

Local da Prova: **Arronches**

Data: **05/03/2022**

Hora da Partida: **15:05:00**

Distancias: Corrida - 5150

Ciclismo - 20250

Corrida - 2500

### Classificação Absoluta - Femininos

#	Lic.	Dors.	Nome	Esc.	Equipa	Corrida	T1	Ciclismo	T2	Corrida	T.Total	Diff.
1	100316	2823	Maria Tomé	20-24	Clube de Natação de Torres Novas	00:18:00	00:00:34	00:34:37	00:00:48	00:07:52	01:01:51	00:00:00
2	101274	2514	Inês Oliveira	25-29	Sporting Clube de Portugal	00:18:23	00:00:34	00:35:45	00:00:50	00:08:07	01:03:39	00:01:48
3	100957	2800	Mariana Vargem	20-24	CNF	00:18:48	00:00:35	00:35:17	00:00:48	00:08:18	01:03:46	00:01:55
4	101977	3806	Liliana Verissimo	35-39	Outsystems Olímpico de Oeiras	00:19:14	00:00:33	00:35:59	00:00:54	00:08:11	01:04:51	00:03:00
5	100359	4014	Ana Filipa Santos	40-44	Individual	00:18:49	00:00:35	00:36:22	00:00:56	00:08:15	01:04:57	00:03:06
6	101275	2816	Joana Oliveira	20-24	Clube de Natação de Torres Novas	00:19:33	00:00:35	00:35:40	00:00:51	00:08:35	01:05:14	00:03:23
7	106520	3800	Ana Caramelo	25-29	SFRAA TRIATLO	00:19:42	00:00:47	00:35:21	00:00:54	00:08:43	01:05:27	00:03:36
8	102284	1931	Ana Carapeta	CAD	Alhandra Sporting Club	00:19:58	00:00:33	00:36:46	00:00:48	00:08:22	01:06:27	00:04:36
9	100434	3685	Rita Maria Lopes	25-29	Boavista FC	00:20:44	00:00:38	00:35:53	00:00:46	00:08:30	01:06:31	00:04:40
10	101358	2564	Ana Ramos	25-29	Clube de Natação de Torres Novas	00:19:58	00:00:35	00:36:43	00:00:50	00:08:44	01:06:50	00:04:59
11	100803	3361	Estefânia Calvo	35-39	Outsystems Olímpico de Oeiras	00:19:33	00:00:36	00:37:08	00:00:53	00:08:41	01:06:51	00:05:00
12	100690	2285	Luana Quaresma	JUN	Alhandra Sporting Club	00:20:30	00:00:38	00:36:05	-	-	01:06:58	00:05:07
13	103427	502	Beatriz Ferreira	20-24	Clube de Natação de Torres Novas	00:19:59	00:00:35	00:36:45	00:00:55	00:08:51	01:07:05	00:05:14
14	103649	3748	Tuxa Negri	30-34	CNATRIL Triatlo	00:20:29	00:00:38	00:36:08	00:00:55	00:08:59	01:07:09	00:05:18
15	100161	501	Joana Tomé	20-24	SFRAA TRIATLO	00:20:31	00:00:36	00:36:47	00:01:00	00:09:23	01:08:17	00:06:26
16	102647	2633	Pauline Vie	20-24	Alhandra Sporting Club	00:21:08	00:00:36	00:37:09	00:00:55	00:09:36	01:09:24	00:07:33
17	101112	500	Carolina Boulhosa	20-24	Clube de Triatlo do Fundão	00:21:51	00:00:34	00:37:34	00:00:47	00:09:12	01:09:58	00:08:07
18	106785	3370	Sara Flora	30-34	CNATRIL Triatlo	00:21:11	00:00:41	00:38:17	00:00:59	00:08:51	01:09:59	00:08:08
19	103057	1912	Inês Filipa Sousa	CAD	Alhandra Sporting Club	00:21:33	00:00:40	00:37:55	00:00:51	00:09:16	01:10:15	00:08:24
20	108089	3209	Sara Neto	30-34	Clube de Futebol Os Belenenses	00:20:30	00:00:44	00:38:59	00:01:16	00:08:52	01:10:21	00:08:30
21	100643	2236	Beatriz Pinto	JUN	Sport Lisboa e Benfica	00:22:25	00:00:35	00:36:58	00:00:54	00:09:32	01:10:24	00:08:33
22	107943	1922	Inês Rilo	CAD	Pimpões Triatlo	00:22:24	00:00:35	00:37:03	00:00:50	00:09:38	01:10:30	00:08:39
23	103381	3281	Isabel Gonçalves	35-39	Vela de Tavira	00:21:36	00:00:42	00:37:46	00:01:03	00:09:38	01:10:45	00:08:54
24	104354	1929	Matilde Tomás	CAD	Alhandra Sporting Club	00:22:24	00:00:37	00:37:21	00:00:46	00:09:44	01:10:52	00:09:01
25	100772	4373	Céu Nunes	45-49	Outsystems Olímpico de Oeiras	00:20:31	00:00:52	00:43:06	00:00:59	00:09:07	01:14:35	00:12:44
26	100141	4605	Fernanda Marques Santinha	50-54	Clube Oriental de Lisboa	00:21:47	00:00:52	00:41:42	00:01:09	00:09:28	01:14:58	00:13:07
27	102665	1545	Ana Jorge	CAD	CAPGE	00:20:51	00:00:38	00:43:46	00:00:51	00:08:57	01:15:03	00:13:12
28	100720	1935	Tatiana Marques	CAD	Alhandra Sporting Club	00:22:24	00:00:38	00:41:12	00:00:52	00:10:22	01:15:28	00:13:37

