

Data:	27-09-2015	Hora:	08h00	Local:	Cascais							
Natação	1.900 mt	PT1:	0 mt	Ciclismo:	90.000 mt	PT2:	0 mt	Corrida:	21.100 mt			
Ranking:	Prova Aberta		Hora de Partida:		07h58							

Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	PT1	P	Ciclism	P	PT2	P	Corrida	Total	Diff
1	1		Bruno Pais	-	SEN	Portugal	2	00:23:02	2	00:00:45	2	02:13:09	46	00:00:59	4	01:16:34	03:54:31	
2	5		José Estrangeiro	-	SEN	Portugal	6	00:24:56	3	00:00:55	6	02:19:58	5	00:00:39	2	01:15:22	04:01:52	00:07:21
3	98		João Francisco Ferreira	-	S23	Portugal	4	00:23:35	5	00:00:57	7	02:21:23	9	00:00:48	3	01:16:28	04:03:13	00:08:41
4	101		Jorge Duarte	-	SEN	Portugal	50	00:30:16	100	00:01:58	4	02:17:08	20	00:00:51	5	01:17:35	04:07:48	00:13:17
5	3		Victor Manuel González	-	SEN	Spain	1		1		1		1		1		04:09:42	00:15:11
6	6		Rafael Gomes	-	SEN	Portugal	17	00:26:39	11	00:01:07	8	02:21:36	16	00:00:50	6	01:21:17	04:11:32	00:17:00
7	2		Sérgio Marques	-	SEN	Portugal	11	00:26:03	4	00:00:56	5	02:19:09	47	00:00:59	13	01:25:02	04:12:10	00:17:39
8	163		Mário Machado	-	V2	Portugal	22	00:27:30	29	00:01:21	9	02:22:57	8	00:00:47	9	01:22:24	04:15:01	00:20:30
9	170		Miguel Furtado	-	S23	Portugal	5	00:24:53	10	00:01:06	10	02:23:52	52	00:01:01	17	01:26:31	04:17:25	00:22:53
10	8		Jordi Relats Moreno	-	SEN	Spain	3	00:23:05	73	00:01:48	19	02:28:57	40	00:00:57	12	01:24:50	04:19:40	00:25:08
11	148		Tomás Metcalfe	-	SEN	United Kingdom	63	00:31:00	53	00:01:38	11	02:24:44	29	00:00:53	7	01:22:24	04:20:41	00:26:10
12	73		Rui Firmino	-	V1	Portugal	23	00:27:30	36	00:01:27	22	02:30:21	14	00:00:50	8	01:22:24	04:22:34	00:28:03
13	108		Rui Narigueta	-	SEN	Portugal	215	00:39:29	51	00:01:37	3	02:17:07	94	00:01:13	15	01:25:08	04:24:36	00:30:05
14	173		Carlos da Cruz	-	V1	Portugal	12	00:26:04	14	00:01:09	16	02:27:33	37	00:00:56	39	01:31:49	04:27:32	00:33:00
15	197		Luís Duarte	-	V1	Portugal	30	00:28:56	17	00:01:12	20	02:29:06	59	00:01:03	24	01:27:44	04:28:03	00:33:32
16	141		João Fragoso	-	SEN	Portugal	79	00:31:50	26	00:01:19	12	02:25:05	58	00:01:03	30	01:30:00	04:29:19	00:34:48
17	318		Langarica Borja	-	SEN	Spain	53	00:30:37	13	00:01:08	23	02:30:22	34	00:00:54	21	01:27:31	04:30:34	00:36:02
18	26		Luís Merca	-	SEN	Portugal	14	00:26:34	60	00:01:41	28	02:31:07	35	00:00:54	32	01:30:20	04:30:39	00:36:08
19	4		Xavi Boneta Herrera	-	SEN	Spain	18	00:26:45	30	00:01:22	13	02:25:46	163	00:01:32	63	01:35:45	04:31:11	00:36:40
20	19		Mário de Almeida Santos	-	SEN	Portugal	34	00:29:12	28	00:01:21	17	02:27:42	28	00:00:53	41	01:32:03	04:31:12	00:36:41
21	161		Tiago Cochicho	-	SEN	Portugal	51	00:30:27	23	00:01:16	26	02:30:46	25	00:00:52	25	01:27:57	04:31:20	00:36:49
22	281		José Lino	-	V1	Portugal	68	00:31:23	39	00:01:29	25	02:30:30	68	00:01:05	26	01:28:28	04:32:57	00:38:26
23	168		Carlos Fernandes	-	SEN	Portugal	40	00:29:59	6	00:00:58	48	02:34:29	31	00:00:54	20	01:27:15	04:33:36	00:39:05
24	104		Hugo Ferreira	-	V1	Portugal	84	00:32:01	19	00:01:13	35	02:32:27	138	00:01:24	18	01:26:51	04:33:59	00:39:28
25	65		Miguel Carneiro	-	SEN	Portugal	24	00:27:32	52	00:01:38	39	02:33:00	11	00:00:49	37	01:31:30	04:34:31	00:40:00
26	107		Carlos Gomes	-	V3	Portugal	161	00:35:41	156	00:02:31	27	02:31:00	18	00:00:50	14	01:25:07	04:35:11	00:40:39
27	166		Paulo Figueiredo	-	V1	Portugal	26	00:28:05	72	00:01:47	15	02:27:28	57	00:01:03	77	01:38:35	04:37:01	00:42:29
28	103		David Maia	-	S23	Portugal	15	00:26:35	21	00:01:13	24	02:30:24	90	00:01:11	71	01:37:39	04:37:03	00:42:32
29	272		Jeroen Meijers	-	SEN	Netherlands	28	00:28:28	76	00:01:50	30	02:31:35	153	00:01:30	50	01:33:41	04:37:05	00:42:34

Data:	27-09-2015	Hora:	08h00	Local:	Cascais					
Natação	1.900 mt	PT1:	0 mt	Ciclismo:	90.000 mt	PT2:	0 mt	Corrida:	21.100 mt	

