

Local da Prova: **Grândola1**

Data: **02.04.2022**

Hora da Partida: **00:00:00**

Distancias: Corrida - 5000

Ciclismo - 20000

Corrida - 2500

**Classificações Absolutos Masculinos**

#	Lic.	Dors.	Nome	Esc.	Equipa	Corrida	Ciclismo	Corrida	T.Total	Diff.
1	100235	3803	Pedro Afonso Pinto Gaspar	25-29	Outsystems Olímpico de Oeiras	00:16:23	00:28:44	00:08:15	00:53:22	00:00:00
2	101015	2624	Tiago Fonseca	20-24	Clube de Natação de Torres Novas	00:15:39	00:30:12	00:08:08	00:53:59	00:00:37
3	103108	2840	Hugo Figueiredo	20-24	Sporting Clube de Portugal	00:16:23	00:29:35	00:08:03	00:54:01	00:00:39
4	101318	3786	João Mansos	25-29	Sporting Clube de Portugal	00:16:23	00:29:40	00:08:16	00:54:19	00:00:57
5	100832	2561	Miguel Tiago Silva	20-24	Outsystems Olímpico de Oeiras	00:16:10	00:30:08	00:08:22	00:54:40	00:01:18
6	102323	4197	Hugo Pina	40-44	CNCVG	00:17:17	00:29:10	00:08:24	00:54:51	00:01:29
7	107321	2866	Luis Moleiro	20-24	Clube de Natação de Torres Novas	00:16:39	00:29:58	00:08:33	00:55:10	00:01:48
8	100424	2824	Gonçalo Oliveira	20-24	Clube de Natação de Torres Novas	00:16:29	00:30:20	00:08:50	00:55:39	00:02:17
9	101538	2623	Guilherme Pires	20-24	Clube de Natação de Torres Novas	00:16:59	00:30:04	00:09:00	00:56:03	00:02:41
10	102465	2619	António Barata	20-24	Sport Lisboa e Benfica	00:16:40	00:30:46	00:08:51	00:56:17	00:02:55
11	104735	3379	Bruno Santos	30-34	CNCVG	00:16:54	00:30:53	00:08:41	00:56:28	00:03:06
12	101609	1835	João Nuno Batista	CAD	Clube de Natação de Torres Novas	00:16:04	00:32:17	00:08:11	00:56:32	00:03:10
13	103961	3841	João Bragadeste	35-39	Outsystems Olímpico de Oeiras	00:16:21	00:32:07	00:08:19	00:56:47	00:03:25
14	100436	3412	Rui Dolores	35-39	AMICICLO GRÂNDOLA	00:17:17	-	-	00:57:21	00:03:59
15	103135	3286	João Fonte-Boa	35-39	Outsystems Olímpico de Oeiras	00:17:38	00:30:44	00:09:06	00:57:28	00:04:06
16	107708	2244	Tomás Teixeira	JUN	CNCVG	00:17:16	00:30:58	00:09:14	00:57:28	00:04:06
17	103079	3824	João Rebelo	25-29	Vasco da Gama Atlético Clube Sines	00:17:50	00:30:57	00:08:54	00:57:41	00:04:19
18	103353	3230	João Jesus	30-34	AMICICLO GRÂNDOLA	00:17:10	00:31:54	00:08:46	00:57:50	00:04:28
19	100354	2813	Afonso do Canto	20-24	Clube de Natação de Torres Novas	00:17:21	00:31:43	00:09:05	00:58:09	00:04:47
20	100425	2523	Hugo Baluga	25-29	AMICICLO GRÂNDOLA	00:18:16	00:30:56	00:09:15	00:58:27	00:05:05
21	100598	2584	André Duarte	25-29	Clube de Natação de Torres Novas	00:17:28	00:31:51	00:09:16	00:58:35	00:05:13
22	101289	2222	Miguel Agoas Catarino	JUN	Outsystems Olímpico de Oeiras	00:17:33	00:32:08	00:09:07	00:58:48	00:05:26
23	100429	2238	Luís Marques	JUN	AMICICLO GRÂNDOLA	-	-	-	00:59:20	00:05:58
24	101301	3322	António Fortuna	35-39	Individual	00:18:00	00:32:20	00:09:19	00:59:39	00:06:17
25	108078	8093	Pedro Lopes	30-34	AMICICLO GRÂNDOLA	00:18:04	00:32:12	00:09:30	00:59:46	00:06:24
26	104041	4495	Paulo Ajuda	40-44	Vela de Tavira	00:18:18	00:32:07	00:09:44	01:00:09	00:06:47
27	100437	4773	Rui Gonçalves	45-49	REPSOL TRIATLO	00:18:26	00:32:35	00:09:15	01:00:16	00:06:54
28	106934	2741	Manuel Muando	35-39	AMICICLO GRÂNDOLA	00:17:15	00:34:16	00:09:00	01:00:31	00:07:09

