

Data:	13-06-2010	Hora:	11h00	Local:	Oeiras
Natação	750 mt	Ciclismo:	19.300 mt	Corrida:	5.000 mt

Ranking:	Taça de Portugal Triatlo	Hora de Partida:	00h00
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	Ciclism	P	Corrida	Total	Diff
1	1095	28	João Amorim	-	JUN	Alhandra Sporting Club	9	00:09:53	6	00:31:07	8	00:17:12	00:58:12	
2	1105	30	João Serrano	-	JUN	SR Camarnal / Seguros	6	00:09:43	7	00:31:18	10	00:17:14	00:58:15	00:00:03
3	1167	27	José Veiga	-	JUN	Clube Olímpico de Oeiras	13	00:10:12	11	00:31:51	4	00:16:43	00:58:47	00:00:34
4	1117	29	Hugo Ventura	-	JUN	Clube Olímpico de Oeiras	14	00:10:12	5	00:30:50	40	00:18:36	00:59:39	00:01:26
5	1106	31	Fabrcio Tomás	-	JUN	Alhandra Sporting Club	10	00:10:06	10	00:31:49	20	00:18:01	00:59:57	00:01:44
6	1162	54	Miguel Fernandes	-	JUN	Clube Olímpico de Oeiras	8	00:09:49	20	00:32:06	32	00:18:23	01:00:19	00:02:06
7	2127	579	Diogo Custódio	-	S23	Sporting Clube de Portugal	15	00:10:19	12	00:31:51	28	00:18:13	01:00:24	00:02:11
8	1113	32	Gil Maia	-	JUN	CFV	17	00:10:40	48	00:32:47	7	00:17:08	01:00:35	00:02:22
9	1293	51	Pedro Afonso Gaspar	-	JUN	C. D. "Os Águias" de Alpiarça	7	00:09:45	22	00:32:10	51	00:18:54	01:00:50	00:02:37
10	1149	26	Guilherme Marques	-	JUN	C. D. "Os Águias" de Alpiarça	30	00:11:18	17	00:32:03	14	00:17:43	01:01:04	00:02:51
11	3127	377	Tiago Lobo	-	SEN	COMPEED - Tri-Oeste	31	00:11:20	23	00:32:12	13	00:17:39	01:01:11	00:02:58
12	1247	52	Filipe Azevedo	-	JUN	C. D. "Os Águias" de Alpiarça	3		3		2		01:01:13	00:03:00
13	2151	226	Tiago Maia	-	S23	CFV	12	00:10:08	13	00:31:51	60	00:19:15	01:01:15	00:03:02
14	4116	368	Rui Rodrigues	-	V1	COMPEED - Tri-Oeste	39	00:11:43	45	00:32:40	5	00:16:53	01:01:17	00:03:04
15	1004	49	Alexandre Nobre	-	JUN	Alhandra Sporting Club	23	00:11:04	28	00:32:19	19	00:18:00	01:01:24	00:03:11
16	1303	50	Ricardo Calado	-	JUN	C. D. "Os Águias" de Alpiarça	22	00:11:04	32	00:32:24	23	00:18:09	01:01:37	00:03:25
17	3342	337	Rodrigo Baltazar	-	SEN	Sporting Clube de Portugal	37	00:11:39	39	00:32:34	15	00:17:49	01:02:02	00:03:50
18	1203	53	Rafael Ribeiro	-	JUN	Alhandra Sporting Club	19	00:10:44	49	00:32:50	41	00:18:39	01:02:14	00:04:01
19	3583	1379	Paulo Adão Coelho	-	SEN	Clube Triatlo de Perosinho	36	00:11:35	52	00:32:55	16	00:17:49	01:02:20	00:04:07
20	3542	123	Pedro Madeira	-	SEN	Molly Maid - Vitoria de Janes	60	00:12:41	8	00:31:40	25	00:18:11	01:02:32	00:04:19
21	3214	443	Miguel Ganchinho	-	SEN	Clube de Triatlo de Almada	72	00:12:57	42	00:32:36	9	00:17:13	01:02:48	00:04:35
22	1192	357	Sérgio Filipe Monteiro	-	JUN	Clube Olímpico de Oeiras	57	00:12:34	9	00:31:46	34	00:18:28	01:02:49	00:04:36
23	1164	356	David Maia	-	JUN	Clube Olímpico de Oeiras	25	00:11:05	37	00:32:30	59	00:19:13	01:02:49	00:04:36
24	3501	371	Tiago Neves	-	SEN	COMPEED - Tri-Oeste	24	00:11:05	29	00:32:22	68	00:19:30	01:02:58	00:04:45
25	1156	23	Pedro Araújo Mendes	-	JUN	C. D. "Os Águias" de Alpiarça	5	00:09:41	31	00:32:23	126	00:21:08	01:03:12	00:04:59
26	3219	126	Ricardo Ferreira	-	SEN	TRIATLO CLUBE TAP	45	00:11:55	38	00:32:30	48	00:18:52	01:03:18	00:05:05
27	1204	194	Filipe Miguel Lopes	-	JUN	Alhandra Sporting Club	49	00:12:22	21	00:32:08	50	00:18:53	01:03:23	00:05:11
28	2162	490	Jorge Alves	-	S23	Clube Olímpico de Oeiras	56	00:12:34	15	00:31:58	55	00:19:08	01:03:40	00:05:27
29	3244	253	Carlos Fernandes	-	SEN	Oeiras Sport Clube	70	00:12:55	85	00:33:48	6	00:17:02	01:03:46	00:05:34
30	4013	500	Miguel Fragoso	-	V2	Molly Maid - Vitoria de Janes	55	00:12:33	62	00:33:17	17	00:17:57	01:03:48	00:05:35
31	4274	112	Carlos Brito	-	V3	Molly Maid - Vitoria de Janes	40	00:11:45	41	00:32:36	72	00:19:39	01:04:00	00:05:47
32	3285	347	Hugo Ferreira	-	SEN	Clube Olímpico de Oeiras	120	00:14:22	30	00:32:22	11	00:17:17	01:04:02	00:05:49
33	4032	252	Carlos Gomes	-	V2	Oeiras Sport Clube	130	00:14:29	18	00:32:04	12	00:17:31	01:04:05	00:05:52
34	1170	720	Gonçalo Barros	-	JUN	Ginásio Clube de Sines	51	00:12:25	16	00:32:03	80	00:20:03	01:04:32	00:06:19
35	1153	22	Luis Filipe Marafuz	-	JUN	Alhandra Sporting Club	16	00:10:31	58	00:33:09	122	00:21:02	01:04:43	00:06:30
36	3197	378	Délio Ferreira	-	SEN	COMPEED - Tri-Oeste	143	00:14:41	14	00:31:52	24	00:18:09	01:04:44	00:06:31
37	4180	1334	António Horta	-	V2	Clube de Praças da Armada	83	00:13:12	64	00:33:20	26	00:18:12	01:04:45	00:06:32
38	1233	419	Diogo Rosa	-	JUN	C. N. Tejo	47	00:12:14	19	00:32:05	95	00:20:26	01:04:46	00:06:33
39	4127	1165	Emanuel Marques	-	V2	Assoc. Académica S. Mamede	95	00:13:41	53	00:32:57	27	00:18:13	01:04:51	00:06:38
40	3733	1048	Tiago Cochicho	-	SEN	Molly Maid - Vitoria de Janes	106	00:14:03	40	00:32:35	29	00:18:16	01:04:55	00:06:42
41	3614	1562	Manuel Júlio	-	SEN	Individual	59	00:12:38	97	00:34:07	31	00:18:21	01:05:08	00:06:55
42	4148	379	Pedro Cordeiro	-	V1	COMPEED - Tri-Oeste	43	00:11:52	47	00:32:44	104	00:20:35	01:05:12	00:06:59
43	3394	645	Valdo Neves	-	SEN	Oeiras Sport Clube	99	00:13:47	56	00:33:07	30	00:18:19	01:05:13	00:07:00
44	2148	5	Ana Filipa Ferreira	-	S23	Alhandra Sporting Club	27	00:11:11	68	00:33:23	108	00:20:40	01:05:14	00:07:02
45	3057	650	Henrique Matias	-	SEN	Oeiras Sport Clube	101	00:13:50	50	00:32:52	49	00:18:53	01:05:36	00:07:23
46	3107	421	Rui Sousa	-	SEN	Individual	79	00:13:08	67	00:33:23	56	00:19:08	01:05:40	00:07:27
47	3334	1158	Rui Filipe Costa	-	SEN	Porto Runners	124	00:14:24	34	00:32:28	46	00:18:48	01:05:42	00:07:29
48	1269	756	Nuno Lima	-	JUN	CAPGE	46	00:12:07	25	00:32:14	140	00:21:22	01:05:44	00:07:32
49	4147	62	Fernando Carmo	-	V1	C. N. Colégio Vasco da Gama	127	00:14:27	27	00:32:18	54	00:19:03	01:05:50	00:07:37