Ranking:	Prova Aberta	Hora de Partida:	07h58
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	PT1	P	Ciclism	P	PT2	P	Corrida	Total	Diff
30	137		Antonio Fortuna	-	SEN	Portugal	54	00:30:39	18	00:01:13	31	02:31:54	4	00:00:39	45	01:32:53	04:37:19	00:42:48
31	140		Cristiano Pisco	-	SEN	Portugal	32	00:29:02	25	00:01:19	21	02:29:59	79	00:01:08	64	01:35:49	04:37:19	00:42:48
32	37		Henrique Matias	-	SEN	Portugal	48	00:30:13	71	00:01:47	58	02:35:33	116	00:01:18	28	01:29:19	04:38:13	00:43:42
33	22		Ricardo Filipe Costa	-	SEN	Portugal	27	00:28:06	103	00:02:00	42	02:33:37	27	00:00:53	49	01:33:38	04:38:15	00:43:44
34	209		Hugo Ventura	-	SEN	Portugal	9	00:25:55	9	00:01:05	14	02:26:13	91	00:01:11	115	01:44:06	04:38:33	00:44:01
35	147		Carlos Miguel Duarte	-	SEN	Portugal	52	00:30:29	20	00:01:13	32	02:31:56	3	00:00:38	54	01:34:21	04:38:39	00:44:08
36	187		João Pedro Martins	-	SEN	Portugal	55	00:30:40	78	00:01:52	43	02:33:43	114	00:01:17	36	01:31:15	04:38:48	00:44:17
37	192		Ricardo Silva	-	SEN	Portugal	97	00:32:33	142	00:02:24	18	02:28:02	70	00:01:06	61	01:35:34	04:39:40	00:45:09
38	175		Ricardo Lanceiro	-	SEN	Portugal	67	00:31:18	12	00:01:08	90	02:42:14	183	00:01:40	10	01:23:35	04:39:57	00:45:26
39	211		Manuel Plantier	-	SEN	Portugal	109	00:33:08	112	00:02:05	44	02:34:08	143	00:01:26	27	01:29:17	04:40:06	00:45:35
40	218		Paulo Silvestre	-	V1	Portugal	108	00:33:06	111	00:02:05	40	02:33:09	176	00:01:36	31	01:30:08	04:40:07	00:45:36
41	298		João Gonçalves	-	SEN	Portugal	95	00:32:31	69	00:01:46	36	02:32:51	134	00:01:23	38	01:31:35	04:40:07	00:45:36
42	48		Tiago Pinho	-	SEN	Portugal	234	00:40:51	16	00:01:10	29	02:31:32	22	00:00:51	16	01:26:07	04:40:32	00:46:01
43	10		Vanessa Pereira	-	SEN	Portugal	29	00:28:49	32	00:01:22	54	02:35:07	42	00:00:58	53	01:34:17	04:40:35	00:46:04
44	172		Bruno Bastos da Silva	-	V1	Portugal	25	00:27:50	24	00:01:17	33	02:32:13	49	00:01:00	78	01:38:37	04:41:00	00:46:28
45	133		Ricardo Nuno Carvalho	-	SEN	Portugal	116	00:33:46	35	00:01:26	46	02:34:18	53	00:01:02	34	01:30:50	04:41:24	00:46:53
46	194		André Duarte	-	S23	Portugal	86	00:32:05	133	00:02:20	108	02:43:49	2	00:00:35	11	01:23:46	04:42:36	00:48:05
47	268		Pedro Oliveira	-	SEN	Portugal	182	00:36:36	203	00:03:04	45	02:34:17	60	00:01:03	23	01:27:40	04:42:42	00:48:11
48	156		Henrique Venâncio	-	V1	Portugal	59	00:30:50	99	00:01:58	37	02:32:55	120	00:01:19	65	01:36:15	04:43:19	00:48:47
49	319		Julián Marín	-	V1	Spain	127	00:34:18	123	00:02:12	47	02:34:27	32	00:00:54	40	01:31:52	04:43:44	00:49:12
50	80		Paulo Quintino	-	V2	Portugal	129	00:34:21	68	00:01:45	63	02:35:58	101	00:01:15	33	01:30:28	04:43:50	00:49:19
51	196		João Pedro Fulgêncio	-	SEN	Portugal	105	00:33:04	70	00:01:46	34	02:32:17	141	00:01:25	58	01:35:17	04:43:51	00:49:19
52	302		Nuno Teixeira	-	SEN	Portugal	37	00:29:31	149	00:02:27	65	02:36:08	122	00:01:20	57	01:35:11	04:44:39	00:50:07
53	61		Marco Sousa	-	V1	Portugal	57	00:30:44	67	00:01:45	109	02:44:21	33	00:00:54	19	01:27:11	04:44:57	00:50:25
54	27		João Miguel Nunes	-	V2	Portugal	121	00:34:02	34	00:01:25	51	02:35:01	10	00:00:48	56	01:34:45	04:46:04	00:51:33
55	235		Jorge Augusto	-	V1	Portugal	42	00:30:07	98	00:01:57	72	02:38:26	87	00:01:10	55	01:34:31	04:46:12	00:51:40
56	97		Paulo Teles	-	V1	Portugal	82	00:32:00	127	00:02:14	49	02:34:30	51	00:01:00	67	01:36:35	04:46:20	00:51:49
57	152		António Moura	-	V4	Portugal	110	00:33:09	47	00:01:34	68	02:37:05	56	00:01:02	59	01:35:18	04:48:10	00:53:39
58	20		Nuno Santos	-	SEN	Portugal	81	00:31:59	50	00:01:36	69	02:37:47	179	00:01:38	60	01:35:28	04:48:30	00:53:58

Data:	27-09-2015	Hora:	08h00	Local:	Cascais					
Natação	1.900 mt	PT1:	0 mt	Ciclismo:	90.000 mt	PT2:	0 mt	Corrida:	21.100 mt	

Ranking:	Prova Aberta	Hora de Partida:	07h58
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	PT1	P	Ciclism	P	PT2	P	Corrida	Total	Diff
59	11		Katarina Larsson	-	SEN	Portugal	20	00:26:49	22	00:01:14	102	02:43:27	24	00:00:52	66	01:36:33	04:48:57	00:54:26
60	271		Nuno Prazeres	-	V2	Portugal	98	00:32:34	162	00:02:33	55	02:35:22	131	00:01:22	69	01:37:04	04:48:58	00:54:27
61	52		António Salgado	-	SEN	Portugal	107	00:33:06	216	00:03:14	38	02:32:56	184	00:01:41	73	01:38:02	04:49:01	00:54:29
62	199		Emanuel Matos	-	V1	Portugal	200	00:38:05	95	00:01:55	53	02:35:06	186	00:01:41	47	01:33:08	04:49:58	00:55:27
63	63		Bruno Maia	-	V1	Portugal	124	00:34:08	84	00:01:53	77	02:39:59	7	00:00:46	48	01:33:31	04:50:20	00:55:48
64	105		Marco Vieira	-	SEN	Portugal	62	00:30:55	124	00:02:12	89	02:42:12	146	00:01:28	51	01:33:57	04:50:45	00:56:14
65	198		Pedro Cordeiro	-	V2	Portugal	21	00:27:02	7	00:01:04	52	02:35:03	109	00:01:17	132	01:46:18	04:50:45	00:56:14
66	247		Tiago Costa	-	SEN	Portugal	92	00:32:30	199	00:03:00	78	02:40:17	98	00:01:15	52	01:34:02	04:51:06	00:56:35
67	154		Paulo Sequeira	-	V1	Portugal	64	00:31:05	27	00:01:20	59	02:35:38	77	00:01:08	103	01:42:15	04:51:28	00:56:57
68	31		Jorge Manuel Cochicho	-	V1	Portugal	65	00:31:08	150	00:02:29	62	02:35:43	175	00:01:36	96	01:41:16	04:52:14	00:57:42
69	116		Carlos Manuel Silva	-	V3	Portugal	204	00:38:23	148	00:02:27	94	02:42:35	165	00:01:33	22	01:27:32	04:52:33	00:58:01
70	215		Andreia Ferrum	-	S23	Portugal	8	00:24:59	8	00:01:04	99	02:43:11	80	00:01:08	104	01:42:35	04:53:00	00:58:28
71	91		Rui Silva	-	SEN	Portugal	77	00:31:46	64	00:01:44	129	02:47:44	13	00:00:50	35	01:31:14	04:53:20	00:58:49
72	70		Mário Pires	-	V1	Portugal	146	00:35:11	132	00:02:19	66	02:36:08	48	00:01:00	79	01:38:52	04:53:32	00:59:00
73	213		Marco Machado Fernandes	-	V1	Portugal	99	00:32:35	81	00:01:52	60	02:35:38	103	00:01:16	102	01:42:13	04:53:36	00:59:05
74	210		José Rodrigues	-	SEN	Portugal	171	00:35:55	42	00:01:30	96	02:42:54	67	00:01:05	43	01:32:31	04:53:57	00:59:26
75	157		João Duarte	-	V1	Portugal	120	00:34:01	80	00:01:52	71	02:38:18	86	00:01:09	76	01:38:35	04:53:58	00:59:26
76	95		António Rodrigues	-	SEN	Portugal	165	00:35:48	106	00:02:03	119	02:46:00	45	00:00:59	29	01:29:30	04:54:21	00:59:50
77	174		João Góis Gomes	-	V2	Portugal	72	00:31:31	38	00:01:29	57	02:35:28	71	00:01:06	126	01:45:24	04:55:00	01:00:29
78	301		Alexandre Coelho Silva	-	SEN	Portugal	7	00:24:57	45	00:01:32	176	02:55:21	36	00:00:55	46	01:32:55	04:55:42	01:01:10
79	317		Paulo Fernandes	-	SEN	Portugal	219	00:39:53	249	00:04:09	67	02:36:33	252	00:02:35	44	01:32:32	04:55:45	01:01:14
80	90		Luis Filipe Valente	-	V1	Portugal	60	00:30:51	92	00:01:55	74	02:39:12	43	00:00:58	112	01:43:47	04:56:45	01:02:13
81	291		Carlos Pacheco	-	SEN	Portugal	87	00:32:08	66	00:01:45	111	02:44:57	154	00:01:30	70	01:37:05	04:57:27	01:02:56
82	130		João Valente	-	V1	Portugal	106	00:33:04	77	00:01:50	86	02:42:02	171	00:01:35	80	01:38:54	04:57:27	01:02:56
83	206		Eduardo Coelho	-	V1	Portugal	74	00:31:36	49	00:01:35	93	02:42:33	151	00:01:29	90	01:40:35	04:57:51	01:03:20
84	286		Benoit Bonvoisin	-	SEN	France	149	00:35:18	97	00:01:56	81	02:40:53	84	00:01:08	86	01:39:42	04:58:59	01:04:28
85	74		Pedro Quaresma	-	V2	Portugal	44	00:30:09	118	00:02:08	97	02:42:59	164	00:01:32	105	01:42:41	04:59:32	01:05:00
86	7		Fernando Damas	-	V5	Portugal	142	00:34:51	44	00:01:31	56	02:35:27	55	00:01:02	138	01:47:18	05:00:11	01:05:40
87	265		Roel Van Nuenen	-	V2	Netherlands	140	00:34:48	114	00:02:06	84	02:41:21	127	00:01:21	91	01:40:36	05:00:14	01:05:43

