

Data:	23-03-2014	Hora:	12h00	Local:	Alpiarça							
Natação	750 mt	PT1:		Ciclismo:		PT2:		Corrida:				
Ranking:	Camp. Nac. Clubes			Hora de Partida:	00h07							

Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	PT1	P	Ciclism	P	PT2	P	Corrida	Total	Diff
1	3013	12	João José Pereira	-	SEN	Sport Lisboa e Benfica	21	00:09:05	43	00:00:46	42	00:30:28	30	00:00:40	5	00:14:58	00:55:59	
2	3269	13	Miguel Arraiolos	-	SEN	Sport Lisboa e Benfica	24	00:09:09	20		21		37	00:00:41	6	00:15:38	00:56:38	00:00:39
3	1503	1540	David Luis	-	JUN	C. D. "Os Águias" de Alpiarça	1		5		7		3		1		00:57:01	00:01:01
4	2149	51	Pedro Afonso Gaspar	-	S23	Individual	18	00:08:51	49	00:00:49	18		7		16	00:16:40	00:57:12	00:01:13
5	2038	23	Pedro Araújo Mendes	-	S23	Sport Lisboa e Benfica	20	00:08:55	46	00:00:48	43	00:30:34	33	00:00:40	10	00:16:18	00:57:17	00:01:17
6	3016	3	Bruno Pais	-	SEN	Sport Lisboa e Benfica	27	00:09:16	18		19		26	00:00:39	14	00:16:32	00:57:37	00:01:38
7	2002	32	Gil Maia	-	S23	Sport Lisboa e Benfica	35	00:09:34	41	00:00:44	44	00:30:55	23	00:00:38	7	00:15:55	00:57:48	00:01:49
8	2118	1355	Francisco Machado	-	S23	Sport Lisboa e Benfica	7		17		17		48	00:00:43	9	00:16:15	00:58:17	00:02:18
9	2025	53	Rafael Ribeiro	-	S23	C. D. "Os Águias" de Alpiarça	6		13		51	00:31:17	42	00:00:42	11	00:16:19	00:58:17	00:02:18
10	3291	4	Duarte Marques	-	SEN	C. D. "Os Águias" de Alpiarça	28	00:09:16	55	00:00:51	47	00:31:09	24	00:00:39	17	00:16:43	00:58:40	00:02:41
11	2116	50	Ricardo Calado	-	S23	C. D. "Os Águias" de Alpiarça	31	00:09:25	40	00:00:43	46	00:31:05	43	00:00:42	19	00:16:50	00:58:47	00:02:48
12	1571	2367	Tomás Azevedo	-	JUN	Kainagua	19	00:08:52	10		9		49	00:00:43	40	00:17:44	00:58:50	00:02:50
13	3140	226	Tiago Maia	-	SEN	Sport Lisboa e Benfica	25	00:09:10	56	00:00:52	50	00:31:11	45	00:00:43	20	00:16:55	00:58:52	00:02:53
14	2060	52	Filipe Azevedo	-	S23	C. D. "Os Águias" de Alpiarça	30	00:09:18	42	00:00:46	48	00:31:09	75	00:00:47	23	00:16:59	00:59:01	00:03:01
15	1509	1479	Afonso Garcia	-	JUN	Garmin Olímpico de Oeiras	2		6		45	00:31:02	32	00:00:40	31	00:17:20	00:59:16	00:03:17
16	3258	15	José Estrangeiro	-	SEN	Assoc. Académica de Coimbra	36	00:09:37	50	00:00:49	52	00:31:32	41	00:00:42	18	00:16:49	00:59:31	00:03:32
17	2066	195	Rui Tenrinho	-	S23	C. D. "Os Águias" de Alpiarça	22	00:09:06	39	00:00:42	14		6		94	00:18:57	00:59:37	00:03:38
18	1625	921	Ricardo Jorge	-	JUN	C. D. "Os Águias" de Alpiarça	5		12		49	00:31:09	107	00:00:51	34	00:17:30	00:59:38	00:03:38
19	1629	47	Luis Pedro Ferreira	-	JUN	Alhandra Sporting Club	34	00:09:29	54	00:00:50	54	00:31:39	22	00:00:38	27	00:17:05	00:59:43	00:03:44
20	1525	2434	Leonardo Nunes	-	JUN	Sporting CP	29	00:09:18	37		36		92	00:00:49	36	00:17:41	00:59:46	00:03:47
21	2146	49	Alexandre Nobre	-	S23	Individual	32	00:09:26	102	00:01:03	81	00:32:29	35	00:00:40	8	00:16:14	00:59:55	00:03:55
22	2087	3272	Alejandro Cañas	-	S23	C. D. "Os Águias" de Alpiarça	26	00:09:12	15		15		56	00:00:45	13	00:16:31	01:00:07	00:04:08
23	3225	3940	Jaime Garrido Garcia	-	SEN	Sport Lisboa e Benfica	65	00:10:19	44	00:00:47	57	00:31:50	27	00:00:39	15	00:16:34	01:00:11	00:04:12
24	2059	415	João Francisco Ferreira	-	S23	Garmin Olímpico de Oeiras	44	00:09:58	14		13		36	00:00:41	12	00:16:27	01:00:15	00:04:15
25	1542	552	João Ferreira Pereira	-	JUN	G. D. R. de Manique de Cima	59	00:10:13	61	00:00:55	59	00:31:53	21	00:00:38	24	00:16:59	01:00:40	00:04:40
26	1584	1772	André Dias	-	JUN	Sporting CP	33	00:09:27	63	00:00:55	53	00:31:37	60	00:00:46	46	00:17:56	01:00:43	00:04:43
27	1004	912	Miguel Cassiano	-	CAD	C. D. "Os Águias" de Alpiarça	55	00:10:07	1		1		20	00:00:38	28	00:17:05	01:00:45	00:04:46
28	1005	507	João Gabriel	-	CAD	Sport Lisboa e Benfica	37	00:09:45	2		2		50	00:00:44	26	00:17:03	01:00:50	00:04:50
29	2000	1411	Bruno Pereira	-	S23	Sport Lisboa e Benfica	60	00:10:14	64	00:00:56	60	00:31:57	61	00:00:46	22	00:16:56	01:00:50	00:04:51

Data:	23-03-2014	Hora:	12h00	Local:	Alpiarça				
Natação	750 mt	PT1:		Ciclismo:		PT2:		Corrida:	
Ranking:	Camp. Nac. Clubes		Hora de Partida:	00h07					

Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	PT1	P	Ciclism	P	PT2	P	Corrida	Total	Diff
30	3362	2536	Pedro Eloy	-	SEN	Garmin Olímpico de Oeiras	50	00:10:05	87	00:01:00	61	00:31:58	102	00:00:51	25	00:17:00	01:00:55	00:04:56
31	1527	1004	Guilherme Lopes	-	JUN	Sporting CP	42	00:09:56	45	00:00:48	67	00:32:14	44	00:00:42	30	00:17:15	01:00:57	00:04:58
32	1024	1132	Diogo Nóbrega	-	CAD	Ludens de Machico/El Bom Bom Sport	64	00:10:17	78	00:00:59	55	00:31:47	34	00:00:40	32	00:17:23	01:01:08	00:05:08
33	3188	579	Diogo Custódio	-	SEN	Sporting CP	68	00:10:20	85	00:01:00	78	00:32:25	90	00:00:49	21	00:16:56	01:01:32	00:05:32
34	1573	3085	José Cabeça	-	JUN	Kainagua	39	00:09:50	11		10		25	00:00:39	42	00:17:48	01:01:35	00:05:36
35	1572	903	João Oliveira	-	JUN	Sport Lisboa e Benfica	52	00:10:07	47	00:00:48	64	00:32:09	86	00:00:48	43	00:17:50	01:01:43	00:05:44
36	2053	2174	João Renato Teixeira	-	S23	McDonalds/TriBraga	81	00:10:43	66	00:00:56	63	00:32:08	53	00:00:45	33	00:17:29	01:02:02	00:06:03
37	6292		Antonio Jesús Palomo	-	SEN	Triatlón Pacense	82	00:10:44	62	00:00:55	62	00:32:03	46	00:00:43	39	00:17:43	01:02:10	00:06:11
38	1569	411	João Pais	-	JUN	Alhandra Sporting Club	71	00:10:30	109	00:01:04	66	00:32:10	51	00:00:45	41	00:17:47	01:02:17	00:06:18
39	1536	1045	Nuno Miguel André	-	JUN	Garmin Olímpico de Oeiras	73	00:10:32	53	00:00:50	75	00:32:24	38	00:00:41	47	00:17:56	01:02:24	00:06:25
40	3282	254	Márcio Neves	-	SEN	Peniche A. C.	84	00:10:46	133	00:01:08	58	00:31:51	82	00:00:48	44	00:17:51	01:02:25	00:06:26
41	1031	1801	Tiago Leão	-	CAD	Associação Naval Amorense	48	00:10:02	3		4		73	00:00:47	48	00:17:56	01:02:26	00:06:26
42	1568	1796	Nuno Ribeiro	-	JUN	Alhandra Sporting Club	4		9		90	00:32:42	76	00:00:47	71	00:18:30	01:02:26	00:06:27
43	1522	364	José Luis Virtuoso	-	JUN	Associação Naval Amorense	74	00:10:36	57	00:00:53	70	00:32:18	39	00:00:41	49	00:17:58	01:02:28	00:06:28
44	2130	756	Nuno Lima	-	S23	C. D. "Os Águias" de Alpiarça	49	00:10:03	51	00:00:49	65	00:32:09	19	00:00:38	101	00:19:12	01:02:53	00:06:53
45	1552	3104	Bernardo Portela	-	JUN	Garmin Olímpico de Oeiras	51	00:10:05	117	00:01:05	84	00:32:31	52	00:00:45	74	00:18:32	01:03:01	00:07:01
46	2086	3220	Miguel Furtado	-	S23	Peniche A. C.	63	00:10:16	204	00:01:28	91	00:32:42	100	00:00:51	37	00:17:42	01:03:01	00:07:01
47	1014	359	Afonso Feijão	-	CAD	Garmin Olímpico de Oeiras	69	00:10:24	266	00:01:55	3		1		52	00:18:00	01:03:01	00:07:02
48	2088	3297	Fábio João Azinheirinha	-	S23	Garmin Olímpico de Oeiras	53	00:10:07	120	00:01:05	86	00:32:33	68	00:00:47	67	00:18:28	01:03:02	00:07:03
49	3126	490	Jorge Alves	-	SEN	Sporting CP	110	00:11:09	75	00:00:58	38		15		64	00:18:18	01:03:05	00:07:06
50	1035	1507	José Piteira	-	CAD	Kainagua	61	00:10:14	69	00:00:57	85	00:32:32	77	00:00:48	76	00:18:34	01:03:07	00:07:08
51	3412	831	Rui Dolores	-	SEN	AMICICLO GRÂNDOLA	100	00:10:56	96	00:01:02	25		9		62	00:18:14	01:03:13	00:07:13
52	1001	987	Rodrigo Ladeira	-	CAD	Clube 4 Estilos	94	00:10:53	112	00:01:05	74	00:32:23	54	00:00:45	57	00:18:08	01:03:15	00:07:16
53	1593	358	Gonçalo Marques	-	JUN	Garmin Olímpico de Oeiras	78	00:10:41	91	00:01:01	11		4		60	00:18:12	01:03:15	00:07:16
54	2003	2925	João Nogueira	-	S23	Ateneu Artístico Cartaxense	93	00:10:52	153	00:01:12	71	00:32:18	129	00:00:53	59	00:18:11	01:03:27	00:07:28
55	3342	337	Rodrigo Baltazar	-	SEN	TRIATLO CLUBE TAP	99	00:10:56	104	00:01:03	39		16		69	00:18:29	01:03:31	00:07:32
56	2124	3507	João Mansos	-	S23	Associação Naval Amorense	46	00:10:00	125	00:01:06	99	00:32:54	150	00:00:56	78	00:18:35	01:03:33	00:07:34
57	1002	986	Simão Albuquerque	-	CAD	Clube 4 Estilos	97	00:10:54	74	00:00:58	107	00:33:10	70	00:00:47	38	00:17:43	01:03:34	00:07:35
58	4451	1580	Mário Machado	-	V1	TRI BVColares	105	00:11:06	199	00:01:26	73	00:32:21	47	00:00:43	51	00:17:59	01:03:36	00:07:37