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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	Ciclism	P	Corrida	Total	Diff
50	5492	61	Bruno Salvador	-	SEN	C. N. Colégio Vasco da Gama	90	00:13:27	63	00:33:19	66	00:19:28	01:06:15	00:08:02
51	3700	624	Hugo Santos	-	SEN	McDonalds/TriBraga	75	00:13:00	90	00:33:51	65	00:19:27	01:06:19	00:08:06
52	3304	482	Ivan Pinto da Silva	-	SEN	Clube Triatlo de Perosinho	62	00:12:45	57	00:33:08	97	00:20:29	01:06:23	00:08:10
53	1314	680	João Miguel Cristo	-	JUN	Clube de Triatlo de Almada	64	00:12:48	87	00:33:50	75	00:19:47	01:06:25	00:08:12
54	4015	1046	José Oliveira	-	V3	Molly Maid - Vitoria de Janes	142	00:14:40	26	00:32:17	67	00:19:28	01:06:26	00:08:13
55	3535	139	Pedro Francisco	-	SEN	TRITATLO CLUBE TAP	133	00:14:31	74	00:33:36	33	00:18:24	01:06:31	00:08:18
56	1048	215	Diogo Soares	-	JUN	Alhandra Sporting Club	63	00:12:46	117	00:34:39	58	00:19:11	01:06:36	00:08:23
57	4352	340	Emanuel Neves	-	V1	C. C. D. M. Matosinhos	69	00:12:55	96	00:34:01	73	00:19:42	01:06:39	00:08:26
58	5662	468	Paulo Janela	-	SEN	Clube de Triatlo de Almada	128	00:14:28	80	00:33:43	36	00:18:31	01:06:43	00:08:30
59	1202	147	Ivo Cristeta	-	JUN	Alhandra Sporting Club	29	00:11:17	60	00:33:10	181	00:22:16	01:06:45	00:08:32
60	3183	1353	Ricardo Figueira Silva	-	SEN	C. N. Colégio Vasco da Gama	132	00:14:30	24	00:32:12	85	00:20:10	01:06:54	00:08:41
61	4177	1369	Paulo Silva	-	V1	Louletano/AlgarvCycles/LouleJardimHot	161	00:15:08	89	00:33:51	18	00:17:58	01:06:58	00:08:45
62	3054	643	António Luz Gomes	-	SEN	Oeiras Sport Clube	109	00:14:07	35	00:32:29	92	00:20:23	01:06:59	00:08:46
63	4153	138	Miguel Palma	-	V1	TRITATLO CLUBE TAP	71	00:12:57	77	00:33:40	94	00:20:24	01:07:02	00:08:49
64	4060	994	António Moura	-	V3	SR Camarnal / Seguros	112	00:14:11	43	00:32:39	88	00:20:11	01:07:03	00:08:50
65	2092	104	Pedro Miguel Gomes	-	S23	Alhandra Sporting Club	33	00:11:25	61	00:33:12	189	00:22:25	01:07:04	00:08:51
66	3003	731	César Andrade	-	SEN	G. A. A. Vila Franca de Xira	108	00:14:06	46	00:32:44	89	00:20:14	01:07:04	00:08:51
67	3207	870	José Magalhães Dias	-	SEN	A. M. C. R. Fonte Grada	115	00:14:16	36	00:32:29	91	00:20:19	01:07:05	00:08:52
68	3264	335	Manuel Alves	-	SEN	Sporting Clube de Portugal	80	00:13:09	65	00:33:22	102	00:20:33	01:07:05	00:08:52
69	1223	195	Rui Tenrinho	-	JUN	Alhandra Sporting Club	11	00:10:06	144	00:35:20	157	00:21:38	01:07:06	00:08:53
70	4384	471	Paulo Carvalho	-	V2	Clube de Triatlo de Almada	21	00:11:03	124	00:34:52	135	00:21:18	01:07:14	00:09:01
71	3001	730	Paulo Teles	-	SEN	G. A. A. Vila Franca de Xira	102	00:13:50	55	00:33:00	101	00:20:31	01:07:22	00:09:09
72	3195	517	Ana Filipa Santos	-	SEN	C. T. Fundação	65	00:12:50	94	00:33:58	106	00:20:37	01:07:26	00:09:13
73	1077	229	Tiago Rola	-	JUN	CFV	18	00:10:42	54	00:32:59	241	00:23:45	01:07:26	00:09:14
74	1302	531	Ricardo Correia	-	JUN	Ext. Coop. da Benedita	50	00:12:23	116	00:34:37	100	00:20:30	01:07:31	00:09:18
75	2109	198	David Ferreira	-	S23	Alhandra Sporting Club	53	00:12:29	100	00:34:17	116	00:20:50	01:07:37	00:09:24
76	2142	676	William Lemos	-	S23	C. F. "Os Belenenses"	131	00:14:30	115	00:34:36	43	00:18:44	01:07:51	00:09:38
77	3142	497	Pedro Figueira	-	SEN	Assoc. 20 Km de Almeirim	58	00:12:36	98	00:34:08	137	00:21:19	01:08:04	00:09:52
78	3674	386	Pedro Carreira	-	SEN	Resistentes	244	00:17:14	33	00:32:27	35	00:18:28	01:08:10	00:09:57
79	3113	503	Duarte Barreto	-	SEN	C. N. Cartaxo	73	00:12:58	84	00:33:47	143	00:21:24	01:08:10	00:09:58
80	3241	172	Nuno Tintim	-	SEN	Alhandra Sporting Club	208	00:16:13	70	00:33:30	38	00:18:33	01:08:16	00:10:03
81	4460	1629	João Pereira Martins	-	V2	G. A. A. Vila Franca de Xira	144	00:14:43	133	00:35:02	37	00:18:32	01:08:18	00:10:05
82	3143	1162	Daniel Reis	-	SEN	Assoc. Académica S. Mamede	110	00:14:08	51	00:32:53	138	00:21:20	01:08:22	00:10:09
83	2143	353	Ana Teresa Machado	-	S23	Clube Olímpico de Oeiras	78	00:13:03	163	00:36:01	63	00:19:25	01:08:30	00:10:17
84	3100	871	Luis Cipriano	-	SEN	A. M. C. R. Fonte Grada	218	00:16:33	59	00:33:10	53	00:19:01	01:08:45	00:10:33
85	4314	501	José Gonçalves	-	V1	CAPGE	148	00:14:50	137	00:35:07	45	00:18:48	01:08:46	00:10:33
86	2097	1380	João Gestosa	-	S23	Clube Triatlo de Perosinho	236	00:16:58	44	00:32:40	57	00:19:09	01:08:48	00:10:35
87	3574	1293	Miguel Lopes	-	SEN	Lusavouga-Clube dos Galitos	164	00:15:11	127	00:34:58	44	00:18:46	01:08:56	00:10:43
88	3546	735	Nuno Felício	-	SEN	A.B.V.Estoris / Nutrilogia	125	00:14:25	114	00:34:36	78	00:19:56	01:08:58	00:10:45
89	2167	1332	Romer Júnior	-	S23	Clube de Praças da Armada	193	00:15:56	82	00:33:44	61	00:19:19	01:08:59	00:10:46
90	3004	873	Bruno Silva	-	SEN	A. M. C. R. Fonte Grada	1		1		1		01:09:02	00:10:49
91	3743	950	Miguel Vicente	-	S23	C. N. Cartaxo	196	00:15:58	83	00:33:45	62	00:19:23	01:09:07	00:10:54
92	3831	1590	Ramiro Correia	-	SEN	CFV	185	00:15:45	107	00:34:24	52	00:18:59	01:09:09	00:10:56
93	2135	1098	Rúben Reis	-	S23	Secção de Triatlo de Santa Iria	203	00:16:05	72	00:33:32	69	00:19:32	01:09:10	00:10:58
94	3470	1576	Mário Almeida Santos	-	SEN	Estrelas SJB	88	00:13:25	71	00:33:30	182	00:22:18	01:09:14	00:11:01
95	4014	742	João Santos	-	V2	A.B.V.Estoris / Nutrilogia	94	00:13:40	66	00:33:23	179	00:22:13	01:09:16	00:11:03
96	3815	1519	Bruno Dias	-	SEN	Individual	212	00:16:20	73	00:33:33	64	00:19:27	01:09:20	00:11:07
97	3522	1053	Nuno Pereira	-	SEN	Quintajense Futebol Clube	86	00:13:18	130	00:34:59	123	00:21:05	01:09:22	00:11:10
98	4400	759	Paulo Canário	-	V1	Cl. Ferroviário de Vendas Novas	84	00:13:14	88	00:33:51	184	00:22:20	01:09:25	00:11:12

