

Local da Prova: **Guarda**

Data: **03/07/2022**

Hora da Partida: **07:11:13**

Distancias: Natação - 1900

Ciclismo - 90000

Corrida - 21100

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
1	107028	2774	Alberto Casillas	30-34	Estoril Praia Credibom	00:24:57	00:01:43	02:23:10	00:01:14	01:24:22	04:15:26	00:00:00
2	101753	2565	José Cabeça	25-29	Estoril Praia Credibom	00:24:58	00:01:43	02:36:10	00:00:51	01:19:56	04:23:38	00:08:12
3	101614	2812	José Pedro Vieira	20-24	Clube de Natação de Torres Novas	00:23:05	00:01:26	02:28:54	00:00:43	01:30:01	04:24:09	00:08:43
4	102323	4197	Hugo Pina	40-44	CNCVG	00:28:44	00:02:22	02:34:03	00:00:40	01:22:46	04:28:35	00:13:09
5	107321	2866	Luis Moleiro	20-24	Clube de Natação de Torres Novas	00:28:03	00:01:46	02:32:48	00:01:03	01:25:54	04:29:34	00:14:08
6	101010	3704	Nuno Rodrigues	35-39	CNCVG	00:28:24	00:01:58	02:37:30	00:00:53	01:25:26	04:34:11	00:18:45
7	104735	3379	Bruno Santos	30-34	CNCVG	00:28:47	00:02:21	02:39:20	00:00:50	01:24:28	04:35:46	00:20:20
8	100598	2584	André Duarte	25-29	Clube de Natação de Torres Novas	00:29:51	00:01:41	02:38:49	00:00:43	01:25:36	04:36:40	00:21:14
9	107042	2772	Diogo Allen Coelho	25-29	MARRETAS DO NORTE	00:30:56	00:02:16	02:31:36	00:01:00	01:32:28	04:38:16	00:22:50
10	103079	3824	João Rebelo	25-29	Vasco da Gama Atlético Clube Sines	00:28:28	00:02:26	02:38:13	00:00:46	01:29:59	04:39:52	00:24:26
11	106271	3438	Adriano Correia	30-34	Clube de Natação de Torres Novas	00:28:00	00:01:41	02:45:40	00:00:38	01:26:30	04:42:29	00:27:03
12	102259	5701	Rafael Gomes	40-44	Estoril Praia Credibom	00:30:06	00:02:06	02:41:15	00:00:49	01:29:02	04:43:18	00:27:52
13	100334	4272	Sergio Marques	40-44	CNATRIL Triatlo	00:28:20	00:01:40	02:42:37	00:01:04	01:30:04	04:43:45	00:28:19
14	104663	5513	Luis Mira Nunes	45-49	CNATRIL Triatlo	00:32:55	00:02:17	02:41:08	00:01:05	01:28:18	04:45:43	00:30:17
15	104009	3876	Mário Rocha	25-29	Clube dos Galitos	00:28:39	00:02:12	02:37:37	00:01:01	01:39:23	04:48:52	00:33:26
16	104362	3964	Duarte Pais	35-39	MARRETAS DO NORTE	00:28:37	00:02:26	02:47:12	00:01:22	01:32:43	04:52:20	00:36:54
17	107269	2847	Rodrigo Viana	25-29	MARRETAS DO NORTE	00:33:45	00:03:09	02:46:37	00:00:57	01:30:36	04:55:04	00:39:38
18	101824	4814	Gonçalo Resina	45-49	Núcleo do Sporting da Golegã	00:35:14	00:03:05	02:47:54	00:00:51	01:33:18	05:00:22	00:44:56
19	100787	2556	Afonso Garcia	25-29	Outsystems Olímpico de Oeiras	00:25:51	00:01:50	02:48:12	00:01:33	01:43:32	05:00:58	00:45:32
20	103671	4372	João Faria	50-54	Associação Académica de São Mamede	00:31:39	00:02:40	02:53:12	00:00:54	01:32:55	05:01:20	00:45:54
21	102530	5184	Nuno Silva	40-44	BEST	00:37:01	00:02:47	02:51:31	00:01:01	01:30:25	05:02:45	00:47:19
22	105210	3410	Pedro Ferreira da Silva	35-39	MARRETAS DO NORTE	00:30:28	00:02:23	02:51:10	00:01:41	01:37:34	05:03:16	00:47:50
23	105881	3951	Manuel Silva	20-24	Individual	00:29:29	00:02:46	02:54:39	00:01:29	01:37:37	05:06:00	00:50:34
24	104762	5295	João Mártires da Silva	40-44	Estoril Praia Credibom	00:32:29	00:02:30	02:49:22	00:01:47	01:41:18	05:07:26	00:52:00
25	105527	5209	Lourenço Mota	40-44	Clube dos Galitos	00:35:05	00:02:40	02:51:18	00:01:12	01:38:01	05:08:16	00:52:50
26	104758	4626	Rui Gomes	45-49	Sporting Clube de Espinho - FERSILVA	00:35:01	00:03:04	02:59:28	00:00:51	01:30:02	05:08:26	00:53:00
27	103874	3773	Adriano Luz Domingos	30-34	Vasco da Gama Atlético Clube Sines	00:31:48	00:02:55	02:57:30	00:01:06	01:35:15	05:08:34	00:53:08
28	101811	4151	António Calafate	55-59	Núcleo do Sporting da Golegã	00:28:37	00:02:31	02:49:45	00:01:02	01:46:44	05:08:39	00:53:13