Data:	23-03-2014	Hora:	12h00	Local:	Alpiarça									
Natação	750 mt	PT1:		Ciclismo:		PT2:		Corrida:						
Ranking:	Camp. Nac. Clubes			Hora de Partida:	00h07									

Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	PT1	P	Ciclism	P	PT2	P	Corrida	Total	Diff
59	1540	556	Luis Carlos Lopes	-	JUN	G. D. R. de Manique de Cima	38	00:09:45	52	00:00:49	77	00:32:25	31	00:00:40	139	00:20:06	01:03:47	00:07:47
60	1015	767	Miguel Melo Almeida	-	CAD	Garmin Olímpico de Oeiras	57	00:10:11	107	00:01:04	56	00:31:49	55	00:00:45	131	00:19:57	01:03:48	00:07:49
61	6290		Javier Rosado Sánchez	-	SEN	Individual	66	00:10:19	123	00:01:06	69	00:32:18	63	00:00:46	108	00:19:18	01:03:49	00:07:50
62	3599	1294	João França Alves	-	SEN	OLI-Clube dos Galitos	91	00:10:51	97	00:01:02	30		11		88	00:18:46	01:03:49	00:07:50
63	1037	2353	João Lopes	-	CAD	C. D. "Os Águias" de Alpiarça	85	00:10:46	89	00:01:01	5		2		93	00:18:56	01:03:52	00:07:52
64	3394	645	Valdo Neves	-	SEN	Peniche A. C.	151	00:12:12	137	00:01:09	82	00:32:30	64	00:00:46	29	00:17:12	01:03:52	00:07:52
65	2042	419	Diogo Rosa	-	S23	Sporting CP	114	00:11:12	60	00:00:54	37		14		102	00:19:13	01:04:04	00:08:04
66	4013	500	Miguel Fragoso	-	V2	Garmin Olímpico de Oeiras	120	00:11:17	181	00:01:20	72	00:32:18	138	00:00:54	66	00:18:27	01:04:17	00:08:18
67	4497	375	Alexandre Feliz	-	V1	TRI-OESTE	122	00:11:22	58	00:00:53	34		13		112	00:19:23	01:04:21	00:08:21
68	3363	2538	Marco Sousa	-	SEN	Clube de Nataçã de Torres Novas	129	00:11:31	105	00:01:04	113	00:33:22	62	00:00:46	45	00:17:53	01:04:37	00:08:38
69	4151	1898	António Calafate	-	V2	Núcleo Sportinguista da Golegã	116	00:11:14	142	00:01:10	79	00:32:27	165	00:00:58	89	00:18:47	01:04:39	00:08:39
70	4321	3410	Luis Duarte	-	V1	TRI-OESTE	140	00:12:03	103	00:01:03	94	00:32:46	85	00:00:48	56	00:18:06	01:04:49	00:08:50
71	1019	955	Tiago Morgado	-	CAD	OEIRAS SPORT CLUBE	98	00:10:56	80	00:00:59	68	00:32:18	40	00:00:42	130	00:19:56	01:04:52	00:08:53
72	1040	3167	Miguel Fortunato	-	CAD	Alhandra Sporting Club	54	00:10:07	65	00:00:56	116	00:33:24	141	00:00:54	124	00:19:42	01:05:05	00:09:06
73	3127	377	Tiago Lobo	-	SEN	McDonalds/TriBraga	127	00:11:28	119	00:01:05	121	00:33:28	208	00:01:03	54	00:18:01	01:05:08	00:09:08
74	3733	1048	Tiago Cochicho	-	SEN	TRI BVColares	157	00:12:25	79	00:00:59	118	00:33:26	65	00:00:46	35	00:17:35	01:05:13	00:09:14
75	1138	562	Miguel Guedelha	-	CAD	G. D. R. de Manique de Cima	113	00:11:12	72	00:00:58	137	00:33:43	66	00:00:46	81	00:18:39	01:05:19	00:09:20
76	1029	1731	João Luís Jacinto	-	CAD	Garmin Olímpico de Oeiras	106	00:11:06	68	00:00:57	140	00:33:45	181	00:01:00	80	00:18:39	01:05:28	00:09:29
77	3346	4006	Roberto Fernandez	-	SEN	Núcleo Sportinguista da Golegã	130	00:11:34	59	00:00:54	117	00:33:25	114	00:00:52	85	00:18:42	01:05:29	00:09:29
78	3480	2765	Claudio Ribeiro	-	SEN	OEIRAS SPORT CLUBE	134	00:11:44	161	00:01:14	102	00:33:00	193	00:01:02	70	00:18:29	01:05:30	00:09:31
79	1082	2336	Raul Santos	-	CAD	FET- Fátima Escola de Triatlo	117	00:11:15	113	00:01:05	128	00:33:36	106	00:00:51	90	00:18:49	01:05:38	00:09:38
80	1079	1400	Ricardo Margarido	-	CAD	Clube de Nataçã de Torres Novas	87	00:10:48	82	00:00:59	157	00:34:06	95	00:00:50	92	00:18:54	01:05:39	00:09:40
81	4627	382	João Ferreira	-	V1	McDonalds/TriBraga	128	00:11:29	156	00:01:12	156	00:34:05	96	00:00:50	53	00:18:01	01:05:40	00:09:40
82	4443	1000	Pedro Pinheiro	-	V1	OEIRAS SPORT CLUBE	178	00:12:58	116	00:01:05	83	00:32:31	84	00:00:48	63	00:18:17	01:05:41	00:09:42
83	3304	482	Ivan Pinto da Silva	-	SEN	Clube Triatlo de Perosinho	102	00:11:00	147	00:01:11	23		8		160	00:20:33	01:05:44	00:09:44
84	1596	2151	Artur Melo	-	JUN	Sporting CP	58	00:10:12	183	00:01:20	133	00:33:40	153	00:00:56	119	00:19:36	01:05:46	00:09:46
85	3096	601	Rúben Perdigoto	-	SEN	Teleperformance - "os Belenenses"	119	00:11:16	95	00:01:02	174	00:34:35	58	00:00:46	58	00:18:09	01:05:49	00:09:50
86	4148	379	Pedro Cordeiro	-	V2	TRI-OESTE	115	00:11:13	131	00:01:07	87	00:32:33	98	00:00:50	140	00:20:06	01:05:52	00:09:52
87	3795	3336	Luis Merca	-	SEN	Alhandra Sporting Club	111	00:11:10	100	00:01:03	138	00:33:43	137	00:00:54	96	00:19:01	01:05:53	00:09:53

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Ranking:	Camp. Nac. Clubes			Hora de Partida:	00h07							

Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	PT1	P	Ciclism	P	PT2	P	Corrida	Total	Diff
88	1030	543	Miguel Tomé	-	CAD	Individual	40	00:09:53	99	00:01:03	125	00:33:35	197	00:01:02	154	00:20:28	01:06:03	00:10:04
89	2045	356	David Maia	-	S23	Garmin Olímpico de Oeiras	109	00:11:08	81	00:00:59	12		5		190	00:21:07	01:06:03	00:10:04
90	1561	461	Fábio Araújo	-	JUN	Associação Naval Amorense	3		8		141	00:33:47	57	00:00:45	115	00:19:28	01:06:04	00:10:05
91	1557	853	Hugo Baluga	-	JUN	AMICICLO GRÂNDOLA	118	00:11:15	92	00:01:01	134	00:33:40	120	00:00:52	105	00:19:14	01:06:05	00:10:05
92	3142	497	Pedro Figueira	-	SEN	Clube 4 Estilos	125	00:11:26	108	00:01:04	119	00:33:27	161	00:00:58	99	00:19:10	01:06:07	00:10:07
93	1066	1546	Tiago Pinto	-	CAD	Alhandra Sporting Club	150	00:12:11	48	00:00:48	143	00:33:49	128	00:00:53	72	00:18:30	01:06:12	00:10:13
94	3586	977	Miguel Carneiro	-	SEN	Clube de Praças da Armada	101	00:10:59	26		29		216	00:01:04	97	00:19:02	01:06:13	00:10:13
95	3433	2627	Igor Lopes Guerreiro	-	SEN	Louletano	112	00:11:11	151	00:01:12	124	00:33:33	177	00:00:59	107	00:19:18	01:06:14	00:10:15
96	3244	253	Carlos Fernandes	-	SEN	OEIRAS SPORT CLUBE	156	00:12:25	143	00:01:10	110	00:33:18	67	00:00:47	77	00:18:34	01:06:16	00:10:16
97	1531	1748	Diogo Filipe Silva	-	JUN	OEIRAS SPORT CLUBE	142	00:12:04	73	00:00:58	97	00:32:52	93	00:00:49	118	00:19:35	01:06:21	00:10:22
98	1076	2240	Pedro Carlos	-	CAD	Teleperformance - "os Belenenses"	75	00:10:36	101	00:01:03	168	00:34:24	229	00:01:06	100	00:19:11	01:06:21	00:10:22
99	2061	1747	Daniel Mateus	-	S23	OEIRAS SPORT CLUBE	143	00:12:05	67	00:00:57	149	00:33:59	118	00:00:52	68	00:18:29	01:06:23	00:10:23
100	3712	3298	Eduardo Manuel Costa	-	SEN	TRI BVColares	72	00:10:31	170	00:01:16	41		18		203	00:21:24	01:06:39	00:10:40
101	3511	2782	Nuno Silva	-	SEN	CAPGE	161	00:12:36	139	00:01:09	106	00:33:09	135	00:00:54	91	00:18:52	01:06:43	00:10:43
102	4032	252	Carlos Gomes	-	V3	Garmin Olímpico de Oeiras	205	00:13:38	140	00:01:09	101	00:33:00	167	00:00:58	50	00:17:58	01:06:46	00:10:47
103	3783	1308	Pedro Batista Vieira	-	SEN	Peniche A. C.	179	00:12:59	145	00:01:11	136	00:33:41	123	00:00:52	55	00:18:04	01:06:49	00:10:50
104	1555	915	João Peixinho	-	JUN	C. D. "Os Águias" de Alpiarça	121	00:11:18	94	00:01:01	93	00:32:45	94	00:00:49	186	00:21:01	01:06:57	00:10:57
105	1597	2561	Ricardo Águeda	-	JUN	Clube Triatlo de Perosinho	83	00:10:45	130	00:01:07	163	00:34:14	103	00:00:51	132	00:19:59	01:06:57	00:10:58
106	3247	676	William Lemos	-	SEN	Individual	164	00:12:40	173	00:01:18	144	00:33:51	140	00:00:54	61	00:18:14	01:06:58	00:10:59
107	4254	63	Fernando Correia	-	V3	Peniche A. C.	171	00:12:51	88	00:01:01	104	00:33:02	97	00:00:50	104	00:19:14	01:06:59	00:10:59
108	2085	1386	João Campos Cunha	-	S23	Clube Triatlo de Perosinho	86	00:10:48	127	00:01:07	153	00:34:03	175	00:00:59	133	00:20:00	01:06:59	00:11:00
109	3784	1329	Paulo Gonçalves	-	SEN	Clube de Praças da Armada	208	00:13:47	207	00:01:30	76	00:32:24	121	00:00:52	65	00:18:26	01:07:01	00:11:02
110	1078	1530	André Cruz	-	CAD	Clube de Nataçã de Torres Novas	56	00:10:10	111	00:01:04	146	00:33:54	117	00:00:52	184	00:21:00	01:07:03	00:11:04
111	1038	3105	José Felício	-	CAD	Garmin Olímpico de Oeiras	23	00:09:09	90	00:01:01	130	00:33:37	71	00:00:47	260	00:22:28	01:07:03	00:11:04
112	4146	656	José Afonso	-	V1	McDonalds/TriBraga	180	00:13:00	122	00:01:06	96	00:32:49	89	00:00:49	109	00:19:19	01:07:05	00:11:05
113	4495	632	Paulo Sequeira	-	V1	Peniche A. C.	149	00:12:10	114	00:01:05	129	00:33:36	69	00:00:47	114	00:19:26	01:07:05	00:11:06
114	6299	726	Henrique Venâncio	-	SEN	Peniche A. C.	200	00:13:29	174	00:01:18	100	00:32:58	119	00:00:52	75	00:18:33	01:07:11	00:11:12
115	3285	347	Hugo Ferreira	-	SEN	Garmin Olímpico de Oeiras	194	00:13:22	21		22		160	00:00:57	73	00:18:30	01:07:14	00:11:15
116	4142	2904	Paulo Figueiredo	-	V1	OEIRAS SPORT CLUBE	133	00:11:42	175	00:01:18	98	00:32:53	217	00:01:04	148	00:20:16	01:07:16	00:11:17

Data:	23-03-2014	Hora:	12h00	Local:	Alpiarça				
Natação	750 mt	PT1:		Ciclismo:		PT2:		Corrida:	
Ranking:	Camp. Nac. Clubes		Hora de Partida:	00h07					

Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	PT1	P	Ciclism	P	PT2	P	Corrida	Total	Diff
117	1099	308	Duarte Brás	-	CAD	Garmin Olímpico de Oeiras	62	00:10:16	4		6		28	00:00:39	270	00:22:56	01:07:18	00:11:19
118	3735	740	Ricardo Filipe Costa	-	SEN	A. H. Bombeiros Estoris / 3 IRON	124	00:11:22	136	00:01:09	115	00:33:23	186	00:01:01	155	00:20:29	01:07:26	00:11:27
119	3305	2327	Roger Vicente	-	SEN	Clube Triatlo Fundão	231	00:14:16	84	00:01:00	80	00:32:28	198	00:01:02	82	00:18:40	01:07:27	00:11:28
120	3375	2553	Diogo Felisberto	-	SEN	McDonalds/TriBraga	144	00:12:05	159	00:01:14	135	00:33:40	112	00:00:52	121	00:19:39	01:07:31	00:11:32
121	4100	2804	Samuel Neves	-	V1	CAPGE	217	00:13:56	186	00:01:21	89	00:32:40	81	00:00:48	87	00:18:46	01:07:33	00:11:34
122	3168	2092	Cristiano Pisco	-	SEN	Associação Naval Amorense	155	00:12:22	134	00:01:08	109	00:33:18	134	00:00:54	128	00:19:53	01:07:36	00:11:36
123	3261	3098	Nuno Preciado	-	SEN	OEIRAS SPORT CLUBE	196	00:13:25	225	00:01:38	92	00:32:44	227	00:01:05	86	00:18:44	01:07:37	00:11:38
124	3491	1534	João Belo Martins	-	SEN	OEIRAS SPORT CLUBE	162	00:12:37	126	00:01:07	105	00:33:05	131	00:00:53	142	00:20:07	01:07:50	00:11:51
125	1506	1408	Pedro Serra	-	JUN	Clube de Nataçã de Torres Novas	95	00:10:53	70	00:00:58	158	00:34:07	80	00:00:48	187	00:21:03	01:07:51	00:11:51
126	3823	3617	Pedro Videira	-	SEN	Sporting CP	41	00:09:54	138	00:01:09	186	00:34:59	122	00:00:52	178	00:20:56	01:07:52	00:11:53
127	1046	589	Marcelo Gonçalves	-	CAD	Associação Naval Amorense	89	00:10:50	165	00:01:16	148	00:33:58	179	00:00:59	171	00:20:51	01:07:56	00:11:57
128	3738	743	Nuno Ventura	-	SEN	TRIATLO CLUBE TAP	158	00:12:26	106	00:01:04	122	00:33:32	133	00:00:53	135	00:20:04	01:08:01	00:12:01
129	4120	870	José Magalhães Dias	-	V1	A. M. C. R. Fonte Grada	135	00:11:56	160	00:01:14	142	00:33:47	213	00:01:04	136	00:20:04	01:08:07	00:12:07
130	2111	1298	Bruno Oliveira	-	S23	Individual	163	00:12:38	71	00:00:58	166	00:34:22	147	00:00:55	106	00:19:17	01:08:12	00:12:13
131	2001	3964	João Manuel Rodrigues	-	S23	Assoc. Académica de Coimbra	136	00:11:57	200	00:01:26	199	00:35:20	72	00:00:47	84	00:18:41	01:08:12	00:12:13
132	1152	546	Rodrigo Pinho	-	CAD	G. D. R. de Manique de Cima	108	00:11:07	76	00:00:58	151	00:34:00	87	00:00:49	210	00:21:31	01:08:26	00:12:27
133	3606	590	Paulo Silvestre	-	SEN	Ateneu Artístico Cartaxense	213	00:13:54	128	00:01:07	95	00:32:46	173	00:00:59	137	00:20:05	01:08:53	00:12:54
134	3449	3211	Vitor Catambas	-	SEN	Kainagua	104	00:11:05	260	00:01:50	152	00:34:02	166	00:00:58	183	00:20:58	01:08:56	00:12:56
135	3113	503	Duarte Barreto	-	SEN	Ateneu Artístico Cartaxense	148	00:12:09	86	00:01:00	120	00:33:28	185	00:01:01	200	00:21:20	01:08:59	00:13:00
136	3804	3605	António Moraes	-	SEN	Clube Triatlo de Perosinho	141	00:12:04	262	00:01:52	103	00:33:02	257	00:01:11	175	00:20:53	01:09:03	00:13:03
137	4127	1165	Emanuel Marques	-	V3	Assoc. Académica S. Mamede	188	00:13:13	157	00:01:13	112	00:33:21	143	00:00:55	151	00:20:24	01:09:07	00:13:08
138	3553	2821	Ricardo Jorge Correia	-	SEN	Clube Xelb	70	00:10:25	164	00:01:15	169	00:34:25	203	00:01:03	234	00:21:59	01:09:10	00:13:11
139	4022	730	Paulo Teles	-	V1	G.A.A. Vila Franca de Xira	167	00:12:45	28		32		172	00:00:59	153	00:20:27	01:09:16	00:13:17
140	3005	321	Diogo Almeida	-	SEN	Clube de Triatlo de Almada	77	00:10:40	118	00:01:05	172	00:34:30	109	00:00:51	247	00:22:09	01:09:18	00:13:18
141	3321	3110	Nuno Pinto	-	SEN	Assoc. Académica S. Mamede	166	00:12:44	22		24		59	00:00:46	125	00:19:48	01:09:23	00:13:24
142	4530	1494	Luis Filipe Valente	-	V1	Clube Oriental de Lisboa	169	00:12:49	188	00:01:22	132	00:33:39	79	00:00:48	170	00:20:51	01:09:30	00:13:31
143	1538	1726	Gabriel Ubaldo Teixeira	-	JUN	Teleperformance - "os Belenenses"	67	00:10:20	7		8		259	00:01:12	198	00:21:18	01:09:33	00:13:33
144	3418	2622	José Mateus	-	SEN	Kainagua	123	00:11:22	236	00:01:41	147	00:33:56	235	00:01:07	208	00:21:29	01:09:37	00:13:38
145	3723	3301	Tiago Corvo	-	SEN	TRI BVColares	147	00:12:08	154	00:01:12	248	00:36:50	101	00:00:51	83	00:18:40	01:09:42	00:13:43