Data:	27-09-2015	Hora:	08h00	Local:	Cascais							
Natação	1.900 mt	PT1:	0 mt	Ciclismo:	90.000 mt	PT2:	0 mt	Corrida:	21.100 mt			
Ranking:	Prova Aberta		Hora de Partida:		07h58							

Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	PT1	P	Ciclism	P	PT2	P	Corrida	Total	Diff
88	299		Pedro Ribeiro	-	SEN	Portugal	33	00:29:11	179	00:02:43	115	02:45:26	172	00:01:35	98	01:41:35	05:00:31	01:06:00
89	269		Paulo Marau	-	V1	Portugal	49	00:30:15	167	00:02:36	112	02:45:05	200	00:01:50	100	01:41:41	05:01:29	01:06:57
90	126		Luis Viegas	-	V2	Portugal	75	00:31:38	74	00:01:49	103	02:43:28	156	00:01:31	107	01:43:22	05:01:50	01:07:19
91	309		Andrew Sinclair	-	SEN	United Kingdom	88	00:32:15	226	00:03:24	104	02:43:32	244	00:02:24	94	01:41:14	05:02:51	01:08:19
92	57		Gonçalo Oliveira	-	S23	Portugal	16	00:26:36	33	00:01:23	120	02:46:12	17	00:00:50	145	01:48:06	05:03:09	01:08:38
93	162		Jorge Vieira	-	V2	Portugal	184	00:37:00	165	00:02:35	110	02:44:41	62	00:01:03	72	01:37:59	05:03:21	01:08:49
94	223		Nelson Alegre	-	V1	Portugal	143	00:34:54	225	00:03:22	64	02:36:08	106	00:01:17	144	01:47:53	05:03:35	01:09:03
95	160		Luís Coelho da Silva	-	SEN	Portugal	178	00:36:03	85	00:01:53	79	02:40:40	44	00:00:58	114	01:44:00	05:03:36	01:09:05
96	9		Paulo Tavares da Silva	-	V3	Portugal	76	00:31:44	15	00:01:09	116	02:45:27	89	00:01:10	116	01:44:07	05:03:39	01:09:08
97	128		Peter Chester-Browne	-	V1	United Kingdom	145	00:35:03	61	00:01:42	125	02:47:13	118	00:01:19	83	01:39:20	05:04:39	01:10:07
98	46		Samuel Neves	-	V1	Portugal	103	00:32:54	161	00:02:32	101	02:43:18	166	00:01:34	124	01:45:04	05:05:25	01:10:53
99	189		Nuno Carvalhinho	-	V1	Portugal	156	00:35:33	57	00:01:39	76	02:39:37	61	00:01:03	146	01:48:23	05:06:17	01:11:46
100	305		Pedro Brandao	-	SEN	Portugal	94	00:32:31	180	00:02:44	50	02:34:49	145	00:01:28	189	01:54:53	05:06:27	01:11:56
101	125		Tiago Cristo	-	SEN	Portugal	119	00:33:56	48	00:01:35	142	02:49:19	160	00:01:31	89	01:40:32	05:06:56	01:12:25
102	258		Yebra Rovira Diego	-	V2	Spain	148	00:35:14	126	00:02:13	151	02:51:12	130	00:01:22	68	01:36:59	05:07:02	01:12:30
103	75		Pedro Caeiro	-	V2	Portugal	41	00:30:03	46	00:01:33	106	02:43:34	161	00:01:32	161	01:50:39	05:07:23	01:12:52
104	66		Hugo Matos	-	SEN	Portugal	90	00:32:21	141	00:02:24	100	02:43:14	72	00:01:07	150	01:48:48	05:07:55	01:13:24
105	205		Cecília Shinn	-	SEN	Portugal	128	00:34:20	31	00:01:22	157	02:52:01	38	00:00:57	82	01:39:16	05:07:57	01:13:26
106	43		Ivo Nogueira	-	SEN	Portugal	69	00:31:27	117	00:02:07	118	02:45:53	74	00:01:07	139	01:47:26	05:08:03	01:13:32
107	35		Ricardo Vieira	-	V1	Portugal	174	00:36:00	182	00:02:48	140	02:49:06	247	00:02:27	74	01:38:06	05:08:27	01:13:56
108	153		Paulo Leitão Santos	-	V3	Portugal	101	00:32:43	79	00:01:52	141	02:49:19	126	00:01:20	108	01:43:29	05:08:46	01:14:14
109	51		Fernando Paulo Salvador	-	V1	Portugal	241	00:42:03	219	00:03:18	70	02:37:53	185	00:01:41	119	01:44:32	05:09:29	01:14:58
110	77		Manuel Rodrigues	-	V3	Portugal	118	00:33:56	104	00:02:01	61	02:35:38	206	00:01:51	199	01:56:13	05:09:41	01:15:09
111	204		Bruno Miguel Bastos da	-	V1	Portugal	214	00:39:27	91	00:01:55	88	02:42:04	178	00:01:37	122	01:44:36	05:09:41	01:15:10
112	89		André Silva	-	SEN	Portugal	10	00:26:02	87	00:01:54	202	03:00:00	23	00:00:52	92	01:40:51	05:09:42	01:15:10
113	164		Tiago Corvo	-	SEN	Portugal	47	00:30:11	56	00:01:39	195	02:59:10	41	00:00:57	75	01:38:13	05:10:12	01:15:41
114	169		Miguel Menezes	-	V1	Portugal	139	00:34:45	116	00:02:07	117	02:45:45	78	00:01:08	135	01:46:45	05:10:32	01:16:01
115	323		Pedro Miguel Jorge	-	V2	Portugal	89	00:32:19	135	00:02:20	87	02:42:02	15	00:00:50	176	01:53:13	05:10:47	01:16:15
116	34		Rodolfo Martins	-	SEN	Portugal	244	00:42:37	88	00:01:54	98	02:43:11	211	00:01:58	99	01:41:38	05:11:20	01:16:49