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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	Ciclism	P	Corrida	Total	Diff
99	4114	1148	Pedro Gaspar	-	V1	C. D. "Os Águias" de Alpiarça	114	00:14:14	132	00:35:01	86	00:20:11	01:09:27	00:11:14
100	1295	522	Miguel Ângelo Silva	-	JUN	Ext. Coop. da Benedita	150	00:14:53	78	00:33:42	118	00:20:55	01:09:31	00:11:18
101	3181	1164	Luis Correia Ferreira	-	SEN	Assoc. Académica S. Mamede	105	00:13:59	160	00:35:57	70	00:19:35	01:09:32	00:11:19
102	3234	165	João Vaz Lima	-	SEN	CFV	98	00:13:44	154	00:35:44	81	00:20:05	01:09:34	00:11:21
103	3729	974	Artur Miranda	-	SEN	Clube Olímpico de Oeiras	2		2		113	00:20:44	01:09:45	00:11:32
104	2110	9	Liliana Filipa Silva	-	S23	Alhandra Sporting Club	34	00:11:30	157	00:35:51	191	00:22:27	01:09:49	00:11:36
105	1155	25	Miguel Marques	-	JUN	Alhandra Sporting Club	32	00:11:21	143	00:35:19	220	00:23:08	01:09:49	00:11:36
106	3422	1583	Bruno Martins	-	SEN	Peniche A. C.	123	00:14:23	128	00:34:58	105	00:20:37	01:09:59	00:11:46
107	5358		Bruno Grilo	-	SEN	Individual	122	00:14:23	86	00:33:49	164	00:21:49	01:10:01	00:11:48
108	3300	241	Nélson Santos	-	SEN	Peniche A. C.	240	00:17:05	106	00:34:23	39	00:18:34	01:10:03	00:11:50
109	3477	135	Álvaro Silva	-	SEN	TRIATLO CLUBE TAP	139	00:14:36	142	00:35:18	87	00:20:11	01:10:05	00:11:53
110	1209	393	Diogo Goulão Henriques	-	JUN	Ginásio Clube de Sines	85	00:13:16	177	00:36:26	96	00:20:27	01:10:10	00:11:57
111	3427	269	Sérgio Moniz	-	SEN	U. D. Amigos da Roda de Quinchães	111	00:14:10	105	00:34:23	159	00:21:41	01:10:14	00:12:01
112	3521	958	João Nicolau	-	SEN	C. N. Tejo	67	00:12:53	173	00:36:16	125	00:21:05	01:10:15	00:12:02
113	5375		David Borkowski	-	V1	Individual	103	00:13:51	145	00:35:21	124	00:21:05	01:10:18	00:12:05
114	3784	1329	Paulo Gonçalves	-	SEN	Clube de Praças da Armada	197	00:15:58	76	00:33:39	111	00:20:41	01:10:19	00:12:07
115	1097	20	Sofia Almeida	-	JUN	Alhandra Sporting Club	41	00:11:45	140	00:35:13	227	00:23:22	01:10:22	00:12:09
116	4197	498	Victor Rodrigues	-	V1	Assoc. 20 Km de Almeirim	188	00:15:46	95	00:34:01	112	00:20:44	01:10:32	00:12:19
117	4129	132	João Hipólito	-	V2	Alhandra Sporting Club	167	00:15:12	99	00:34:14	127	00:21:08	01:10:35	00:12:22
118	5355		António Cabaço	-	V1	Individual	121	00:14:22	125	00:34:53	139	00:21:21	01:10:36	00:12:23
119	3705	469	Ricardo Silva	-	SEN	Clube de Triatlo de Almada	187	00:15:45	92	00:33:56	119	00:20:56	01:10:39	00:12:26
120	3431	726	Henrique Venâncio	-	SEN	Peniche A. C.	209	00:16:13	75	00:33:37	115	00:20:49	01:10:41	00:12:28
121	1173	134	Rúben Rosa	-	JUN	Individual	42	00:11:46	199	00:37:21	156	00:21:38	01:10:46	00:12:33
122	1300	661	Vanessa Valente	-	JUN	Alhandra Sporting Club	26	00:11:10	170	00:36:06	229	00:23:32	01:10:49	00:12:37
123	3036	433	Nuno Campos	-	SEN	Clube de Praças da Armada	170	00:15:16	112	00:34:32	131	00:21:12	01:11:01	00:12:48
124	3411	163	Luis Novo	-	SEN	Alhandra Sporting Club	157	00:15:02	91	00:33:54	171	00:22:04	01:11:01	00:12:49
125	2126	331	Miguel Andrade	-	S23	C. F. "Os Belenenses"	113	00:14:13	181	00:36:31	90	00:20:17	01:11:02	00:12:50
126	1222	333	José Maria Carvalho	-	JUN	C. F. "Os Belenenses"	77	00:13:02	93	00:33:57	256	00:24:06	01:11:06	00:12:53
127	2085	374	Vanessa Pereira	-	S23	COMPEED - Tri-Oeste	141	00:14:37	113	00:34:33	168	00:21:56	01:11:07	00:12:54
128	4241	1464	André Cunha	-	V1	Açoreana Clube Banif	201	00:16:04	79	00:33:42	142	00:21:24	01:11:11	00:12:58
129	3735	740	Ricardo Filipe Costa	-	SEN	A.B.V.Estoriz / Nutrilogia	180	00:15:36	102	00:34:19	134	00:21:18	01:11:14	00:13:01
130	4138	350	Paulo Guedes	-	V3	Clube Olímpico de Oeiras	191	00:15:54	122	00:34:51	99	00:20:30	01:11:15	00:13:02
131	4073	828	Amândio Caetano	-	V2	A. D. C. R. Painho	213	00:16:20	103	00:34:20	107	00:20:39	01:11:19	00:13:07
132	3094	1097	Pedro Fernandes	-	SEN	Secção de Triatlo de Santa Iria	154	00:14:58	126	00:34:56	147	00:21:28	01:11:23	00:13:10
133	3703	436	Rui Firmino	-	SEN	Clube de Triatlo de Almada	163	00:15:10	123	00:34:52	141	00:21:23	01:11:26	00:13:13
134	3610	324	Bernardo Ferrão	-	SEN	C. F. "Os Belenenses"	162	00:15:10	131	00:35:00	133	00:21:17	01:11:28	00:13:15
135	5357		Benek Moraes	-	SEN	Individual	256	00:17:25	166	00:36:03	22	00:18:04	01:11:33	00:13:20
136	3777	1317	João Galhordas	-	SEN	Individual	137	00:14:35	138	00:35:08	167	00:21:54	01:11:37	00:13:24
137	4293	1099	Miguel Velez	-	V2	Secção de Triatlo de Santa Iria	156	00:15:01	179	00:36:27	83	00:20:08	01:11:38	00:13:25
138	4042	1361	João Rita	-	V3	Louletano/AlgarvCycles/LouleJardimHot	183	00:15:40	104	00:34:22	155	00:21:38	01:11:42	00:13:29
139	4108	225	Paulo Leitão Santos	-	V2	Peniche A. C.	149	00:14:51	111	00:34:31	185	00:22:20	01:11:43	00:13:30
140	4259	806	Paulo Neves	-	V1	Clube de Veteranos do Porto	194	00:15:57	81	00:33:43	177	00:22:12	01:11:53	00:13:41
141	3015	434	Maria João Madeira	-	SEN	Clube de Triatlo de Almada	81	00:13:10	169	00:36:06	198	00:22:38	01:11:55	00:13:42
142	3673	384	Henrique Avelar	-	SEN	Resistentes	228	00:16:43	118	00:34:42	98	00:20:29	01:11:55	00:13:43
143	3216	257	Ricardo Francisco	-	SEN	Oeiras Sport Clube	243	00:17:12	121	00:34:49	77	00:19:55	01:11:57	00:13:44
144	4463	1636	Paulo Henriques	-	V1	Ginásio Clube de Sines	87	00:13:18	135	00:35:04	235	00:23:37	01:12:00	00:13:48
145	1288	426	Nuno Nogueira	-	JUN	C. N. Tejo	20	00:10:45	240	00:39:25	166	00:21:53	01:12:04	00:13:51
146	3588	428	Igor Santos	-	SEN	C. N. Tejo	202	00:16:05	109	00:34:26	151	00:21:32	01:12:04	00:13:52
147	4204	243	Mário Sousa	-	V2	Peniche A. C.	277	00:18:08	141	00:35:15	47	00:18:49	01:12:13	00:14:00