Data:	23-03-2014	Hora:	12h00	Local:	Alpiarça									
Natação	750 mt	PT1:		Ciclismo:		PT2:		Corrida:						
Ranking:	Camp. Nac. Clubes			Hora de Partida:	00h07									

Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	PT1	P	Ciclism	P	PT2	P	Corrida	Total	Diff
146	4185	1169	Nuno Barros	-	V1	Assoc. Académica S. Mamede	107	00:11:07	162	00:01:14	173	00:34:32	164	00:00:58	228	00:21:50	01:09:43	00:13:44
147	1165	3916	Samuel Agostinho	-	CAD	Clube Natação Rio Maior	45	00:09:59	93	00:01:01	108	00:33:15	292	00:01:23	295	00:24:04	01:09:44	00:13:45
148	1566	177	Alexandru Statiuc	-	JUN	Alhandra Sporting Club	43	00:09:56	121	00:01:06	154	00:34:03	126	00:00:53	287	00:23:45	01:09:46	00:13:47
149	3215	2167	Rui Silva	-	SEN	Açoreana Clube Banif	199	00:13:28	211	00:01:32	171	00:34:28	104	00:00:51	117	00:19:31	01:09:51	00:13:51
150	3361	2522	José Miguel	-	SEN	DAR-FERMAQ	138	00:12:01	144	00:01:11	222	00:35:53	74	00:00:47	134	00:20:01	01:09:54	00:13:55
151	1068	317	Martim Figueira	-	CAD	Teleperformance - "os Belenenses"	47	00:10:00	124	00:01:06	88	00:32:39	146	00:00:55	316	00:25:11	01:09:54	00:13:55
152	4040	1373	António Raposo	-	V4	O2 - Portimão	172	00:12:52	233	00:01:40	111	00:33:20	233	00:01:06	176	00:20:55	01:09:55	00:13:56
153	6291		Alex McGregor	-	SEN	Triatlón Pacense	175	00:12:55	313	00:02:36	183	00:34:51	194	00:01:02	79	00:18:37	01:10:01	00:14:02
154	3808	1583	Bruno Martins	-	SEN	Peniche A. C.	131	00:11:35	180	00:01:19	150	00:33:59	170	00:00:59	249	00:22:10	01:10:05	00:14:05
155	1050	1204	Filipe Marques	-	CAD	Associação Naval Amorense	79	00:10:41	219	00:01:35	139	00:33:44	241	00:01:08	271	00:22:59	01:10:08	00:14:09
156	1632	1385	Francisco Cunha	-	JUN	Clube Triatlo de Perosinho	90	00:10:50	168	00:01:16	145	00:33:52	220	00:01:05	277	00:23:06	01:10:11	00:14:11
157	4384	471	Paulo Carvalho	-	V3	C. D. "Os Águias" de Alpiarça	16		35		209	00:35:32	316	00:01:36	172	00:20:51	01:10:26	00:14:26
158	4249	871	Luis Cipriano	-	V1	A. M. C. R. Fonte Grada	13		32		123	00:33:32	124	00:00:52	110	00:19:19	01:10:27	00:14:28
159	1096	2436	Miguel Melo	-	CAD	Sporting CP	103	00:11:03	167	00:01:16	181	00:34:49	248	00:01:09	257	00:22:20	01:10:39	00:14:40
160	1022	2965	Marco Careira	-	CAD	FET- Fátima Escola de Triatlo	173	00:12:52	171	00:01:16	224	00:35:54	139	00:00:54	127	00:19:50	01:10:48	00:14:49
161	4562	2614	Luis Manuel Rosário	-	V2	TRI BVColares	159	00:12:34	243	00:01:45	131	00:33:37	307	00:01:29	204	00:21:26	01:10:53	00:14:54
162	1085	2972	Francisco Orfão	-	CAD	FET- Fátima Escola de Triatlo	176	00:12:57	155	00:01:12	226	00:35:56	99	00:00:50	143	00:20:12	01:11:09	00:15:10
163	3601	3172	Pedro Azenha	-	SEN	G. D. R. de Manique de Cima	153	00:12:18	191	00:01:23	218	00:35:45	115	00:00:52	179	00:20:56	01:11:16	00:15:17
164	1006	2740	João Diogo Vieira	-	CAD	Clube de Natação de Torres Novas	126	00:11:28	146	00:01:11	167	00:34:24	154	00:00:56	280	00:23:19	01:11:19	00:15:20
165	4352	340	Emanuel Neves	-	V1	C. C. D. M. Matosinhos	146	00:12:06	198	00:01:25	243	00:36:34	145	00:00:55	150	00:20:22	01:11:24	00:15:25
166	4131	348	Pedro Nogueira Silva	-	V2	Garmin Olimpico de Oeiras	201	00:13:30	149	00:01:11	201	00:35:21	180	00:00:59	156	00:20:29	01:11:33	00:15:33
167	3655	3425	Carlos Pacheco	-	SEN	Sporting CP	184	00:13:04	182	00:01:20	212	00:35:35	279	00:01:18	147	00:20:15	01:11:34	00:15:34
168	1521	587	André Pinheiro	-	JUN	Associação Naval Amorense	76	00:10:37	83	00:01:00	164	00:34:19	251	00:01:10	303	00:24:28	01:11:35	00:15:36
169	3444	2642	Flávio Cordeiro	-	SEN	OEIRAS SPORT CLUBE	246	00:14:52	141	00:01:09	161	00:34:12	142	00:00:54	166	00:20:39	01:11:48	00:15:49
170	1086	2398	Rodrigo Nunes	-	CAD	AMICICLO GRÂNDOLA	193	00:13:19	203	00:01:28	198	00:35:16	91	00:00:49	185	00:21:01	01:11:54	00:15:55
171	3368	1176	Pedro Magalhães	-	SEN	Assoc. Académica S. Mamede	165	00:12:43	197	00:01:25	200	00:35:21	155	00:00:56	213	00:21:33	01:11:59	00:16:00
172	4425	873	Bruno Silva	-	V1	OEIRAS SPORT CLUBE	228	00:14:05	158	00:01:13	191	00:35:09	222	00:01:05	157	00:20:29	01:12:03	00:16:04
173	1556	3377	André Teixeira	-	JUN	TRI BVColares	154	00:12:21	179	00:01:19	220	00:35:50	130	00:00:53	219	00:21:40	01:12:05	00:16:06
174	4136	2421	Filipe Mendes	-	V1	Ateneu Artístico Cartaxense	261	00:15:16	217	00:01:34	114	00:33:23	214	00:01:04	173	00:20:52	01:12:12	00:16:12

Data:	23-03-2014	Hora:	12h00	Local:	Alpiarça								
Natação	750 mt	PT1:		Ciclismo:		PT2:		Corrida:					
Ranking:	Camp. Nac. Clubes			Hora de Partida:	00h07								

Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	PT1	P	Ciclism	P	PT2	P	Corrida	Total	Diff
175	3101	3013	Nuno Veríssimo	-	SEN	Associação Naval Amorense	214	00:13:55	193	00:01:24	185	00:34:57	221	00:01:05	174	00:20:53	01:12:15	00:16:16
176	3110	2004	Carlos Branco	-	SEN	C. D. "Os Águias" de Alpiarça	267	00:15:28	196	00:01:25	202	00:35:21	111	00:00:52	103	00:19:14	01:12:21	00:16:22
177	4108	225	Paulo Leitão Santos	-	V3	Peniche A. C.	203	00:13:34	205	00:01:29	187	00:35:02	176	00:00:59	202	00:21:23	01:12:28	00:16:29
178	4456	1595	Helder Moringa	-	V1	Ateneu Artístico Cartaxense	206	00:13:43	231	00:01:40	184	00:34:57	236	00:01:07	189	00:21:06	01:12:35	00:16:35
179	4080	3283	José Guimarães	-	V1	H2H CLUB BETTER LIVING	216	00:13:56	247	00:01:46	237	00:36:17	272	00:01:17	111	00:19:20	01:12:39	00:16:39
180	3156	1075	Pedro Pereira	-	SEN	Assoc. Académica S. Mamede	168	00:12:45	148	00:01:11	228	00:35:59	189	00:01:01	221	00:21:42	01:12:41	00:16:42
181	4504	2185	Miguel Menezes	-	V1	OEIRAS SPORT CLUBE	236	00:14:28	129	00:01:07	170	00:34:26	262	00:01:14	209	00:21:30	01:12:46	00:16:47
182	3003	731	César Andrade	-	SEN	Alhandra Sporting Club	190	00:13:14	176	00:01:18	211	00:35:33	151	00:00:56	226	00:21:47	01:12:51	00:16:52
183	5047	3558	Pedro Carvalho	-	CAD	Alhandra Sporting Club	88	00:10:49	132	00:01:08	263	00:38:00	162	00:00:58	231	00:21:55	01:12:51	00:16:52
184	3373	2559	Ivo Nogueira	-	SEN	Câmara Lisboa Clube	215	00:13:55	230	00:01:40	239	00:36:18	200	00:01:03	129	00:19:54	01:12:52	00:16:52
185	1505	2165	David Tavares	-	JUN	CAPGE	92	00:10:52	169	00:01:16	210	00:35:33	125	00:00:52	302	00:24:23	01:12:57	00:16:58
186	4520	2330	Vitor Pereira	-	V2	Clube Triatlo Fundão	268	00:15:33	172	00:01:18	155	00:34:04	116	00:00:52	193	00:21:10	01:12:59	00:17:00
187	3176	3877	Telmo Marques Pena	-	SEN	Individual	185	00:13:06	282	00:02:03	195	00:35:13	157	00:00:56	220	00:21:41	01:13:01	00:17:02
188	3483	2769	Pedro Miguel Bilro	-	SEN	Kainagua	259	00:15:11	185	00:01:21	126	00:33:35	243	00:01:08	224	00:21:44	01:13:02	00:17:02
189	4008	1700	Mário Luis Santos	-	V2	A. H. Bombeiros Estoris / 3 IRON	182	00:13:03	253	00:01:48	192	00:35:11	205	00:01:03	232	00:21:55	01:13:02	00:17:02
190	3838	3549	Nelson Moreira	-	SEN	A. H. Bombeiros Estoris / 3 IRON	202	00:13:31	184	00:01:21	190	00:35:08	136	00:00:54	246	00:22:07	01:13:03	00:17:04
191	1510	46	Mitos Figueira	-	JUN	Teleperformance - "os Belenenses"	80	00:10:42	77	00:00:58	160	00:34:10	190	00:01:01	327	00:26:10	01:13:04	00:17:05
192	3635	3277	Jorge Lemos	-	SEN	GATOESTRIATLO	181	00:13:01	240	00:01:44	197	00:35:16	244	00:01:08	233	00:21:57	01:13:08	00:17:09
193	4284	654	Emanuel Matos	-	V1	CFV	265	00:15:27	250	00:01:47	189	00:35:06	178	00:00:59	126	00:19:49	01:13:10	00:17:11
194	3082	1348	João Seródio	-	SEN	C. N. Colégio Vasco da Gama	229	00:14:09	305	00:02:29	165	00:34:20	283	00:01:19	177	00:20:56	01:13:14	00:17:15
195	3094	1097	Pedro Fernandes	-	SEN	Câmara Lisboa Clube	222	00:14:02	177	00:01:18	188	00:35:03	127	00:00:53	237	00:22:00	01:13:19	00:17:20
196	3241	172	Nuno Tintim	-	SEN	Alhandra Sporting Club	286	00:16:25	166	00:01:16	206	00:35:27	78	00:00:48	113	00:19:26	01:13:24	00:17:24
197	1508	313	João Canas	-	JUN	Teleperformance - "os Belenenses"	137	00:11:59	135	00:01:09	283	00:38:48	108	00:00:51	164	00:20:37	01:13:26	00:17:27
198	3108	3025	Nuno Santos	-	SEN	A. H. Bombeiros Estoris / 3 IRON	223	00:14:03	221	00:01:37	177	00:34:45	192	00:01:02	236	00:22:00	01:13:28	00:17:28
199	4047	1715	José Morgado	-	V2	OEIRAS SPORT CLUBE	260	00:15:13	222	00:01:37	214	00:35:37	152	00:00:56	141	00:20:06	01:13:30	00:17:31
200	4241	1464	André Cunha	-	V2	Açoreana Clube Banif	255	00:15:04	223	00:01:37	162	00:34:13	199	00:01:02	215	00:21:35	01:13:33	00:17:34
201	3530	2800	José Rodrigues	-	SEN	Ateneu Artístico Cartaxense	278	00:16:12	244	00:01:45	208	00:35:32	219	00:01:05	95	00:18:58	01:13:33	00:17:34
202	3097	2892	Ricardo Carvalho	-	SEN	Individual	221	00:14:02	238	00:01:43	175	00:34:39	253	00:01:10	239	00:22:02	01:13:37	00:17:38
203	1591	3890	Duarte Miguel Pires	-	JUN	Clube de Natação de Torres Novas	96	00:10:54	115	00:01:05	275	00:38:26	132	00:00:53	259	00:22:22	01:13:42	00:17:43

Data:	23-03-2014	Hora:	12h00	Local:	Alpiarça							
Natação	750 mt	PT1:		Ciclismo:		PT2:		Corrida:				
Ranking:	Camp. Nac. Clubes			Hora de Partida:	00h07							

Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	PT1	P	Ciclism	P	PT2	P	Corrida	Total	Diff
204	1032	779	Diogo Matias	-	CAD	ETri. Santo António Évora	240	00:14:42	252	00:01:47	250	00:36:54	29	00:00:40	122	00:19:40	01:13:44	00:17:45
205	3141	3054	Luis Fernandes	-	SEN	Clube de Praças da Armada	285	00:16:23	258	00:01:50	196	00:35:15	148	00:00:55	116	00:19:29	01:13:55	00:17:55
206	3842	3809	Pedro Cabrita Mendes	-	SEN	Garmin Olímpico de Oeiras	239	00:14:38	286	00:02:07	216	00:35:39	274	00:01:17	144	00:20:13	01:13:56	00:17:56
207	3771	1311	Inácio José Faisca	-	SEN	GATOESTRIATLO	230	00:14:12	283	00:02:04	176	00:34:44	202	00:01:03	240	00:22:02	01:14:07	00:18:07
208	3182	509	Alexandre Ventura	-	SEN	Ateneu Artístico Cartaxense	170	00:12:49	194	00:01:24	233	00:36:05	238	00:01:07	268	00:22:44	01:14:11	00:18:12
209	1511	2975	Paulo Silva	-	JUN	FET- Fátima Escola de Triatlo	224	00:14:03	237	00:01:41	203	00:35:22	156	00:00:56	254	00:22:14	01:14:19	00:18:20
210	4350	205	João Goís Gomes	-	V2	Associação Naval Amorense	209	00:13:47	264	00:01:54	234	00:36:05	215	00:01:04	212	00:21:33	01:14:24	00:18:25
211	4027	2885	Miguel Teixeira	-	V1	C. D. "Os Águias" de Alpiarça	10		29		253	00:37:08	168	00:00:59	98	00:19:03	01:14:25	00:18:26
212	1559	3726	João Alexandre Silva	-	JUN	Peniche A. C.	242	00:14:45	187	00:01:22	215	00:35:38	255	00:01:10	207	00:21:29	01:14:26	00:18:26
213	3517	454	Fábio Pratas	-	SEN	Clube de Praças da Armada	243	00:14:46	216	00:01:34	232	00:36:03	113	00:00:52	197	00:21:17	01:14:33	00:18:34
214	4199	1366	Filipe Conceição	-	V2	Louletano	251	00:15:00	280	00:02:01	204	00:35:22	184	00:01:01	192	00:21:08	01:14:34	00:18:35
215	4687	2222	Marco Machado Fernandes	-	V1	Individual	197	00:13:26	209	00:01:31	231	00:36:01	245	00:01:08	261	00:22:29	01:14:38	00:18:38
216	3120	504	Mário Couto	-	SEN	Ateneu Artístico Cartaxense	275	00:16:05	268	00:01:55	205	00:35:25	188	00:01:01	149	00:20:21	01:14:50	00:18:50
217	3477	2954	Bruno Girão	-	SEN	Atlético CP Triatlo	288	00:16:32	110	00:01:04	213	00:35:37	83	00:00:48	180	00:20:56	01:14:59	00:19:00
218	2107	522	Miguel Ângelo Silva	-	S23	OEIRAS SPORT CLUBE	160	00:12:35	16		16		211	00:01:03	168	00:20:46	01:15:02	00:19:02
219	1583	3749	Jorge Canuto	-	JUN	TRI-OESTE	248	00:14:55	275	00:02:00	238	00:36:18	182	00:01:00	169	00:20:49	01:15:03	00:19:04
220	3246	153	Ivan Costa	-	SEN	Câmara Lisboa Clube	280	00:16:15	150	00:01:11	179	00:34:49	88	00:00:49	235	00:21:59	01:15:05	00:19:06
221	4217	3270	Luis Miguel Oliveira	-	V1	Individual	12		31		159	00:34:09	231	00:01:06	273	00:23:01	01:15:05	00:19:06
222	4272	2002	Paulo Manuel Ferreira	-	V1	H2H CLUB BETTER LIVING	14		33		219	00:35:47	210	00:01:03	216	00:21:36	01:15:07	00:19:08
223	4508	2270	Vasco Borges	-	V2	GATOESTRIATLO	211	00:13:50	263	00:01:54	180	00:34:49	212	00:01:03	282	00:23:30	01:15:07	00:19:08
224	4196	3697	Jorge Manuel Cochicho	-	V1	Associação Naval Amorense	195	00:13:23	227	00:01:39	256	00:37:21	234	00:01:06	223	00:21:43	01:15:15	00:19:15
225	4588	2715	Paulo Sousa	-	V1	O2 - Portimão	132	00:11:40	214	00:01:34	264	00:38:01	280	00:01:19	265	00:22:40	01:15:15	00:19:16
226	3307	2328	Ricardo Marques	-	SEN	Clube Triatlo Fundão	210	00:13:50	208	00:01:30	193	00:35:11	169	00:00:59	289	00:23:53	01:15:24	00:19:25
227	3030	2630	Nuno Raimundo	-	SEN	Clube de Praças da Armada	257	00:15:10	265	00:01:54	235	00:36:06	191	00:01:02	194	00:21:11	01:15:25	00:19:25
228	3502	3139	José Alexandre	-	SEN	Individual	189	00:13:13	267	00:01:55	288	00:39:04	149	00:00:56	145	00:20:15	01:15:25	00:19:25
229	4431	2539	José Manuel Sérgio	-	V2	Clube de Nataçao de Torres Novas	253	00:15:01	195	00:01:25	229	00:35:59	225	00:01:05	230	00:21:54	01:15:25	00:19:26
230	3634	3276	João Marques	-	SEN	Peniche A. C.	287	00:16:31	224	00:01:37	207	00:35:29	267	00:01:16	159	00:20:32	01:15:27	00:19:28
231	4157	3680	Eduardo Coelho	-	V1	TRI BVColares	232	00:14:22	306	00:02:30	241	00:36:20	324	00:01:46	162	00:20:34	01:15:34	00:19:35
232	3233	2203	Nuno Fonseca	-	SEN	Individual	247	00:14:54	215	00:01:34	225	00:35:54	228	00:01:06	245	00:22:07	01:15:36	00:19:37