Data:	27-09-2015	Hora:	08h00	Local:	Cascais							
Natação	1.900 mt	PT1:	0 mt	Ciclismo:	90.000 mt	PT2:	0 mt	Corrida:	21.100 mt			

Ranking:	Prova Aberta	Hora de Partida:	07h58
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	PT1	P	Ciclism	P	PT2	P	Corrida	Total	Diff
117	76		Rogério Araújo	-	V3	Portugal	150	00:35:19	176	00:02:39	134	02:48:05	173	00:01:35	110	01:43:41	05:11:21	01:16:50
118	315		Pedro Pisco	-	V1	Portugal	195	00:37:29	196	00:02:59	105	02:43:33	188	00:01:43	128	01:45:39	05:11:26	01:16:55
119	84		José Morais	-	V2	Portugal	212	00:39:15	145	00:02:26	91	02:42:22	100	00:01:15	133	01:46:26	05:11:46	01:17:15
120	129		Jorge Gaspar	-	V1	Portugal	147	00:35:12	143	00:02:25	75	02:39:25	238	00:02:15	171	01:52:42	05:12:02	01:17:31
121	275		Nelson Ramalho	-	SEN	Portugal	201	00:38:07	128	00:02:16	127	02:47:21	216	00:02:00	106	01:42:44	05:12:30	01:17:59
122	149		Liliana Verissimo	-	SEN	Portugal	70	00:31:31	134	00:02:20	219	03:03:26	26	00:00:52	62	01:35:40	05:13:51	01:19:20
123	100		João Medeiro	-	V3	Portugal	225	00:40:11	185	00:02:49	187	02:57:17	102	00:01:15	42	01:32:18	05:13:53	01:19:21
124	16		João Martinho	-	SEN	Portugal	112	00:33:31	83	00:01:53	123	02:47:09	117	00:01:19	156	01:50:15	05:14:08	01:19:37
125	300		Carlo Almeida	-	SEN	Portugal	177	00:36:03	215	00:03:12	152	02:51:42	227	00:02:06	93	01:41:04	05:14:09	01:19:37
126	32		Bruno Safara	-	SEN	Portugal	73	00:31:35	119	00:02:09	180	02:55:39	64	00:01:04	113	01:43:57	05:14:25	01:19:54
127	29		João Hipólito	-	V3	Portugal	144	00:34:59	177	00:02:39	85	02:41:58	167	00:01:35	178	01:53:28	05:14:41	01:20:10
128	67		Filipe Vidal	-	SEN	Portugal	111	00:33:30	174	00:02:38	168	02:54:05	73	00:01:07	109	01:43:35	05:14:56	01:20:25
129	190		Nuno Santos	-	V2	Portugal	138	00:34:42	63	00:01:44	113	02:45:09	121	00:01:20	168	01:52:13	05:15:08	01:20:37
130	243		Alfonso Coladas-Guzmán	-	V1	Spain	157	00:35:36	110	00:02:05	144	02:49:25	54	00:01:02	141	01:47:35	05:15:45	01:21:13
131	279		Carlos Silva	-	V2	Portugal	220	00:39:57	189	00:02:53	153	02:51:48	235	00:02:13	81	01:39:07	05:16:00	01:21:29
132	58		Bruno Godinho	-	SEN	Portugal	169	00:35:52	107	00:02:04	156	02:51:59	69	00:01:06	125	01:45:18	05:16:20	01:21:48
133	106		Tiago André Camilo	-	SEN	Portugal	117	00:33:46	125	00:02:13	136	02:48:09	177	00:01:36	160	01:50:35	05:16:21	01:21:49
134	292		Rui Duarte	-	V1	Portugal	211	00:39:14	90	00:01:55	149	02:51:10	83	00:01:08	111	01:43:42	05:17:11	01:22:40
135	115		Vasco Borges	-	V2	Portugal	125	00:34:08	152	00:02:29	95	02:42:43	65	00:01:04	202	01:56:49	05:17:15	01:22:44
136	285		FRANCISCO MORENO	-	V2	Spain	135	00:34:37	258	00:04:35	147	02:49:50	222	00:02:03	136	01:46:53	05:17:59	01:23:28
137	145		Sandro Amado	-	SEN	Portugal	91	00:32:28	140	00:02:24	179	02:55:32	228	00:02:06	131	01:46:02	05:18:33	01:24:02
138	184		Alexandra Vicente	-	SEN	Portugal	61	00:30:53	58	00:01:41	191	02:58:17	224	00:02:05	127	01:45:36	05:18:35	01:24:04
139	313		Gil Braz de Oliveira	-	V2	Portugal	71	00:31:31	146	00:02:27	138	02:48:22	212	00:01:59	187	01:54:31	05:18:52	01:24:20
140	36		António Louro	-	V1	Portugal	136	00:34:39	158	00:02:32	133	02:47:54	92	00:01:12	169	01:52:35	05:18:53	01:24:21
141	81		João Coelho	-	V2	Portugal	78	00:31:46	153	00:02:30	82	02:40:57	88	00:01:10	228	02:02:36	05:19:01	01:24:30
142	240		Antonio Pessini Diaz	-	V2	Spain	102	00:32:46	62	00:01:43	126	02:47:17	124	00:01:20	198	01:56:04	05:19:12	01:24:41
143	30		Filipe Dias	-	SEN	Portugal	19	00:26:46	105	00:02:01	124	02:47:11	85	00:01:09	225	02:02:03	05:19:13	01:24:42
144	158		Marco Cerruti	-	SEN	Italy	80	00:31:58	129	00:02:16	92	02:42:27	187	00:01:42	219	02:00:59	05:19:25	01:24:54
145	159		Rodrigo Costa	-	SEN	Portugal	13	00:26:19	55	00:01:38	162	02:53:15	137	00:01:24	201	01:56:47	05:19:26	01:24:55

Data:	27-09-2015	Hora:	08h00	Local:	Cascais					
Natação	1.900 mt	PT1:	0 mt	Ciclismo:	90.000 mt	PT2:	0 mt	Corrida:	21.100 mt	

