42:04	54	00:15:50	01:12:10	00:14:34
98	3081	288	Ricardo Vieira	-	SEN	Assoc. Académica de Coimbra	129	00:13:30	120	00:42:23	76	00:16:20	01:12:15	00:14:39

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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	Ciclism	P	Corrida	Total	Diff
99	3183	1353	Ricardo Figueira Silva	-	SEN	C. N. Colégio Vasco da Gama	120	00:13:15	103	00:41:34	126	00:17:27	01:12:17	00:14:41
100	1048	215	Diogo Soares	-	JUN	Alhandra Sporting Club	69	00:11:47	141	00:43:17	111	00:17:13	01:12:18	00:14:42
101	3392	380	Katarina Larsson	-	SEN	COMPEED - Tri-Oeste	59	00:11:22	145	00:43:26	131	00:17:31	01:12:20	00:14:44
102	3181	1164	Luis Correia Ferreira	-	SEN	Assoc. Académica S. Mamede	115	00:13:09	123	00:42:39	88	00:16:39	01:12:28	00:14:52
103	3586	977	Miguel Carneiro	-	SEN	Clube de Praças da Armada	91	00:12:24	137	00:42:59	107	00:17:09	01:12:32	00:14:57
104	1251	1386	João Campos Cunha	-	JUN	Clube Triatlo de Perosinho	72	00:11:58	125	00:42:42	153	00:18:02	01:12:43	00:15:07
105	1295	522	Miguel Ângelo Silva	-	JUN	Ext. Coop. da Benedita	152	00:14:05	102	00:41:33	120	00:17:23	01:13:01	00:15:25
106	5487	1301	Nuno Monteiro	-	SEN	Lusavouga-Clube dos Galitos	130	00:13:30	115	00:42:17	115	00:17:18	01:13:06	00:15:30
107	3570	152	Jordão Alves	-	SEN	Individual	149	00:13:58	106	00:41:39	128	00:17:29	01:13:07	00:15:31
108	4014	742	João Santos	-	V2	A.B.V.Estoris / Nutrilogia	105	00:12:56	107	00:41:40	167	00:18:31	01:13:07	00:15:31
109	3674	386	Pedro Carreira	-	SEN	Resistentes	197	00:16:00	84	00:40:38	84	00:16:33	01:13:11	00:15:35
110	3026	832	Anibal Oliveira	-	SEN	Amiciclo	193	00:15:48	91	00:41:09	72	00:16:15	01:13:13	00:15:37
111	3703	436	Rui Firmino	-	SEN	Clube de Triatlo de Almada	134	00:13:40	116	00:42:18	113	00:17:17	01:13:15	00:15:39
112	4108	225	Paulo Leitão Santos	-	V2	Peniche A. C.	144	00:13:51	86	00:40:46	171	00:18:43	01:13:20	00:15:45
113	4114	1148	Pedro Gaspar	-	V1	C. D. "Os Águias" de Alpiarça	108	00:13:01	150	00:43:59	77	00:16:21	01:13:22	00:15:46
114	1200	408	Laura Costa Bento	-	JUN	Alhandra Sporting Club	54	00:11:13	113	00:42:15	208	00:19:58	01:13:27	00:15:51
115	3772	1312	Ricardo Lanceiro	-	SEN	Açoreana Clube Banif	166	00:14:39	132	00:42:54	58	00:15:56	01:13:30	00:15:54
116	2168	1368	Andreia Ponte	-	S23	Louletano/AlgarvCycles/LouleJardimHot	67	00:11:44	97	00:41:17	220	00:20:31	01:13:34	00:15:58
117	1097	20	Sofia Almeida	-	JUN	Alhandra Sporting Club	38	00:10:16	159	00:44:37	175	00:18:52	01:13:46	00:16:10
118	3575	1292	Josué Oliveira	-	SEN	Lusavouga-Clube dos Galitos	163	00:14:25	100	00:41:29	148	00:17:55	01:13:50	00:16:14
119	3735	740	Ricardo Filipe Costa	-	SEN	A.B.V.Estoris / Nutrilogia	155	00:14:11	109	00:41:44	152	00:18:01	01:13:57	00:16:21
120	1316	1474	Daniel Conceição	-	JUN	Triathlon Lamego Club	76	00:12:05	131	00:42:52	183	00:19:04	01:14:02	00:16:26
121	2167	1332	Romer Júnior	-	S23	Clube de Praças da Armada	179	00:15:09	110	00:42:03	109	00:17:12	01:14:25	00:16:49
122	3519	809	Nuno Sá	-	SEN	Clube de Veteranos do Porto	164	00:14:29	140	00:43:17	89	00:16:41	01:14:28	00:16:52
