

Data:	03-07-2010	Hora:	16h00	Local:	Pedrógão Grande			
Natação	750 mt	Ciclismo:	21.850 mt	Corrida:	5.000 mt			

Ranking:	Taça de Portugal Triatlo	Hora de Partida:	00h00
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	Ciclism	P	Corrida	Total	Diff
1	2127	579	Diogo Custódio	-	S23	Sporting Clube de Portugal	12	00:10:35	3	00:39:23	4	00:17:30	01:07:29	
2	3284	36	Pedro Gomes	-	SEN	Clube Olímpico de Oeiras	10	00:10:32	5	00:39:37	3	00:17:22	01:07:32	00:00:02
3	2124	14	Vasco Pessoa	-	S23	C. T. Fundão	2	00:09:53	7	00:40:18	8	00:18:10	01:08:22	00:00:52
4	1166	21	Hugo Alves	-	JUN	C. T. Fundão	9	00:10:30	4	00:39:31	13	00:18:56	01:08:58	00:01:28
5	1167	27	José Veiga	-	JUN	Clube Olímpico de Oeiras	4	00:09:55	9	00:41:15	6	00:17:59	01:09:10	00:01:40
6	2160	16	Ruben Costa	-	S23	Sporting Clube de Portugal	3	00:09:54	8	00:40:31	15	00:19:01	01:09:27	00:01:57
7	2087	15	José Estrangeiro	-	S23	Assoc. Académica de Coimbra	6	00:10:04	6	00:39:57	39	00:20:36	01:10:37	00:03:07
8	1149	26	Guilherme Marques	-	JUN	C. D. "Os Águias" de Alpiarça	13	00:10:37	12	00:41:44	21	00:19:29	01:11:50	00:04:20
9	1203	53	Rafael Ribeiro	-	JUN	Alhandra Sporting Club	5	00:09:59	18	00:42:32	17	00:19:19	01:11:51	00:04:21
10	3501	371	Tiago Neves	-	SEN	COMPEED - Tri-Oeste	14	00:10:37	13	00:41:53	19	00:19:21	01:11:52	00:04:22
11	5498	1150	Alberto González	-	SEN	COMPEED - Tri-Oeste	11	00:10:35	25	00:43:00	12	00:18:55	01:12:30	00:05:00
12	1153	22	Luis Filipe Marafuz	-	JUN	Alhandra Sporting Club	8	00:10:27	16	00:41:58	34	00:20:23	01:12:48	00:05:18
13	1247	52	Filipe Azevedo	-	JUN	C. D. "Os Águias" de Alpiarça	1	00:09:52	21	00:42:43	33	00:20:16	01:12:53	00:05:23
14	3049	1152	Sérgio Dias	-	SEN	COMPEED - Tri-Oeste	68	00:13:15	14	00:41:55	5	00:17:51	01:13:02	00:05:33
15	3214	443	Miguel Ganchinho	-	SEN	Clube de Triatlo de Almada	69	00:13:17	15	00:41:56	7	00:18:07	01:13:20	00:05:50
16	3342	337	Rodrigo Baltazar	-	SEN	Sporting Clube de Portugal	31	00:11:18	26	00:43:00	16	00:19:13	01:13:32	00:06:02
17	3127	377	Tiago Lobo	-	SEN	COMPEED - Tri-Oeste	37	00:11:33	27	00:43:09	14	00:19:00	01:13:43	00:06:13
18	1303	50	Ricardo Calado	-	JUN	C. D. "Os Águias" de Alpiarça	27	00:11:09	35	00:43:33	23	00:19:31	01:14:14	00:06:44
19	4192	582	Rui Melo	-	V1	COMPEED - Tri-Oeste	58	00:12:34	23	00:42:56	11	00:18:45	01:14:16	00:06:46
20	1329	1654	Bruno Freitas	-	JUN	Ludens Clube do Machico	20	00:10:56	38	00:43:39	25	00:19:44	01:14:19	00:06:49
21	3704	453	Nuno Rodrigues	-	SEN	Clube de Triatlo de Almada	57	00:12:34	24	00:42:59	18	00:19:20	01:14:55	00:07:25
22	4127	1165	Emanuel Marques	-	V2	Assoc. Académica S. Mamede	65	00:12:47	22	00:42:43	20	00:19:24	01:14:56	00:07:26
