

Local da Prova: **Famalicão**

Data: **20/03/2022**

Hora da Partida: **10:09:52**

Distancias: Corrida - 5000m (1 volta)

Ciclismo - 18000m (2 voltas)

Corrida - 2100m (1 volta)

Classificação Absoluta - Femininos

#	Lic.	Dors.	Nome	Esc.	Equipa	Corrida	T1	Ciclismo	T2	Corrida	T.Total	Diff.
1	106520	3800	Ana Caramelo	25-29	SFRAA TRIATLO	00:18:07	00:00:46	00:42:37	00:00:41	00:08:46	01:10:57	00:00:00
2	102647	2633	Pauline Vie	20-24	Alhandra Sporting Club	-	-	00:46:07	00:00:46	00:09:58	01:16:23	00:05:26
3	100434	3685	Rita Maria Lopes	25-29	Boavista FC	00:18:35	00:00:52	00:48:05	00:00:38	00:08:44	01:16:54	00:05:57
4	108475	3556	Lara Kunze	25-29	Clube Oriental de Lisboa	00:19:24	00:00:43	00:47:55	00:00:36	00:08:44	01:17:22	00:06:25
5	108089	3209	Sara Neto	30-34	Clube de Futebol Os Belenenses	00:19:19	00:00:43	00:50:47	00:00:35	00:09:00	01:20:24	00:09:27
6	102210	1854	Luisa Miranda	CAD	Sport Lisboa e Benfica	00:21:00	00:00:42	00:48:39	00:00:41	00:10:17	01:21:19	00:10:22
7	107620	2944	Sara Ribeiro	25-29	AMICICLO GRÂNDOLA	00:19:49	00:00:53	00:51:50	00:00:55	00:09:18	01:22:45	00:11:48
8	100186	3014	Brigitte Cardoso	35-39	SFRAA TRIATLO	00:19:25	00:00:55	00:52:30	00:00:44	00:09:44	01:23:18	00:12:21
9	103893	3783	Ana Martinho	35-39	Alhandra Sporting Club	00:20:32	00:01:01	00:51:53	00:00:48	00:09:42	01:23:56	00:12:59
10	100848	4150	Susana Pontes	50-54	Outsystems Olímpico de Oeiras	00:21:29	00:00:51	00:51:27	00:00:54	00:10:21	01:25:02	00:14:05
11	105859	3019	Patrícia Silva	35-39	GDCR - Grupo Desportivo e Cultural de Recardães	00:21:51	00:00:57	00:51:51	00:00:57	00:10:32	01:26:08	00:15:11
12	102452	3664	Joana Hipólito	35-39	AMICICLO GRÂNDOLA	-	-	00:54:13	00:00:52	00:10:21	01:27:26	00:16:29
13	104869	2626	Sofia Cruz	20-24	SFRAA TRIATLO	00:21:55	00:00:50	00:54:50	00:00:43	00:10:17	01:28:35	00:17:38
14	108195	5751	Liliana Aguiar	45-49	SFRAA TRIATLO	00:23:46	00:01:16	00:51:14	00:01:05	00:12:10	01:29:31	00:18:34
15	102221	1511	Raquel Vital	CAD	Clube Triatlo de Abrantes	-	-	00:52:26	00:00:42	00:12:58	01:31:17	00:20:20
16	107693	2977	Ester Castelo	35-39	Vela de Tavira	00:21:44	00:01:07	00:57:03	00:00:52	00:11:07	01:31:53	00:20:56
17	100141	4605	Fernanda Marques Santinha	50-54	Clube Oriental de Lisboa	-	-	00:59:47	00:01:00	00:09:51	01:31:54	00:20:57
18	103934	3811	Joana Moura	30-34	Clube Oriental de Lisboa	00:23:43	00:01:14	00:55:15	00:01:10	00:12:17	01:33:39	00:22:42
19	108174	3274	Eva Lima de Castro Oliveira	35-39	Palmela Desporto / Tripla Rotação	00:23:56	00:01:07	00:56:36	00:01:05	00:12:15	01:34:59	00:24:02
20	105688	5269	Paula Soares	45-49	G.D.GOMA	00:23:11	00:01:26	00:57:58	00:01:03	00:11:21	01:34:59	00:24:02
21	105830	3828	Marta Dolores	35-39	AMICICLO GRÂNDOLA	00:22:30	00:00:59	01:00:23	00:00:55	00:10:50	01:35:37	00:24:40
22	106944	5035	Karine Vie	50-54	Alhandra Sporting Club	00:27:12	00:01:16	00:54:07	00:01:06	00:12:10	01:35:51	00:24:54
23	106151	1512	Diana Galinhola	CAD	Escola Triatlo Santo António Évora	00:25:14	00:00:46	01:01:20	00:00:39	00:12:03	01:40:02	00:29:05
24	106617	3901	Marina Brunheta	20-24	Clube Triatlo de Abrantes	00:22:11	00:00:57	01:04:53	00:00:42	00:11:24	01:40:07	00:29:10
25	106619	8348	Catarina Oliveira	25-29	Clube Triatlo de Abrantes	00:23:56	00:01:06	01:05:45	00:00:59	00:13:07	01:44:53	00:33:56
26	108034	3152	Luisa Leal	30-34	Clube de Triatlo de Viseu	00:26:42	00:01:05	01:19:24	00:01:12	00:13:14	02:01:37	00:50:40
DNS	103089	2276	Ana Francisca Moreira	JUN	Sport Lisboa e Benfica	-	-	-	-	-	DNS	
DNS	100772	4373	Céu Nunes	45-49	Outsystems Olímpico de Oeiras	-	-	-	-	-	DNS	