123	5298		Camilo Queiroz Oliveira	-	V1	Individual	194	00:15:49	105	00:41:37	114	00:17:17	01:14:44	00:17:08
124	1301	847	Rita Maria Lopes	-	JUN	Amiciclo	181	00:15:14	119	00:42:23	104	00:17:06	01:14:44	00:17:09
125	3326	1169	Nuno Barros	-	SEN	Assoc. Académica S. Mamede	78	00:12:11	128	00:42:45	204	00:19:49	01:14:46	00:17:10
126	3003	731	César Andrade	-	SEN	G. A. A. Vila Franca de Xira	113	00:13:07	136	00:42:57	174	00:18:50	01:14:54	00:17:18
127	3015	434	Maria João Madeira	-	SEN	Clube de Triatlo de Almada	83	00:12:15	121	00:42:29	212	00:20:12	01:14:57	00:17:21
128	3783	1308	Pedro Vieira	-	LAZ	Individual	165	00:14:38	134	00:42:57	119	00:17:23	01:14:58	00:17:22
129	4259	806	Paulo Neves	-	V1	Clube de Veteranos do Porto	171	00:14:48	101	00:41:29	170	00:18:40	01:14:59	00:17:23
130	3576	1447	Jorge Manuel Vieira	-	SEN	Sport Clube Beira Mar	211	00:16:43	89	00:41:00	116	00:17:21	01:15:06	00:17:30
131	3537	834	Dário Santos	-	SEN	Amiciclo	204	00:16:24	95	00:41:15	133	00:17:33	01:15:13	00:17:37
132	3431	726	Henrique Venâncio	-	SEN	Peniche A. C.	186	00:15:27	117	00:42:19	130	00:17:29	01:15:17	00:17:41
133	3030	985	Nuno Raimundo	-	SEN	Clube de Praças da Armada	158	00:14:16	143	00:43:22	141	00:17:43	01:15:22	00:17:46
134	2163	920	Gonçalo Ruivo	-	S23	C. D. "Os Águias" de Alpiarça	104	00:12:53	108	00:41:42	226	00:20:51	01:15:27	00:17:51
135	3517	454	Fábio Pratas	-	SEN	Clube de Triatlo de Almada	159	00:14:20	153	00:44:16	96	00:16:57	01:15:33	00:17:57
136	4268	979	Vasco Soares	-	V1	Clube de Praças da Armada	187	00:15:32	114	00:42:15	143	00:17:48	01:15:36	00:18:00
137	3510	114	Silvio Moreira	-	SEN	Individual	223	00:17:19	112	00:42:13	68	00:16:08	01:15:40	00:18:04
138	4189	492	Carlos Serra	-	V1	Alhandra Sporting Club	177	00:15:05	133	00:42:55	137	00:17:40	01:15:40	00:18:04
139	3698	656	José Afonso	-	SEN	McDonalds/TriBraga	216	00:16:54	129	00:42:47	66	00:16:07	01:15:49	00:18:13
140	4025	148	João Medeiro	-	V2	Serv. Soc. CGD	182	00:15:17	149	00:43:56	93	00:16:49	01:16:02	00:18:27
141	3424	1052	Rui Antunes	-	SEN	Peniche A. C.	145	00:13:52	135	00:42:57	187	00:19:19	01:16:08	00:18:32
142	5449		Paulo Catarino	-	V2	Individual	138	00:13:46	152	00:44:04	164	00:18:23	01:16:13	00:18:37
143	4138	350	Paulo Guedes	-	V3	Clube Olímpico de Oeiras	156	00:14:11	147	00:43:35	166	00:18:28	01:16:15	00:18:39
144	4136	212	Paulo Calejo Rodrigues	-	V2	Individual	140	00:13:47	170	00:45:23	108	00:17:10	01:16:21	00:18:45
145	1128	351	Carolina Gregório	-	JUN	Clube Olímpico de Oeiras	131	00:13:32	98	00:41:19	238	00:21:32	01:16:24	00:18:48
146	3526	323	António Gouveia	-	SEN	C. F. "Os Belenenses"	207	00:16:30	126	00:42:42	112	00:17:14	01:16:26	00:18:51
147	3695	654	Emanuel Matos	-	SEN	McDonalds/TriBraga	218	00:16:57	124	00:42:40	94	00:16:52	01:16:30	00:18:54

Data:	09-05-2010	Hora:	11h00	Local:	Coimbra		
Natação	750 mt	Ciclismo:	20.000 mt	Corrida:	5.000 mt		

Ranking:	Taça de Portugal	Hora de Partida:	00h00
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	Ciclism	P	Corrida	Total	Diff
