

Local da Prova: **Montemor-o-Velho**

Data: **12.03.2022**

Hora da Partida: **15:12:01**

Distancias: Natação - 300

Ciclismo - 8000

Corrida - 2000

Classificação Absoluta - Femininos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
1	103073	1516	Cassilda Carvalho	CAD	Sport Lisboa e Benfica	00:04:15	00:00:44	00:14:20	00:00:26	00:06:40	00:26:25	00:00:00
2	102284	1931	Ana Carapeta	CAD	Alhandra Sporting Club	00:04:32	00:00:39	00:15:07	00:00:25	00:06:18	00:27:01	00:00:36
3	103057	1912	Inês Filipa Sousa	CAD	Alhandra Sporting Club	00:04:35	00:00:43	00:14:58	00:00:27	00:06:45	00:27:28	00:01:03
4	104354	1929	Matilde Tomás	CAD	Alhandra Sporting Club	00:04:36	00:00:50	00:14:53	00:00:24	00:06:47	00:27:30	00:01:05
5	104884	1928	Sofia Santos Rocha	CAD	Sporting Clube de Portugal	00:04:47	00:00:45	00:15:01	00:00:28	00:07:04	00:28:05	00:01:40
6	100502	1867	Beatriz Boal	CAD	Alhandra Sporting Club	00:04:59	00:00:46	00:14:47	00:00:30	00:07:12	00:28:14	00:01:49
7	104661	1994	Mónica Dias	CAD	Individual	00:04:56	00:00:44	00:15:15	00:00:29	00:07:00	00:28:24	00:01:59
8	102210	1854	Luisa Miranda	CAD	Sport Lisboa e Benfica	00:05:02	00:00:44	00:15:09	00:00:26	00:07:05	00:28:26	00:02:01
9	105003	1934	Mariana Prudêncio	CAD	Outsystems Olímpico de Oeiras	00:04:40	00:01:11	00:15:44	00:00:30	00:06:55	00:29:00	00:02:35
10	100720	1935	Tatiana Marques	CAD	Alhandra Sporting Club	00:04:40	00:00:52	00:15:59	00:00:26	00:07:10	00:29:07	00:02:42
11	100844	1906	Sara Pereira	CAD	Outsystems Olímpico de Oeiras	00:05:07	00:00:50	00:15:39	00:00:35	00:06:58	00:29:09	00:02:44
12	105917	1859	Marta Atalaya Rebelo	CAD	Outsystems Olímpico de Oeiras	00:05:00	00:00:55	00:17:14	00:00:53	00:08:03	00:32:05	00:05:40
13	102221	1511	Raquel Vital	CAD	Clube Triatlo de Abrantes	00:06:57	00:00:45	00:17:27	00:00:25	00:08:00	00:33:34	00:07:09