Ranking:	Prova Aberta	Hora de Partida:	07h58
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	PT1	P	Ciclism	P	PT2	P	Corrida	Total	Diff
146	290		Miguel Tolda	-	V1	Portugal	176	00:36:02	259	00:04:39	80	02:40:53	264	00:03:02	191	01:55:04	05:19:41	01:25:10
147	71		Rui Cabral	-	V1	Portugal	170	00:35:52	173	00:02:38	190	02:58:11	196	00:01:48	95	01:41:15	05:19:46	01:25:15
148	288		Nuno Dias	-	SEN	Portugal	132	00:34:27	244	00:03:47	145	02:49:26	258	00:02:42	162	01:51:09	05:21:33	01:27:02
149	165		Bruno Silva	-	V1	Portugal	159	00:35:39	122	00:02:10	177	02:55:30	21	00:00:51	143	01:47:50	05:22:01	01:27:30
150	178		Hugo Miguel Fonseca	-	SEN	Portugal	122	00:34:04	65	00:01:45	178	02:55:30	6	00:00:44	158	01:50:27	05:22:32	01:28:01
151	202		André Cunha	-	V2	Portugal	191	00:37:20	207	00:03:06	175	02:55:12	249	00:02:34	117	01:44:21	05:22:34	01:28:03
152	28		Luís Santos	-	V2	Portugal	130	00:34:22	131	00:02:17	143	02:49:21	159	00:01:31	196	01:55:50	05:23:23	01:28:52
153	212		Marco Cruz	-	V1	Portugal	187	00:37:10	94	00:01:55	41	02:33:23	99	00:01:15	243	02:09:41	05:23:27	01:28:55
154	246		Edward Kelly	-	SEN	Ireland	141	00:34:49	257	00:04:29	73	02:38:29	265	00:03:15	227	02:02:31	05:23:34	01:29:03
155	304		Alex Ribeiro	-	SEN	Portugal	239	00:41:40	144	00:02:25	160	02:52:40	261	00:02:55	121	01:44:34	05:24:17	01:29:46
156	59		Pedro Antunes	-	V1	Portugal	31	00:28:59	43	00:01:31	166	02:53:51	140	00:01:25	212	01:58:31	05:24:18	01:29:47
157	139		Pedro Morais	-	V1	Portugal	162	00:35:42	181	00:02:47	185	02:57:03	113	00:01:17	140	01:47:31	05:24:22	01:29:51
158	244		João Costa	-	V1	Portugal	222	00:40:08	260	00:04:45	137	02:48:14	111	00:01:17	155	01:49:58	05:24:24	01:29:52
159	277		Luis Silva	-	V1	Portugal	35	00:29:27	234	00:03:32	199	02:59:42	132	00:01:23	159	01:50:29	05:24:34	01:30:03
160	68		Pedro Moreira	-	SEN	Portugal	194	00:37:25	164	00:02:34	83	02:40:59	205	00:01:51	223	02:01:44	05:24:35	01:30:03
161	259		Helder Soares	-	SEN	Portugal	202	00:38:11	228	00:03:26	121	02:46:26	257	00:02:41	180	01:53:52	05:24:37	01:30:06
162	112		Joana Fortuna	-	SEN	Portugal	93	00:32:31	54	00:01:38	184	02:56:12	12	00:00:49	179	01:53:32	05:24:43	01:30:12
163	214		Miguel Beja	-	SEN	Portugal	264	00:46:45	147	00:02:27	128	02:47:38	209	00:01:57	129	01:46:00	05:24:48	01:30:17
164	239		NUNO BALULA	-	V1	Portugal	226	00:40:17	220	00:03:19	205	03:00:24	75	00:01:07	87	01:39:53	05:25:01	01:30:30
165	113		João Mouta	-	SEN	Portugal	113	00:33:39	89	00:01:54	207	03:01:26	39	00:00:57	137	01:47:11	05:25:09	01:30:37
166	45		Paulo Jorge Santos	-	V3	Portugal	134	00:34:35	218	00:03:17	163	02:53:16	250	00:02:35	164	01:51:33	05:25:18	01:30:46
167	24		Vitor Preto da Silva	-	V3	Portugal	66	00:31:14	217	00:03:17	135	02:48:08	189	00:01:43	221	02:01:27	05:25:51	01:31:19
168	283		Pedro Sebastião	-	V1	Portugal	166	00:35:48	235	00:03:33	193	02:58:37	215	00:01:59	130	01:46:00	05:26:00	01:31:28
169	193		Vitor Grilo	-	V2	Portugal	96	00:32:32	254	00:04:23	200	02:59:51	259	00:02:45	134	01:46:35	05:26:08	01:31:37
170	171		Ana Pereira	-	V1	Portugal	199	00:38:04	59	00:01:41	189	02:57:36	30	00:00:54	148	01:48:26	05:26:42	01:32:11
171	136		Jorge Leal	-	SEN	Portugal	242	00:42:11	138	00:02:22	159	02:52:18	136	00:01:24	147	01:48:25	05:26:43	01:32:11
172	12		Ivo Pona	-	SEN	Portugal	168	00:35:50	37	00:01:28	122	02:46:55	104	00:01:16	220	02:01:21	05:26:51	01:32:20
173	280		Nuno Pereira	-	SEN	Portugal	153	00:35:27	191	00:02:56	230	03:07:35	148	00:01:29	84	01:39:29	05:26:57	01:32:26
174	289		Rizerio Salgado	-	V4	Portugal	208	00:38:51	188	00:02:52	211	03:01:52	170	00:01:35	101	01:41:52	05:27:05	01:32:33

Data:	27-09-2015	Hora:	08h00	Local:	Cascais						
Natação	1.900 mt	PT1:	0 mt	Ciclismo:	90.000 mt	PT2:	0 mt	Corrida:	21.100 mt		