148	3235	1350	Gonçalo Vicente	-	SEN	C. N. Colégio Vasco da Gama	139	00:13:46	168	00:45:16	129	00:17:29	01:16:32	00:18:57
149	3754	1015	Luis Filipe Santos	-	SEN	DAR - Recardães	233	00:18:08	122	00:42:35	57	00:15:55	01:16:39	00:19:03
150	5489		Luis Rosário	-	V1	Individual	123	00:13:20	167	00:45:09	158	00:18:10	01:16:41	00:19:05
151	3376	339	Nuno Mendes	-	SEN	C. C. D. M. Matosinhos	94	00:12:31	179	00:46:03	154	00:18:08	01:16:42	00:19:06
152	1315	1473	Daniel Gonçalves	-	JUN	Triathlon Lamego Club	143	00:13:50	171	00:45:30	117	00:17:22	01:16:43	00:19:07
153	4052	1351	Manuel Gonçalves	-	V2	C. N. Colégio Vasco da Gama	126	00:13:24	189	00:46:51	82	00:16:29	01:16:45	00:19:10
154	4286	332	Paulo Goulart	-	V1	C. F. "Os Belenenses"	150	00:13:58	144	00:43:23	197	00:19:41	01:17:03	00:19:27
155	3209	1286	Pedro Miguel Lopes	-	SEN	Porto Runners	167	00:14:39	148	00:43:51	169	00:18:35	01:17:06	00:19:31
156	3240	59	Carla Ribeiro	-	SEN	Louletano/AlgarvCycles/LouleJardimHot	151	00:14:04	161	00:44:49	160	00:18:17	01:17:11	00:19:35
157	3836	1603	António Cortesão	-	SEN	Assoc. Académica de Coimbra	39	00:10:18	176	00:45:54	232	00:21:02	01:17:15	00:19:39
158	1286	417	Ana Alarico	-	JUN	C. N. Tejo	89	00:12:21	186	00:46:38	161	00:18:17	01:17:17	00:19:42
159	3796	1432	Hugo Gomes	-	SEN	Individual	212	00:16:47	157	00:44:24	67	00:16:08	01:17:20	00:19:44
160	3628	1173	Rui Pena	-	SEN	Assoc. Académica S. Mamede	175	00:14:53	146	00:43:30	180	00:18:58	01:17:22	00:19:47
161	4241	1464	André Cunha	-	V1	Açoreana Clube Banif	180	00:15:11	158	00:44:27	144	00:17:51	01:17:30	00:19:54
162	4049	1495	Paulo Vieira	-	V2	Assoc. Académica de Coimbra	191	00:15:42	151	00:44:00	146	00:17:51	01:17:34	00:19:58
163	4314	501	José Gonçalves	-	V1	CAPGE	173	00:14:51	182	00:46:20	91	00:16:44	01:17:57	00:20:21
164	1300	661	Vanessa Valente	-	JUN	Alhandra Sporting Club	34	00:10:12	209	00:48:48	182	00:18:58	01:17:59	00:20:23
165	3790	420	João Miguel Tavares	-	SEN	C. N. Tejo	119	00:13:14	174	00:45:52	178	00:18:57	01:18:04	00:20:28
166	3082	1348	João Seródio	-	SEN	C. N. Colégio Vasco da Gama	121	00:13:18	169	00:45:18	191	00:19:31	01:18:07	00:20:31
167	3699	657	José Luis Menezes	-	SEN	McDonalds/TriBraga	209	00:16:40	138	00:43:00	168	00:18:33	01:18:14	00:20:38
168	3514	770	Hugo Matos	-	SEN	Clube de Praças da Armada	118	00:13:13	196	00:47:20	145	00:17:51	01:18:25	00:20:49
169	3489	1151	Cecília Shinn	-	SEN	COMPEED - Tri-Oeste	219	00:17:00	139	00:43:16	156	00:18:09	01:18:26	00:20:50
170	3643	1044	Luis Paixão	-	SEN	Molly Maid - Vitoria de Janes	100	00:12:40	173	00:45:37	214	00:20:15	01:18:33	00:20:57
171	4195	390	Sérgio Oliveira	-	V1	A.B.V.Estoris / Nutrilogia	203	00:16:21	142	00:43:20	177	00:18:55	01:18:37	00:21:01
172	2117	1532	João Pedro Martins	-	S23	Peniche A. C.	178	00:15:06	162	00:44:50	172	00:18:44	01:18:41	00:21:05
173	2165	1176	Pedro Magalhães	-	S23	Assoc. Académica S. Mamede	196	00:15:56	156	00:44:22	165	00:18:26	01:18:45	00:21:09
174	3645	107	Miguel Torres	-	SEN	CFV	190	00:15:36	172	00:45:33	149	00:18:00	01:19:10	00:21:34
175	3338	1441	José Guerreiro	-	SEN	Clube de Praças da Armada	192	00:15:43	178	00:45:58	140	00:17:42	01:19:25	00:21:49