23	1004	49	Alexandre Nobre	-	JUN	Alhandra Sporting Club	18	00:10:53	31	00:43:25	42	00:20:50	01:15:09	00:07:39
24	1233	419	Diogo Rosa	-	JUN	C. N. Tejo	30	00:11:18	17	00:42:13	64	00:21:42	01:15:14	00:07:44
25	1216	592	Pedro Miguel Amaral	-	JUN	C. D. "Os Águias" de Alpiarça	17	00:10:43	36	00:43:38	46	00:20:56	01:15:18	00:07:48
26	3244	253	Carlos Fernandes	-	SEN	Oeiras Sport Clube	71	00:13:19	37	00:43:39	9	00:18:43	01:15:42	00:08:12
27	4032	252	Carlos Gomes	-	V2	Oeiras Sport Clube	88	00:14:19	20	00:42:39	10	00:18:44	01:15:44	00:08:14
28	1042	415	João Francisco Ferreira	-	JUN	C. N. Tejo	22	00:10:58	32	00:43:27	59	00:21:29	01:15:55	00:08:25
29	3107	421	Rui Sousa	-	SEN	Individual	49	00:12:19	29	00:43:12	36	00:20:24	01:15:56	00:08:26
30	3760	1000	Pedro Pinheiro	-	SEN	COMPEED - Tri-Oeste	101	00:15:20	10	00:41:23	28	00:19:55	01:16:38	00:09:08
31	3261	499	David Caldeirão	-	SEN	Louletano/AlgarvCycles/LouleJardimHot	28	00:11:13	30	00:43:15	77	00:22:19	01:16:49	00:09:19
32	3142	497	Pedro Figueira	-	SEN	Assoc. 20 Km de Almeirim	48	00:12:17	28	00:43:11	58	00:21:26	01:16:54	00:09:24
33	4148	379	Pedro Cordeiro	-	V1	COMPEED - Tri-Oeste	36	00:11:31	33	00:43:28	71	00:22:06	01:17:06	00:09:36
34	3453	515	Armandino Chaves	-	SEN	C. T. Fundão	99	00:15:16	11	00:41:43	31	00:20:12	01:17:12	00:09:42
35	4147	62	Fernando Carmo	-	V1	C. N. Colégio Vasco da Gama	94	00:14:36	19	00:42:33	35	00:20:23	01:17:34	00:10:04
36	3131	382	João Ferreira	-	SEN	McDonalds/TriBraga	62	00:12:41	43	00:44:56	38	00:20:33	01:18:11	00:10:41
37	3207	870	José Magalhães Dias	-	SEN	A. M. C. R. Fonte Grada	91	00:14:32	39	00:43:43	50	00:21:15	01:19:30	00:12:00
38	2086	7	Bárbara Clemente	-	S23	Clube Olímpico de Oeiras	39	00:11:41	50	00:45:55	72	00:22:07	01:19:44	00:12:14
39	2148	5	Ana Filipa Ferreira	-	S23	Alhandra Sporting Club	23	00:11:03	62	00:46:58	67	00:21:47	01:19:49	00:12:19
40	3510	114	Silvio Moreira	-	SEN	Individual	118	00:16:13	40	00:43:58	27	00:19:49	01:20:02	00:12:32
41	1192	357	Sérgio Filipe Monteiro	-	JUN	Clube Olímpico de Oeiras	34	00:11:29	34	00:43:29	127	00:25:09	01:20:08	00:12:38
42	3559	1168	António Luis Barbosa	-	SEN	Assoc. Académica S. Mamede	111	00:15:35	41	00:44:48	26	00:19:49	01:20:13	00:12:43
43	1202	147	Ivo Cristeta	-	JUN	Alhandra Sporting Club	26	00:11:08	49	00:45:52	94	00:23:17	01:20:18	00:12:48
44	3524	632	Paulo Sequeira	-	SEN	Peniche A. C.	72	00:13:25	55	00:46:04	43	00:20:52	01:20:22	00:12:52
45	3614	1562	Manuel Júlio	-	SEN	Individual	42	00:11:51	64	00:47:14	66	00:21:44	01:20:51	00:13:21
46	3304	482	Ivan Pinto da Silva	-	SEN	Clube Triatlo de Perosinho	50	00:12:21	53	00:46:02	80	00:22:30	01:20:54	00:13:24