**Classificação Absoluta - Femininos**

#	Lic.	Dors.	Nome	Esc.	Equipa	Corrida	T1	Ciclismo	T2	Corrida	T.Total	Diff.
29	104869	503	Sofia Cruz	20-24	SFRAA TRIATLO	00:24:03	00:00:42	00:39:38	00:01:05	00:10:38	01:16:06	00:14:15
30	106763	2694	Carina Tomás	25-29	Outsystems Olímpico de Oeiras	00:24:46	00:00:51	00:38:39	00:01:07	00:11:21	01:16:44	00:14:53
31	100848	4150	Susana Pontes	50-54	Outsystems Olímpico de Oeiras	00:24:09	00:00:59	00:40:58	00:01:03	00:10:55	01:18:04	00:16:13
32	108111	3232	Marta Alexandra Costa	30-34	Clube de Triatlo do Fundão	00:23:51	00:01:15	00:41:07	00:01:18	00:10:49	01:18:20	00:16:29
33	107156	2799	Andreia Lourenço	35-39	CNCVG	00:23:41	00:01:20	00:41:52	00:01:31	00:10:15	01:18:39	00:16:48
34	106275	3441	Ana Brás	35-39	CNCVG	00:23:56	00:01:16	00:42:38	00:01:06	00:10:19	01:19:15	00:17:24
35	107607	5419	Sandra Cristina Fernandes Rodrigues	45-49	AmoraSub/Associação Naval Amorense	00:24:56	00:01:10	00:41:27	00:01:22	00:10:39	01:19:34	00:17:43
36	108394	3444	Neuza Silva	35-39	REPSOL TRIATLO	00:24:00	00:01:06	00:43:22	00:01:39	00:10:33	01:20:40	00:18:49
37	103155	2260	Maria Inês França	JUN	CNCVG	00:24:13	00:00:43	00:43:52	00:00:59	00:11:04	01:20:51	00:19:00
38	102221	1511	Raquel Vital	CAD	Clube Triatlo de Abrantes	00:25:50	00:00:37	00:42:18	00:00:59	00:11:19	01:21:03	00:19:12
39	107228	4655	Catarina Carvalho	40-44	Vela de Tavira	00:24:24	00:01:39	00:42:50	00:01:38	00:10:42	01:21:13	00:19:22
40	106531	3175	Marta Barbosa	20-24	CNCVG	00:25:17	00:00:55	00:43:52	00:01:04	00:10:50	01:21:58	00:20:07
41	108195	5751	Liliana Aguiar	45-49	SFRAA TRIATLO	00:26:10	00:01:03	00:42:06	00:01:28	00:11:32	01:22:19	00:20:28
42	104276	1827	Leonor Medronheira	CAD	Palmela Desporto / Tripla Rotação	00:24:47	00:00:41	00:46:39	00:00:49	00:10:21	01:23:17	00:21:26
43	103050	4638	Sara Colaço	45-49	Clube Oriental de Lisboa	00:27:26	00:01:05	00:41:39	00:01:26	00:12:07	01:23:43	00:21:52
44	106947	5042	Elaine Holmes	50-54	CNATRIL Triatlo	00:27:40	00:01:00	00:43:04	00:01:07	00:11:12	01:24:03	00:22:12
