

Data:	14-02-2015	Hora:	15h35	Local:	Arronches							
Corrida	5.000 mt	Transição:	0 mt	Ciclismo:	20.500 mt	Transição:	0 mt	Corrida:	2.500 mt			
Ranking:	Camp. Nac. Clubes Duatlo		Hora de Partida:	15h37								

Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Corrida	P	Transiç	P	Ciclism	P	Transiç	P	Corrida	Total	Diff
1	3144	1017	Cristiana Valente	-	SEN	MOTRINDE - Clube dos Galitos	2	00:18:46	3	00:00:31	1	00:38:00	1	00:00:25	1	00:09:03	01:06:47	
2	3242	1008	Estefania Calvo	-	SEN	Garmin Olimpico de Oeiras	1	00:18:31	1	00:00:28	2	00:38:17	3	00:00:30	2	00:09:21	01:07:08	00:00:21
3	5909		Raquel Mateos Gil	-	JUN	Individual	3	00:19:24	5	00:00:31	4	00:39:07	13	00:00:33	3	00:09:33	01:09:11	00:02:23
4	1074	1004	Madalena Almeida	-	CAD	Teleperformance - "Os Belenenses"	4	00:19:35	4	00:00:31	3	00:38:59	10	00:00:32	17	00:11:03	01:10:42	00:03:54
5	3336	1007	Maria do Céu Nunes	-	SEN	Garmin Olimpico de Oeiras	5	00:19:51	27	00:00:41	8	00:40:02	33	00:00:44	4	00:09:52	01:11:13	00:04:25
6	3475	1006	Ana Filipa Ferreira	-	SEN	Alhandra Sporting Club	6	00:20:26	12	00:00:35	7	00:39:36	17	00:00:35	5	00:10:03	01:11:16	00:04:29
7	2159	1007	Mariana Pombo	-	S23	Sport Lisboa e Benfica	9	00:20:44	9	00:00:34	5	00:39:15	9	00:00:32	7	00:10:20	01:11:25	00:04:38
8	1122	1015	Carolina Serra	-	CAD	Clube de Nataçao de Torres Novas	8	00:20:43	15	00:00:36	6	00:39:15	16	00:00:35	9	00:10:36	01:11:46	00:04:59
9	1551	1003	Maria Eduarda Vidigueira	-	JUN	C. D. "Os Águias" de Alpiarça	11	00:21:08	17	00:00:37	12	00:40:23	18	00:00:35	6	00:10:15	01:13:00	00:06:12
10	5861		Lidia Durán Cabanillas	-	SEN	A. D. Triatlón Pacense	12	00:21:11	7	00:00:32	10	00:40:20	15	00:00:34	8	00:10:32	01:13:10	00:06:23
11	1013	1016	Ana Torres	-	CAD	ETri. Santo António Évora	13	00:21:25	2	00:00:30	9	00:40:06	2	00:00:29	10	00:10:46	01:13:17	00:06:30
12	1084	1021	Catarina Dias	-	CAD	FET- Fátima Escola de Triatlo	10	00:21:07	10	00:00:34	11	00:40:21	19	00:00:35	15	00:11:00	01:13:39	00:06:52
13	3561	1024	Sheila Azevedo Marques	-	SEN	Garmin Olimpico de Oeiras	7	00:20:42	6	00:00:32	19	00:42:25	11	00:00:32	11	00:10:49	01:15:02	00:08:15
14	6337	1027	Fernanda Diaz	-	SEN	Nucleo Sportinguista da Golegã	15	00:21:47	36	00:00:52	14	00:41:01	31	00:00:42	12	00:10:52	01:15:15	00:08:28
15	3721	1006	Ana Filipa Sampaio	-	SEN	Alhandra Sporting Club	14	00:21:45	16	00:00:37	15	00:41:16	23	00:00:38	18	00:11:20	01:15:38	00:08:50
16	1648	1019	Joana Domingues	-	JUN	DNMG	16	00:21:52	13	00:00:36	16	00:42:04	5	00:00:30	14	00:10:58	01:16:02	00:09:14
17	1675	1023	Rita Caetano	-	JUN	FET- Fátima Escola de Triatlo	19	00:22:52	30	00:00:44	13	00:40:57	32	00:00:43	23	00:11:33	01:16:50	00:10:03
18	1114	1019	Sofia Silva	-	CAD	Lusitano	24	00:23:33	34	00:00:49	21	00:42:41	6	00:00:31	16	00:11:02	01:18:38	00:11:50
19	2009	1007	Sofia Hipólito	-	S23	Alhandra Sporting Club	18	00:22:51	11	00:00:34	23	00:43:34	4	00:00:30	19	00:11:29	01:19:00	00:12:12
20	5907		Raquel Pueretas Tenorio	-	JUN	Club Triatlón Lugones	23	00:23:28	8	00:00:33	22	00:43:01	22	00:00:37	20	00:11:29	01:19:09	00:12:22
21	6338	1012	Vanessa Andrade	-	JUN	C. D. Escola Santana	26	00:23:52	20	00:00:39	20	00:42:29	20	00:00:36	26	00:11:53	01:19:31	00:12:43
22	5875		María Rocio Muela Gallardo	-	SEN	A. D. Triatlón Pacense	27	00:24:03	23	00:00:40	18	00:42:23	29	00:00:41	28	00:12:04	01:19:52	00:13:05
23	3671	1012	Ana Lopes	-	SEN	Sporting CP	28	00:24:13	21	00:00:40	17	00:42:11	25	00:00:39	30	00:12:11	01:19:56	00:13:08
24	5858		Isabel Cabanillas Moruno	-	V1	A. D. Triatlón Pacense	22	00:23:27	31	00:00:45	27	00:45:21	7	00:00:31	22	00:11:32	01:21:38	00:14:51
25	3229	1015	Cristina Soares	-	SEN	Clube Triatlo Fundão	25	00:23:38	37	00:01:04	26	00:44:43	39	00:01:04	25	00:11:43	01:22:13	00:15:26
26	1646	1018	Ana Portugal	-	JUN	Atlético Clube Montemorense	21	00:23:11	32	00:00:47	29	00:46:44	27	00:00:40	21	00:11:31	01:22:56	00:16:09
27	1072	1004	Mónica Vera Cruz	-	CAD	Sporting CP	35	00:25:40	18	00:00:37	25	00:44:18	21	00:00:36	32	00:12:21	01:23:35	00:16:47
28	1073	1004	Sara Ganchas	-	CAD	Teleperformance - "Os Belenenses"	20	00:22:56	25	00:00:41	35	00:48:29	30	00:00:41	13	00:10:57	01:23:45	00:16:58
29	2062	1012	Tamára Branco	-	S23	Sporting CP	34	00:25:40	22	00:00:40	24	00:43:55	36	00:00:51	36	00:13:11	01:24:19	00:17:32