47	4460	1629	João Pereira Martins	-	V2	G. A. A. Vila Franca de Xira	76	00:13:37	63	00:47:03	32	00:20:15	01:20:56	00:13:26
48	3698	656	José Afonso	-	SEN	McDonalds/TriBraga	98	00:14:52	46	00:45:24	48	00:21:01	01:21:18	00:13:48
49	1198	1355	Francisco Machado	-	JUN	C. N. Colégio Vasco da Gama	7	00:10:17	83	00:49:29	61	00:21:37	01:21:24	00:13:54

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Ranking:	Taça de Portugal Triatlo	Hora de Partida:	00h00
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	Ciclism	P	Corrida	Total	Diff
50	1269	756	Nuno Lima	-	JUN	CAPGE	43	00:11:56	51	00:45:55	101	00:23:41	01:21:33	00:14:03
51	4177	1369	Paulo Silva	-	V1	Louletano/AlgarvCycles/LouleJardimHot	107	00:15:25	57	00:46:36	24	00:19:35	01:21:36	00:14:06
52	1248	1079	Henrique Gouveia	-	JUN	Ludens Clube do Machico	53	00:12:28	54	00:46:03	93	00:23:17	01:21:49	00:14:19
53	3462	236	Rafael Lourenço	-	SEN	Alhandra Sporting Club	74	00:13:33	73	00:48:17	29	00:20:09	01:22:00	00:14:30
54	3108	423	António Costa	-	SEN	C. N. Tejo	109	00:15:29	42	00:44:55	63	00:21:41	01:22:06	00:14:36
55	1235	44	Raquel Rocha	-	JUN	Alhandra Sporting Club	21	00:10:57	61	00:46:57	113	00:24:13	01:22:08	00:14:38
56	3195	517	Ana Filipa Santos	-	SEN	C. T. Fundão	56	00:12:33	74	00:48:29	54	00:21:18	01:22:21	00:14:51
57	3300	241	Nelson Santos	-	SEN	Peniche A. C.	132	00:17:04	48	00:45:51	22	00:19:30	01:22:26	00:14:56
58	3738	743	Nuno Ventura	-	SEN	A.B.V.Estoris / Nutrilogia	82	00:13:42	67	00:47:28	52	00:21:16	01:22:27	00:14:57
59	3128	616	José Ferreira	-	SEN	McDonalds/TriBraga	70	00:13:17	71	00:47:46	57	00:21:25	01:22:30	00:15:00
60	3521	958	João Nicolau	-	SEN	C. N. Tejo	60	00:12:39	68	00:47:32	78	00:22:21	01:22:33	00:15:03
61	3431	726	Henrique Venâncio	-	SEN	Peniche A. C.	100	00:15:19	44	00:45:03	84	00:22:37	01:23:00	00:15:30
62	3411	163	Luis Novo	-	SEN	Alhandra Sporting Club	89	00:14:24	52	00:45:55	85	00:22:47	01:23:08	00:15:38
63	3100	871	Luis Cipriano	-	SEN	A. M. C. R. Fonte Grada	136	00:17:07	45	00:45:18	41	00:20:43	01:23:09	00:15:39
64	4014	742	João Santos	-	V2	A.B.V.Estoris / Nutrilogia	81	00:13:41	56	00:46:12	99	00:23:32	01:23:26	00:15:56
65	1155	25	Miguel Marques	-	JUN	Alhandra Sporting Club	15	00:10:40	86	00:49:47	95	00:23:25	01:23:52	00:16:22
66	3697	729	Patrick Silva	-	SEN	McDonalds/TriBraga	97	00:14:48	59	00:46:50	83	00:22:36	01:24:15	00:16:45
67	3241	172	Nuno Tintim	-	SEN	Alhandra Sporting Club	123	00:16:48	66	00:47:23	30	00:20:10	01:24:22	00:16:52
68	2143	353	Ana Teresa Machado	-	S23	Clube Olímpico de Oeiras	63	00:12:42	90	00:50:10	65	00:21:44	01:24:37	00:17:07