**Classificações Absolutos Masculinos**

#	Lic.	Dors.	Nome	Esc.	Equipa	Corrida	Ciclismo	Corrida	T.Total	Diff.
29	104622	3197	Fábio Faustino	35-39	Vasco da Gama Atlético Clube Sines	00:18:17	00:33:12	00:09:23	01:00:52	00:07:30
30	100834	2648	Nuno André	25-29	Outsystems Olímpico de Oeiras	00:18:16	00:33:06	00:09:34	01:00:56	00:07:34
31	101309	2527	Filipe Marques	20-24	Sporting Clube de Portugal	00:19:11	00:32:17	00:09:39	01:01:07	00:07:45
32	103344	4953	Nuno Rocha	45-49	Mirachoro Hotels/CCP/Churrasqueira do Vau	00:18:57	00:32:33	00:09:46	01:01:16	00:07:54
33	105850	3844	João Feijão	35-39	Triatlo Clube Tap	00:18:26	00:33:25	00:09:30	01:01:21	00:07:59
34	103638	2835	Guilherme Bonito	20-24	Outsystems Olímpico de Oeiras	00:18:24	00:33:53	00:09:15	01:01:32	00:08:10
35	106745	2692	Ricardo Oliveira Gaspar	30-34	FET-Fátima Escola de Triatlo	00:18:57	00:32:56	00:09:43	01:01:36	00:08:14
36	108108	2263	Salomão Savelenko	JUN	Mirachoro Hotels/CCP/Churrasqueira do Vau	00:18:06	00:34:00	00:09:30	01:01:36	00:08:14
37	100824	4515	Luis Almeida	50-54	Outsystems Olímpico de Oeiras	00:18:32	00:33:35	00:09:47	01:01:54	00:08:32
38	108423	5814	Giovanni díaz	40-44	DAR-Recardães EXPansion	00:18:02	00:34:21	00:09:32	01:01:55	00:08:33
39	107251	2211	Bernardo Magina	JUN	Clube de Futebol Os Belenenses	00:18:29	00:33:57	00:09:37	01:02:03	00:08:41
40	100462	2577	João Canas	25-29	Sporting Clube de Portugal	00:19:33	00:32:50	00:09:45	01:02:08	00:08:46
41	103874	3773	Adriano Luz Domingos	30-34	Vasco da Gama Atlético Clube Sines	00:19:02	00:33:41	00:10:00	01:02:43	00:09:21
42	101520	5067	Tiago Lobo	40-44	Mc Donald´s/Tribraga	00:19:09	00:33:54	00:09:43	01:02:46	00:09:24
43	105681	3723	Vasco Damásio	35-39	Outsystems Olímpico de Oeiras	00:18:56	00:33:59	00:09:54	01:02:49	00:09:27
44	108167	3266	Bruno Camacho	20-24	AMICICLO GRÂNDOLA	00:19:13	00:33:41	00:10:00	01:02:54	00:09:32
45	105390	5195	Carlos Rosário	45-49	REPSOL TRIATLO	-	-	00:10:11	01:03:01	00:09:39
46	101071	4001	David Caldeirão	45-49	Louletano	00:19:54	00:33:00	00:10:20	01:03:14	00:09:52
47	100432	4015	Miguel Garcia	45-49	AMICICLO GRÂNDOLA	00:19:51	00:33:28	00:10:04	01:03:23	00:10:01
48	106790	4780	Davide Silva	40-44	DAR-Recardães EXPansion	00:19:04	00:34:07	00:10:27	01:03:38	00:10:16
49	102234	4639	Mario Torrinha	50-54	Vela de Tavira	00:19:19	00:34:29	00:09:51	01:03:39	00:10:17
50	104134	3910	Dino Ablum	35-39	Vasco da Gama Atlético Clube Sines	00:20:34	00:33:04	00:10:08	01:03:46	00:10:24
51	103109	1909	Tomás Figueiredo	CAD	Outsystems Olímpico de Oeiras	00:20:34	00:33:37	00:09:41	01:03:52	00:10:30
52	103159	4525	Jorge Carvalho	50-54	Clube Oriental de Lisboa	00:19:57	00:33:54	00:10:11	01:04:02	00:10:40
53	104745	3399	Carlos Matias	30-34	Clube de Futebol Os Belenenses	00:19:41	00:34:10	00:10:14	01:04:05	00:10:43
54	101291	4704	Ricardo Lanceiro	45-49	Clube de Futebol Os Belenenses	00:18:36	00:36:13	00:09:26	01:04:15	00:10:53
55	105139	5113	Diogo Pina Pereira	45-49	Triatlo Fundação Salesianos	00:21:04	00:32:58	00:10:40	01:04:42	00:11:20
56	106925	2736	Rui Martins	35-39	Sporting Clube de Portugal	00:18:29	00:37:01	00:09:22	01:04:52	00:11:30
57	106593	4009	Paulo Santos	45-49	Mirachoro Hotels/CCP/Churrasqueira do Vau	00:20:39	00:33:27	00:10:53	01:04:59	00:11:37
58	106585	4036	João Pedro Farinha	40-44	Clube de Futebol Os Belenenses	00:19:53	00:35:13	00:10:08	01:05:14	00:11:52
59	101533	4859	Rui Belo	45-49	Outsystems Olímpico de Oeiras	00:19:25	00:35:54	00:09:58	01:05:17	00:11:55
60	107903	3083	Pedro Neves	20-24	Sporting Clube de Portugal	00:20:33	00:33:55	00:10:56	01:05:24	00:12:02
61	105926	5571	David Felizardo	40-44	GDCR - Grupo Desportivo e Cultural de Recardães	00:19:34	00:35:23	00:10:28	01:05:25	00:12:03

