

Local da Prova: **Abrantes**

Data: **13.02.2022**

Hora da Partida: **10:31:19**

Distancias: Corrida - 4700

Ciclismo - 18700

Corrida - 2700

**Classificação Absoluta - Masculinos**

#	Lic.	Dors.	Nome	Esc.	Equipa	Corrida	T1	Ciclismo	T2	Corrida	T.Total	Diff.
1	100666	3156	François Vie	20-24	Alhandra Sporting Club	00:14:42	00:00:27	00:37:43	00:00:29	00:09:06	01:02:27	00:00:00
2	102465	2619	António Barata	20-24	Sport Lisboa e Benfica	00:14:39	00:00:29	00:38:06	00:00:29	00:08:56	01:02:39	00:00:12
3	103658	4290	Nelson Gomes	40-44	G.D.GOMA	00:14:40	00:00:35	00:39:59	00:00:38	00:09:00	01:04:52	00:02:25
4	100436	3412	Rui Dolores	35-39	AMICICLO GRÂNDOLA	00:14:56	00:00:31	00:39:46	00:00:29	00:09:11	01:04:53	00:02:26
5	103128	4222	David Coelho	40-44	SFRAA TRIATLO	00:15:02	00:00:36	00:40:07	00:00:32	00:09:12	01:05:29	00:03:02
6	100835	3708	Octávio Vicente	35-39	Tramagal Sport União	00:15:07	00:00:28	00:40:10	00:00:32	00:09:32	01:05:49	00:03:22
7	101511	3970	Renato Teixeira	25-29	G.D.GOMA	00:15:05	00:00:36	00:40:31	00:00:32	00:09:08	01:05:52	00:03:25
8	101836	5588	Luís Cancela	45-49	Tramagal Sport União	00:15:33	00:00:40	00:39:35	00:00:39	00:10:07	01:06:34	00:04:07
9	103353	3230	João Jesus	30-34	AMICICLO GRÂNDOLA	00:15:25	00:00:36	00:40:32	00:00:30	00:09:48	01:06:51	00:04:24
10	101861	3344	Nuno Carvalho	35-39	Outsystems Olímpico de Oeiras	00:15:26	00:00:46	00:40:03	00:00:43	00:09:56	01:06:54	00:04:27
11	102222	3815	Ricardo Rosado	35-39	Núcleo do Sporting da Golegã	00:15:22	00:00:40	00:40:37	00:00:35	00:09:59	01:07:13	00:04:46
12	100425	2523	Hugo Baluga	25-29	AMICICLO GRÂNDOLA	00:15:46	00:00:34	00:41:05	-	-	01:07:35	00:05:08
13	100611	4897	Pedro Carreira	40-44	Peniche A. C.	00:15:27	00:00:33	00:41:29	-	-	01:07:38	00:05:11
14	100588	3261	Nuno Preciado	35-39	SFRAA TRIATLO	00:15:13	00:00:40	00:42:08	-	-	01:08:09	00:05:42
15	104541	3657	David Preciado	25-29	SFRAA TRIATLO	00:15:04	00:00:39	00:42:19	-	-	01:08:22	00:05:55
16	102530	5184	Nuno Silva	40-44	BEST	00:16:06	00:00:41	00:42:01	-	-	01:09:18	00:06:51
17	105550	3661	Fábio Durão	30-34	Individual	00:15:22	00:00:55	00:43:12	-	-	01:09:40	00:07:13
18	108132	3235	Pedro Bastos	30-34	BEST	00:16:15	00:00:51	00:41:46	-	-	01:09:43	00:07:16
19	108099	8092	Carlos Filipe	35-39	BEST	00:17:05	00:01:07	00:41:01	-	-	01:10:21	00:07:54
20	104052	4315	Adelino Soutinho	40-44	G.D.GOMA	00:16:07	00:00:50	00:42:52	-	-	01:10:25	00:07:58
21	106936	2743	Rui Matias	25-29	SFRAA TRIATLO	00:16:31	00:00:48	00:41:58	-	-	01:10:32	00:08:05
22	108168	5744	Luís Rufino	40-44	Tramagal Sport União	00:16:11	00:00:49	00:42:40	-	-	01:10:40	00:08:13
23	100429	2238	Luís Marques	JUN	AMICICLO GRÂNDOLA	00:15:46	00:00:40	00:43:04	-	-	01:10:42	00:08:15
24	105354	2278	Pedro Carvalho	JUN	Sport Lisboa e Benfica	00:15:06	00:00:33	00:45:12	-	-	01:10:42	00:08:15
25	102552	3268	João Menino	20-24	Sport Lisboa e Benfica	00:17:18	00:00:31	00:41:27	-	-	01:10:43	00:08:16
26	103659	4367	José Peixoto	50-54	G.D.GOMA	00:15:50	00:00:45	00:43:54	-	-	01:10:54	00:08:27
27	100824	4515	Luis Almeida	50-54	Outsystems Olímpico de Oeiras	00:16:22	00:00:45	00:43:21	-	-	01:11:02	00:08:35
28	102225	1855	Tiago Margarido	CAD	Sport Lisboa e Benfica	00:16:11	00:00:34	00:43:02	-	-	01:11:03	00:08:36