69	3576	1447	Jorge Manuel Vieira	-	SEN	Sport Clube Beira Mar	126	00:16:52	47	00:45:47	70	00:21:58	01:24:38	00:17:08
70	4138	350	Paulo Guedes	-	V3	Clube Olímpico de Oeiras	90	00:14:27	78	00:49:12	49	00:21:07	01:24:47	00:17:17
71	3836	1603	António Cortesão	-	SEN	Assoc. Académica de Coimbra	19	00:10:55	77	00:49:12	120	00:24:45	01:24:52	00:17:22
72	4314	501	José Gonçalves	-	V1	CAPGE	105	00:15:24	80	00:49:18	37	00:20:24	01:25:07	00:17:37
73	3181	1164	Luis Correia Ferreira	-	SEN	Assoc. Académica S. Mamede	52	00:12:28	89	00:50:02	87	00:22:54	01:25:24	00:17:54
74	3705	469	Ricardo Silva	-	SEN	Clube de Triatlo de Almada	110	00:15:29	65	00:47:22	81	00:22:33	01:25:26	00:17:56
75	3392	380	Katarina Larsson	-	SEN	COMPEED - Tri-Oeste	45	00:12:02	98	00:50:53	89	00:22:55	01:25:51	00:18:21
76	2133	1662	Frederico Sousa	-	S23	C. T. Fundão	67	00:12:56	97	00:50:44	76	00:22:17	01:25:58	00:18:28
77	2108	10	Ana Filipa Sampaio	-	S23	Alhandra Sporting Club	32	00:11:19	95	00:50:26	117	00:24:29	01:26:16	00:18:46
78	4059	511	Fernando Feijão	-	V4	C. T. Fundão	102	00:15:21	87	00:49:48	51	00:21:16	01:26:26	00:18:56
79	3735	740	Ricardo Filipe Costa	-	SEN	A.B.V.Estoris / Nutrilogia	77	00:13:38	85	00:49:44	96	00:23:28	01:26:50	00:19:20
80	3004	873	Bruno Silva	-	SEN	A. M. C. R. Fonte Grada	79	00:13:38	91	00:50:14	90	00:22:59	01:26:52	00:19:22
81	4136	212	Paulo Calejo Rodrigues	-	V2	Individual	85	00:13:56	103	00:51:18	62	00:21:38	01:26:53	00:19:23
82	2179	1597	Diogo Moreira	-	S23	Assoc. Académica S. Mamede	44	00:11:58	122	00:53:36	55	00:21:19	01:26:54	00:19:24
83	5281		João Calhau	-	SEN	Individual	141	00:17:30	70	00:47:34	68	00:21:49	01:26:54	00:19:24
84	4243	1522	Alfredo Azevedo	-	V1	Individual	41	00:11:50	107	00:51:40	100	00:23:35	01:27:07	00:19:37
85	1286	417	Ana Alarico	-	JUN	C. N. Tejo	55	00:12:32	109	00:51:50	88	00:22:55	01:27:18	00:19:48
86	3783	1308	Pedro Vieira	-	LAZ	Individual	121	00:16:40	76	00:49:00	69	00:21:57	01:27:38	00:20:08
87	3695	654	Emanuel Matos	-	SEN	McDonalds/TriBraga	150	00:19:10	58	00:46:37	73	00:22:09	01:27:56	00:20:26
88	2126	331	Miguel Andrade	-	S23	C. F. "Os Belenenses"	93	00:14:33	115	00:52:31	44	00:20:54	01:27:58	00:20:28
89	5256		Camilo Queiroz Oliveira	-	V1	Individual	144	00:17:45	60	00:46:51	98	00:23:29	01:28:06	00:20:36
90	3665	652	Joaquim Figueiras	-	SEN	Oeiras Sport Clube	127	00:16:53	94	00:50:18	45	00:20:56	01:28:08	00:20:38
91	4052	1351	Manuel Gonçalves	-	V2	C. N. Colégio Vasco da Gama	120	00:16:23	105	00:51:18	40	00:20:40	01:28:22	00:20:52
92	4413	106	Carlos Braz	-	V1	Individual	106	00:15:24	88	00:49:49	92	00:23:16	01:28:29	00:20:59
93	3015	434	Maria João Madeira	-	SEN	Clube de Triatlo de Almada	78	00:13:38	79	00:49:16	132	00:25:49	01:28:44	00:21:14