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
29	104622	3197	Fábio Faustino	35-39	Vasco da Gama Atlético Clube Sines	00:33:47	00:02:47	02:47:42	00:00:51	01:44:53	05:10:00	00:54:34
30	100793	4032	Carlos Gomes	60-64	Outsystems Olímpico de Oeiras	00:36:16	00:02:43	02:52:15	00:01:17	01:37:48	05:10:19	00:54:53
31	106982	5759	Fabiano Vaz	40-44	Vasco da Gama Atlético Clube Sines	00:35:24	00:03:25	02:50:42	00:01:16	01:42:31	05:13:18	00:57:52
32	105444	3604	Miguel Ferreira	35-39	Clube dos Galitos	00:33:09	00:02:49	02:46:39	00:01:26	01:51:21	05:15:24	00:59:58
33	103093	2638	Rafael Travassos	20-24	CNATRIL Triatlo	00:28:29	00:01:58	03:04:06	00:01:40	01:41:32	05:17:45	01:02:19
34	104203	3919	Tiago Santos	35-39	DAR-Recardães EXPansion	00:33:17	00:02:44	02:49:20	00:01:18	01:51:37	05:18:16	01:02:50
35	100125	4397	Carlos Silva	55-59	Outsystems Olímpico de Oeiras	00:40:01	00:02:48	02:56:16	00:01:54	01:37:24	05:18:23	01:02:57
36	106375	4416	Fred Cerdeira	40-44	Estoril Praia Credibom	00:38:40	00:02:37	03:02:21	00:01:35	01:34:49	05:20:02	01:04:36
37	105613	8391	Tiago Encarnação	30-34	Não Federado	00:38:19	00:02:34	02:53:47	00:01:30	01:47:28	05:23:38	01:08:12
38	107657	5546	Alexandre Paiva Nunes	45-49	Individual	00:38:17	00:02:49	02:58:32	00:00:56	01:43:13	05:23:47	01:08:21
39	103724	5551	Nuno Lemos	45-49	Individual	00:34:46	00:03:54	02:52:02	00:01:58	01:52:18	05:24:58	01:09:32
40	0	8445	André Bernardo	20-24	Não Federado	00:43:24	00:02:50	03:07:12	00:01:46	01:30:03	05:25:15	01:09:49
41	105620	4918	Pedro Vieira	40-44	MARRETAS DO NORTE	00:42:28	00:03:43	02:54:10	00:01:04	01:47:21	05:28:46	01:13:20
42	101703	5036	António Moreira	40-44	Clube dos Galitos	00:35:03	00:02:29	03:10:05	00:01:24	01:40:10	05:29:11	01:13:45
43	108231	3313	Hugo Sá	25-29	MARRETAS DO NORTE	00:34:03	00:03:40	03:02:09	00:01:13	01:51:52	05:32:57	01:17:31
44	107643	2955	João Pedro Santos	35-39	BEST	00:37:06	00:03:22	03:03:51	00:01:33	01:47:45	05:33:37	01:18:11