Ranking:	Prova Aberta	Hora de Partida:	07h58
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	PT1	P	Ciclism	P	PT2	P	Corrida	Total	Diff
175	146		Cristina Pereira	-	SEN	Portugal	133	00:34:31	195	00:02:58	222	03:04:45	93	00:01:12	118	01:44:31	05:27:58	01:33:27
176	316		Nuno Espanha	-	SEN	Spain	206	00:38:37	201	00:03:04	174	02:55:07	208	00:01:54	153	01:49:32	05:28:16	01:33:45
177	262		Filipe Martins	-	SEN	Portugal	104	00:33:02	236	00:03:34	197	02:59:32	240	00:02:19	154	01:49:55	05:28:24	01:33:53
178	96		Pedro Ribeiro da Cunha	-	SEN	Portugal	183	00:36:51	113	00:02:06	154	02:51:52	246	00:02:25	195	01:55:47	05:29:03	01:34:32
179	294		Luis Grilo	-	V2	Portugal	224	00:40:09	171	00:02:37	148	02:49:50	201	00:01:50	190	01:54:58	05:29:27	01:34:56
180	50		Pedro Ventura	-	SEN	Portugal	235	00:41:16	172	00:02:37	198	02:59:35	198	00:01:49	120	01:44:32	05:29:51	01:35:20
181	221		Sérgio Batalha	-	V2	Portugal	232	00:40:47	248	00:04:04	150	02:51:12	66	00:01:05	173	01:52:52	05:30:01	01:35:30
182	177		Tamára Branco	-	S23	Portugal	56	00:30:40	41	00:01:30	216	03:02:31	63	00:01:04	185	01:54:22	05:30:08	01:35:37
183	151		José Massaça	-	V1	Portugal	197	00:38:01	238	00:03:37	182	02:55:47	81	00:01:08	165	01:51:34	05:30:09	01:35:38
184	109		António Joaquim Reis	-	V3	Portugal	227	00:40:30	75	00:01:49	146	02:49:31	110	00:01:17	209	01:57:59	05:31:08	01:36:36
185	321		Jordi Rodriguez cayuelas	-	SEN	Spain	217	00:39:36	186	00:02:50	165	02:53:26	192	00:01:45	182	01:53:58	05:31:38	01:37:06
186	254		Eladio Manuel	-	V1	Portugal	254	00:43:59	264	00:05:00	132	02:47:53	230	00:02:08	170	01:52:37	05:31:39	01:37:08
187	93		Pedro Ortigoso Lopes	-	SEN	Portugal	45	00:30:09	121	00:02:10	183	02:56:12	169	00:01:35	224	02:01:57	05:32:04	01:37:33
188	303		F Javier Lozano Benitez	-	V1	Spain	228	00:40:31	154	00:02:31	158	02:52:13	190	00:01:44	192	01:55:34	05:32:35	01:38:03
189	219		Paulo Soares	-	SEN	Portugal	251	00:43:42	200	00:03:01	223	03:04:52	108	00:01:17	88	01:40:08	05:33:02	01:38:31
190	181		Luís Rocha	-	V1	Portugal	154	00:35:30	157	00:02:32	206	03:01:17	217	00:02:00	166	01:51:51	05:33:11	01:38:40
191	273		Miguel Reynolds Brandão	-	SEN	Portugal	126	00:34:16	231	00:03:28	209	03:01:43	95	00:01:13	177	01:53:14	05:33:54	01:39:23
192	226		Pedro Pina	-	SEN	Portugal	85	00:32:04	253	00:04:22	226	03:06:33	197	00:01:49	152	01:49:12	05:34:02	01:39:31
193	55		Christophe Ferreira	-	V1	Portugal	256	00:45:19	222	00:03:20	139	02:48:45	220	00:02:01	188	01:54:53	05:34:20	01:39:49
194	42		Bruno Toscano	-	SEN	Portugal	247	00:43:14	206	00:03:06	161	02:52:40	128	00:01:22	183	01:54:00	05:34:24	01:39:52
195	155		António Vitorino	-	V2	Portugal	240	00:41:44	212	00:03:10	233	03:08:44	105	00:01:16	85	01:39:41	05:34:37	01:40:05
196	306		Ricardo Cabral	-	SEN	Portugal	230	00:40:39	243	00:03:46	131	02:47:47	236	00:02:14	218	02:00:31	05:34:58	01:40:27
197	276		Paulo Nascimento	-	SEN	Portugal	46	00:30:11	267	00:05:29	258	03:16:19	203	00:01:50	97	01:41:19	05:35:10	01:40:39
198	82		Carlos Abrunhosa	-	V2	Portugal	213	00:39:26	187	00:02:51	192	02:58:23	195	00:01:48	172	01:52:47	05:35:18	01:40:47
199	131		Duarte Martins	-	SEN	Portugal	38	00:29:45	40	00:01:29	114	02:45:10	199	00:01:49	254	02:17:56	05:36:12	01:41:41
200	249		Gonçalo Saint-Maurice	-	SEN	Portugal	43	00:30:08	233	00:03:31	248	03:11:51	248	00:02:32	149	01:48:27	05:36:31	01:42:00
201	14		Friederike Mayer	-	V1	Germany	151	00:35:23	241	00:03:44	194	02:59:00	142	00:01:26	207	01:57:18	05:36:52	01:42:21
202	234		Rainer Hoffmann	-	V2	Germany	181	00:36:23	169	00:02:36	164	02:53:23	135	00:01:23	231	02:03:24	05:37:12	01:42:41
203	255		João Jesus	-	V1	Portugal	115	00:33:40	209	00:03:09	215	03:02:25	242	00:02:23	194	01:55:46	05:37:24	01:42:53

Data:	27-09-2015	Hora:	08h00	Local:	Cascais					
Natação	1.900 mt	PT1:	0 mt	Ciclismo:	90.000 mt	PT2:	0 mt	Corrida:	21.100 mt	

Ranking:	Prova Aberta	Hora de Partida:	07h58
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	PT1	P	Ciclism	P	PT2	P	Corrida	Total	Diff
204	53		Vitor Andade	-	V1	Portugal	255	00:45:17	202	00:03:04	107	02:43:46	219	00:02:00	232	02:03:44	05:37:53	01:43:22
205	150		Helder Gonçalves Ribeiro	-	V1	Portugal	263	00:46:03	136	00:02:21	220	03:04:07	119	00:01:19	123	01:44:45	05:38:38	01:44:06
206	186		Angelo Felgueiras	-	V3	Portugal	258	00:45:43	163	00:02:34	208	03:01:38	97	00:01:15	142	01:47:45	05:38:57	01:44:26
207	123		José Luís Almeida	-	V2	Portugal	186	00:37:08	168	00:02:36	210	03:01:46	149	00:01:29	200	01:56:37	05:39:37	01:45:06
208	311		Alexandre Cameira	-	V2	France	164	00:35:47	239	00:03:38	172	02:54:58	268	00:03:36	222	02:01:40	05:39:41	01:45:09
209	310		Carlos Pereira	-	V2	Portugal	123	00:34:07	262	00:04:58	235	03:08:57	191	00:01:44	157	01:50:19	05:40:07	01:45:36
210	122		Luís Deus	-	V3	Portugal	223	00:40:09	246	00:03:52	213	03:01:54	82	00:01:08	181	01:53:55	05:41:00	01:46:28
211	231		Flávio Figueiredo	-	SEN	Portugal	114	00:33:39	184	00:02:48	225	03:05:22	123	00:01:20	210	01:58:06	05:41:17	01:46:46
212	266		Vitor Cunha	-	V2	Portugal	268	00:49:07	224	00:03:21	167	02:53:53	233	00:02:11	174	01:53:02	05:41:36	01:47:05
213	242		JULIO MARTINEZ	-	V2	Spain	196	00:37:40	96	00:01:56	181	02:55:46	234	00:02:12	234	02:05:58	05:43:33	01:49:02
214	251		Pedro Guedes	-	V1	Portugal	203	00:38:17	170	00:02:37	228	03:07:12	147	00:01:28	186	01:54:24	05:44:01	01:49:30
215	23		Tiago Sousa	-	SEN	Portugal	137	00:34:40	82	00:01:52	241	03:10:15	19	00:00:51	205	01:57:10	05:44:51	01:50:20
216	245		João Santos	-	SEN	Portugal	236	00:41:25	240	00:03:42	218	03:03:16	232	00:02:11	184	01:54:15	05:44:51	01:50:20
217	228		Roberto Cid	-	V1	Spain	173	00:35:59	213	00:03:10	196	02:59:19	237	00:02:14	233	02:04:18	05:45:02	01:50:31
218	284		Daniel Luengo Velasco	-	SEN	Spain	179	00:36:06	223	00:03:20	232	03:08:43	129	00:01:22	193	01:55:42	05:45:15	01:50:44
219	17		João Santos	-	V3	Portugal	83	00:32:01	139	00:02:23	201	03:00:00	225	00:02:06	240	02:08:58	05:45:30	01:50:58
220	38		Karin Omberg	-	V2	Sweden	180	00:36:11	160	00:02:32	238	03:09:24	50	00:01:00	203	01:56:57	05:46:06	01:51:35
221	69		Filipa Oliveira	-	V1	Portugal	155	00:35:31	130	00:02:17	245	03:10:41	125	00:01:20	204	01:57:02	05:46:52	01:52:21
222	118		Duarte Almeida	-	V2	Portugal	260	00:45:45	151	00:02:29	130	02:47:45	204	00:01:51	242	02:09:38	05:47:30	01:52:59
223	183		Elisabete Sousa	-	V1	Portugal	163	00:35:43	102	00:01:59	244	03:10:39	144	00:01:27	211	01:58:10	05:48:00	01:53:29
224	25		José Pinto Coelho	-	SEN	Portugal	175	00:36:00	159	00:02:32	250	03:12:07	158	00:01:31	197	01:56:00	05:48:11	01:53:40
225	232		Miguel Pisco	-	V3	Portugal	270	00:51:43	265	00:05:19	170	02:54:42	270	00:05:16	163	01:51:23	05:48:25	01:53:54
226	138		Luis Tavares	-	V2	Portugal	185	00:37:02	204	00:03:05	155	02:51:53	218	00:02:00	252	02:14:32	05:48:34	01:54:03
227	88		Jorge Carreiras	-	V2	Portugal	238	00:41:33	178	00:02:39	203	03:00:11	115	00:01:18	230	02:02:59	05:48:41	01:54:10
228	102		Vitor Cabrita	-	V2	Portugal	160	00:35:40	237	00:03:37	253	03:13:19	269	00:04:23	167	01:52:07	05:49:08	01:54:37
229	13		Joao Paulo Cardoso	-	SEN	Portugal	189	00:37:15	198	00:03:00	229	03:07:15	194	00:01:47	216	02:00:06	05:49:24	01:54:53
230	86		António Martinho	-	V3	Portugal	100	00:32:41	192	00:02:57	257	03:15:18	182	00:01:40	206	01:57:14	05:49:51	01:55:20
231	191		Paulo Batista	-	V3	Portugal	245	00:42:43	137	00:02:21	217	03:02:39	229	00:02:08	217	02:00:16	05:50:08	01:55:37
232	256		Mariano Tonello	-	V2	Argentina	167	00:35:49	256	00:04:28	169	02:54:26	226	00:02:06	250	02:13:27	05:50:19	01:55:47