94	3315	136	Mário Figueiredo	-	SEN	Alhandra Sporting Club	148	00:18:33	75	00:48:45	60	00:21:34	01:28:52	00:21:22
95	3208	1440	Rui Trovão	-	SEN	Assoc. Académica de Coimbra	113	00:15:42	81	00:49:22	109	00:23:52	01:28:58	00:21:28
96	3555	484	Vitor Almeida	-	SEN	Clube Triatlo de Perosinho	158	00:20:10	69	00:47:33	53	00:21:18	01:29:02	00:21:32
97	1315	1473	Daniel Gonçalves	-	JUN	Triathlon Lamego Club	116	00:16:01	93	00:50:15	86	00:22:48	01:29:05	00:21:35
98	4000	178	Ólimpio Guedelha	-	V4	G. A. A. Vila Franca de Xira	134	00:17:06	72	00:48:12	104	00:23:47	01:29:06	00:21:36

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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	Ciclism	P	Corrida	Total	Diff
99	3740	1074	Francisco Gaspar	-	SEN	Individual	114	00:15:46	82	00:49:27	116	00:24:22	01:29:36	00:22:07
100	4199	1366	Filipe Conceição	-	V1	Louletano/AlgarvCycles/LouleJardimHot	128	00:16:54	110	00:51:50	47	00:20:59	01:29:44	00:22:14
101	3235	1350	Gonçalo Vicente	-	SEN	C. N. Colégio Vasco da Gama	96	00:14:44	106	00:51:32	102	00:23:43	01:30:00	00:22:30
102	1251	1386	João Campos Cunha	-	JUN	Clube Triatlo de Perosinho	54	00:12:32	118	00:52:43	125	00:25:01	01:30:17	00:22:47
103	4341	174	José João Albano	-	V2	Individual	130	00:16:59	112	00:51:59	56	00:21:20	01:30:19	00:22:49
104	4268	979	Vasco Soares	-	V1	Clube de Praças da Armada	103	00:15:22	99	00:50:55	112	00:24:09	01:30:27	00:22:57
105	3082	1348	João Seródio	-	SEN	C. N. Colégio Vasco da Gama	87	00:14:17	104	00:51:18	126	00:25:02	01:30:38	00:23:08
106	3143	1162	Daniel Reis	-	SEN	Assoc. Académica S. Mamede	84	00:13:50	111	00:51:59	124	00:24:57	01:30:47	00:23:17
107	2092	104	Pedro Miguel Gomes	-	S23	Alhandra Sporting Club	16	00:10:41	101	00:51:10	151	00:29:08	01:31:00	00:23:30
108	1096	19	Nadine Almeida	-	JUN	Alhandra Sporting Club	33	00:11:22	127	00:54:11	130	00:25:35	01:31:09	00:23:39
109	4356	372	Sónia Quintela	-	V1	COMPEED - Tri-Oeste	40	00:11:44	113	00:52:09	143	00:27:21	01:31:15	00:23:45
110	3681	659	António Maria Cumbre	-	SEN	Alhandra Sporting Club	104	00:15:23	100	00:51:08	121	00:24:49	01:31:21	00:23:51
111	4330	1163	José Fernando Silva	-	V2	Assoc. Académica S. Mamede	138	00:17:13	108	00:51:45	82	00:22:34	01:31:33	00:24:03
112	3397	1170	Alexandra Reis	-	SEN	Assoc. Académica S. Mamede	66	00:12:50	126	00:54:05	118	00:24:39	01:31:35	00:24:05
113	3777	1317	João Galhordas	-	SEN	Individual	117	00:16:02	116	00:52:34	91	00:23:14	01:31:50	00:24:20
114	4326	405	Carlos Ferreira	-	V4	Individual	146	00:17:54	92	00:50:15	105	00:23:49	01:31:58	00:24:28