45	108560	3651	Carlos Moreira	30-34	Sporting Clube de Espinho - FERSILVA	00:45:27	00:04:16	02:52:02	00:01:27	01:51:20	05:34:32	01:19:06
46	101738	5274	Ricardo Carvalho	40-44	Clube dos Galitos	00:35:49	00:03:15	03:02:13	00:00:58	01:53:14	05:35:29	01:20:03
47	108388	5807	Bruno Bertão	40-44	GRCD Leião Triatlo	00:44:32	00:03:48	03:10:17	00:01:40	01:36:23	05:36:40	01:21:14
48	103539	4118	Rui Silva	45-49	Sporting Clube de Espinho - FERSILVA	00:37:21	00:03:20	03:06:15	00:01:18	01:48:41	05:36:55	01:21:29
49	105599	4280	Ivo Magalhães	45-49	A. R. Casaense	00:35:17	00:02:52	03:04:43	00:02:06	01:54:01	05:38:59	01:23:33
50	104545	4205	Mauro Azevedo	50-54	A. R. Casaense	00:36:57	00:03:35	03:22:41	00:01:04	01:40:37	05:44:54	01:29:28
51	107005	5207	Jorge Nunes	60-64	G.D.GOMA	00:46:48	00:03:26	03:13:03	00:01:42	01:40:44	05:45:43	01:30:17
52	107972	3095	Nicolas Ezequiel Puliani	25-29	Vasco da Gama Atlético Clube Sines	00:35:04	00:02:24	03:04:33	00:01:29	02:02:54	05:46:24	01:30:58
53	105633	5227	Nuno Dantas	40-44	GRCD Leião Triatlo	00:39:46	00:04:31	03:16:09	00:01:35	01:47:02	05:49:03	01:33:37
54	103916	3793	Rui Melo	35-39	A. R. Casaense	00:36:59	00:02:10	03:15:12	00:00:48	01:57:01	05:52:10	01:36:44
55	101552	4521	Rogério Pires	50-54	Clube de Triatlo do Fundão	00:42:25	00:02:35	03:13:32	00:01:15	01:55:01	05:54:48	01:39:22
56	105549	5213	Marco Pereira	40-44	Associação Académica de São Mamede	00:41:25	00:02:58	03:13:52	00:01:10	01:55:45	05:55:10	01:39:44
57	105299	5167	Bruno Ornelas	45-49	CAFH	00:34:59	00:04:57	03:14:28	00:01:36	02:04:18	06:00:18	01:44:52
58	106193	3219	Miguel Simões	35-39	GRCD Leião Triatlo	00:36:09	00:03:34	03:11:00	00:01:23	02:15:57	06:08:03	01:52:37
59	105571	5219	Rui Velez	55-59	Clube Oriental de Lisboa	00:34:35	00:03:26	03:27:14	00:01:27	02:09:52	06:16:34	02:01:08
60	105386	5193	Nuno José	45-49	GRCD Leião Triatlo	00:36:49	00:03:49	03:04:31	00:02:15	02:30:23	06:17:47	02:02:21
61	104927	4173	Pedro Queiroz	45-49	SFRAA TRIATLO	00:38:15	00:03:06	03:24:26	00:01:42	02:11:18	06:18:47	02:03:21