176	3707	603	Ana Patrícia Ferreira	-	SEN	C. N. Tejo	136	00:13:44	200	00:47:37	155	00:18:09	01:19:30	00:21:55
177	3525	326	Elisabete Sousa	-	SEN	C. F. "Os Belenenses"	220	00:17:03	154	00:44:19	157	00:18:10	01:19:32	00:21:56
178	3397	1170	Alexandra Reis	-	SEN	Assoc. Académica S. Mamede	135	00:13:44	198	00:47:33	176	00:18:53	01:20:11	00:22:35
179	3588	428	Igor Santos	-	SEN	C. N. Tejo	205	00:16:27	180	00:46:09	136	00:17:39	01:20:15	00:22:40
180	3777	1317	João Galhordas	-	SEN	Individual	133	00:13:34	208	00:48:48	163	00:18:19	01:20:41	00:23:05
181	4394	878	Pedro Miguel Jorge	-	V1	Associação Naval Amorense	208	00:16:35	164	00:44:52	190	00:19:31	01:20:59	00:23:23
182	5303		Carlos Polónio	-	V1	Individual	168	00:14:40	194	00:47:11	186	00:19:09	01:21:01	00:23:25
183	1326	1605	Sofia Dias	-	JUN	Assoc. Académica de Coimbra	62	00:11:34	211	00:48:56	221	00:20:37	01:21:08	00:23:32
184	4330	1163	José Fernando Silva	-	V2	Assoc. Académica S. Mamede	215	00:16:52	188	00:46:42	135	00:17:34	01:21:09	00:23:33
185	3263	1174	Maria Joana Creissac	-	SEN	Assoc. Académica S. Mamede	189	00:15:34	177	00:45:54	198	00:19:41	01:21:10	00:23:35
186	3352	1175	Carla Mendes	-	SEN	Assoc. Académica S. Mamede	200	00:16:14	197	00:47:32	124	00:17:25	01:21:12	00:23:36
187	4444	1502	Luis Boavida	-	V3	Molly Maid - Vitoria de Janes	142	00:13:49	201	00:47:51	199	00:19:43	01:21:24	00:23:48
188	3737	819	Ricardo Arraias	-	SEN	A.B.V.Estoris / Nutrilogia	172	00:14:49	163	00:44:51	241	00:21:45	01:21:26	00:23:50
189	1325	1601	Rómulo Fernandes	-	JUN	Assoc. Académica de Coimbra	88	00:12:21	228	00:51:18	147	00:17:53	01:21:34	00:23:58
190	2179	1597	Diogo Moreira	-	S23	Assoc. Académica S. Mamede	97	00:12:34	227	00:51:17	139	00:17:42	01:21:34	00:23:58
191	1323	1561	Raquel Dourado	-	JUN	Louletano/AlgarvCycles/LouleJardimHot	53	00:11:12	224	00:50:57	192	00:19:31	01:21:42	00:24:06
192	1281	439	Caterina Sousa	-	JUN	Clube de Triatlo de Almada	111	00:13:04	203	00:48:02	223	00:20:49	01:21:57	00:24:21
193	4434	437	Luis Pereira	-	V1	Clube de Triatlo de Almada	249	00:21:05	160	00:44:41	70	00:16:12	01:21:58	00:24:22
194	3377	1167	Eurico Coelho	-	SEN	Assoc. Académica S. Mamede	169	00:14:42	155	00:44:21	252	00:23:00	01:22:04	00:24:28
195	4075	242	José Peixoto	-	V3	Peniche A. C.	240	00:18:47	175	00:45:54	118	00:17:23	01:22:04	00:24:29
196	4329	619	Rui Correia	-	V4	Individual	210	00:16:42	165	00:44:55	225	00:20:51	01:22:29	00:24:53

Data:	09-05-2010	Hora:	11h00	Local:	Coimbra		
Natação	750 mt	Ciclismo:	20.000 mt	Corrida:	5.000 mt		

Ranking:	Taça de Portugal	Hora de Partida:	00h00
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	Ciclism	P	Corrida	Total	Diff
197	3204	211	Susana Simões	-	SEN	Porto Runners	202	00:16:19	204	00:48:19	151	00:18:01	01:22:40	00:25:04
198	5464		Paulo Duarte	-	SEN	Individual	146	00:13:52	220	00:50:40	159	00:18:12	01:22:45	00:25:09
199	4458	1602	André Leão	-	V1	Assoc. Académica de Coimbra	70	00:11:52	206	00:48:35	249	00:22:48	01:23:17	00:25:41
200	3184	998	Maria Rita Neves	-	SEN	COMPEED - Tri-Oeste	109	00:13:02	219	00:50:30	203	00:19:47	01:23:21	00:25:45