Data:	13-06-2010	Hora:	11h00	Local:	Oeiras
Natação	750 mt	Ciclismo:	19.300 mt	Corrida:	5.000 mt

Ranking:	Taça de Portugal Triatlo	Hora de Partida:	00h00
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	Ciclism	P	Corrida	Total	Diff
148	3446	737	Bruno Brito	-	SEN	A.B.V.Estoris / Nutrilogia	140	00:14:36	161	00:35:58	160	00:21:42	01:12:17	00:14:04
149	3424	1052	Rui Antunes	-	SEN	Peniche A. C.	146	00:14:46	108	00:34:26	224	00:23:15	01:12:27	00:14:15
150	1235	44	Raquel Rocha	-	JUN	Alhandra Sporting Club	28	00:11:12	167	00:36:04	283	00:25:16	01:12:34	00:14:21
151	4268	979	Vasco Soares	-	V1	Clube de Praças da Armada	214	00:16:20	101	00:34:18	174	00:22:08	01:12:47	00:14:34
152	3321	790	Luis Lourenço	-	SEN	Molly Maid - Vitoria de Janes	82	00:13:10	164	00:36:01	231	00:23:35	01:12:47	00:14:34
153	1201	180	André Estevam	-	JUN	Alhandra Sporting Club	89	00:13:27	69	00:33:24	303	00:25:57	01:12:49	00:14:36
154	5446		Pedro Miguel Machado	-	SEN	Individual	96	00:13:41	159	00:35:54	221	00:23:14	01:12:49	00:14:36
155	4034	262	João Pereira	-	V2	Oeiras Sport Clube	138	00:14:35	150	00:35:39	195	00:22:37	01:12:52	00:14:39
156	3523	1054	Nuno Pinto	-	SEN	Quintajense Futebol Clube	177	00:15:32	120	00:34:47	197	00:22:38	01:12:58	00:14:45
157	4444	1502	Luis Boavida	-	V3	Molly Maid - Vitoria de Janes	159	00:15:06	134	00:35:02	205	00:22:53	01:13:02	00:14:49
158	5408		Luis Manuel Rosário	-	V1	Individual	151	00:14:53	165	00:36:02	175	00:22:10	01:13:06	00:14:54
159	4286	332	Paulo Goulart	-	V1	C. F. "Os Belenenses"	152	00:14:54	110	00:34:30	237	00:23:41	01:13:07	00:14:54
160	4059	511	Fernando Feijão	-	V4	C. T. Fundão	237	00:16:58	155	00:35:50	93	00:20:24	01:13:13	00:15:00
161	3494	424	Rui Pedro Costa	-	SEN	C. N. Tejo	263	00:17:36	129	00:34:59	110	00:20:40	01:13:15	00:15:03
162	2168	1368	Andreia Ponte	-	S23	Louletano/AlgarvCycles/LouleJardimHot	66	00:12:52	153	00:35:43	270	00:24:44	01:13:20	00:15:08
163	3643	1044	Luis Paixão	-	SEN	Molly Maid - Vitoria de Janes	100	00:13:48	175	00:36:17	226	00:23:21	01:13:27	00:15:14
164	4468	939	João Coelho	-	V1	Clube Millennium BCP	166	00:15:12	119	00:34:42	232	00:23:35	01:13:30	00:15:17
165	3315	136	Mário Figueiredo	-	SEN	Alhandra Sporting Club	294	00:18:34	146	00:35:23	71	00:19:39	01:13:36	00:15:24
166	3082	1348	João Seródio	-	SEN	C. N. Colégio Vasco da Gama	178	00:15:35	158	00:35:52	178	00:22:12	01:13:40	00:15:27
167	2179	1597	Diogo Moreira	-	S23	Assoc. Académica S. Mamede	68	00:12:54	241	00:39:26	148	00:21:28	01:13:49	00:15:36
168	3489	1151	Cecília Shinn	-	SEN	COMPEED - Tri-Oeste	220	00:16:36	148	00:35:29	161	00:21:47	01:13:52	00:15:39
169	1271	551	Pedro Bica	-	JUN	G. D. R. de Manique de Cima	54	00:12:31	253	00:40:16	129	00:21:10	01:13:57	00:15:44
170	3235	1350	Gonçalo Vicente	-	SEN	C. N. Colégio Vasco da Gama	200	00:16:03	185	00:36:43	130	00:21:11	01:13:59	00:15:46
171	4307	1463	Jorge Carlos Serra	-	V1	Açoreana Clube Banif	222	00:16:38	200	00:37:21	79	00:20:00	01:13:59	00:15:46
172	3030	985	Nuno Raimundo	-	SEN	Clube de Praças da Armada	204	00:16:06	176	00:36:23	149	00:21:31	01:14:01	00:15:48
173	1283	477	Andreia Ferreira	-	JUN	Clube de Triatlo de Almada	61	00:12:43	230	00:38:54	190	00:22:26	01:14:04	00:15:51
174	3555	484	Vitor Almeida	-	SEN	Clube Triatlo de Perosinho	292	00:18:30	147	00:35:25	82	00:20:08	01:14:05	00:15:52
175	1312	1387	Vasco Moreira	-	JUN	Clube Triatlo de Perosinho	147	00:14:47	136	00:35:05	260	00:24:20	01:14:12	00:15:59
176	3586	977	Miguel Carneiro	-	SEN	Clube de Praças da Armada	116	00:14:17	194	00:37:07	201	00:22:50	01:14:15	00:16:02
177	5353		Ángelo Barros	-	SEN	Individual	235	00:16:56	202	00:37:29	76	00:19:49	01:14:16	00:16:03
178	1311	43	Andreia Lopes	-	JUN	C. F. "Os Belenenses"	76	00:13:01	162	00:35:59	284	00:25:17	01:14:18	00:16:06
179	4189	492	Carlos Serra	-	V1	Alhandra Sporting Club	216	00:16:31	172	00:36:10	153	00:21:37	01:14:20	00:16:07
180	3631	577	Hugo Velez	-	SEN	Quintajense Futebol Clube	179	00:15:35	180	00:36:31	186	00:22:22	01:14:29	00:16:16
181	5413		Mark Peachey	-	V1	Individual	168	00:15:13	197	00:37:14	170	00:22:03	01:14:31	00:16:18
182	3326	1169	Nuno Barros	-	SEN	Assoc. Académica S. Mamede	129	00:14:29	139	00:35:08	276	00:24:59	01:14:37	00:16:24
183	4426	1364	José Alberto Marcos	-	V2	Louletano/AlgarvCycles/LouleJardimHot	135	00:14:33	171	00:36:09	249	00:23:59	01:14:42	00:16:29
184	4097	376	Carlos Suzana	-	V2	COMPEED - Tri-Oeste	221	00:16:37	193	00:37:05	136	00:21:18	01:15:01	00:16:48
185	3508	1055	João Duarte	-	SEN	Quintajense Futebol Clube	232	00:16:50	156	00:35:50	188	00:22:25	01:15:07	00:16:54
186	5660	1535	João Miguel Coelho	-	SEN	C. N. Tejo	172	00:15:18	203	00:37:34	183	00:22:19	01:15:12	00:16:59
187	3240	59	Carla Ribeiro	-	SEN	Louletano/AlgarvCycles/LouleJardimHot	153	00:14:57	198	00:37:17	214	00:23:01	01:15:16	00:17:04
188	3707	603	Ana Patricia Ferreira	-	SEN	C. N. Tejo	184	00:15:43	218	00:38:23	128	00:21:09	01:15:17	00:17:04
189	4326	405	Carlos Ferreira	-	V4	Individual	264	00:17:36	152	00:35:41	180	00:22:13	01:15:31	00:17:18
190	1200	408	Laura Costa Bento	-	JUN	Alhandra Sporting Club	44	00:11:54	223	00:38:41	275	00:24:59	01:15:35	00:17:22
191	2114	255	João Inácio	-	S23	Oeiras Sport Clube	107	00:14:03	151	00:35:41	301	00:25:54	01:15:39	00:17:27
192	3828	1587	Paulo Ferreira	-	SEN	Clube de Triatlo de Almada	223	00:16:38	168	00:36:05	209	00:22:56	01:15:40	00:17:27
193	1229	586	Luis Maia	-	JUN	Associação Naval Amorense	52	00:12:27	255	00:40:20	207	00:22:55	01:15:42	00:17:30
194	4000	178	Olimpio Guedelha	-	V4	G. A. A. Vila Franca de Xira	234	00:16:55	187	00:36:49	172	00:22:05	01:15:50	00:17:37
195	3397	1170	Alexandra Reis	-	SEN	Assoc. Académica S. Mamede	145	00:14:45	211	00:37:55	222	00:23:14	01:15:55	00:17:42
196	4075	242	José Peixoto	-	V3	Peniche A. C.	298	00:18:48	183	00:36:35	103	00:20:34	01:15:57	00:17:45