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62	100415	4774	Aníbal Oliveira	45-49	AMICICLO GRÂNDOLA	00:19:50	00:35:21	00:10:32	01:05:43	00:12:21
63	105322	3544	Bruno Martins	35-39	Triatlo Fundação Salesianos	00:20:05	00:35:04	00:10:35	01:05:44	00:12:22
64	108388	5807	Bruno Bertão	40-44	GRCD Leão Triatlo	00:19:14	00:36:36	00:10:18	01:06:08	00:12:46
65	100422	2247	David Oliveira	JUN	AMICICLO GRÂNDOLA	00:19:17	00:35:27	00:11:33	01:06:17	00:12:55
66	108430	8099	Rúben Neves	25-29	DAR-Recardães EXPansion	00:20:10	00:35:50	00:10:20	01:06:20	00:12:58
67	108186	1505	Simão Andrez	CAD	Mirachoro Hotels/CCP/Churrasqueira do Vau	00:20:25	00:35:20	00:10:49	01:06:34	00:13:12
68	107866	5606	Bernardo Pessoa	40-44	Louletano	00:21:51	00:34:23	00:11:02	01:07:16	00:13:54
69	103878	4923	António Martins	50-54	REPSOL TRIATLO	00:20:59	00:35:30	00:10:53	01:07:22	00:14:00
70	105598	4244	João Marques	50-54	Triatlo Fundação Salesianos	00:20:35	00:36:09	00:10:56	01:07:40	00:14:18
71	102462	3637	Filipe Dias	30-34	AmoraSub/Associação Naval Amorense	00:20:31	00:36:18	00:11:02	01:07:51	00:14:29
72	107407	2891	Jorge Nogueira	25-29	Vela de Tavira	00:20:26	00:36:51	00:10:45	01:08:02	00:14:40
73	107180	2807	Andre Sapata	30-34	Palmela Desporto / Tripla Rotação	00:20:03	00:37:31	00:10:30	01:08:04	00:14:42
74	101341	4618	João Duarte	45-49	AMICICLO GRÂNDOLA	00:21:32	00:36:12	00:11:02	01:08:46	00:15:24
75	103153	4427	Miguel David	50-54	Clube Oriental de Lisboa	00:20:00	00:38:36	00:10:15	01:08:51	00:15:29
76	106982	5759	Fabiano Vaz	40-44	Vasco da Gama Atlético Clube Sines	00:21:05	00:36:12	00:11:36	01:08:53	00:15:31
77	105674	3710	Pedro Matos	35-39	Triatlo Fundação Salesianos	00:22:19	00:35:28	00:11:57	01:09:44	00:16:22
78	107488	2268	Gonçalo Neves	JUN	Palmela Desporto / Tripla Rotação	00:21:41	00:36:29	00:11:41	01:09:51	00:16:29
79	101567	4249	Luís Cipriano	45-49	AMCR Fonte Grada	00:21:39	00:38:18	00:10:25	01:10:22	00:17:00
80	100125	4397	Carlos Silva	55-59	Outsystems Olímpico de Oeiras	00:20:08	00:40:24	00:09:56	01:10:28	00:17:06
81	107284	2853	Vitor Gomes	30-34	SNR Triatlo	00:21:18	00:37:32	00:11:46	01:10:36	00:17:14
82	107997	5637	Nuno Nogueira	45-49	Vasco da Gama Atlético Clube Sines	00:23:27	00:35:03	00:12:17	01:10:47	00:17:25
83	108015	5653	Francisco Barradas	40-44	SNR Triatlo	00:21:54	00:37:43	00:11:17	01:10:54	00:17:32
84	105633	5227	Nuno Dantas	40-44	GRCD Leão Triatlo	00:20:26	00:40:34	00:10:03	01:11:03	00:17:41
85	102325	4832	Hugo Ferraz	45-49	Mirachoro Hotels/CCP/Churrasqueira do Vau	00:23:21	00:35:44	00:12:08	01:11:13	00:17:51
86	105667	5255	José Domingues	65-69	Triatlo Fundação Salesianos	00:23:23	00:36:38	00:11:18	01:11:19	00:17:57
87	107159	4520	Nuno Faria	40-44	Palmela Desporto / Tripla Rotação	00:22:15	00:37:28	00:11:42	01:11:25	00:18:03
88	100131	4838	Rodrigo Costa	45-49	REPSOL TRIATLO	00:23:11	00:36:11	00:12:17	01:11:39	00:18:17
89	108439	5826	Bruno Pereira	45-49	AmoraSub/Associação Naval Amorense	00:23:33	00:36:05	00:12:14	01:11:52	00:18:30
90	107979	3105	Manuel Casado	20-24	Louletano	00:19:11	00:32:13	00:20:38	01:12:02	00:18:40
91	101065	4060	António Moura	60-64	Pimpões Triatlo	00:22:57	00:37:36	00:11:37	01:12:10	00:18:48
92	108015	5656	Artur Alves	45-49	GRCD Leão Triatlo	00:22:41	00:38:42	00:10:49	01:12:12	00:18:50
93	106323	4156	José Gomes	50-54	CDASJ Duatlo	00:22:45	00:37:48	00:11:44	01:12:17	00:18:55
94	106648	3955	Rui Figueiredo	30-34	DAR-Recardães EXPansion	00:22:49	00:37:57	00:11:31	01:12:17	00:18:55