201	3578	1446	Carlos Vieira	-	SEN	Sport Clube Beira Mar	243	00:19:07	190	00:46:52	125	00:17:26	01:23:26	00:25:50
202	5466		Renato Ramos	-	V2	Individual	217	00:16:56	166	00:44:59	239	00:21:44	01:23:40	00:26:04
203	1310	1298	Bruno Oliveira	-	JUN	Lusavouga-Clube dos Galitos	170	00:14:45	217	00:50:17	173	00:18:45	01:23:48	00:26:12
204	4335	518	Filomena Gomes	-	V1	C. T. Fundão	201	00:16:17	185	00:46:30	233	00:21:09	01:23:57	00:26:21
205	4077	872	João Côrte Real	-	V2	A. M. C. R. Fonte Grada	183	00:15:17	202	00:47:52	229	00:20:55	01:24:05	00:26:29
206	3390	155	Hélder Valente	-	SEN	Serv. Soc. CGD	222	00:17:15	181	00:46:10	222	00:20:45	01:24:11	00:26:35
207	3569	383	Serge Caetano	-	SEN	McDonalds/TriBraga	234	00:18:10	191	00:46:57	185	00:19:06	01:24:14	00:26:38
208	5467		Ricardo Costa Reis	-	SEN	Individual	198	00:16:01	210	00:48:53	189	00:19:23	01:24:17	00:26:41
209	5485		Paulo Fernandes	-	SEN	Individual	236	00:18:23	212	00:49:07	95	00:16:53	01:24:24	00:26:48
210	4215	738	José Luis Correia	-	V3	A.B.V.Estoris / Nutrilogia	86	00:12:20	221	00:50:44	237	00:21:24	01:24:28	00:26:53
211	4294	1056	José Panóias	-	V3	Quintajense Futebol Clube	224	00:17:19	199	00:47:34	196	00:19:37	01:24:30	00:26:55
212	3724	664	Luis Tavares	-	V1	Associação Naval Amorense	225	00:17:25	193	00:47:04	213	00:20:13	01:24:43	00:27:07
213	5490	1367	João Pedro Antunes	-	SEN	Louletano/AlgarvCycles/LouleJardimHot	244	00:19:11	183	00:46:22	200	00:19:45	01:25:19	00:27:43
214	3478	845	Sofia Brites	-	SEN	Amiciclo	141	00:13:48	225	00:51:04	219	00:20:30	01:25:23	00:27:47
215	3661	204	César Marques	-	SEN	Individual	184	00:15:17	215	00:49:46	215	00:20:23	01:25:27	00:27:51
216	4393	877	Julio Nunes	-	V1	Associação Naval Amorense	241	00:18:51	187	00:46:40	209	00:19:58	01:25:29	00:27:53
217	4342	140	Luis Filipe Silva	-	V3	TRIATLO CLUBE TAP	246	00:19:29	184	00:46:26	195	00:19:36	01:25:31	00:27:56
218	1312	1387	Vasco Moreira	-	JUN	Clube Triatlo de Perosinho	188	00:15:34	216	00:50:00	210	00:20:08	01:25:43	00:28:07
219	3393	449	Rita Correia	-	SEN	Clube de Triatlo de Almada	122	00:13:20	235	00:52:31	207	00:19:55	01:25:47	00:28:11
220	5444		José Maçarria	-	V3	Individual	185	00:15:25	222	00:50:44	202	00:19:47	01:25:57	00:28:21
221	4406	992	Pedro Basilio	-	V1	SR Camarnal / Seguros	125	00:13:23	240	00:53:15	188	00:19:19	01:25:59	00:28:23
222	5446		Miguel Nunes	-	SEN	Individual	84	00:12:17	247	00:54:15	194	00:19:34	01:26:07	00:28:31
223	4295	1352	Luis Barbosa	-	V1	C. N. Colégio Vasco da Gama	239	00:18:46	226	00:51:09	110	00:17:13	01:27:09	00:29:33
224	5318		Filipe Varandas	-	SEN	Individual	128	00:13:29	234	00:52:30	234	00:21:14	01:27:13	00:29:37
225	4162	797	Henrique Gonçalves	-	V4	Clube de Veteranos do Porto	242	00:18:59	192	00:47:00	236	00:21:23	01:27:23	00:29:47
226	4023	432	Francisco Bexiga	-	V3	Clube de Praças da Armada	199	00:16:07	213	00:49:32	244	00:21:59	01:27:38	00:30:02
227	2170	1468	Artur Cunha	-	S23	Açoreana Clube Banif	176	00:14:57	238	00:52:56	206	00:19:51	01:27:45	00:30:09