Data:	13-06-2010	Hora:	11h00	Local:	Oeiras
Natação	750 mt	Ciclismo:	19.300 mt	Corrida:	5.000 mt

Ranking:	Taça de Portugal Triatlo	Hora de Partida:	00h00
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	Ciclism	P	Corrida	Total	Diff
197	5496	1644	Luis Fera	-	SEN	Louletano/AlgarvCycles/LouleJardimHot	241	00:17:05	190	00:37:00	169	00:21:57	01:16:03	00:17:50
198	3740	1074	Francisco Gaspar	-	SEN	Individual	230	00:16:44	188	00:36:49	193	00:22:33	01:16:07	00:17:55
199	3120	504	Mário Couto	-	SEN	C. N. Cartaxo	290	00:18:27	186	00:36:43	120	00:20:57	01:16:09	00:17:56
200	1281	439	Caterina Sousa	-	JUN	Clube de Triatlo de Almada	93	00:13:37	232	00:38:55	236	00:23:38	01:16:11	00:17:58
201	4341	174	José João Albano	-	V2	Individual	272	00:17:57	182	00:36:33	162	00:21:48	01:16:19	00:18:06
202	5385		João Calhau	-	SEN	Individual	260	00:17:31	195	00:37:11	152	00:21:37	01:16:20	00:18:08
203	1286	417	Ana Alarico	-	JUN	C. N. Tejo	104	00:13:54	266	00:40:50	158	00:21:39	01:16:24	00:18:12
204	3338	1441	José Guerreiro	-	SEN	Clube de Praças da Armada	255	00:17:24	214	00:38:08	117	00:20:53	01:16:26	00:18:13
205	5661	1534	João Belo Martins	-	SEN	C. N. Tejo	217	00:16:32	178	00:36:27	234	00:23:37	01:16:36	00:18:23
206	3404	824	Miguel Ramos	-	SEN	A. D. C. R. Painho	281	00:18:16	192	00:37:01	144	00:21:25	01:16:44	00:18:31
207	3681	659	António Maria Cumbre	-	SEN	Alhandra Sporting Club	158	00:15:05	222	00:38:38	219	00:23:07	01:16:51	00:18:38
208	3737	819	Ricardo Arraias	-	SEN	A.B.V.Estoris / Nutrilogia	182	00:15:40	149	00:35:37	296	00:25:38	01:16:56	00:18:43
209	3613	554	Nuno Rijo	-	SEN	G. D. R. de Manique de Cima	219	00:16:33	235	00:39:00	145	00:21:26	01:17:01	00:18:48
210	5437		Olivier Boonen	-	V2	Individual	266	00:17:49	204	00:37:39	154	00:21:38	01:17:06	00:18:53
211	2165	1176	Pedro Magalhães	-	S23	Assoc. Académica S. Mamede	259	00:17:31	184	00:36:41	223	00:23:15	01:17:28	00:19:15
212	3713	628	Diogo Barbosa	-	SEN	TRI CAP - Penafirme	186	00:15:45	208	00:37:47	248	00:23:58	01:17:30	00:19:18
213	3386	999	Ana Pereira	-	SEN	COMPEED - Tri-Oeste	273	00:17:58	191	00:37:01	194	00:22:33	01:17:33	00:19:21
214	3517	454	Fábio Pratas	-	SEN	Clube de Triatlo de Almada	210	00:16:14	224	00:38:43	196	00:22:38	01:17:35	00:19:22
215	3717	578	Tiago Avelãs	-	SEN	Serv. Soc. CGD	258	00:17:29	216	00:38:16	165	00:21:52	01:17:38	00:19:25
216	5399		José Marques	-	V1	Individual	165	00:15:12	245	00:39:36	208	00:22:55	01:17:44	00:19:31
217	4385	418	Jorge Castro	-	V2	C. N. Tejo	181	00:15:37	233	00:38:56	225	00:23:20	01:17:53	00:19:40
218	1323	1561	Raquel Dourado	-	JUN	Louletano/AlgarvCycles/LouleJardimHot	48	00:12:16	269	00:41:01	271	00:24:49	01:18:07	00:19:54
219	4394	878	Pedro Miguel Jorge	-	V1	Associação Naval Amorense	226	00:16:41	201	00:37:26	251	00:24:04	01:18:12	00:19:59
220	4069	937	João Rodrigues Silva	-	V2	Clube Millennium BCP	74	00:12:59	291	00:42:30	199	00:22:44	01:18:14	00:20:01
221	5351		Andy Birkbi	-	V1	Individual	174	00:15:20	231	00:38:55	252	00:24:04	01:18:19	00:20:06
222	4235	268	Ricardo Aguiar	-	V2	Cl. Ferroviário de Vendas Novas	173	00:15:18	236	00:39:02	259	00:24:08	01:18:29	00:20:16
223	5429		Nuno Delicado	-	SEN	Individual	176	00:15:30	314	00:44:56	21	00:18:03	01:18:30	00:20:17
224	4382	478	Paulo Fonseca	-	V1	Clube de Triatlo de Almada	314	00:20:26	189	00:36:56	146	00:21:28	01:18:50	00:20:38
225	3393	449	Rita Correia	-	SEN	Clube de Triatlo de Almada	92	00:13:32	279	00:41:44	230	00:23:35	01:18:52	00:20:39
226	4397	794	Carlos Manuel Silva	-	V2	Individual	303	00:18:58	249	00:39:46	84	00:20:10	01:18:55	00:20:42
227	4154	162	Paulo Leote	-	V1	G. A. A. Vila Franca de Xira	251	00:17:21	225	00:38:45	202	00:22:51	01:18:58	00:20:45
228	4221	1050	António Vitorino	-	V1	Peniche A. C.	285	00:18:21	246	00:39:37	121	00:21:00	01:18:59	00:20:46
229	3076	265	Rui Pereira	-	SEN	Cl. Ferroviário de Vendas Novas	229	00:16:44	212	00:37:55	261	00:24:20	01:18:59	00:20:47
230	5374		Daniel Van Dijk	-	SEN	Individual	136	00:14:34	289	00:42:21	173	00:22:08	01:19:04	00:20:51
231	3184	998	Maria Rita Neves	-	SEN	COMPEED - Tri-Oeste	155	00:14:58	252	00:40:15	255	00:24:06	01:19:20	00:21:07
232	4215	738	José Luis Correia	-	V3	A.B.V.Estoris / Nutrilogia	97	00:13:42	262	00:40:45	272	00:24:53	01:19:21	00:21:08
233	4449	581	Nuno Santos	-	V1	TRIATLO CLUBE TAP	257	00:17:26	219	00:38:26	247	00:23:57	01:19:50	00:21:37
234	5447		Pedro Rainho	-	S23	Individual	248	00:17:18	296	00:42:48	74	00:19:46	01:19:53	00:21:40
235	3527	1037	Rui Manuel Ferreira	-	SEN	Louletano/AlgarvCycles/LouleJardimHot	280	00:18:14	247	00:39:37	192	00:22:28	01:20:21	00:22:08
236	5441		Paulo Oliveira	-	SEN	Individual	313	00:20:23	238	00:39:20	109	00:20:40	01:20:23	00:22:11
237	4223	164	José Morgado	-	V2	Alhandra Sporting Club	4		4		3		01:20:30	00:22:17
238	3500	943	Fábio Ferreira	-	SEN	C. N. Cartaxo	231	00:16:50	251	00:40:05	242	00:23:48	01:20:43	00:22:30
239	1322	1559	Tânia Henriques	-	JUN	Associação Naval Amorense	38	00:11:42	300	00:43:03	306	00:26:04	01:20:51	00:22:38
240	5663	648	Horácio Ferreira	-	V1	Oeiras Sport Clube	308	00:20:06	217	00:38:21	187	00:22:25	01:20:53	00:22:40
241	1327	1645	David Pinto	-	JUN	Peniche A. C.	171	00:15:17	207	00:37:47	322	00:27:51	01:20:56	00:22:43
242	4362	564	José Colaço	-	V4	G. D. R. de Manique de Cima	265	00:17:42	209	00:37:49	293	00:25:30	01:21:02	00:22:50
243	4262	647	Paulo Queiros	-	V1	Oeiras Sport Clube	339	00:26:03	174	00:36:17	42	00:18:44	01:21:05	00:22:52
244	5372		Cristiano Pisco	-	SEN	Individual	286	00:18:24	220	00:38:36	257	00:24:07	01:21:08	00:22:55
245	4072	827	Renato Fidalgo	-	V2	A. D. C. R. Painho	324	00:21:47	206	00:37:39	163	00:21:49	01:21:15	00:23:03