**Classificação Absoluta - Masculinos**

#	Lic.	Dors.	Nome	Esc.	Equipa	Corrida	T1	Ciclismo	T2	Corrida	T.Total	Diff.
29	108325	3356	André Ferreira	35-39	GDCR - Grupo Desportivo e Cultural de Recardães	00:17:15	00:00:54	00:41:04	-	-	01:11:06	00:08:39
30	103344	4953	Nuno Rocha	45-49	Mirachoro Hotels - CCP - Churrasqueira do Vau	00:17:02	00:00:44	00:42:12	-	-	01:11:08	00:08:41
31	108167	8096	Bruno Camacho	20-24	AMICICLO GRÂNDOLA	00:16:36	00:00:50	00:42:55	-	-	01:11:30	00:09:03
32	107382	2883	André Bernardino	25-29	Exército de Portugal	00:16:25	00:00:44	00:43:11	-	-	01:11:37	00:09:10
33	100437	4773	Rui Gonçalves	45-49	REPSOL TRIATLO	00:16:26	00:00:58	00:43:48	-	-	01:11:49	00:09:22
34	101702	4584	António Ferreira	55-59	Individual	00:16:35	00:00:47	00:43:43	-	-	01:12:40	00:10:13
35	103335	1879	David Fernandes	CAD	Clube Triatlo de Abrantes	00:16:23	00:00:43	00:44:03	-	-	01:12:48	00:10:21
36	104242	5270	Luís Cordeiro	40-44	SFRAA TRIATLO	00:17:56	00:00:51	00:42:38	00:00:47	00:11:05	01:13:17	00:10:50
37	102183	4482	Arlindo Brás	50-54	Clube Triatlo de Abrantes	00:17:00	00:00:56	00:44:25	-	-	01:13:44	00:11:17
38	108170	5745	Daniel Simões	50-54	Tramagal Sport União	00:17:06	00:00:46	00:44:39	00:00:47	00:10:28	01:13:46	00:11:19
39	106567	4455	Nuno Lopes	40-44	Núcleo do Sporting da Golegã	00:16:42	00:00:46	00:44:52	-	-	01:14:04	00:11:37
40	100283	2993	João Maria Inácio	20-24	Pimpões Triatlo	00:18:01	00:01:00	00:44:11	00:00:42	00:10:26	01:14:20	00:11:53
41	107126	2788	José Cardinho	35-39	Clube de Futebol Os Belenenses	00:17:37	00:00:58	00:44:00	00:00:53	00:10:58	01:14:26	00:11:59
42	100432	4015	Miguel Garcia	45-49	AMICICLO GRÂNDOLA	00:17:19	00:00:48	00:44:58	00:00:41	00:10:45	01:14:31	00:12:04
43	105999	2269	Rafael Alemão	JUN	Mirachoro Hotels - CCP - Churrasqueira do Vau	00:15:48	00:00:53	00:46:52	-	-	01:14:33	00:12:06
44	106790	4780	Davide Silva	40-44	DAR-Recardães EXPansion	00:16:34	00:00:43	00:45:33	-	-	01:14:37	00:12:10
45	101922	4611	Orlando Marques	40-44	Exército de Portugal	00:18:06	00:00:53	00:44:18	00:00:45	00:11:18	01:15:20	00:12:53
46	101008	4105	Mario Pires	45-49	Clube de Futebol Os Belenenses	00:17:03	00:00:39	00:45:53	00:00:44	00:11:04	01:15:23	00:12:56
47	105926	5571	David Felizardo	40-44	GDCR - Grupo Desportivo e Cultural de Recardães	00:17:14	00:00:47	00:46:31	-	-	01:16:05	00:13:38
48	107251	2211	Bernardo Magina	JUN	Clube de Futebol Os Belenenses	00:15:59	00:01:00	00:48:44	00:00:43	00:09:46	01:16:12	00:13:45
49	108186	1505	Simão Andrez	CAD	Mirachoro Hotels - CCP - Churrasqueira do Vau	00:17:37	00:01:02	00:45:17	-	-	01:16:20	00:13:53
50	106593	4009	Paulo Santos	45-49	Mirachoro Hotels - CCP - Churrasqueira do Vau	00:17:32	00:00:47	00:45:36	00:00:59	00:11:27	01:16:21	00:13:54
51	104150	4338	António Xavier Pinto	45-49	Clube Fluvial Vilacondense	00:16:44	00:00:57	00:47:11	-	-	01:16:50	00:14:23
52	102599	4099	Fernando Igreja	45-49	Clube Fluvial Vilacondense	00:17:51	00:00:53	00:46:00	-	-	01:16:50	00:14:23
53	105066	5100	Marco Filipe	45-49	BEST	00:17:11	00:01:12	00:47:17	00:00:56	00:10:45	01:17:21	00:14:54
54	103179	4525	Jorge Carvalho	50-54	Clube Oriental de Lisboa	00:18:02	00:00:55	00:46:43	00:00:46	00:10:58	01:17:24	00:14:57
55	106478	5103	João Guerra	40-44	BEST	00:17:53	00:01:10	00:46:35	00:00:57	00:11:42	01:18:17	00:15:50
56	104745	3399	Carlos Matias	30-34	Clube de Futebol Os Belenenses	00:17:04	00:00:37	00:49:51	00:00:29	00:10:17	01:18:18	00:15:51
57	102204	1856	João Mendes	CAD	Clube Triatlo de Abrantes	00:17:37	00:00:36	00:47:10	-	-	01:18:30	00:16:03
58	108263	8095	Bernardo Prazeres	JUN	Tramagal Sport União	00:16:34	00:00:37	00:51:00	00:00:34	00:10:03	01:18:48	00:16:21
59	108242	5762	Luis Marques	55-59	Tramagal Sport União	00:17:41	00:00:58	00:47:46	00:00:50	00:12:01	01:19:16	00:16:49
60	108100	3225	Hugo Medeiros	30-34	BEST	00:18:18	00:00:58	00:48:03	00:00:43	00:12:11	01:20:13	00:17:46
61	100674	4055	Jean-Michel Vie	50-54	Alhandra Sporting Club	00:19:07	00:00:47	00:47:46	00:00:42	00:11:55	01:20:17	00:17:50