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Corrida	5.000 mt	Transição:	0 mt	Ciclismo:	20.500 mt	Transição:	0 mt	Corrida:	2.500 mt	
Ranking:	Camp. Nac. Clubes Duatlo		Hora de Partida:	15h37						

Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Corrida	P	Transiç	P	Ciclism	P	Transiç	P	Corrida	Total	Diff
30	1034	1026	Pauline Valentine Juliette	-	CAD	Alhandra Sporting Club	33	00:25:05	33	00:00:47	28	00:45:43	34	00:00:45	27	00:12:04	01:24:26	00:17:39
31	1132	1017	Vanessa Fonseca	-	CAD	MOTRINDE - Clube dos Galitos	30	00:24:28	35	00:00:50	33	00:47:57	24	00:00:38	24	00:11:42	01:25:37	00:18:50
32	1594	1006	Mafalda Nogueira	-	JUN	Alhandra Sporting Club	31	00:24:35	24	00:00:41	32	00:47:22	26	00:00:40	31	00:12:21	01:25:40	00:18:53
33	1105	1011	Beatriz Pereira	-	CAD	C. D. Escola Santana	29	00:24:24	14	00:00:36	34	00:48:11	14	00:00:34	29	00:12:06	01:25:52	00:19:05
34	4758	1002	Stephanie Seddon-Brown	-	V1	Sporting CP	37	00:26:20	38	00:01:07	30	00:46:48	37	00:00:55	33	00:12:45	01:27:57	00:21:10
35	4745	1025	Raquel Espinoza	-	V2	Clube de Natação de Torres Novas	36	00:26:18	39	00:01:08	31	00:46:59	38	00:00:58	38	00:13:36	01:29:01	00:22:13
36	3567	1023	Ana Rita Amaro	-	SEN	Clube de Natação de Torres Novas	32	00:24:48	26	00:00:41	37	00:50:22	35	00:00:46	35	00:13:08	01:29:46	00:22:59
37	1654	1013	Joana Pinto	-	JUN	Nutrimania Sports Nutrition/Amorense	38	00:27:22	19	00:00:38	36	00:49:12	12	00:00:33	34	00:13:07	01:30:53	00:24:06
38	1113	1018	Francisca Cantante	-	CAD	Atlético Clube Montemorense	17	00:22:49	28	00:00:42	39	00:53:58	8	00:00:31	37	00:13:19	01:31:22	00:24:35
39	1163	1024	Catarina Cascalheira	-	CAD	Lusitano	39	00:27:49	29	00:00:44	38	00:52:19	28	00:00:41	39	00:13:41	01:35:15	00:28:27
	4633	1012	Ana Pereira	DNS	V1	Sporting CP												-