Data:	13-06-2010	Hora:	11h00	Local:	Oeiras
Natação	750 mt	Ciclismo:	19.300 mt	Corrida:	5.000 mt

Ranking:	Taça de Portugal Triatlo	Hora de Partida:	00h00
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	Ciclism	P	Corrida	Total	Diff
246	3623	1614	Filipe Varandas	-	SEN	Clube Triatlo de Perosinho	134	00:14:32	288	00:42:16	266	00:24:29	01:21:18	00:23:05
247	5384		João Amaral	-	V3	Individual	246	00:17:15	226	00:38:49	282	00:25:16	01:21:21	00:23:08
248	4195	390	Sérgio Oliveira	-	V1	A.B.V.Estoris / Nutrilogia	268	00:17:50	210	00:37:50	299	00:25:43	01:21:24	00:23:11
249	5425		Miguel Freire	-	V1	Individual	169	00:15:14	293	00:42:42	228	00:23:29	01:21:25	00:23:12
250	3653	217	José Gabriel Coelho	-	SEN	Alhandra Sporting Club	192	00:15:56	290	00:42:29	213	00:23:01	01:21:26	00:23:13
251	4194	156	Helena Medeiro	-	V1	Serv. Soc. CGD	252	00:17:21	228	00:38:52	285	00:25:18	01:21:32	00:23:19
252	3390	155	Hélder Valente	-	SEN	Serv. Soc. CGD	279	00:18:13	213	00:37:56	289	00:25:24	01:21:34	00:23:21
253	4025	148	João Medeiro	-	V2	Serv. Soc. CGD	254	00:17:23	227	00:38:50	286	00:25:21	01:21:35	00:23:22
254	3811	1494	Luis Filipe Valente	-	SEN	Secção de Triatlo de Santa Iria	175	00:15:30	301	00:43:06	212	00:22:59	01:21:36	00:23:23
255	4165	1466	Carlos Candeias	-	V1	Açoreana Clube Banif	276	00:18:05	264	00:40:48	206	00:22:53	01:21:47	00:23:34
256	3569	383	Serge Caetano	-	SEN	McDonalds/TriBraga	319	00:20:59	215	00:38:14	200	00:22:47	01:22:00	00:23:47
257	4263	260	Paulo Matias	-	V1	Oeiras Sport Clube	287	00:18:24	243	00:39:33	254	00:24:05	01:22:04	00:23:51
258	3724	664	Luis Tavares	-	V1	Associação Naval Amorense	289	00:18:27	205	00:37:39	304	00:26:00	01:22:06	00:23:54
259	4228	744	Vitor Pinho	-	V2	Alhandra Sporting Club	271	00:17:52	273	00:41:18	211	00:22:59	01:22:09	00:23:56
260	4162	797	Henrique Gonçalves	-	V4	Clube de Veteranos do Porto	301	00:18:54	234	00:38:56	262	00:24:22	01:22:13	00:24:00
261	4421	1319	Antonio Moreira	-	V3	Individual	239	00:17:04	258	00:40:33	267	00:24:35	01:22:13	00:24:00
262	5348		Andrew Whitehouse	-	SEN	Individual	245	00:17:14	284	00:41:55	216	00:23:04	01:22:14	00:24:01
263	3624	334	José Camões	-	SEN	C. F. "Os Belenenses"	261	00:17:32	265	00:40:50	246	00:23:53	01:22:16	00:24:03
264	4023	432	Francisco Bexiga	-	V3	Clube de Praças da Armada	215	00:16:30	248	00:39:40	308	00:26:12	01:22:22	00:24:09
265	3661	204	César Marques	-	SEN	Individual	207	00:16:11	250	00:39:57	310	00:26:23	01:22:32	00:24:19
266	3805	1455	Nuno Ribeiro	-	SEN	Porto Runners	119	00:14:21	277	00:41:31	313	00:26:40	01:22:33	00:24:20
267	5403		Karin Omberg	-	V1	Individual	247	00:17:17	276	00:41:29	243	00:23:49	01:22:36	00:24:23
268	5410		Mário Ramos	-	V3	Individual	233	00:16:51	275	00:41:21	265	00:24:24	01:22:37	00:24:25
269	4329	619	Rui Correia	-	V4	Individual	291	00:18:29	221	00:38:37	295	00:25:36	01:22:42	00:24:29
270	3710	1057	Rui Foles	-	SEN	Quintajense Futebol Clube	305	00:19:20	239	00:39:21	253	00:24:04	01:22:47	00:24:34
271	4305	1461	António João Santos	-	V1	Açoreana Clube Banif	283	00:18:20	268	00:40:54	238	00:23:41	01:22:56	00:24:43
272	4459	1613	Jorg Lohken	-	V1	Individual	91	00:13:29	310	00:44:19	281	00:25:12	01:23:00	00:24:47
273	3434	200	Luis Boleto Pinto	-	SEN	Alhandra Sporting Club	325	00:21:52	196	00:37:12	250	00:24:03	01:23:08	00:24:55
274	4403	981	Paulo Jorge Santos	-	V2	Clube de Praças da Armada	224	00:16:40	283	00:41:55	268	00:24:36	01:23:11	00:24:58
275	2170	1468	Artur Cunha	-	S23	Açoreana Clube Banif	250	00:17:21	259	00:40:34	288	00:25:24	01:23:19	00:25:06
276	5381		Helena Gerardo	-	SEN	Individual	238	00:17:01	272	00:41:17	277	00:25:01	01:23:21	00:25:08
277	3702	495	Hugo Mendes	-	SEN	Assoc. 20 Km de Almeirim	205	00:16:08	286	00:42:06	279	00:25:06	01:23:21	00:25:08
278	4370	330	Manuel Gomes	-	V2	C. F. "Os Belenenses"	270	00:17:52	261	00:40:37	280	00:25:09	01:23:39	00:25:26
279	4342	140	Luis Filipe Silva	-	V3	TRIATLO CLUBE TAP	321	00:21:04	242	00:39:31	215	00:23:04	01:23:40	00:25:27
280	4295	1352	Luis Barbosa	-	V1	C. N. Colégio Vasco da Gama	311	00:20:18	287	00:42:12	132	00:21:16	01:23:47	00:25:34
281	3383	336	Sofia Valente	-	SEN	Sporting Clube de Portugal	249	00:17:19	244	00:39:35	315	00:26:55	01:23:49	00:25:37
282	3808	1470	Diogo Ferreira	-	SEN	Açoreana Clube Banif	284	00:18:21	282	00:41:51	240	00:23:43	01:23:56	00:25:43
283	1262	166	Joana Pico	-	JUN	Molly Maid - Vitoria de Janes	117	00:14:17	306	00:43:39	307	00:26:11	01:24:08	00:25:56
284	5378		Dirk-Jan Scheffers	-	SEN	Individual	329	00:22:16	260	00:40:36	150	00:21:32	01:24:24	00:26:11
285	5361		Bruno Pontes	-	SEN	Individual	253	00:17:21	309	00:44:12	210	00:22:57	01:24:31	00:26:19
286	4018	202	Mário Magalhães	-	V3	CFV	282	00:18:19	267	00:40:54	287	00:25:21	01:24:34	00:26:21
287	4306	1467	José Pereira	-	V1	Açoreana Clube Banif	306	00:19:43	303	00:43:11	176	00:22:11	01:25:06	00:26:53
288	4453	1589	Carlos Barata Correia	-	V4	Clube de Triatlo de Almada	126	00:14:26	311	00:44:19	312	00:26:33	01:25:19	00:27:06
289	5395		Jorge Carneiro	-	SEN	Individual	315	00:20:31	278	00:41:42	218	00:23:07	01:25:21	00:27:08
290	4383	1008	Helena Moura	-	V2	Clube de Triatlo de Almada	206	00:16:10	307	00:43:46	290	00:25:25	01:25:22	00:27:09
291	3712	591	José Silveira	-	V1	TRI CAP - Penafirme	304	00:19:11	281	00:41:48	263	00:24:22	01:25:22	00:27:09
292	4422	1322	José Moraes	-	V1	Individual	333	00:23:46	229	00:38:53	204	00:22:52	01:25:32	00:27:20
293	3391	151	Carlos Albano Silva	-	SEN	Serv. Soc. CGD	278	00:18:13	263	00:40:45	314	00:26:46	01:25:44	00:27:32
294	4294	1056	José Panóias	-	V3	Quintajense Futebol Clube	299	00:18:51	254	00:40:19	316	00:27:04	01:26:16	00:28:03