228	3766	1296	João Catalão	-	SEN	Lusavouga-Clube dos Galitos	237	00:18:29	214	00:49:43	193	00:19:33	01:27:46	00:30:10
229	1294	916	Stephanie Rodrigues	-	JUN	C. D. "Os Águias" de Alpiarça	68	00:11:45	237	00:52:54	253	00:23:07	01:27:47	00:30:11
230	4383	1008	Helena Moura	-	V2	Clube de Triatlo de Almada	153	00:14:07	236	00:52:50	228	00:20:54	01:27:51	00:30:15
231	3391	151	Carlos Albano Silva	-	SEN	Serv. Soc. CGD	226	00:17:26	218	00:50:23	211	00:20:09	01:27:59	00:30:23
232	3826	1572	Helder Figueiredo	-	SEN	C. N. Colégio Vasco da Gama	253	00:21:49	207	00:48:42	127	00:17:28	01:28:00	00:30:24
233	5395		José Correia	-	V3	Individual	213	00:16:48	205	00:48:25	250	00:22:52	01:28:06	00:30:30
234	4336	235	José Calheiros Dias	-	V2	Individual	154	00:14:08	242	00:53:24	230	00:20:56	01:28:29	00:30:53
235	5480		Miguel Oliveira	-	SEN	Individual	252	00:21:37	195	00:47:17	227	00:20:52	01:29:47	00:32:11
236	3383	336	Sofia Valente	-	SEN	Sporting Clube de Portugal	214	00:16:50	229	00:51:23	240	00:21:44	01:29:58	00:32:22
237	3651	154	Dulce Almeida	-	SEN	Individual	245	00:19:16	223	00:50:56	201	00:19:47	01:30:00	00:32:24
238	4194	156	Helena Medeiro	-	V1	Serv. Soc. CGD	206	00:16:28	230	00:52:02	243	00:21:49	01:30:20	00:32:44
239	3778	1288	Renato Cardoso	-	SEN	Porto Runners	232	00:17:49	232	00:52:22	216	00:20:23	01:30:35	00:32:59
240	1129	844	Neuza Reis	-	JUN	Amiciclo	103	00:12:52	249	00:55:28	254	00:23:21	01:31:42	00:34:06
241	5297		Bruno Pontes	-	SEN	Individual	195	00:15:51	251	00:56:43	205	00:19:51	01:32:26	00:34:50
242	4152	1533	Silvino Muchacho	-	V5	Peniche A. C.	231	00:17:45	243	00:53:28	235	00:21:16	01:32:30	00:34:54
243	4365	131	Paulo Viana	-	V1	Alhandra Sporting Club	229	00:17:36	241	00:53:24	247	00:22:37	01:33:38	00:36:02
244	4411	1020	Victor Campos	-	V4	DAR - Recardães	251	00:21:23	233	00:52:22	218	00:20:25	01:34:11	00:36:35
245	5361		Jorge Carneiro	-	SEN	Individual	247	00:20:11	244	00:53:42	217	00:20:24	01:34:18	00:36:42

Data:	09-05-2010	Hora:	11h00	Local:	Coimbra			
Natação	750 mt	Ciclismo:	20.000 mt	Corrida:	5.000 mt			

Ranking:	Taça de Portugal	Hora de Partida:	00h00
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	Ciclism	P	Corrida	Total	Diff
246	3696	1058	Joao Canle Ferreira	-	SEN	McDonalds/TriBraga	235	00:18:12	254	00:57:12	179	00:18:58	01:34:22	00:36:46
247	4309	1438	José Fonseca	-	V3	Assoc. Académica de Coimbra	227	00:17:30	248	00:54:36	246	00:22:20	01:34:28	00:36:52
248	4328	813	Anette Kind	-	V2	Clube de Veteranos do Porto	238	00:18:37	239	00:53:11	251	00:22:52	01:34:41	00:37:05
249	3474	1171	Silvia Pedroso	-	SEN	Assoc. Académica S. Mamede	230	00:17:37	250	00:56:42	224	00:20:50	01:35:10	00:37:34
250	5476		Luis Lima	-	V3	Individual	257	00:25:51	231	00:52:07	181	00:18:58	01:36:57	00:39:21
251	4139	816	Olivia Carmo	-	V3	Clube de Veteranos do Porto	248	00:20:47	246	00:54:13	257	00:23:49	01:38:50	00:41:15
252	4403	981	Paulo Jorge Santos	-	V2	Clube de Praças da Armada	254	00:21:56	252	00:56:49	242	00:21:49	01:40:35	00:43:00
253	4282	810	Rui Resende Silva	-	V2	Clube de Veteranos do Porto	228	00:17:34	255	00:58:59	258	00:24:34	01:41:08	00:43:32
