

Local da Prova: **Golegã**

Data: **21-05-2022**

Hora da Partida: **14:02:10**

Distancias: Natação - 1500

Ciclismo - 35700

Corrida - 10000

### Classificação Absoluta - Femininos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
1	102647	29	Pauline Vie	20-24	Alhandra Sporting Club	00:24:34	00:01:19	02:18:14	00:00:53	00:53:38	03:38:38	00:00:00
2	103427	36	Beatriz Ferreira	20-24	Clube de Natação de Torres Novas	00:21:51	00:01:24	02:26:36	00:00:57	00:49:20	03:40:08	00:01:30
3	100848	49	Susana Pontes	50-54	Outsystems Olímpico de Oeiras	00:31:04	00:02:33	02:48:55	00:01:24	00:59:43	04:23:39	00:45:01
4	102452	40	Joana Hipólito	35-39	AMICICLO GRÂNDOLA	00:33:40	00:02:29	03:05:25	00:01:26	00:55:16	04:38:16	00:59:38
5	100989	59	Filipa Oliveira	50-54	Clube de Futebol Os Belenenses	00:28:20	00:03:33	03:01:31	00:01:41	01:03:21	04:38:26	00:59:48
6	104053	55	Alberta Pereira	45-49	G.D.GOMA	00:32:21	00:02:12	-	-	01:01:43	04:56:54	01:18:16
7	105688	56	Paula Soares	45-49	G.D.GOMA	00:40:28	00:02:41	03:02:33	00:01:30	01:10:20	04:57:32	01:18:54
8	100186	44	Brigitte Cardoso	35-39	SFRAA TRIATLO	00:32:15	00:02:13	-	-	00:57:49	04:58:51	01:20:13
9	103893	54	Ana Martinho	35-39	Alhandra Sporting Club	00:26:07	00:02:02	-	-	01:04:47	05:04:24	01:25:46
10	101825	46	Joana Fragata	45-49	AMICICLO GRÂNDOLA	00:27:13	00:02:36	03:13:36	00:01:40	01:20:21	05:05:26	01:26:48
11	107693	43	Ester Castelo	35-39	Vela de Tavira	00:31:11	00:02:21	03:38:15	00:01:22	01:01:21	05:14:30	01:35:52
12	108195	48	Liliana Aguiar	45-49	SFRAA TRIATLO	00:24:31	00:29:51	03:13:49	00:02:36	01:11:58	05:22:45	01:44:07
13	108174	42	Eva Lima de Castro Oliveira	35-39	Palmela Desporto / Tripla Rotação	00:33:50	00:02:57	03:36:10	00:02:01	01:15:27	05:30:25	01:51:47
14	103934	57	Joana Moura	30-34	Clube Oriental de Lisboa	00:28:56	00:03:08	03:41:28	00:02:30	01:19:28	05:35:30	01:56:52
DNF	106425	52	Helena Sécio	55-59	Individual	00:40:59	00:04:02	-	-	-	DNF	
DNS	103992	58	Ana Jardim Leal	45-49	SFRAA TRIATLO	-	-	-	-	-	DNS	
DNS	107621	39	Inês Silva	30-34	AMICICLO GRÂNDOLA	-	-	-	-	-	DNS	