Data:	23-03-2014	Hora:	12h00	Local:	Alpiarça					
Natação	750 mt	PT1:		Ciclismo:		PT2:		Corrida:		
Ranking:	Camp. Nac. Clubes		Hora de Partida:	00h07						

Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	PT1	P	Ciclism	P	PT2	P	Corrida	Total	Diff
233	3452	2660	Ricardo Rodrigues	-	SEN	Individual	237	00:14:30	202	00:01:27	242	00:36:34	299	00:01:26	217	00:21:38	01:15:38	00:19:39
234	3640	1660	Tiago Costa	-	SEN	Clube Triatlo de Perosinho	186	00:13:11	323	00:02:59	240	00:36:20	158	00:00:57	255	00:22:15	01:15:43	00:19:43
235	3155	3923	Edgar Amorim	-	SEN	O2 - Portimão	245	00:14:50	242	00:01:45	221	00:35:50	240	00:01:08	256	00:22:19	01:15:54	00:19:55
236	4034	262	João Pereira	-	V3	OEIRAS SPORT CLUBE	218	00:13:57	178	00:01:19	194	00:35:12	269	00:01:16	298	00:24:10	01:15:56	00:19:57
237	4167	3706	Carlos Maia	-	V2	A. M. C. R. Fonte Grada	266	00:15:28	261	00:01:52	127	00:33:36	317	00:01:37	281	00:23:26	01:16:00	00:20:00
238	3611	1363	Pedro Bernardo	-	SEN	Louletano	9		27		31		306	00:01:29	251	00:22:12	01:16:02	00:20:03
239	3720	3300	Miguel André Dábrio	-	SEN	TRI BVColares	139	00:12:03	245	00:01:46	301	00:39:31	284	00:01:19	211	00:21:32	01:16:13	00:20:14
240	3836	3637	Bruno Safara	-	SEN	H2H CLUB BETTER LIVING	174	00:12:55	303	00:02:27	294	00:39:15	302	00:01:28	146	00:20:15	01:16:22	00:20:22
241	3487	3121	Tiago Sousa	-	SEN	A. H. Bombeiros Estoris / 3 IRON	198	00:13:27	251	00:01:47	286	00:38:59	268	00:01:16	181	00:20:57	01:16:28	00:20:29
242	3849	3550	Bruno Ramos	-	SEN	A. H. Bombeiros Estoris / 3 IRON	204	00:13:36	296	00:02:18	272	00:38:23	206	00:01:03	191	00:21:07	01:16:29	00:20:29
243	1058	3557	Rodrigo Pinheiro	-	CAD	Alhandra Sporting Club	145	00:12:06	152	00:01:12	247	00:36:47	163	00:00:58	320	00:25:26	01:16:31	00:20:32
244	3560	3378	Rómulo Teixeira	-	SEN	Assoc. Académica S. Mamede	226	00:14:04	248	00:01:47	276	00:38:29	261	00:01:14	182	00:20:57	01:16:32	00:20:33
245	4016	3608	Miguel Vieira	-	V1	Assoc. Académica S. Mamede	227	00:14:05	321	00:02:53	251	00:36:55	281	00:01:19	205	00:21:27	01:16:40	00:20:41
246	4209	2953	António Louro	-	V1	Atlético CP Triatlo	254	00:15:03	271	00:01:56	267	00:38:06	246	00:01:09	152	00:20:27	01:16:42	00:20:43
247	3645	107	Miguel Torres	-	SEN	CFV	234	00:14:23	190	00:01:23	246	00:36:39	242	00:01:08	278	00:23:09	01:16:44	00:20:45
248	4025	148	João Medeiro	-	V3	Garmin Olímpico de Oeiras	270	00:15:45	273	00:01:57	245	00:36:39	209	00:01:03	201	00:21:22	01:16:49	00:20:49
249	4278	3836	Pedro Escaleira	-	V1	Individual	258	00:15:11	294	00:02:15	217	00:35:43	320	00:01:39	238	00:22:01	01:16:50	00:20:51
250	3801	3594	Bruno Toscano	-	SEN	Individual	292	00:16:38	319	00:02:44	227	00:35:57	223	00:01:05	161	00:20:34	01:16:59	00:21:00
251	4347	3324	Luis Miguel Miranda	-	V1	Individual	316	00:18:14	298	00:02:19	182	00:34:51	195	00:01:02	163	00:20:34	01:17:01	00:21:01
252	4505	2268	Armando Lopes	-	V3	Individual	273	00:15:53	232	00:01:40	261	00:37:39	207	00:01:03	188	00:21:05	01:17:23	00:21:24
253	4085	1159	Adriano Gouveia	-	V1	Porto Runners	219	00:14:00	228	00:01:39	258	00:37:32	289	00:01:21	275	00:23:01	01:17:35	00:21:36
254	4690	3339	João Valente	-	V1	Louletano	244	00:14:48	278	00:02:00	280	00:38:33	237	00:01:07	195	00:21:12	01:17:42	00:21:43
255	4011	990	João Albuquerque	-	V3	Clube 4 Estilos	271	00:15:46	192	00:01:23	230	00:35:59	183	00:01:00	288	00:23:49	01:18:01	00:22:01
256	3716	3299	Rui Oliveira	-	SEN	TRI BVColares	191	00:13:15	206	00:01:29	296	00:39:21	224	00:01:05	269	00:22:53	01:18:06	00:22:06
257	4623	3023	Paulo Silva	-	V1	Clube Millennium BCP	235	00:14:25	234	00:01:41	279	00:38:33	294	00:01:24	262	00:22:30	01:18:35	00:22:36
258	3607	3247	Bruno Costa	-	SEN	Individual	301	00:17:18	213	00:01:33	236	00:36:17	286	00:01:20	248	00:22:09	01:18:39	00:22:40
259	3758	1019	Celso Moreira	-	SEN	DAR-FERMAQ	314	00:18:08	98	00:01:02	259	00:37:33	105	00:00:51	196	00:21:13	01:18:48	00:22:49
260	4450	3560	Paulo Carvalhinho	-	V2	Kainagua	241	00:14:43	333	00:03:32	266	00:38:04	327	00:01:49	165	00:20:38	01:18:49	00:22:49
261	3072	1871	Sérgio Cipriano	-	SEN	A. M. C. R. Fonte Grada	289	00:16:35	249	00:01:47	252	00:37:01	285	00:01:20	250	00:22:11	01:18:56	00:22:56

Data:	23-03-2014	Hora:	12h00	Local:	Alpiarça					
Natação	750 mt	PT1:		Ciclismo:		PT2:		Corrida:		
Ranking:	Camp. Nac. Clubes		Hora de Partida:	00h07						

Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	PT1	P	Ciclism	P	PT2	P	Corrida	Total	Diff
262	3338	1441	José Guerreiro	-	SEN	Lusitano	290	00:16:36	189	00:01:22	284	00:38:53	174	00:00:59	199	00:21:19	01:19:12	00:23:13
263	4216	2017	Luis Pinho	-	V2	FET- Fátima Escola de Triatlo	334	00:20:27	293	00:02:14	223	00:35:53	266	00:01:15	123	00:19:41	01:19:33	00:23:33
264	4221	1050	António Vitorino	-	V2	Peniche A. C.	319	00:18:18	201	00:01:27	281	00:38:40	218	00:01:05	138	00:20:05	01:19:37	00:23:37
265	3249	3963	António Salgado	-	SEN	CFV	250	00:15:00	330	00:03:23	262	00:37:59	325	00:01:47	214	00:21:33	01:19:43	00:23:43
266	4642	3099	Rui Cabral	-	V1	Individual	274	00:15:57	309	00:02:31	307	00:39:57	323	00:01:41	120	00:19:37	01:19:45	00:23:46
267	4096	664	Luis Tavares	-	V1	Associação Naval Amorense	276	00:16:09	277	00:02:00	255	00:37:20	310	00:01:32	274	00:23:01	01:20:05	00:24:06
268	4467	1646	Nuno Manuel Romão	-	V2	Individual	177	00:12:57	314	00:02:36	319	00:41:05	263	00:01:15	252	00:22:12	01:20:07	00:24:08
269	4406	992	Pedro Basílio	-	V1	Clube Triatlo de Abrantes	212	00:13:53	327	00:03:13	271	00:38:20	338	00:02:07	263	00:22:34	01:20:10	00:24:10
270	1054	2772	Cláudio Pires	-	CAD	Clube de Triatlo de Almada	152	00:12:13	210	00:01:31	287	00:39:00	204	00:01:03	330	00:26:23	01:20:13	00:24:13
271	4385	418	Jorge Castro	-	V3	Núcleo Sportinguista da Golegã	256	00:15:10	285	00:02:07	265	00:38:02	293	00:01:23	283	00:23:32	01:20:15	00:24:15
272	4330	1163	José Fernando Silva	-	V3	Assoc. Académica S. Mamede	272	00:15:52	311	00:02:33	277	00:38:30	300	00:01:26	242	00:22:05	01:20:28	00:24:28
273	3036	2924	Vitor Gomes	-	SEN	Ateneu Artístico Cartaxense	329	00:20:13	163	00:01:15	254	00:37:13	252	00:01:10	167	00:20:45	01:20:38	00:24:39
274	4646	3306	Vitor Preto da Silva	-	V3	A. H. Bombeiros Estoris / 3 IRON	233	00:14:23	326	00:03:10	260	00:37:36	144	00:00:55	307	00:24:45	01:20:51	00:24:52
275	4109	2899	Eduardo Carvalho	-	V3	TRIATLO CLUBE TAP	291	00:16:37	316	00:02:42	270	00:38:19	230	00:01:06	253	00:22:14	01:21:00	00:25:00
276	3544	1671	Miguel Oliveira	-	SEN	DAR-FERMAQ	302	00:17:19	25		28		171	00:00:59	290	00:23:53	01:21:01	00:25:01
277	4325	3912	Bruno Miguel Bastos da	-	V1	Individual	326	00:19:38	272	00:01:57	249	00:36:53	232	00:01:06	218	00:21:40	01:21:16	00:25:17
278	3724	1824	Pedro Raposo	-	SEN	Ateneu Artístico Cartaxense	294	00:16:41	246	00:01:46	244	00:36:34	264	00:01:15	315	00:25:09	01:21:28	00:25:28
279	4204	3735	Pedro Morais	-	V1	Associação Naval Amorense	282	00:16:19	307	00:02:30	299	00:39:28	309	00:01:32	225	00:21:47	01:21:38	00:25:39
280	4692	2294	João Diogo Cruz	-	V1	A. H. Bombeiros Estoris / 3 IRON	225	00:14:04	218	00:01:34	304	00:39:46	265	00:01:15	313	00:25:07	01:21:49	00:25:49
281	4485	2233	Luis Fernandes	-	V2	GATOESTRIATLO	264	00:15:22	256	00:01:49	282	00:38:41	276	00:01:18	305	00:24:39	01:21:51	00:25:51
282	3167	2091	João Boim	-	SEN	Núcleo Sportinguista da Golegã	306	00:17:23	284	00:02:04	305	00:39:47	159	00:00:57	229	00:21:50	01:22:03	00:26:04
283	4395	4015	Pedro Pinha	-	V1	Individual	283	00:16:19	322	00:02:53	295	00:39:15	308	00:01:31	243	00:22:05	01:22:05	00:26:06
284	3463	2708	Célio Anastácio	-	SEN	Peniche A. C.	303	00:17:20	23		26		340	00:02:08	222	00:21:43	01:22:09	00:26:09
285	3138	3053	João Matos	-	SEN	Sporting CP	317	00:18:17	235	00:01:41	293	00:39:12	271	00:01:16	227	00:21:48	01:22:17	00:26:18
286	4086	3635	Miguel Rocha	-	V1	Individual	11		30		330	00:42:35	254	00:01:10	158	00:20:32	01:22:25	00:26:26
287	4228	2958	Ricardo Rodrigues	-	V1	A. H. Bombeiros Estoris / 3 IRON	269	00:15:38	301	00:02:22	312	00:40:33	273	00:01:17	266	00:22:40	01:22:32	00:26:33
288	3789	3585	Leandro Barros	-	SEN	OEIRAS SPORT CLUBE	281	00:16:17	239	00:01:43	309	00:40:20	249	00:01:09	276	00:23:05	01:22:37	00:26:38
289	3250	2243	Pedro Maurício Vieira	-	SEN	Peniche A. C.	252	00:15:00	229	00:01:39	320	00:41:09	110	00:00:51	292	00:23:58	01:22:39	00:26:40
290	3643	3420	Ricardo Cunha	-	SEN	Assoc. Académica S. Mamede	284	00:16:22	259	00:01:50	308	00:40:18	333	00:02:02	244	00:22:06	01:22:40	00:26:41

Data:	23-03-2014	Hora:	12h00	Local:	Alpiarça					
Natação	750 mt	PT1:		Ciclismo:		PT2:		Corrida:		
Ranking:	Camp. Nac. Clubes		Hora de Partida:	00h07						

Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	PT1	P	Ciclism	P	PT2	P	Corrida	Total	Diff
291	4189	492	Carlos Serra	-	V2	Alhandra Sporting Club	305	00:17:22	257	00:01:50	291	00:39:07	250	00:01:09	279	00:23:12	01:22:43	00:26:43
292	4215	738	José Luis Correia	-	V4	A. H. Bombeiros Estoris / 3 IRON	183	00:13:03	312	00:02:34	303	00:39:39	270	00:01:16	332	00:26:32	01:23:07	00:27:07
293	3106	3024	Pedro Luis Lopes	-	SEN	Garmin Olímpico de Oeiras	295	00:16:46	279	00:02:01	268	00:38:11	258	00:01:11	314	00:25:08	01:23:18	00:27:19
294	1582	3748	André Duarte	-	JUN	TRI-OESTE	17		38		40		17		4		01:23:26	00:27:27
295	4255	804	Paulo Castro Rocha	-	V4	Veteranos do Porto	309	00:17:30	292	00:02:13	274	00:38:25	305	00:01:29	296	00:24:05	01:23:44	00:27:44
296	3153	3871	Gonçalo Simões	-	SEN	Clube de Praças da Armada	320	00:18:18	254	00:01:48	298	00:39:26	260	00:01:13	272	00:22:59	01:23:48	00:27:48
297	4614	2916	Luis Santos	-	V1	Atlético CP Triatlo	296	00:16:51	241	00:01:44	316	00:40:52	256	00:01:10	286	00:23:40	01:24:20	00:28:21
298	4294	1056	José Panóias	-	V4	Quintajense Futebol Clube	315	00:18:10	281	00:02:02	278	00:38:31	287	00:01:20	300	00:24:19	01:24:24	00:28:25
299	4493	2241	Amílcar Almeida	-	V3	A. H. Bombeiros Estoris / 3 IRON	249	00:14:58	226	00:01:38	324	00:41:38	275	00:01:18	310	00:24:53	01:24:26	00:28:27
300	3162	3901	Carlos Miguel Duarte	-	SEN	O2 - Portimão	238	00:14:34	220	00:01:36	178	00:34:48	196	00:01:02	342	00:32:40	01:24:43	00:28:43
301	4645	3113	Paulo Amaral	-	V3	Clube Triatlo Fundão	263	00:15:18	310	00:02:32	300	00:39:29	288	00:01:20	329	00:26:22	01:25:03	00:29:04
302	6301	3516	Nélson Ruão	-	V1	Assoc. Académica S. Mamede	192	00:13:17	324	00:03:06	331	00:42:46	332	00:02:01	291	00:23:56	01:25:08	00:29:08
303	4343	158	Miguel Pacheco	-	V3	TRIATLO CLUBE TAP	325	00:19:09	274	00:01:59	269	00:38:19	321	00:01:40	293	00:24:02	01:25:11	00:29:12
304	4629	3038	António Martinho	-	V2	Clube Oriental de Lisboa	220	00:14:01	300	00:02:20	326	00:42:05	298	00:01:26	325	00:25:46	01:25:41	00:29:42
305	4262	2995	Duarte Almeida	-	V2	Individual	332	00:20:17	289	00:02:10	257	00:37:21	301	00:01:27	306	00:24:41	01:25:57	00:29:58
306	1577	3806	Carlos Santana	-	JUN	Peniche A. C.	187	00:13:11	276	00:02:00	334	00:43:11	290	00:01:21	328	00:26:21	01:26:07	00:30:07
307	3777	3544	Bruno Cortes	-	SEN	Individual	335	00:20:40	325	00:03:10	292	00:39:10	318	00:01:37	206	00:21:28	01:26:07	00:30:08
308	3578	3398	João Prehaz	-	SEN	Individual	310	00:17:31	295	00:02:15	311	00:40:26	315	00:01:36	299	00:24:18	01:26:09	00:30:10
309	4075	242	José Peixoto	-	V4	Peniche A. C.	328	00:20:10	212	00:01:32	314	00:40:37	247	00:01:09	267	00:22:41	01:26:11	00:30:12
310	4123	1921	Rui Ferreira	-	V1	Núcleo Sportinguista da Golegã	324	00:18:36	304	00:02:28	273	00:38:23	278	00:01:18	321	00:25:33	01:26:21	00:30:21
311	4624	3026	Jorge Bernardo	-	V1	Associação Naval Amorense	321	00:18:27	320	00:02:49	315	00:40:49	304	00:01:29	285	00:23:35	01:27:11	00:31:12
312	4362	564	José Colaço	-	V5	G. D. R. de Manique de Cima	293	00:16:39	287	00:02:08	285	00:38:58	311	00:01:33	334	00:27:53	01:27:14	00:31:14
313	3817	3341	Pedro Ventura	-	SEN	Individual	312	00:18:05	329	00:03:20	328	00:42:23	291	00:01:21	241	00:22:03	01:27:14	00:31:15
314	3398	3239	Rui Pinto	-	SEN	A. M. C. R. Fonte Grada	308	00:17:28	302	00:02:23	322	00:41:25	329	00:01:59	297	00:24:09	01:27:27	00:31:27
315	4653	1470	Diogo Ferreira	-	V1	Açoreana Clube Banif	207	00:13:46	341	00:04:16	318	00:41:04	337	00:02:07	331	00:26:32	01:27:47	00:31:48
316	3822	3615	Rui Jorge Trombinhas	-	SEN	SS CGD	311	00:17:34	340	00:04:01	313	00:40:36	296	00:01:26	301	00:24:23	01:28:02	00:32:03
317	4355	3327	Hélio Girão	-	V2	Atlético CP Triatlo	15		34		33		12		3		01:28:04	00:32:04
318	3654	3424	Pedro Santos	-	SEN	C. N. Colégio Vasco da Gama	323	00:18:34	315	00:02:40	317	00:41:04	297	00:01:26	308	00:24:45	01:28:30	00:32:31
319	4523	3600	Miguel Cruz	-	V2	Clube Millennium BCP	297	00:17:01	339	00:03:55	321	00:41:14	343	00:02:19	294	00:24:03	01:28:34	00:32:35