254	4163	798	Manuel Dias	-	V4	Clube de Veteranos do Porto	255	00:24:21	245	00:53:47	256	00:23:49	01:41:57	00:44:21
255	4348	925	Nuno Russo	-	V4	CFV	250	00:21:12	256	01:00:07	245	00:21:59	01:43:19	00:45:43
256	4284	808	Hélder Moura	-	V2	Clube de Veteranos do Porto	256	00:25:14	253	00:57:01	248	00:22:38	01:44:54	00:47:18
257	3568	1501	Sónia Marinho	-	SEN	Clube Triatlo de Perosinho	221	00:17:05	257	01:02:11	259	00:26:08	01:45:26	00:47:50
258	5482		Joaquim Ferreira	-	V1	Individual	258	00:30:58	258	01:03:13	231	00:20:56	01:55:08	00:57:33
259	4229	1339	Elisabete Gonçalves	-	V1	Porto Runners	259	00:32:54	259	01:05:31	255	00:23:46	02:02:12	01:04:36
	3315	136	Mário Figueiredo	DQ	SEN	Alhandra Sporting Club	239	00:18:25	122	00:42:28	4	00:10:16	01:11:11	00:13:35
	4132	258	António Moriés	DQ	V2	Oeiras Sport Clube	249	00:19:20	191	00:46:43	9	00:13:38	01:19:41	00:22:06
	4370	330	Manuel Gomes	DQ	V2	C. F. "Os Belenenses"	237	00:18:17	251	00:54:36	5	00:13:13	01:26:07	00:28:31
	4441	1437	Gary Blesson	DQ	V2	Assoc. Académica de Coimbra	149	00:13:57	75	00:40:06	3	00:09:39	01:03:44	00:06:08
	1004	49	Alexandre Nobre	DNF	JUN	Alhandra Sporting Club		00:10:04		00:38:41				-
	1318	1480	Raul Bicho	DNF	JUN	Ginásio Clube Figueirense		00:20:00						-
	1324	1584	Mariana Cardoso	DNF	JUN	Peniche A. C.		00:20:50						-
	2110	9	Liliana Filipa Silva	DNF	S23	Alhandra Sporting Club		00:10:11						-
	2114	255	João Inácio	DNF	S23	Oeiras Sport Clube		00:13:06						-
	2124	14	Vasco Pessoa	DNF	S23	C. T. Fundão		00:08:49						-
	3334	1158	Rui Filipe Costa	DNF	SEN	Porto Runners		00:13:36						-
	3508	1055	João Duarte	DNF	SEN	Quintajense Futebol Clube		00:15:26						-
	3740	1074	Francisco Gaspar	DNF	SEN	Individual		00:17:01						-
	3784	1329	Paulo Gonçalves	DNF	SEN	Clube de Praças da Armada		00:14:54						-
	4060	994	António Moura	DNF	V3	SR Camarnal / Seguros		00:12:59						-
	4148	379	Pedro Cordeiro	DNF	V1	COMPEED - Tri-Oeste		00:10:28						-
	4239	802	Vasco Santos	DNF	V3	Clube de Veteranos do Porto		00:17:16						-
	5484		Amílcar Pereira	DNF	SEN	Individual	262	00:28:47	3		3			-
	1094	103	Bruno Pereira	DNS	JUN	Alhandra Sporting Club								-
	1173	134	Rúben Rosa	DNS	JUN	Individual								-
	1192	357	Sérgio Filipe Monteiro	DNS	JUN	Clube Olímpico de Oeiras								-
	1213	1302	Marina Silva	DNS	JUN	Lusavouga-Clube dos Galitos								-
	1283	477	Andreia Ferreira	DNS	JUN	Clube de Triatlo de Almada								-
	2086	7	Bárbara Clemente	DNS	S23	Clube Olímpico de Oeiras								-
	2108	10	Ana Filipa Sampaio	DNS	S23	Alhandra Sporting Club								-
	2112	153	Ivan Costa	DNS	S23	Alhandra Sporting Club								-
	2122	8	Joana Marques	DNS	S23	Clube Olímpico de Oeiras								-
	2149	199	Paulo Ricardo Monteiro	DNS	S23	Alhandra Sporting Club								-
	2172	1439	Diogo Martins	DNS	S23	Assoc. Académica de Coimbra								-
	2173	1503	Valter Freitas	DNS	S23	Ludens Clube do Machico								-
	3130	1060	Urbino Santos	DNS	SEN	McDonalds/TriBraga								-
	3156	1075	Pedro Pereira	DNS	SEN	Assoc. Académica S. Mamede								-