115	5400		Paulo Oliveira	-	SEN	Individual	140	00:17:23	119	00:52:52	74	00:22:09	01:32:24	00:24:54
116	3326	1169	Nuno Barros	-	SEN	Assoc. Académica S. Mamede	73	00:13:30	102	00:51:11	146	00:28:13	01:32:55	00:25:25
117	3184	998	Maria Rita Neves	-	SEN	COMPEED - Tri-Oeste	64	00:12:46	139	00:56:27	106	00:23:49	01:33:03	00:25:33
118	1201	180	André Estevam	-	JUN	Alhandra Sporting Club	51	00:12:23	96	00:50:32	157	00:30:26	01:33:22	00:25:52
119	3810	1485	José Nuno Marques	-	SEN	Assoc. Académica S. Mamede	75	00:13:36	121	00:53:20	138	00:26:46	01:33:43	00:26:13
120	1200	408	Laura Costa Bento	-	JUN	Alhandra Sporting Club	29	00:11:14	146	00:57:46	119	00:24:43	01:33:44	00:26:14
121	3338	1441	José Guerreiro	-	SEN	Clube de Praças da Armada	139	00:17:21	117	00:52:41	107	00:23:49	01:33:52	00:26:22
122	3707	603	Ana Patrícia Ferreira	-	SEN	C. N. Tejo	108	00:15:29	133	00:55:00	108	00:23:51	01:34:20	00:26:50
123	3578	1446	Carlos Vieira	-	SEN	Sport Clube Beira Mar	159	00:20:12	120	00:52:55	75	00:22:12	01:35:20	00:27:50
124	1283	477	Andreia Ferreira	-	JUN	Clube de Triatlo de Almada	38	00:11:35	142	00:57:11	141	00:26:50	01:35:37	00:28:07
125	4189	492	Carlos Serra	-	V1	Alhandra Sporting Club	151	00:19:10	114	00:52:18	114	00:24:17	01:35:46	00:28:16
126	1196	175	Fábio Coutinho	-	JUN	Alhandra Sporting Club	46	00:12:13	84	00:49:32	164	00:34:08	01:35:53	00:28:23
127	2165	1176	Pedro Magalhães	-	S23	Assoc. Académica S. Mamede	131	00:17:01	123	00:53:38	129	00:25:23	01:36:04	00:28:34
128	4458	1602	André Leão	-	V1	Assoc. Académica de Coimbra	35	00:11:30	138	00:56:13	147	00:28:20	01:36:04	00:28:34
129	3717	578	Tiago Avelãs	-	SEN	Serv. Soc. CGD	143	00:17:36	130	00:54:29	110	00:24:02	01:36:08	00:28:38
130	4385	418	Jorge Castro	-	V2	C. N. Tejo	135	00:17:07	128	00:54:13	128	00:25:14	01:36:35	00:29:05
131	3713	628	Diogo Barbosa	-	SEN	TRI CAP - Penafirme	133	00:17:05	134	00:55:14	115	00:24:21	01:36:41	00:29:11
132	1327	1645	David Pinto	-	JUN	Peniche A. C.	86	00:14:00	148	00:58:23	123	00:24:56	01:37:20	00:29:50
133	1316	1474	Daniel Conceição	-	JUN	Triathlon Lamego Club	59	00:12:36	136	00:56:08	149	00:28:44	01:37:28	00:29:58
134	1281	439	Caterina Sousa	-	JUN	Clube de Triatlo de Almada	80	00:13:40	144	00:57:43	137	00:26:09	01:37:33	00:30:03
135	3393	449	Rita Correia	-	SEN	Clube de Triatlo de Almada	61	00:12:40	156	01:01:18	103	00:23:45	01:37:44	00:30:14
136	3523	1054	Nuno Pinto	-	SEN	Quintajense Futebol Clube	115	00:15:47	124	00:53:48	148	00:28:33	01:38:09	00:30:39
137	3377	1167	Eurico Coelho	-	SEN	Assoc. Académica S. Mamede	95	00:14:37	129	00:54:25	152	00:29:13	01:38:16	00:30:46
138	1300	661	Vanessa Valente	-	JUN	Alhandra Sporting Club	24	00:11:06	135	00:55:56	161	00:31:37	01:38:40	00:31:10