**Classificação Absoluta - Masculinos**

#	Lic.	Dors.	Nome	Esc.	Equipa	Corrida	T1	Ciclismo	T2	Corrida	T.Total	Diff.
62	100793	4032	Carlos Gomes	60-64	Outsystems Olímpico de Oeiras	00:17:58	00:01:21	00:49:14	00:00:44	00:11:09	01:20:26	00:17:59
63	101083	4048	Miguel Baltazar	45-49	Individual	00:18:32	00:01:01	00:48:35	00:00:50	00:11:34	01:20:32	00:18:05
64	107829	8098	Paulo Crespo	45-49	BEST	00:18:02	00:01:07	00:49:34	00:00:49	00:11:05	01:20:37	00:18:10
65	102969	1515	Bernardo Mendes	CAD	Sport Lisboa e Benfica	00:17:43	00:00:35	00:50:30	00:00:39	00:11:17	01:20:44	00:18:17
66	103173	4427	Miguel David	50-54	Clube Oriental de Lisboa	00:17:25	00:01:08	00:50:49	00:00:46	00:10:57	01:21:05	00:18:38
67	108303	3348	Jorge Augusto Gil	35-39	Clube Triatlo de Abrantes	00:19:38	00:01:10	00:47:59	00:00:56	00:12:07	01:21:50	00:19:23
68	107643	2955	João Pedro Santos	35-39	BEST	00:18:21	00:01:14	00:49:08	00:01:17	00:12:02	01:22:02	00:19:35
69	101783	5228	Pedro Fernandes	40-44	Clube Oriental de Lisboa	00:18:41	00:01:02	00:50:18	00:01:05	00:11:23	01:22:29	00:20:02
70	100417	4774	Aníbal Oliveira	45-49	AMICICLO GRÂNDOLA	00:18:24	00:01:05	00:50:28	00:00:40	00:11:56	01:22:33	00:20:06
71	108246	3323	Bruno Manuel Rodrigues	30-34	Clube Triatlo de Abrantes	00:19:41	00:01:07	00:47:58	00:00:57	00:12:50	01:22:33	00:20:06
72	100422	2247	David Oliveira	JUN	AMICICLO GRÂNDOLA	00:18:23	00:00:59	00:50:33	00:00:36	00:12:07	01:22:38	00:20:11
73	101011	4382	Paulo Fonseca	50-54	Clube Oriental de Lisboa	00:20:28	00:01:15	00:47:59	00:01:02	00:12:21	01:23:05	00:20:38
74	105143	5115	Luís Santos	40-44	Clube Fluvial Vilacondense	00:19:55	00:01:00	00:48:41	00:00:47	00:12:57	01:23:20	00:20:53
75	102223	5743	Rui Salgueiro	45-49	Tramagal Sport União	00:20:40	00:01:11	00:47:34	00:00:48	00:13:43	01:23:56	00:21:29
76	106381	4405	Rui Pereira	45-49	Peniche A. C.	00:18:13	00:00:59	00:51:55	00:02:05	00:10:57	01:24:09	00:21:42
77	106462	4791	Ruben Barjona	45-49	BEST	00:19:33	00:00:52	00:49:57	00:02:03	00:11:53	01:24:18	00:21:51