Data:	13-06-2010	Hora:	11h00	Local:	Oeiras
Natação	750 mt	Ciclismo:	19.300 mt	Corrida:	5.000 mt

Ranking:	Taça de Portugal Triatlo	Hora de Partida:	00h00
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	Ciclism	P	Corrida	Total	Diff
295	3826	1572	Helder Figueiredo	-	SEN	C. N. Colégio Vasco da Gama	330	00:22:49	297	00:42:51	114	00:20:49	01:26:30	00:28:17
296	2164	1096	Ruben Carvalho	-	S23	Secção de Triatlo de Santa Iria	160	00:15:07	292	00:42:39	328	00:28:45	01:26:32	00:28:19
297	5387		João Delicado	-	SEN	Individual	199	00:16:00	326	00:47:01	233	00:23:36	01:26:37	00:28:24
298	3814	1517	Ricardo Diniz	-	SEN	Individual	189	00:15:52	271	00:41:14	333	00:29:33	01:26:40	00:28:27
299	1261	718	Sara Ferreira	-	JUN	Ginásio Clube de Sines	211	00:16:17	270	00:41:02	332	00:29:20	01:26:40	00:28:28
300	4272	1330	Fernando Conceição	-	V1	Clube de Praças da Armada	302	00:18:54	295	00:42:46	278	00:25:05	01:26:46	00:28:33
301	4257	396	Stephen Parry	-	V3	Individual	274	00:18:01	257	00:40:31	326	00:28:31	01:27:03	00:28:51
302	4344	296	João Lopes	-	V1	TRIATLO CLUBE TAP	262	00:17:33	304	00:43:17	309	00:26:18	01:27:09	00:28:56
303	5426		Miguel Nascimento Santos	-	JUN	Individual	35	00:11:34	237	00:39:03	341	00:36:34	01:27:12	00:28:59
304	5589		José Alberto Domingos	-	V5	Individual	317	00:20:44	298	00:43:01	245	00:23:51	01:27:36	00:29:23
305	5440		Paulo José Gonçalves	-	V1	Individual	293	00:18:33	318	00:45:36	258	00:24:08	01:28:18	00:30:06
306	4046	266	Mário Melo	-	V4	Cl. Ferroviário de Vendas Novas	195	00:15:57	302	00:43:08	331	00:29:19	01:28:25	00:30:13
307	5448		Peter Tsvetkov	-	SEN	Individual	190	00:15:53	315	00:44:58	319	00:27:48	01:28:39	00:30:27
308	4393	877	Julio Nunes	-	V1	Associação Naval Amorense	334	00:23:53	256	00:40:29	264	00:24:23	01:28:47	00:30:34
309	4238	801	António Manuel Vieira	-	V2	Clube de Veteranos do Porto	300	00:18:54	274	00:41:19	327	00:28:38	01:28:51	00:30:38
310	2166	1331	Daniel Zeferino	-	S23	Clube de Praças da Armada	316	00:20:34	294	00:42:46	298	00:25:40	01:29:01	00:30:48
311	4280	463	Paulo Lopes	-	V1	Clube de Triatlo de Almada	296	00:18:40	285	00:41:56	325	00:28:27	01:29:04	00:30:52
312	5493		Pedro Oliveira	-	V1	Individual	267	00:17:49	313	00:44:52	311	00:26:24	01:29:07	00:30:54
313	4365	131	Paulo Viana	-	V1	Alhandra Sporting Club	309	00:20:12	299	00:43:03	302	00:25:55	01:29:10	00:30:58
314	4345	627	Paulo Batista	-	V2	TRIATLO CLUBE TAP	307	00:19:51	312	00:44:42	273	00:24:55	01:29:29	00:31:16
315	3821	1541	Nuno Bernardo	-	SEN	Molly Maid - Vitoria de Janes	318	00:20:47	280	00:41:44	318	00:27:43	01:30:15	00:32:03
316	5442		Paulo Renato Marques	-	V2	Individual	310	00:20:17	317	00:45:26	269	00:24:36	01:30:20	00:32:07
317	4237	1051	António Mamede	-	V3	Peniche A. C.	323	00:21:45	320	00:45:48	217	00:23:05	01:30:39	00:32:27
318	4102	1607	Luis Lima	-	V3	CFV	337	00:24:24	305	00:43:32	203	00:22:52	01:30:49	00:32:36
319	3474	1171	Silvia Pedroso	-	SEN	Assoc. Académica S. Mamede	297	00:18:41	327	00:48:01	274	00:24:57	01:31:40	00:33:27
320	4100	815	Jaime Carmo	-	V5	Clube de Veteranos do Porto	269	00:17:51	316	00:45:00	334	00:29:40	01:32:32	00:34:19
321	5445		Pedro Manuel Vieira	-	V2	Individual	312	00:20:22	325	00:46:39	300	00:25:46	01:32:48	00:34:36
322	5382		James Robert Yates	-	SEN	Individual	227	00:16:42	328	00:48:54	323	00:27:56	01:33:33	00:35:20
323	4348	925	Nuno Russo	-	V4	CFV	320	00:20:59	324	00:46:37	305	00:26:04	01:33:41	00:35:28
324	5362		Carlos Morgado Pereira	-	V2	Individual	322	00:21:25	321	00:45:51	320	00:27:49	01:35:06	00:36:53
325	5406		Luis Manuel Conceição	-	V3	Individual	338	00:24:50	322	00:46:27	244	00:23:50	01:35:07	00:36:54
326	5495	1060	Urbino Santos	-	SEN	McDonalds/TriBraga	118	00:14:19	337	00:51:42	335	00:30:10	01:36:12	00:37:59
327	5394		Joaquim Miguel Paiva	-	V1	Individual	288	00:18:26	332	00:50:15	321	00:27:50	01:36:31	00:38:19
328	5491		Paulo Reis	-	SEN	Individual	242	00:17:11	329	00:49:20	336	00:30:17	01:36:50	00:38:37
329	3829	1585	Liliana Brás	-	SEN	TRIATLO CLUBE TAP	225	00:16:41	333	00:50:19	337	00:30:18	01:37:20	00:39:07
330	3281	259	Helder Gonçalves Ribeiro	-	SEN	Oeiras Sport Clube	327	00:22:09	323	00:46:31	329	00:28:45	01:37:26	00:39:14
331	3650	142	Filipa Elvas	-	SEN	TRIATLO CLUBE TAP	328	00:22:10	331	00:50:02	294	00:25:34	01:37:47	00:39:34
332	3679	561	Pedro Borges Coelho	-	SEN	G. D. R. de Manique de Cima	198	00:15:59	340	00:56:53	291	00:25:27	01:38:20	00:40:07
333	4163	798	Manuel Dias	-	V4	Clube de Veteranos do Porto	331	00:23:03	308	00:43:56	339	00:32:16	01:39:16	00:41:03
334	5380		Fernanda Santinha	-	SEN	Individual	275	00:18:02	339	00:55:55	297	00:25:40	01:39:38	00:41:25
335	5356		Augusto Ferreira	-	V4	Individual	332	00:23:18	335	00:51:07	292	00:25:27	01:39:53	00:41:40
336	5347		Alexandra Vicente	-	SEN	Individual	326	00:21:57	336	00:51:30	324	00:28:03	01:41:31	00:43:18
337	4285	812	Augusto Pinto	-	V3	Clube de Veteranos do Porto	340	00:27:13	319	00:45:38	330	00:29:01	01:41:54	00:43:41
338	4387	599	Fábia Silva	-	V1	Clube Olimpico de Oeiras	341	00:30:48	330	00:50:01	239	00:23:42	01:44:31	00:46:19
339	5415		Marta Franco	-	SEN	Individual	295	00:18:40	338	00:54:11	338	00:32:04	01:44:56	00:46:43
340	4139	816	Olivia Carmo	-	V3	Clube de Veteranos do Porto	336	00:24:18	334	00:50:39	340	00:32:46	01:47:45	00:49:32
341	5389		João Paulo Ferreira	-	V2	Individual	335	00:23:59	341	00:58:44	317	00:27:20	01:50:04	00:51:51
	3320	975	Sérgio Ribeiro	DNF	SEN	Clube de Praças da Armada		00:15:00						-
	5494	230	Ana Filipa Mendes	DNF	S23	CFV		00:11:10		00:49:11				-