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#	Lic.	Dors.	Nome	Esc.	Equipa	Corrida	Ciclismo	Corrida	T.Total	Diff.
95	100227	5553	Paulo Henriques	50-54	Individual	00:23:05	00:37:13	00:12:01	01:12:19	00:18:57
96	101415	4174	Pedro Bernardo	45-49	Louletano	00:23:00	00:37:12	00:12:47	01:12:59	00:19:37
97	101522	4629	António Jorge Martinho	55-59	Clube Oriental de Lisboa	00:24:22	00:37:03	00:12:29	01:13:54	00:20:32
98	106736	2685	Rui Silva	35-39	Individual	00:22:14	00:39:47	00:11:53	01:13:54	00:20:32
99	102127	4351	João Rodrigues	60-64	CDASJ Duatlo	00:23:57	00:37:40	00:12:31	01:14:08	00:20:46
100	100453	4478	Fernando Pombo	70-74	Outsystems Olímpico de Oeiras	00:22:33	00:39:53	00:11:50	01:14:16	00:20:54
101	102541	4019	Joaquim Figueiredo	65-69	Palmela Desporto / Tripla Rotação	00:22:29	00:40:37	00:11:36	01:14:42	00:21:20
102	105663	5251	Pedro Casal Ribeiro	45-49	Triatlo Fundação Salesianos	00:23:25	00:39:28	00:12:05	01:14:58	00:21:36
103	105571	5219	Rui Velez	55-59	Clube Oriental de Lisboa	00:24:47	00:38:15	00:12:16	01:15:18	00:21:56
104	105664	5252	Bruno Ricardo	60-64	Triatlo Fundação Salesianos	00:24:31	00:38:40	00:12:18	01:15:29	00:22:07
105	101323	4624	Jorge Bernardo	50-54	AmoraSub/Associação Naval Amorense	00:23:59	00:40:20	00:11:48	01:16:07	00:22:45
106	103879	3776	Sergio Maquinista	35-39	REPSOL TRIATLO	00:22:53	00:41:42	00:11:50	01:16:25	00:23:03
107	108018	5657	Joao Costa	40-44	Triatlo Fundação Salesianos	00:24:24	00:40:30	00:12:16	01:17:10	00:23:48
108	106654	4057	Alexandre Carvalho	45-49	CNCVG	00:23:57	00:41:13	00:12:16	01:17:26	00:24:04
109	103933	4943	Vitor Paulo	45-49	Clube Oriental de Lisboa	00:24:32	00:39:39	00:13:37	01:17:48	00:24:26
110	102433	4086	Miguel Rocha	50-54	Clube de Futebol Os Belenenses	00:24:38	00:40:57	00:12:21	01:17:56	00:24:34
111	106426	4532	Antonio Queiros	40-44	Individual	00:24:33	00:41:35	00:12:18	01:18:26	00:25:04
