

Local da Prova: **Vila Nova Cerveira**

Data: **13.03.2022**

Hora da Partida: **10:08:05**

Distancias: Corrida - 5000

Ciclismo - 19000

Corrida - 2500

Classificação Absoluta - Femininos

#	Lic.	Dors.	Nome	Esc.	Equipa	Corrida	T1	Ciclismo	T2	Corrida	T.Total	Diff.
1	101605	3560	Joana Miranda	20-24	Clube de Natação de Torres Novas	00:19:33	00:00:34	00:34:59	00:00:31	00:10:01	01:05:38	00:00:00
2	105387	5194	Hanna de Sousa	40-44	CNATRIL Triatlo	00:19:51	00:00:38	00:34:39	00:00:38	00:10:15	01:06:01	00:00:23
3	103649	3748	Tuxa Negri	30-34	CNATRIL Triatlo	00:20:08	00:00:33	00:36:57	00:00:32	00:10:23	01:08:33	00:02:55
4	106785	3370	Sara Flora	30-34	CNATRIL Triatlo	00:20:52	00:00:36	00:37:02	00:00:35	00:10:48	01:09:53	00:04:15
5	100772	4373	Céu Nunes	45-49	Outsystems Olímpico de Oeiras	00:20:17	00:00:50	00:38:14	00:00:47	00:10:25	01:10:33	00:04:55
6	107787	3010	Francisca Parente	25-29	Outsystems Olímpico de Oeiras	00:21:19	00:00:39	00:37:32	00:00:41	00:10:47	01:10:58	00:05:20
7	100760	2254	Catarina Moutinho	JUN	Clube de Natação de Torres Novas	00:24:21	00:00:39	00:35:11	00:00:46	00:12:17	01:13:14	00:07:36
8	100141	4605	Fernanda Marques Santinha	50-54	Clube Oriental de Lisboa	00:21:18	00:00:52	00:39:44	00:00:49	00:11:05	01:13:48	00:08:10
9	106021	3103	Ana Moreira	30-34	Associação Académica de São Mamede	00:22:08	00:01:04	00:38:37	00:00:53	00:12:33	01:15:15	00:09:37
10	100848	4150	Susana Pontes	50-54	Outsystems Olímpico de Oeiras	00:23:42	00:00:48	00:38:34	00:00:44	00:11:47	01:15:35	00:09:57
11	101044	4084	Joana Creissac	40-44	Associação Académica de São Mamede	00:24:08	00:01:06	00:37:51	00:00:44	00:11:55	01:15:44	00:10:06
12	106275	3441	Ana Brás	35-39	CNCVG	00:23:06	00:00:57	00:39:03	00:00:50	00:11:52	01:15:48	00:10:10
13	105859	3019	Patrícia Silva	35-39	GDCR - Grupo Desportivo e Cultural de Recardães	00:23:19	00:01:43	00:38:02	00:00:53	00:12:06	01:16:03	00:10:25
14	103155	2260	Maria Inês França	JUN	CNCVG	00:23:09	00:00:38	00:39:27	00:00:39	00:12:37	01:16:30	00:10:52
15	106531	3175	Marta Barbosa	20-24	CNCVG	00:24:25	00:00:43	00:40:16	00:00:47	00:12:34	01:18:45	00:13:07
16	101620	3674	Mariana Correia	20-24	Clube de Natação de Torres Novas	00:24:53	00:00:40	00:40:36	00:00:34	00:12:32	01:19:15	00:13:37
17	105877	3030	Maria Ramos Pereira	30-34	Sporting Clube de Espinho - FERSILVA	00:24:14	00:01:22	00:41:15	00:00:52	00:12:22	01:20:05	00:14:27
18	102335	4031	Susana Neta	45-49	Clube Zupper	00:23:53	00:00:55	00:42:31	00:01:04	00:12:15	01:20:38	00:15:00
19	108156	3242	Liliana Ramos	30-34	Clube Zupper	00:23:14	00:01:07	00:43:05	00:01:12	00:12:12	01:20:50	00:15:12
20	104550	1900	Mafalda Leirião	CAD	Clube de Natação de Torres Novas	00:25:48	00:00:50	00:40:54	00:00:38	00:13:07	01:21:17	00:15:39
21	107802	3023	Celeste Oliveira	25-29	Sporting Clube de Espinho - FERSILVA	00:22:01	00:01:23	00:45:37	00:01:11	00:11:12	01:21:24	00:15:46
22	105507	5431	Sara Silva	45-49	Associação Académica de São Mamede	00:25:19	00:01:04	00:41:15	00:00:59	00:13:28	01:22:05	00:16:27
23	105878	5344	Elisabete Silva	45-49	Sporting Clube de Espinho - FERSILVA	00:26:09	00:01:14	00:44:38	00:01:04	00:13:36	01:26:41	00:21:03
24	103688	1821	Mariana Paulino	CAD	CNCVG	00:26:04	00:00:51	00:46:08	00:00:46	00:13:59	01:27:48	00:22:10
25	105858	3490	Joana Campos	35-39	DAR-Recardães EXPansion	00:31:03	00:01:30	00:44:58	00:01:36	00:16:35	01:35:42	00:30:04
26	103484	4905	Margarida Cunha Reis	50-54	Clube Zupper	00:38:45	00:01:29	00:44:05	00:01:50	00:15:12	01:41:21	00:35:43
DNS	107620	2944	Sara Ribeiro	25-29	AMICICLO GRÂNDOLA	-	-	-	-	-	DNS	
DNS	103427	2862	Beatriz Ferreira	20-24	Clube de Natação de Torres Novas	-	-	-	-	-	DNS	

Classificação Absoluta - Femininos

#	Lic.	Dors.	Nome	Esc.	Equipa	Corrida	T1	Ciclismo	T2	Corrida	T.Total	Diff.
DNS	100472	2274	Mariana Silva	JUN	SFRAA TRIATLO	-	-	-	-	-	DNS	