139	5490		Ricardo Barreiros	-	SEN	Individual	149	00:19:03	125	00:54:02	131	00:25:48	01:38:55	00:31:25
140	1097	20	Sofia Almeida	-	JUN	Alhandra Sporting Club	25	00:11:07	147	00:58:23	153	00:29:47	01:39:19	00:31:49
141	4239	802	Vasco Santos	-	V3	Clube de Veteranos do Porto	156	00:20:01	132	00:54:55	122	00:24:50	01:39:47	00:32:17
142	3826	1572	Helder Figueiredo	-	SEN	C. N. Colégio Vasco da Gama	162	00:20:17	143	00:57:24	79	00:22:25	01:40:07	00:32:37
143	3653	217	José Gabriel Coelho	-	SEN	Alhandra Sporting Club	112	00:15:37	154	01:00:34	111	00:24:02	01:40:15	00:32:45
144	5255		Bruno Pontes	-	SEN	Individual	124	00:16:50	153	01:00:03	97	00:23:28	01:40:22	00:32:52
145	5489		Paulo Costa	-	V2	Individual	160	00:20:14	137	00:56:09	136	00:26:09	01:42:33	00:35:03
146	1244	1089	Marisa Alves	-	JUN	Ludens Clube do Machico	83	00:13:43	152	00:59:04	155	00:30:13	01:43:00	00:35:30
147	4162	797	Henrique Gonçalves	-	V4	Clube de Veteranos do Porto	122	00:16:41	131	00:54:38	162	00:32:24	01:43:44	00:36:14

Data:	03-07-2010	Hora:	16h00	Local:	Pedrógão Grande			
Natação	750 mt	Ciclismo:	21.850 mt	Corrida:	5.000 mt			

Ranking:	Taça de Portugal Triatlo	Hora de Partida:	00h00
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	Ciclism	P	Corrida	Total	Diff
148	4295	1352	Luis Barbosa	-	V1	C. N. Colégio Vasco da Gama	161	00:20:16	145	00:57:46	135	00:25:58	01:44:00	00:36:30
149	3390	155	Helder Valente	-	SEN	Serv. Soc. CGD	142	00:17:34	140	00:56:33	154	00:29:56	01:44:04	00:36:34
150	5370		José Correia	-	V3	Individual	119	00:16:20	141	00:57:04	160	00:31:23	01:44:48	00:37:18
151	3434	200	Luis Boleto Pinto	-	SEN	Alhandra Sporting Club	163	00:20:18	151	00:58:41	133	00:25:55	01:44:55	00:37:25
152	5333		Jorge Carneiro	-	SEN	Individual	155	00:20:00	150	00:58:40	142	00:26:54	01:45:36	00:38:06
153	4152	1533	Silvino Muchacho	-	V5	Peniche A. C.	129	00:16:57	149	00:58:40	156	00:30:25	01:46:03	00:38:33
154	3623	1614	Filipe Varandas	-	SEN	Clube Triatlo de Perosinho	92	00:14:33	158	01:02:50	150	00:28:57	01:46:20	00:38:51
155	4411	1020	Victor Campos	-	V4	DAR - Recardães	157	00:20:04	155	01:00:44	144	00:27:25	01:48:15	00:40:45
156	3728	793	Nuno Costa	-	SEN	Serv. Soc. CGD	125	00:16:51	157	01:01:50	159	00:31:22	01:50:04	00:42:34
157	1294	916	Stephanie Rodrigues	-	JUN	C. D. "Os Águias" de Alpiarça	47	00:12:17	160	01:04:39	163	00:33:40	01:50:37	00:43:07
158	4237	1051	António Mamede	-	V3	Peniche A. C.	147	00:18:22	164	01:08:13	134	00:25:56	01:52:32	00:45:02
159	5497	1171	Sílvia Pedroso	-	SEN	Assoc. Académica S. Mamede	152	00:19:16	162	01:06:31	145	00:27:33	01:53:22	00:45:52
