

Local da Prova: **Póvoa Do Lanhoso-T**

Data: **19-06-2022**

Hora da Partida: **10:00:44**

Distancias: Natação - 750

Ciclismo - 19000

Corrida - 5000

Classificações Absolutos Femininos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	Ciclismo	Corrida	T.Total	Diff.
1	100434	3685	Rita Maria Lopes	25-29	Boavista FC	00:12:16	00:36:01	00:19:57	01:08:14	00:00:00
2	104085	2286	Maria Gonçalves	JUN	Clube de Triatlo do Fundão	00:10:26	00:37:24	00:20:39	01:08:29	00:00:15
3	100690	2285	Luana Quaresma	JUN	Alhandra Sporting Club	00:10:15	00:37:29	00:22:24	01:10:08	00:01:54
4	101112	2930	Carolina Boulhosa	20-24	Clube de Triatlo do Fundão	00:11:25	00:36:58	00:22:48	01:11:11	00:02:57
5	100720	1935	Tatiana Marques	CAD	Alhandra Sporting Club	00:10:45	00:39:02	00:22:58	01:12:45	00:04:31
6	102665	1545	Ana Jorge	CAD	CAPGE	00:12:05	00:40:47	00:22:05	01:14:57	00:06:43
7	100633	3721	Ana Filipa Sampaio	30-34	Alhandra Sporting Club	00:10:51	00:40:45	00:25:44	01:17:20	00:09:06
8	101044	4084	Joana Creissac	40-44	Associação Académica de São Mamede	00:13:59	00:40:20	00:23:55	01:18:14	00:10:00
9	103155	2260	Maria Inês França	JUN	CNCVG	00:12:45	00:41:22	00:26:14	01:20:21	00:12:07
10	100697	1866	Maria Caçada	CAD	Alhandra Sporting Club	00:11:21	00:43:23	00:26:20	01:21:04	00:12:50
11	107991	5634	Raquel Abreu	40-44	Individual	00:16:43	00:41:59	00:23:10	01:21:52	00:13:38
12	0	8413	Maria Andia	45-49	Não Federado	00:13:47	00:42:03	00:26:11	01:22:01	00:13:47
13	106531	3175	Marta Barbosa	20-24	CNCVG	00:12:17	00:42:20	00:27:42	01:22:19	00:14:05
14	108040	5674	Cacau Figueiredo	45-49	AmoraSub/Associação Naval Amorense	00:16:41	00:41:25	00:24:18	01:22:24	00:14:10
15	104053	4227	Alberta Pereira	45-49	G.D.GOMA	00:14:39	00:41:05	00:27:46	01:23:30	00:15:16
16	106021	3103	Ana Moreira	30-34	Associação Académica de São Mamede	00:18:10	00:40:52	00:24:52	01:23:54	00:15:40
17	103688	1821	Mariana Paulino	CAD	CNCVG	00:11:57	00:45:47	00:26:14	01:23:58	00:15:44
18	101545	4558	Maria João Rico	50-54	Clube de Triatlo do Fundão	00:16:39	00:43:54	00:23:51	01:24:24	00:16:10
19	108427	3498	Telma Teixeira	30-34	Associação Beat Your Limit!	00:15:04	00:44:51	00:26:20	01:26:15	00:18:01
20	107074	2784	Mafalda J. Barata	30-34	Associação Académica de São Mamede	00:16:16	00:45:33	00:24:29	01:26:18	00:18:04
21	108157	5670	Cristina Carvalho	45-49	Clube Zupper	00:17:22	00:47:01	00:28:31	01:32:54	00:24:40
22	107039	5706	Patricia Watanabe	40-44	Associação Beat Your Limit!	00:17:07	00:46:48	00:29:20	01:33:15	00:25:01
23	105686	5268	Patrícia Braga	45-49	Individual	00:18:18	-	-	01:36:50	00:28:36
24	108023	3147	Adaia Solé Grau	30-34	Associação Académica de São Mamede	00:15:53	00:48:52	00:32:41	01:37:26	00:29:12
25	107607	5419	Sandra Cristina Fernandes Rodrigues	45-49	AmoraSub/Associação Naval Amorense	00:27:45	00:45:58	00:26:28	01:40:11	00:31:57
26	104624	4357	Rita Monteiro	45-49	G.D.GOMA	00:22:27	00:57:02	00:35:12	01:54:41	00:46:27
27	107364	2876	Filipa Rebelo	25-29	Pedalarte	00:19:21	01:00:09	00:35:11	01:54:41	00:46:27
DNF	108033	3151	Marina Paixão	30-34	Associação Beat Your Limit!	-	-	-	DNF	

Classificações Absolutos Femininos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	Ciclismo	Corrida	T.Total	Diff.
DNS	101062	4549	Silvia Pedroso	50-54	Associação Académica de São Mamede	-	-	-	DNS	
DNS	108111	3232	Marta Alexandra Costa	30-34	Clube de Triatlo do Fundão	-	-	-	DNS	
DNS	104403	4752	Susana Simões	50-54	Clube Zupper	-	-	-	DNS	
DNS	103484	4905	Margarida Cunha Reis	50-54	Clube Zupper	-	-	-	DNS	
DNS	106264	3422	Ângela Carvalho	35-39	Mc Donald´s/Tribraga	-	-	-	DNS	