Data:	27-09-2015	Hora:	08h00	Local:	Cascais						
Natação	1.900 mt	PT1:	0 mt	Ciclismo:	90.000 mt	PT2:	0 mt	Corrida:	21.100 mt		
Ranking:	Prova Aberta		Hora de Partida:		07h58						

Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	PT1	P	Ciclism	P	PT2	P	Corrida	Total	Diff
233	142		Jorge Bernardo	-	V1	Portugal	209	00:38:55	232	00:03:28	254	03:13:26	150	00:01:29	175	01:53:08	05:50:27	01:55:56
234	15		Gonçalo Sousa	-	V1	Portugal	237	00:41:26	115	00:02:07	188	02:57:26	76	00:01:07	241	02:09:22	05:51:30	01:56:59
235	144		Emma Yates	-	V1	United Kingdom	221	00:39:59	175	00:02:39	231	03:08:35	214	00:01:59	214	01:58:49	05:52:02	01:57:31
236	308		Tiago Faneca	-	V1	Portugal	172	00:35:56	101	00:01:58	212	03:01:54	241	00:02:20	248	02:10:40	05:52:50	01:58:19
237	222		Nuno Alves	-	SEN	Portugal	152	00:35:26	242	00:03:45	186	02:57:10	255	00:02:38	251	02:13:53	05:52:54	01:58:23
238	238		NAIARA HERNANDEZ	-	SEN	Spain	193	00:37:23	255	00:04:27	243	03:10:25	256	00:02:39	213	01:58:42	05:53:38	01:59:07
239	180		Tiago Avelãs	-	V1	Portugal	243	00:42:35	109	00:02:04	214	03:02:10	139	00:01:24	235	02:06:07	05:54:23	01:59:52
240	307		Eduardo Silva Anes	-	V3	Portugal	250	00:43:40	269	00:06:04	171	02:54:56	245	00:02:25	238	02:07:34	05:54:41	02:00:09
241	135		João Martins	-	SEN	Portugal	131	00:34:26	211	00:03:09	237	03:09:07	155	00:01:30	239	02:07:35	05:55:49	02:01:18
242	322		Ismael Teixeira	-	V1	Portugal	262	00:45:54	250	00:04:13	224	03:05:14	221	00:02:02	215	01:59:19	05:56:44	02:02:13
243	117		David Lúcio Mendes	-	V2	Portugal	229	00:40:36	245	00:03:50	204	03:00:11	223	00:02:03	247	02:10:21	05:57:02	02:02:31
244	312		Linda Mensova	-	SEN	Czech Republic	210	00:39:09	190	00:02:54	221	03:04:13	193	00:01:45	244	02:10:01	05:58:05	02:03:34
245	121		Pedro Almeida	-	SEN	Portugal	248	00:43:26	214	00:03:11	227	03:06:55	251	00:02:35	229	02:02:53	05:59:02	02:04:31
246	78		Filipe Horta	-	V3	Portugal	36	00:29:30	120	00:02:09	239	03:09:31	157	00:01:31	257	02:19:00	06:01:43	02:07:12
247	270		João Carlos Gonçalves	-	V2	Portugal	233	00:40:48	251	00:04:21	249	03:12:03	260	00:02:49	226	02:02:18	06:02:20	02:07:49
248	257		J. OSCAR SARMIENTO	-	SEN	Spain	190	00:37:16	229	00:03:27	247	03:11:44	254	00:02:38	246	02:10:15	06:05:22	02:10:50
249	114		José Bonito	-	V2	Portugal	257	00:45:39	197	00:03:00	173	02:55:01	210	00:01:58	260	02:21:07	06:06:46	02:12:14
250	92		Gonçalo Filipe Simões	-	SEN	Portugal	252	00:43:43	183	00:02:48	251	03:12:12	253	00:02:36	236	02:06:15	06:07:37	02:13:05
251	248		Vasco Costa	-	SEN	Portugal	158	00:35:38	155	00:02:31	242	03:10:21	112	00:01:17	256	02:18:32	06:08:21	02:13:49
252	241		Pedro Xavier	-	SEN	Portugal	218	00:39:44	227	00:03:26	259	03:17:17	180	00:01:38	237	02:06:49	06:08:56	02:14:25
253	83		Fernanda Ferreira	-	SEN	Portugal	259	00:45:44	194	00:02:57	264	03:25:10	107	00:01:17	208	01:57:44	06:12:54	02:18:23
254	320		Paulo Moniz	-	V1	Portugal	192	00:37:20	252	00:04:22	236	03:09:03	243	00:02:24	259	02:19:58	06:13:10	02:18:39
255	79		João Rodrigues Silva	-	V3	Portugal	39	00:29:46	210	00:03:09	261	03:20:01	207	00:01:52	258	02:19:13	06:14:04	02:19:32
256	18		José Luis Correia	-	V4	Portugal	58	00:30:46	193	00:02:57	255	03:14:13	239	00:02:17	264	02:24:05	06:14:20	02:19:49
257	176		Stephanie Seddon-Brown	-	V1	Belgium	198	00:38:02	93	00:01:55	256	03:14:45	168	00:01:35	255	02:18:18	06:14:37	02:20:06
258	207		Fernanda Marques	-	V1	Portugal	188	00:37:14	230	00:03:28	270	03:46:38	162	00:01:32	151	01:49:10	06:18:05	02:23:33
259	167		Rui Ferreira	-	V1	Portugal	266	00:48:12	247	00:03:52	252	03:12:56	213	00:01:59	249	02:12:51	06:19:52	02:25:21
260	179		Carlos Albano Silva	-	V1	Portugal	231	00:40:45	86	00:01:54	240	03:09:53	174	00:01:36	265	02:26:32	06:20:42	02:26:10
261	263		Miguel San-Payo	-	V3	Portugal	216	00:39:30	263	00:04:58	265	03:26:15	263	00:03:01	245	02:10:10	06:23:56	02:29:24