Data:	23-03-2014	Hora:	12h00	Local:	Alpiarça					
Natação	750 mt	PT1:		Ciclismo:		PT2:		Corrida:		
Ranking:	Camp. Nac. Clubes		Hora de Partida:	00h07						

Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	PT1	P	Ciclism	P	PT2	P	Corrida	Total	Diff
320	4410	4017	Carlos Souto	-	V2	Individual	340	00:21:58	336	00:03:35	302	00:39:36	226	00:01:05	258	00:22:20	01:28:36	00:32:36
321	4589	3355	Jorge Matias	-	V1	G. D. R. de Manique de Cima	327	00:19:59	255	00:01:48	323	00:41:28	187	00:01:01	309	00:24:49	01:29:07	00:33:08
322	3525	3353	Pedro Xavier	-	SEN	Individual	8		24		27		10		2		01:29:20	00:33:20
323	4315	3384	Rui Loures	-	V2	CFV	299	00:17:10	297	00:02:19	332	00:42:56	335	00:02:05	311	00:25:02	01:29:34	00:33:35
324	3352	4014	Tiago Belo	-	SEN	Individual	318	00:18:18	328	00:03:19	310	00:40:24	331	00:02:01	322	00:25:35	01:29:38	00:33:38
325	1575	3819	Miguel Verdugo	-	JUN	Peniche A. C.	322	00:18:30	342	00:04:28	327	00:42:14	239	00:01:07	284	00:23:32	01:29:53	00:33:54
326	3079	3002	João Jota Fernandes	-	SEN	Açoreana Clube Banif	279	00:16:14	270	00:01:56	306	00:39:52	322	00:01:40	338	00:30:46	01:30:30	00:34:31
327	3340	3996	Filipe Bento Sousa	-	SEN	O2 - Portimão	298	00:17:05	335	00:03:35	333	00:43:08	334	00:02:03	318	00:25:19	01:31:12	00:35:13
328	4686	3538	Miguel Martins da Silva	-	V1	Individual	331	00:20:16	334	00:03:34	337	00:43:47	201	00:01:03	264	00:22:39	01:31:21	00:35:21
329	4333	1284	Artur Oliveira	-	V4	Individual	304	00:17:22	318	00:02:44	338	00:43:53	312	00:01:33	326	00:26:02	01:31:35	00:35:35
330	3348	4007	Edinson Sanchez	-	SEN	Individual	277	00:16:11	331	00:03:23	329	00:42:28	314	00:01:35	335	00:28:12	01:31:50	00:35:51
331	4162	797	Henrique Gonçalves	-	V5	Veteranos do Porto	307	00:17:25	269	00:01:56	289	00:39:05	339	00:02:08	341	00:31:30	01:32:05	00:36:06
332	4028	251	Alfredo Teixeira	-	V3	OEIRAS SPORT CLUBE	262	00:15:17	291	00:02:11	340	00:44:16	330	00:01:59	336	00:28:41	01:32:26	00:36:27
333	4024	151	Carlos Albano Silva	-	V1	SS CGD	338	00:21:13	288	00:02:09	325	00:42:02	295	00:01:25	323	00:25:38	01:32:28	00:36:29
334	4369	322	Jorge Corte-Real	-	V3	Alhandra Sporting Club	313	00:18:06	337	00:03:41	339	00:44:12	303	00:01:28	317	00:25:12	01:32:42	00:36:42
335	4051	3913	Luis Quental	-	V2	SS CGD	337	00:20:50	299	00:02:20	341	00:44:16	277	00:01:18	324	00:25:45	01:34:31	00:38:31
336	3717	578	Tiago Avelãs	-	SEN	SS CGD	330	00:20:14	290	00:02:10	342	00:45:12	326	00:01:48	319	00:25:21	01:34:46	00:38:47
337	4342	140	Luis Filipe Silva	-	V4	TRIATLO CLUBE TAP	341	00:22:47	332	00:03:30	290	00:39:06	328	00:01:55	333	00:27:52	01:35:11	00:39:11
338	4257	3773	Pedro Telmo Gil	-	V1	Individual	342	00:23:18	308	00:02:30	297	00:39:21	342	00:02:13	337	00:28:41	01:36:06	00:40:07
339	4396	4016	Francisco Silva	-	V2	Individual	339	00:21:41	343	00:05:25	335	00:43:16	341	00:02:13	304	00:24:36	01:37:12	00:41:13
340	3051	3952	Marco José Soares	-	SEN	Olivais e Moscavide	336	00:20:49	19		20		319	00:01:38	339	00:30:59	01:39:14	00:43:15
341	3848	3675	Gonçalo Freitas	-	SEN	Olivais e Moscavide	333	00:20:25	317	00:02:42	336	00:43:33	313	00:01:33	340	00:31:00	01:39:15	00:43:16
342	3351	4013	Gonçalo Esteves	-	SEN	Individual	343	00:29:15	36		35		282	00:01:19	312	00:25:03	01:43:02	00:47:03
343	4370	3955	Ulisses Lopes	-	V1	CFV	300	00:17:17	338	00:03:46	343	00:49:39	336	00:02:06	343	00:37:51	01:50:39	00:54:40
	1044	1714	Diogo Lino	DNF	CAD	Núcleo Sportinguista da Golegã		00:10:22		00:01:18								-
	1116	639	Miguel Tiago Silva	DNF	CAD	Garmin Olímpico de Oeiras		00:09:09										-
	2011	27	José Veiga	DNF	S23	Garmin Olímpico de Oeiras		00:10:03		00:01:02		00:32:01		00:00:45				-
	3318	1518	Leandro Pinto	DNF	SEN	McDonalds/TriBraga		00:12:28		00:01:01		00:48:08						-
	4049	793	Nuno Costa	DNF	V1	SS CGD		00:14:05		00:02:36								-

Data:	23-03-2014	Hora:	12h00	Local:	Alpiarça								
Natação	750 mt	PT1:		Ciclismo:		PT2:		Corrida:					
Ranking:	Camp. Nac. Clubes		Hora de Partida:	00h07									

Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	PT1	P	Ciclism	P	PT2	P	Corrida	Total	Diff
	3676	978	Filipe Vidal	DNF	SEN	Clube de Praças da Armada		00:15:01		00:02:02		00:35:16		00:01:20				-
	1045	3008	David Agostinho	DNS	CAD	Associação Naval Amorense												-
	1064	3856	Gonçalo Real	DNS	CAD	CAPGE												-
	1070	3266	Francisco Delgado	DNS	CAD	Teleperformance - "os Belenenses"												-
	1621	45	Luis Gabriel Monteiro	DNS	JUN	Alhandra Sporting Club						00:32:18		00:00:39				-
	3062	3693	Miguel Silva	DNS	SEN	Clube Triatlo Fundão												-
	3095	3676	João Freitas	DNS	SEN	Olivais e Moscavide												-
	3237	3943	Leonel Felisberto	DNS	SEN	Clube Triatlo Fundão												-
	3259	1505	Nuno Piteira	DNS	SEN	Kainagua												-
	3297	3109	Miguel Almeida	DNS	SEN	Assoc. Académica S. Mamede												-
	3356	2469	João Pedro Fulgêncio	DNS	SEN	TRI-OESTE												-
	3514	770	Hugo Matos	DNS	SEN	Clube de Praças da Armada												-
	3533	2805	Paulo Carvalho	DNS	SEN	Individual												-
	3679	561	Pedro Borges Coelho	DNS	SEN	G. D. R. de Manique de Cima												-
	3757	17	Pedro Laginha Palma	DNS	SEN	OLI-Clube dos Galitos												-
	4005	1696	José Maçarria	DNS	V3	Ginásio Clube Figueirense												-
	4036	1722	Miguel Gomes	DNS	V1	C. N. Colégio Vasco da Gama												-
	4058	3620	Horácio Oliveira	DNS	V2	Individual												-
	4105	3462	Mário Pires	DNS	V1	Clube de Triatlo de Almada												-
	4192	3837	Rodrigo Sérgio	DNS	V1	Atlético CP Triatlo												-
	4346	133	Jorge Carreiras	DNS	V2	Clube Oriental de Lisboa												-
	4403	981	Paulo Jorge Santos	DNS	V2	Câmara Lisboa Clube												-
	4478	2187	Fernando Pombo	DNS	V5	Teleperformance - "os Belenenses"												-
	4617	2946	Marco Cruz	DNS	V1	Individual												-
	4631	2145	João Carlos Correia	DNS	V1	Ferroviário												-
	6289		Antonio Benito Carrón	DNS	S23	T3 Extremadura												-
	3278	16	Ruben Costa	DNS	SEN	C. N. Colégio Vasco da Gama												-