160	5396		Maria Sousa	-	SEN	Individual	154	00:19:37	163	01:07:13	139	00:26:48	01:53:39	00:46:09
161	5181		Antonio Goucha Soares	-	V2	Individual	137	00:17:09	165	01:09:41	140	00:26:48	01:53:39	00:46:09
162	3281	259	Helder Gonçalves Ribeiro	-	SEN	Oeiras Sport Clube	164	00:21:15	159	01:03:28	158	00:30:33	01:55:18	00:47:48
163	3391	151	Carlos Albano Silva	-	SEN	Serv. Soc. CGD	153	00:19:35	161	01:06:29	165	00:36:13	02:02:19	00:54:49
164	4163	798	Manuel Dias	-	V4	Clube de Veteranos do Porto	145	00:17:53	1		1		02:04:07	00:56:37
165	5416		Vitor Manuel Fernandes	-	V5	Individual	165	00:22:38	2		2		02:09:47	01:02:17
	4387	599	Fábia Silva	DQ	V1	Clube Olímpico de Oeiras	157	00:20:04	161	01:05:26	3	00:15:58	01:41:30	00:34:00
	1249	24	João Curado	DNF	JUN	Sporting Clube de Portugal		00:10:04						-
	1223	195	Rui Tenrinho	DNF	JUN	Alhandra Sporting Club		00:09:59						-
	3661	204	César Marques	DNF	SEN	Individual		00:17:41						-
	1314	680	João Miguel Cristo	DNF	JUN	Clube de Triatlo de Almada		00:12:30						-
	4441	1437	Gary Blesson	DNF	V2	Assoc. Académica de Coimbra		00:15:23						-
	2122	8	Joana Marques	DNS	S23	Clube Olímpico de Oeiras								-
	3240	59	Carla Ribeiro	DNS	SEN	Louletano/AlgarvCycles/LouleJardimHot								-
	3590	101	Nuno Moreira	DNS	V1	Individual								-
	2112	153	Ivan Costa	DNS	S23	Alhandra Sporting Club								-
	1048	215	Diogo Soares	DNS	JUN	Alhandra Sporting Club								-
	4344	296	João Lopes	DNS	V1	TRIATLO CLUBE TAP								-
	4369	322	Jorge Corte-Real	DNS	V2	C. F. "Os Belenenses"								-
	3383	336	Sofia Valente	DNS	SEN	Sporting Clube de Portugal								-
	1128	351	Carolina Gregório	DNS	JUN	Clube Olímpico de Oeiras								-
	2085	374	Vanessa Pereira	DNS	S23	COMPEED - Tri-Oeste								-
	3591	468	Paulo Janela	DNS	SEN	Clube de Triatlo de Almada								-
	3446	737	Bruno Brito	DNS	SEN	A.B.V.Estoris / Nutrilogia								-
	4255	804	Paulo Castro Rocha	DNS	V3	Clube de Veteranos do Porto								-
	3519	809	Nuno Sá	DNS	SEN	Clube de Veteranos do Porto								-
	4282	810	Rui Resende Silva	DNS	V2	Clube de Veteranos do Porto								-
	3196	954	Nélson Silva	DNS	SEN	C. N. Tejo								-
	3263	1174	Maria Joana Creissac	DNS	SEN	Assoc. Académica S. Mamede								-
	3183	1353	Ricardo Figueira Silva	DNS	SEN	C. N. Colégio Vasco da Gama								-
	2168	1368	Andreia Ponte	DNS	S23	Louletano/AlgarvCycles/LouleJardimHot								-
	1323	1561	Raquel Dourado	DNS	JUN	Louletano/AlgarvCycles/LouleJardimHot								-
	5323		Joaquim Paiva	DNS	V1	Individual								-
	5393		Karin Omberg	DNS	V1	Individual								-
	5397		Paulo Correia	DNS	SEN	Individual								-
	5409		Ricardo Conceição	DNS	SEN	Individual								-