78	108321	5783	Nuno André Vilão dos Santos	40-44	DAR-Recardães EXPansion	00:19:34	00:00:53	00:49:20	00:00:48	00:14:28	01:25:03	00:22:36
79	107488	2268	Gonçalo Neves	JUN	Palmela Desporto / Tripla Rotação	00:18:22	00:00:53	00:53:08	00:00:43	00:11:57	01:25:03	00:22:36
80	106836	1826	António Salvador	CAD	Palmela Desporto / Tripla Rotação	00:18:20	00:00:56	00:53:08	00:00:42	00:11:58	01:25:04	00:22:37
81	102634	4904	Luís Carvalhinho	55-59	Pimpões Triatlo	00:19:15	00:00:58	00:52:07	00:00:47	00:12:03	01:25:10	00:22:43
82	107844	1892	Artur Resende Santana	CAD	Clube Triatlo de Abrantes	00:18:28	00:01:21	00:52:51	00:01:10	00:11:44	01:25:34	00:23:07
83	105597	4240	Márcio Miguel Silva	40-44	Clube Fluvial Vilacondense	00:19:25	00:00:50	00:52:20	00:00:47	00:12:38	01:26:00	00:23:33
84	105649	3688	Pedro Amaral	30-34	Individual	00:17:54	00:01:12	00:54:14	00:01:29	00:11:21	01:26:10	00:23:43
85	108056	5682	Mario Remigio	45-49	Peniche A. C.	00:19:30	00:01:19	00:52:51	00:01:05	00:11:50	01:26:35	00:24:08
86	103201	1872	Diogo Marques	CAD	Escola Triatlo Santo António Évora	00:17:54	00:00:50	00:56:11	00:00:46	00:11:08	01:26:49	00:24:22
87	107343	1504	Carlos António	CAD	Mirachoro Hotels - CCP - Churrasqueira do Vau	00:21:14	00:00:57	00:50:21	00:00:55	00:13:32	01:26:59	00:24:32
88	102325	4832	Hugo Ferraz	45-49	Mirachoro Hotels - CCP - Churrasqueira do Vau	00:21:14	00:00:53	00:50:31	00:00:49	00:13:32	01:26:59	00:24:32
89	101341	4618	João Duarte	45-49	AMICICLO GRÂNDOLA	00:19:11	00:00:58	00:54:35	-	-	01:27:30	00:25:03
90	107893	3082	Ricardo Pires	30-34	BEST	00:20:16	00:00:44	00:52:21	00:00:49	00:13:24	01:27:34	00:25:07
91	101065	4060	António Moura	60-64	Pimpões Triatlo	00:19:43	00:01:10	00:53:54	00:00:42	00:12:17	01:27:46	00:25:19
92	101619	4711	Marco Sousa	45-49	Pedrogão Triatlo	00:19:24	00:01:12	00:54:53	00:00:54	00:11:49	01:28:12	00:25:45
93	100201	4617	Marco Cruz	50-54	Individual	00:21:46	00:01:18	00:50:48	00:01:13	00:13:24	01:28:29	00:26:02
94	107732	5565	Carlos Teixeira	45-49	Individual	00:20:23	00:01:38	00:52:54	00:01:11	00:12:33	01:28:39	00:26:12