Data:	27-09-2015	Hora:	08h00	Local:	Cascais						
Natação	1.900 mt	PT1:	0 mt	Ciclismo:	90.000 mt	PT2:	0 mt	Corrida:	21.100 mt		
Ranking:	Prova Aberta		Hora de Partida:		07h58						

Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	PT1	P	Ciclism	P	PT2	P	Corrida	Total	Diff
262	224		Alexandre Lopes	-	SEN	Portugal	267	00:48:42	208	00:03:07	246	03:11:18	96	00:01:14	262	02:22:09	06:26:31	02:32:00
263	94		Pedro Borges Coelho	-	V1	Portugal	207	00:38:40	108	00:02:04	260	03:17:35	202	00:01:50	266	02:26:45	06:26:57	02:32:25
264	252		Rui Trombinhas	-	SEN	Portugal	265	00:47:17	205	00:03:06	234	03:08:51	133	00:01:23	267	02:27:19	06:27:57	02:33:25
265	260		NUNO SOUSA	-	SEN	Portugal	205	00:38:27	221	00:03:19	267	03:35:23	231	00:02:10	253	02:14:39	06:33:59	02:39:28
266	87		Esmeralda Câmara	-	SEN	Portugal	261	00:45:49	166	00:02:36	263	03:21:41	181	00:01:38	269	02:35:39	06:47:25	02:52:54
267	296		David Rebolledo Vila	-	V1	Spain	246	00:43:01	266	00:05:20	262	03:21:05	267	00:03:23	270	02:39:21	06:52:13	02:57:41
268	233		Humberto Rosa	-	SEN	Portugal	253	00:43:55	268	00:05:54	269	03:42:36	152	00:01:29	263	02:22:26	06:56:22	03:01:51
269	237		Stephan Toivonen	-	V5	Finland	249	00:43:38	261	00:04:49	266	03:31:55	266	00:03:16	268	02:35:31	06:59:11	03:04:40
270	293		Rita Manso	-	V1	Portugal	269	00:49:37	270	00:07:13	268	03:38:41	262	00:02:57	261	02:21:59	07:00:30	03:05:59
	49		Nuno Russo	DQ	V5	Portugal	263	00:45:57	265	00:05:18	269	03:42:35	269	00:03:42	166	01:51:46	06:29:20	02:34:49
	201		André Cid	DQ	V1	Portugal	206	00:38:30	171	00:02:37	167	02:53:53	260	00:02:49	2	00:43:02	04:20:52	00:26:21
	33		Carlos Dias	DNF	V4	Portugal		00:30:47		00:02:31		02:43:43		00:01:35				-
	47		Ulisses Lopes	DNF	V1	Portugal		00:39:04		00:02:12		03:26:02		00:03:12				-
	54		João Vaz Lima	DNF	V1	Portugal		00:33:11		00:03:42		03:00:26		00:04:12				-
	208		Gary Blesson	DNF	V3	United Kingdom		00:34:16		00:01:31		02:35:16		00:01:03				-
	60		Gonçalo Neves	DNF	V1	Portugal		00:26:52		00:01:26		02:36:56		00:00:58				-
	64		Francisco Bexiga	DNF	V4	Portugal		00:40:21		00:04:09		03:10:05		00:04:00				-
	85		André Jesus	DNF	SEN	Portugal		00:32:01		00:01:09								-
	120		Nuno Ricardo Santos	DNF	V2	Portugal		00:37:01		00:02:55		01:52:45						-
	111		Faber Martins	DNF	V2	Brasil		00:33:11		00:02:35								-
	119		Luis Miguel Miranda	DNF	V1	Portugal		00:33:21		00:01:31		02:36:53		00:00:53				-
	217		Patrícia Leite	DNF	SEN	Portugal		00:35:57		00:02:01		03:06:31		00:00:57				-
	134		Luís Sousa	DNF	SEN	Portugal		00:35:21		00:01:47		02:32:08		00:01:18				-
	143		Julio Nunes	DNF	V2	Portugal		00:36:47		00:03:25		02:24:20		00:05:08				-
	200		Adriano Gouveia	DNF	V1	Portugal		00:35:44		00:02:34		02:56:55		00:01:41				-
	274		Duarte Marques	DNF	SEN	Portugal		00:23:58		00:00:58		02:30:39		00:00:47				-
	188		Luis Filipe Silva	DNF	V4	Portugal		00:53:16		00:03:49		03:22:33		00:04:21				-
	278		Luis Sarmiento	DNF	V2	Portugal		00:30:20		00:02:59		02:50:23		00:01:26				-
	264		VASCO BRINCA	DNF	V1	Portugal		00:41:26		00:15:10								-

Data:	27-09-2015	Hora:	08h00	Local:	Cascais							
Natação	1.900 mt	PT1:	0 mt	Ciclismo:	90.000 mt	PT2:	0 mt	Corrida:	21.100 mt			
Ranking:	Prova Aberta		Hora de Partida:		07h58							

Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	PT1	P	Ciclism	P	PT2	P	Corrida	Total	Diff
	282		João Cunha Rego	DNF	V1	Portugal		00:39:35		00:03:34		03:22:22		00:01:47				-
	227		Pedro Cruz	DNF	SEN	Portugal		00:36:09		00:03:43								-
	39		Rui Fernandes	DNS	V1	Portugal												-
	40		Rui Pedro Madruga	DNS	SEN	Portugal												-
	41		Ricardo do Canto	DNS	V1	Portugal												-
	44		Miguel Velez	DNS	V3	Portugal												-
	56		João Albuquerque	DNS	V3	Portugal												-
	110		Edinson Sanchez	DNS	SEN	Venezuela												-
	124		João Martins	DNS	V2	Portugal												-
	132		Paulo Esteves Pereira	DNS	V1	Portugal												-
	182		António Gouveia	DNS	V1	Portugal												-
	185		Luis Manuel Martins	DNS	V3	Portugal												-
	195		António Ervideira	DNS	V2	Portugal												-
	250		Paulo Jorge Ribeiro	DNS	V3	Portugal												-
	287		Carlos Serra	DNS	V2	Portugal												-
	230		David Maman	DNS	V2	Israel												-
	236		Giambattista Colombo	DNS	V1	Italy												-
	261		Nuno Bernardo	DNS	V1	Portugal												-
	229		Vitor Fernandes	DNS	V1	Portugal												-
	225		Luis Pissarra	DNS	V1	Portugal												-
	295		Hugo Novais	DNS	SEN	Portugal												-
	314		João Duarte	DNS	SEN	Portugal												-
	267		JOSE ANGEL DÍAZ	DNS	SEN	Spain												-
	297		Karl Maguire	DNS	SEN	Ireland												-
	253		Javier Galindo	DNS	SEN	Spain												-