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
62	106234	5469	Nuno Simões	45-49	CAFH	00:39:26	00:05:24	03:24:28	00:02:23	02:07:46	06:19:27	02:04:01
63	102251	4508	Vasco Borges	50-54	A. R. Casaense	00:36:32	00:03:06	03:26:04	00:01:13	02:17:23	06:24:18	02:08:52
64	102356	5600	Rui Costa	45-49	Individual	00:45:18	00:03:09	03:25:42	00:01:07	02:12:27	06:27:43	02:12:17
65	101442	4176	Vitor Grilo	55-59	Não Federado	00:35:00	00:06:04	03:40:20	00:04:24	02:02:32	06:28:20	02:12:54
66	101046	4016	Miguel Vieira	50-54	Associação Académica de São Mamede	00:39:18	00:03:56	03:30:07	00:01:09	02:28:53	06:43:23	02:27:57
67	107985	3109	Sandro Touil	25-29	Não Federado	00:41:55	00:11:26	03:36:33	00:01:33	02:14:01	06:45:28	02:30:02
68	105471	3617	Daniel Oliveira	35-39	Estoril Praia Credibom	00:35:33	00:03:03	03:36:35	00:02:06	02:37:54	06:55:11	02:39:45
69	106243	5474	Carlos Semedo	45-49	CAFH	00:47:32	00:06:34	03:57:03	00:01:47	02:35:48	07:28:44	03:13:18
DNF	107300	4892	Bruno Lindorfo	40-44	Alhandra Sporting Club	00:36:14	00:03:31	03:15:06	00:01:13	-	DNF	
DNF	107708	2244	Tomás Teixeira	JUN	CNCVG	00:28:17	00:02:09	02:33:42	00:01:18	-	DNF	
DNF	106348	3485	Filipe Henriques	30-34	Estoril Praia Credibom	00:31:00	00:02:22	02:43:36	00:01:30	-	DNF	
DNF	101866	4894	Rui Costa	45-49	Exército de Portugal	00:36:24	00:03:26	02:50:49	00:01:59	-	DNF	
DNF	107205	2819	Bruno Ferreira	30-34	GDR Manique de Cima	00:44:00	00:04:35	02:53:18	00:02:35	-	DNF	
DNF	107254	4701	Jorge Leite	50-54	Outsystems Olímpico de Oeiras	00:41:25	00:05:25	03:27:04	00:02:45	-	DNF	
DNF	106123	5391	Daniel Leão	40-44	Alhandra Sporting Club	00:48:53	00:05:52	-	-	-	DNF	
DNF	107618	5449	João Santos	55-59	GRCD Leão Triatlo	00:35:06	00:02:56	-	-	-	DNF	
DNF	101964	4765	Nelson Mestre	40-44	Lusitano / Frusoad	00:28:37	00:01:56	-	-	-	DNF	
DNF	101520	5067	Tiago Lobo	40-44	Mc Donald´s/Tribraga	00:31:54	-	-	-	-	DNF	
DNS	107675	2971	André Costa	35-39	MARRETAS DO NORTE	-	-	-	-	-	DNS	
DNS	107497	5737	Dário Silvestre	40-44	SUC - Silvestre Festas / MoonSPORT Innerme	-	-	-	-	-	DNS	
DNS	107530	5738	Didio Silvestre	40-44	SUC - Silvestre Festas / MoonSPORT Innerme	-	-	-	-	-	DNS	
DNS	103828	4654	Luis Diogo Santos	45-49	SUC - Silvestre Festas / MoonSPORT Innerme	-	-	-	-	-	DNS	
DNS	100352	4749	Telmo Veloso	45-49	Clube Zupper	-	-	-	-	-	DNS	
DNS	104791	4840	José Lima	45-49	MARRETAS DO NORTE	-	-	-	-	-	DNS	
DNS	102519	4794	Filipe Ramos	45-49	SUC - Silvestre Festas / MoonSPORT Innerme	-	-	-	-	-	DNS	
DNS	102524	4798	Jorge Vieira	50-54	SUC - Silvestre Festas / MoonSPORT Innerme	-	-	-	-	-	DNS	
DNS	102073	4451	Mário Machado	50-54	SUC - Silvestre Festas / MoonSPORT Innerme	-	-	-	-	-	DNS	
DNS	0	8464	Cristobal Dios	30-34	Não Federado	-	-	-	-	-	DNS	