45	106714	5525	Tânia Rodrigues	40-44	AmoraSub/Associação Naval Amorense	00:26:00	00:01:22	00:43:33	00:01:36	00:11:37	01:24:08	00:22:17
46	104271	4494	Ana Vieira Lopes	50-54	Clube Oriental de Lisboa	00:27:08	00:01:20	00:41:40	00:01:52	00:12:32	01:24:32	00:22:41
47	105830	3828	Marta Dolores	35-39	AMICICLO GRÂNDOLA	00:25:12	00:01:07	00:46:37	00:00:59	00:11:16	01:25:11	00:23:20
48	101698	3400	Vitória Revytskyy	20-24	Aminata Triatlo	00:26:43	00:00:51	00:47:08	00:01:00	00:11:26	01:27:08	00:25:17
49	103688	1821	Mariana Paulino	CAD	CNCVG	00:25:58	00:01:02	00:49:28	00:01:13	00:12:10	01:29:51	00:28:00
50	103983	4974	Graça Corvinho	60-64	Vela de Tavira	00:28:12	00:01:24	00:46:51	00:01:53	00:11:59	01:30:19	00:28:28
51	101006	4452	Madalena Caninas	55-59	Clube Oriental de Lisboa	00:27:58	00:01:05	00:48:43	00:01:27	00:11:36	01:30:49	00:28:58
52	100472	2274	Mariana Silva	JUN	SFRAA TRIATLO	00:29:54	00:00:44	00:54:29	00:00:55	00:13:13	01:39:15	00:37:24
DSQ	105859	3019	Patrícia Silva	35-39	GDCR - Grupo Desportivo e Cultural de Recardães	00:24:39	00:01:18	00:42:53	00:01:36	-	-	DSQ
DSQ	108040	5674	Cacau Figueiredo	45-49	AmoraSub/Associação Naval Amorense	00:25:14	00:01:06	00:48:45	00:02:47	-	-	DSQ
DNS	103703	1542	Sofia Corrêa	CAD	Alhandra Sporting Club	-	-	-	-	-	-	DNS
DNS	102210	1854	Luisa Miranda	CAD	Sport Lisboa e Benfica	-	-	-	-	-	-	DNS
DNS	104660	1993	Magda Dias	CAD	Individual	-	-	-	-	-	-	DNS
DNS	100760	2254	Catarina Moutinho	JUN	Clube de Natação de Torres Novas	-	-	-	-	-	-	DNS
DNS	103089	2276	Ana Francisca Moreira	JUN	Sport Lisboa e Benfica	-	-	-	-	-	-	DNS
DNS	104085	22851	Maria Gonçalves	JUN	Clube de Triatlo do Fundão	-	-	-	-	-	-	DNS
DNS	102452	3664	Joana Hipólito	35-39	AMICICLO GRÂNDOLA	-	-	-	-	-	-	DNS

Classificação Absoluta - Femininos

#	Lic.	Dors.	Nome	Esc.	Equipa	Corrida	T1	Ciclismo	T2	Corrida	T.Total	Diff.
DNS	104936	5077	Ruth da Cunha	50-54	Outsystems Olímpico de Oeiras	-	-	-	-	-	DNS	
DNS	105836	5332	Catia Curica	40-44	Outsystems Olímpico de Oeiras	-	-	-	-	-	DNS	