**Classificação Absoluta - Masculinos**

#	Lic.	Dors.	Nome	Esc.	Equipa	Corrida	T1	Ciclismo	T2	Corrida	T.Total	Diff.
95	108169	3267	Pedro Narciso	30-34	Tramagal Sport União	00:19:26	00:00:35	00:57:12	00:00:43	00:11:30	01:29:26	00:26:59
96	100285	4072	Renato Fidalgo	60-64	Individual	00:21:34	00:01:36	00:51:48	00:01:23	00:13:10	01:29:31	00:27:04
97	103879	3776	Sergio Maquinista	35-39	REPSOL TRIATLO	00:20:49	00:01:06	00:53:53	00:01:03	00:13:21	01:30:12	00:27:45
98	107179	4520	Nuno Faria	40-44	Palmela Desporto / Tripla Rotação	00:20:07	00:01:09	00:55:29	00:01:10	00:12:20	01:30:15	00:27:48
99	101448	4018	Mário Magalhães	60-64	Clube Fluvial Vilacondense	00:24:04	00:02:05	00:41:19	00:02:05	00:20:47	01:30:20	00:27:53
100	101453	4370	Ulisses Lopes	45-49	Clube Fluvial Vilacondense	00:27:13	00:01:13	00:41:58	00:01:11	00:18:46	01:30:21	00:27:54
101	100453	4478	Fernando Pombo	70-74	Outsystems Olímpico de Oeiras	00:20:41	00:01:01	00:55:06	00:00:55	00:12:56	01:30:39	00:28:12
102	105501	2635	Pedro Afonso Marques	20-24	Clube Triatlo de Abrantes	00:19:13	00:00:38	00:56:56	00:00:34	00:13:27	01:30:48	00:28:21
103	102409	1513	André Nepomuceno	CAD	Escola Triatlo Santo António Évora	00:18:55	00:00:38	00:59:50	00:00:41	00:11:58	01:32:02	00:29:35
104	105051	3278	Leandro Fonseca	35-39	Mirachoro Hotels - CCP - Churrasqueira do Vau	00:20:03	00:00:59	00:56:42	00:00:57	00:13:44	01:32:25	00:29:58
105	106497	5411	Carlos Farinha	45-49	Individual	00:21:20	00:01:39	00:55:26	00:01:34	00:12:33	01:32:32	00:30:05
106	102541	4019	Joaquim Figueiredo	65-69	Palmela Desporto / Tripla Rotação	00:19:41	00:02:39	00:56:44	00:02:13	00:12:30	01:33:47	00:31:20
107	105743	5287	Abílio João Malheiro	45-49	Clube Fluvial Vilacondense	00:21:06	00:01:18	00:58:12	00:00:53	00:13:40	01:35:09	00:32:42
108	108183	5747	Pedro Alexandre Martins Silva	45-49	CNCVG	00:20:06	00:00:53	01:03:52	00:00:39	00:12:09	01:37:39	00:35:12
109	101529	4346	Jorge Carreiras	55-59	Clube Oriental de Lisboa	00:23:32	00:01:24	00:58:51	00:01:36	00:13:38	01:39:01	00:36:34
110	108108	2263	Salomão Savelenko	JUN	Mirachoro Hotels - CCP - Churrasqueira do Vau	00:16:12	00:00:41	01:07:32	00:02:35	00:12:45	01:39:45	00:37:18
111	105571	5219	Rui Velez	55-59	Clube Oriental de Lisboa	00:23:05	00:02:01	01:01:04	00:01:02	00:13:26	01:40:38	00:38:11
112	100109	5051	Armando Lopes	60-64	SFRAA TRIATLO	00:22:41	00:01:18	01:02:18	00:01:03	00:13:59	01:41:19	00:38:52
113	102995	4608	Luís Duque	55-59	GDR Manique de Cima	00:23:13	00:01:45	01:03:01	00:01:10	00:14:26	01:43:35	00:41:08
114	107119	5521	Pedro Ferreira	50-54	Individual	00:23:44	00:02:12	01:02:12	00:01:54	00:14:11	01:44:13	00:41:46
115	101746	5719	Hugo Carrageta	40-44	Escola Triatlo Santo António Évora	00:23:14	00:00:46	01:05:20	00:00:42	00:15:00	01:45:02	00:42:35
116	103709	4301	João Manuell Rosa	50-54	Palmela Desporto / Tripla Rotação	00:23:37	00:01:24	01:08:50	00:01:39	00:15:32	01:51:02	00:48:35
117	107835	3041	Manuel Marchante	30-34	Escola Triatlo Santo António Évora	00:23:39	00:00:46	01:10:55	00:01:06	00:17:07	01:53:33	00:51:06
DNF	102445	4211	Claudio Paulinho	40-44	SFRAA TRIATLO	-	-	-	-	-	DNF	