

Local da Prova: **Abrantes**

Data: **13.02.2022**

Hora da Partida: **10:33:19**

Distancias: Corrida - 4700

Ciclismo - 18700

Corrida - 2700

Classificação Absoluta - Femininos

#	Lic.	Dors.	Nome	Esc.	Equipa	Corrida	T1	Ciclismo	T2	Corrida	T.Total	Diff.
1	106520	3800	Ana Caramelo	25-29	SFRAA TRIATLO	00:17:33	00:00:46	00:48:13	00:00:46	00:10:44	01:18:02	00:00:00
2	102647	2633	Pauline Vie	20-24	Alhandra Sporting Club	00:19:15	00:00:39	00:50:15	00:00:39	00:12:13	01:23:01	00:04:59
3	102210	1854	Luisa Miranda	CAD	Sport Lisboa e Benfica	00:20:03	00:00:35	00:51:04	00:00:37	00:12:36	01:24:55	00:06:53
4	108288	3339	Anaïs Moniz	30-34	Clube de Futebol Os Belenenses	00:18:56	00:00:57	00:55:06	00:00:44	00:11:57	01:27:40	00:09:38
5	108089	3209	Sara Neto	30-34	Clube de Futebol Os Belenenses	00:18:39	00:00:40	00:57:08	00:00:35	00:11:06	01:28:08	00:10:06
6	102452	3664	Joana Hipólito	35-39	AMICICLO GRÂNDOLA	00:19:53	00:01:01	00:54:53	00:00:51	00:12:04	01:28:42	00:10:40
7	107620	2944	Sara Ribeiro	25-29	AMICICLO GRÂNDOLA	00:20:05	00:00:59	00:56:25	00:00:42	00:11:56	01:30:07	00:12:05
8	106763	2694	Carina Tomás	25-29	Outsystems Olímpico de Oeiras	00:21:38	00:00:57	00:53:48	00:00:50	00:13:31	01:30:44	00:12:42
9	100848	4150	Susana Pontes	50-54	Outsystems Olímpico de Oeiras	00:21:06	00:01:07	00:55:09	00:00:58	00:12:54	01:31:14	00:13:12
10	103089	2276	Ana Francisca Moreira	JUN	Sport Lisboa e Benfica	00:20:47	00:00:40	00:56:14	00:00:40	00:14:03	01:32:24	00:14:22
11	100989	4110	Filipa Oliveira	50-54	Clube de Futebol Os Belenenses	00:21:35	00:01:06	00:56:42	00:01:03	00:13:49	01:34:15	00:16:13
12	102221	1511	Raquel Vital	CAD	Clube Triatlo de Abrantes	00:22:26	00:00:42	00:55:24	00:00:35	00:15:19	01:34:26	00:16:24
13	105859	3019	Patrícia Silva	35-39	GDCR - Grupo Desportivo e Cultural de Recardães	00:20:57	00:01:08	00:58:30	00:01:00	00:12:52	01:34:27	00:16:25
14	103893	3783	Ana Martinho	35-39	Alhandra Sporting Club	00:20:45	00:01:05	00:59:45	00:00:49	00:13:48	01:36:12	00:18:10
15	100141	4605	Fernanda Marques Santinha	50-54	Clube Oriental de Lisboa	00:19:39	00:01:32	01:02:35	00:00:57	00:11:56	01:36:39	00:18:37
16	108195	8097	Liliana Aguiar	45-49	SFRAA TRIATLO	00:22:30	00:01:15	00:58:15	00:00:55	00:14:03	01:36:58	00:18:56
17	100633	3721	Ana Filipa Sampaio	30-34	Alhandra Sporting Club	00:21:43	00:00:36	01:03:03	00:00:37	00:13:37	01:39:36	00:21:34
18	106151	1512	Diana Galinhola	CAD	Escola Triatlo Santo António Évora	00:24:05	00:00:40	01:00:37	00:00:33	00:14:29	01:40:24	00:22:22
19	103934	3811	Joana Moura	30-34	Clube Oriental de Lisboa	00:24:15	00:01:15	00:59:01	00:01:04	00:14:52	01:40:27	00:22:25
20	105830	3828	Marta Dolores	35-39	AMICICLO GRÂNDOLA	00:22:32	00:00:55	01:02:43	00:01:04	00:13:59	01:41:13	00:23:11
21	108307	3349	Sara Filipa Mendes Lopes	30-34	Clube Triatlo de Abrantes	00:24:33	00:01:33	00:58:02	00:01:26	00:15:46	01:41:20	00:23:18
22	104276	1827	Leonor Medronheira	CAD	Palmela Desporto / Tripla Rotação	00:21:06	00:00:54	01:06:35	00:00:49	00:12:45	01:42:09	00:24:07
23	106617	3901	Marina Brunheta	20-24	Clube Triatlo de Abrantes	00:21:24	00:00:50	01:05:39	00:00:42	00:14:01	01:42:36	00:24:34
24	108174	3274	Eva Lima de Castro Oliveira	35-39	Palmela Desporto / Tripla Rotação	00:23:58	00:01:09	01:01:05	00:01:01	00:15:53	01:43:06	00:25:04
25	104869	2626	Sofia Cruz	20-24	SFRAA TRIATLO	00:21:04	00:01:26	01:07:35	00:00:38	00:12:46	01:43:29	00:25:27
26	106944	5035	Karine Vie	50-54	Alhandra Sporting Club	00:24:55	00:01:19	01:00:16	00:01:15	00:15:52	01:43:37	00:25:35
27	105828	1873	Diana Mira	CAD	Escola Triatlo Santo António Évora	00:24:05	00:00:41	01:06:29	00:00:36	00:14:21	01:46:12	00:28:10
28	101645	2541	Ana Torres	20-24	Escola Triatlo Santo António Évora	00:24:04	00:00:39	01:06:30	00:00:44	00:14:17	01:46:14	00:28:12

Classificação Absoluta - Femininos

#	Lic.	Dors.	Nome	Esc.	Equipa	Corrida	T1	Ciclismo	T2	Corrida	T.Total	Diff.
29	106425	4511	Helena Sécio	55-59	Individual	00:24:13	00:01:07	01:06:49	00:00:55	00:14:50	01:47:54	00:29:52
30	108301	5771	Maria Lúcio	45-49	Clube de Futebol Os Belenenses	00:23:01	00:01:13	01:09:02	00:01:22	00:15:17	01:49:55	00:31:53
31	103050	4638	Sara Colaço	45-49	Clube Oriental de Lisboa	00:24:14	00:00:57	01:10:13	00:00:48	00:14:02	01:50:14	00:32:12
32	100186	3014	Brigitte Cardoso	35-39	SFRAA TRIATLO	00:19:27	00:01:02	01:20:31	00:01:02	00:12:28	01:54:30	00:36:28
DNF	105392	5196	Malvina Gomes	40-44	Palmela Desporto / Tripla Rotação	00:20:33	00:01:01	-	-	-	DNF	
DNF	107621	2945	Inês Silva	30-34	AMICICLO GRÂNDOLA	-	-	-	-	-	DNF	