	3177	833	António Miguel Reis	DNS	SEN	Amiciclo								-
	3241	172	Nuno Tintim	DNS	SEN	Alhandra Sporting Club								-
	3296	1102	Jorge Duarte	DNS	SEN	Clube de Praças da Armada								-

Data:	09-05-2010	Hora:	11h00	Local:	Coimbra			
Natação	750 mt	Ciclismo:	20.000 mt	Corrida:	5.000 mt			

Ranking:	Taça de Portugal	Hora de Partida:	00h00
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	Ciclism	P	Corrida	Total	Diff
	3388	1012	Carlos Antunes	DNS	SEN	C. T. Fundão								-
	3403	1040	Rita Ribeiro	DNS	SEN	Louletano/AlgarvCycles/LouleJardimHot								-
	3446	737	Bruno Brito	DNS	SEN	A.B.V.Estoris / Nutrilogia								-
	3477	135	Álvaro Silva	DNS	SEN	TRIATLO CLUBE TAP								-
	3546	735	Nuno Felício	DNS	SEN	A.B.V.Estoris / Nutrilogia								-
	3559	1168	António Luis Barbosa	DNS	SEN	Assoc. Académica S. Mamede								-
	3561	1166	Pedro Albino	DNS	SEN	Assoc. Académica S. Mamede								-
	3567	1159	Adriano Gouveia	DNS	SEN	Porto Runners								-
	3610	324	Bernardo Ferrão	DNS	SEN	C. F. "Os Belenenses"								-
	3611	1363	Pedro Bernardo	DNS	SEN	Louletano/AlgarvCycles/LouleJardimHot								-
	3620	1504	Sara Henriques	DNS	SEN	C. T. Fundão								-
	3676	978	Filipe Vidal	DNS	SEN	Clube de Praças da Armada								-
	3714	1013	Esmeralda Câmara	DNS	SEN	C. T. Fundão								-
	3729	974	Artur Miranda	DNS	SEN	Clube Olimpico de Oeiras								-
	3741	841	Andreia Candeias	DNS	SEN	Amiciclo								-
	3761	1344	Nuno Portela	DNS	SEN	Assoc. Académica S. Mamede								-
	3768	1299	Alexandre Cavadas	DNS	SEN	Lusavouga-Clube dos Galitos								-
	3804	1413	Paula Vizinho	DNS	SEN	Lusavouga-Clube dos Galitos								-
	3805	1455	Nuno Ribeiro	DNS	SEN	Porto Runners								-
	3806	1456	Sérgio Rego	DNS	SEN	Porto Runners								-
	3810	1485	José Nuno Marques	DNS	SEN	Assoc. Académica S. Mamede								-
	3821	1541	Nuno Bernardo	DNS	SEN	Molly Maid - Vitoria de Janes								-
	3832	1591	Ana Rita Pereira	DNS	SEN	CFV								-
	4001	208	Adelino Vicente	DNS	V5	Louletano/AlgarvCycles/LouleJardimHot								-
	4018	202	Mário Magalhães	DNS	V3	CFV								-
	4116	368	Rui Rodrigues	DNS	V1	COMPEED - Tri-Oeste								-
	4127	1165	Emanuel Marques	DNS	V2	Assoc. Académica S. Mamede								-
	4159	1172	Christoph Sermersheim	DNS	V3	Assoc. Académica S. Mamede								-
	4160	800	António Dias	DNS	V2	Clube de Veteranos do Porto								-
	4238	801	António Manuel Vieira	DNS	V2	Clube de Veteranos do Porto								-
	4249	803	Maria Deolinda Silva	DNS	V3	Clube de Veteranos do Porto								-
	4255	804	Paulo Castro Rocha	DNS	V3	Clube de Veteranos do Porto								-
	4345	627	Paulo Batista	DNS	V2	TRIATLO CLUBE TAP								-
	4352	340	Emanuel Neves	DNS	V1	C. C. D. M. Matosinhos								-
	4457	1600	João Cunha Vaz	DNS	V1	Assoc. Académica de Coimbra								-
	5347		João Delicado	DNS	SEN	Individual								-
	5378		Jorge Freitas	DNS	V1	Individual								-
	5385		Hugo Vieira	DNS	SEN	Individual								-
	5445		Marta Franco	DNS	SEN	Individual								-
	5465		Paulo Ribeiro	DNS	V2	Individual								-
	5469		Rui Ferreira	DNS	SEN	Individual								-
	5470		Vasco Borges	DNS	V1	Individual								-