Data:	13-06-2010	Hora:	11h00	Local:	Oeiras
Natação	750 mt	Ciclismo:	19.300 mt	Corrida:	5.000 mt

Ranking:	Taça de Portugal Triatlo	Hora de Partida:	00h00
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	Ciclism	P	Corrida	Total	Diff
	2108	10	Ana Filipa Sampaio	DNF	S23	Alhandra Sporting Club		00:11:48		00:36:49				-
	1154	406	Diogo Mata Tristão	DNF	JUN	Alhandra Sporting Club		00:11:23		00:33:43				-
	1216	592	Pedro Miguel Amaral	DNF	JUN	C. D. "Os Águias" de Alpiarça		00:10:46		00:32:43				-
	1270	545	André Mateus Silva	DNF	JUN	G. D. R. de Manique de Cima		00:14:47		00:39:54				-
	1198	1355	Francisco Machado	DNF	JUN	C. N. Colégio Vasco da Gama		00:10:44		00:32:56				-
	4052	1351	Manuel Gonçalves	DNF	V2	C. N. Colégio Vasco da Gama		00:15:06						-
	4452	1588	Madalena Caninas	DNF	V2	Clube de Triatlo de Almada		00:18:21						-
	3485	1111	Nuno Patricio	DNS	SEN	C. N. Alvito								-
	3425	1211	Rui Mendes	DNS	SEN	Peniche A. C.								-
	3005	321	Diogo Almeida	DNS	SEN	C. F. "Os Belenenses"								-
	3537	834	Dário Santos	DNS	SEN	Amiciclo								-
	3791	1365	João Inocentes	DNS	SEN	Louletano/AlgarvCycles/LouleJardimHot								-
	3559	1168	António Luis Barbosa	DNS	SEN	Assoc. Académica S. Mamede								-
	3648	728	Nuno Nobre	DNS	SEN	TRIATLO CLUBE TAP								-
	3529	840	Paulo Pereira	DNS	SEN	Amiciclo								-
	3050	387	Bruno Fernandes	DNS	SEN	Resistentes								-
	3026	832	Anibal Oliveira	DNS	SEN	Amiciclo								-
	3212	367	Maria Cecilia Franco	DNS	SEN	COMPEED - Tri-Oeste								-
	3403	1040	Rita Ribeiro	DNS	SEN	Louletano/AlgarvCycles/LouleJardimHot								-
	3676	978	Filipe Vidal	DNS	SEN	Clube de Praças da Armada								-
	3797	1390	Alexandre Alvarez	DNS	SEN	Molly Maid - Vitoria de Janes								-
	2122	8	Joana Marques	DNS	S23	Clube Olímpico de Oeiras								-
	2112	153	Ivan Costa	DNS	S23	Alhandra Sporting Club								-
	1128	351	Carolina Gregório	DNS	JUN	Clube Olímpico de Oeiras								-
	1042	415	João Francisco Ferreira	DNS	JUN	C. N. Tejo								-
	1249	24	João Curado	DNS	JUN	Sporting Clube de Portugal								-
	1301	847	Rita Maria Lopes	DNS	JUN	Amiciclo								-
	4328	813	Anette Kind	DNS	V2	Clube de Veteranos do Porto								-
	4152	1533	Silvino Muchacho	DNS	V5	Peniche A. C.								-
	4303	673	António Reis	DNS	V2	Cl. Ferroviário de Vendas Novas								-
	4248	137	Jorge Paulo Pereira	DNS	V2	TRIATLO CLUBE TAP								-
	4070	934	Humberto Lomba	DNS	V2	Clube Millennium BCP								-
	4181	159	João Durão	DNS	V2	TRIATLO CLUBE TAP								-
	4121	144	Paulo Codinha	DNS	V1	TRIATLO CLUBE TAP								-
	4144	373	Hugo Ribeiro	DNS	V1	COMPEED - Tri-Oeste								-
	4446	1521	João Canhão	DNS	V1	Cl. Ferroviário de Vendas Novas								-
	4246	127	Nuno Lourenço Dimas	DNS	V1	Individual								-
	4192	582	Rui Melo	DNS	V1	COMPEED - Tri-Oeste								-
	3723	663	Luis Cavaco	DNS	V1	Associação Naval Amorense								-
	3135	1161	Mário Guedes	DNS	SEN	Assoc. Académica S. Mamede								-
	5370		Carlos Vitor	DNS	V2	Individual								-
	5393		João Paulo Jorge	DNS	V2	Individual								-
	5396		Jorge Pimpim Santos	DNS	SEN	Individual								-
	5397		José Maçarria	DNS	V3	Individual								-
	5400		Julian Turner	DNS	V1	Individual								-
	5409		Manuel Enes Gonçalves	DNS	SEN	Individual								-
	5416		Miguel Bernardo	DNS	SEN	Individual								-
	5438		Paulo Correia	DNS	SEN	Individual								-
	5439		Paulo Jorge Fernandes	DNS	SEN	Individual								-

Data:	13-06-2010	Hora:	11h00	Local:	Oeiras			
Natação	750 mt	Ciclismo:	19.300 mt	Corrida:	5.000 mt			

Ranking:	Taça de Portugal Triatlo	Hora de Partida:	00h00
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	Ciclism	P	Corrida	Total	Diff
	5443		Pedro Castro Tavares	DNS	SEN	Individual								-
	5444		Pedro Goucha Jorge	DNS	V2	Individual								-