112	104537	4159	Nuno Miguel Nobre	45-49	SUC - Silvestre Festas / Moonsport Innerme	00:24:54	00:40:09	00:13:51	01:18:54	00:25:32
113	101529	4346	Jorge Carreiras	55-59	Clube Oriental de Lisboa	-	-	-	01:19:15	00:25:53
114	106878	2727	Luis Alemão	35-39	Mirachoro Hotels/CCP/Churrasqueira do Vau	00:23:44	00:43:33	00:12:55	01:20:12	00:26:50
115	106584	4052	Rui Afonso	50-54	Clube de Futebol Os Belenenses	00:24:33	00:44:04	00:12:03	01:20:40	00:27:18
116	107009	5406	Jorge Gois	45-49	Individual	00:26:25	00:39:44	00:14:51	01:21:00	00:27:38
117	104978	5120	Nuno Duarte	45-49	Individual	-	-	-	01:21:02	00:27:40
118	100120	4461	Carlos Dias	60-64	AmoraSub/Associação Naval Amorense	00:27:57	00:40:04	00:14:25	01:22:26	00:29:04
119	107119	5521	Pedro Ferreira	50-54	Individual	00:26:19	00:43:47	00:13:33	01:23:39	00:30:17
120	108363	5799	Luís Braz	40-44	GDR Manique de Cima	00:32:13	00:49:02	00:17:21	01:38:36	00:45:14
121	101561	4409	Francisco Cipriano	80-84	AMCR Fonte Grada	00:38:04	00:54:57	00:20:25	01:53:26	01:00:04
DSQ	106592	5724	Pedro Lourenço	40-44	Mirachoro Hotels/CCP/Churrasqueira do Vau	00:21:08	00:33:55	-	DSQ	
DNF	107972	3095	Nicolas Ezequiel Puliani	25-29	Vasco da Gama Atlético Clube Sines	00:18:46	-	-	DNF	
DNS	107981	5622	João Rodrigues	40-44	Louletano	-	-	-	DNS	
DNS	106915	2733	Lucas Peixoto	25-29	REPSOL TRIATLO	-	-	-	DNS	
DNS	102526	4263	Pedro Ribeiro	50-54	GDR Manique de Cima	-	-	-	DNS	
DNS	105051	3278	Leandro Fonseca	35-39	Mirachoro Hotels/CCP/Churrasqueira do Vau	-	-	-	DNS	

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#	Lic.	Dors.	Nome	Esc.	Equipa	Corrida	Ciclismo	Corrida	T.Total	Diff.
DNS	100285	4072	Renato Fidalgo	60-64	Individual	-	-	-	DNS	
DNS	107207	4575	Armino Correia	60-64	REPSOL TRIATLO	-	-	-	DNS	
DNS	100283	2993	João Maria Inácio	20-24	Pimpões Triatlo	-	-	-	DNS	
DNS	101850	3028	Carlos Carvalho	30-34	Outsystems Olímpico de Oeiras	-	-	-	DNS	