

Local da Prova: **Abrantes**

Data: **10-07-2022**

Hora da Partida: **10:37:05**

Distancias: Natação - 750

Ciclismo - 18600

Corrida - 4500

Classificação Absoluta - Femininos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
1	101274	2514	Inês Oliveira	25-29	Sporting Clube de Portugal	00:09:16	00:01:15	00:32:05	00:00:49	00:15:00	00:58:25	00:00:00
2	100957	2800	Mariana Vargem	20-24	CNF	00:09:47	00:01:15	00:31:22	00:00:38	00:15:31	00:58:33	00:00:08
3	104367	3967	Raquel Rocha	25-29	CNATRIL Triatlo	00:09:31	00:01:16	00:31:48	00:00:46	00:16:07	00:59:28	00:01:03
4	100671	3162	Inês Rico	20-24	Alhandra Sporting Club	00:09:08	00:01:14	00:34:15	00:00:52	00:16:21	01:01:50	00:03:25
5	103073	1516	Cassilda Carvalho	CAD	Sport Lisboa e Benfica	00:09:08	00:01:14	00:34:18	00:00:46	00:16:35	01:02:01	00:03:36
6	103427	2862	Beatriz Ferreira	20-24	Clube de Natação de Torres Novas	00:11:02	00:01:10	00:33:36	00:00:48	00:15:46	01:02:22	00:03:57
7	106503	3677	Mariana Marques	30-34	CNATRIL Triatlo	00:11:14	00:01:26	00:33:20	00:00:52	00:15:34	01:02:26	00:04:01
8	101605	3560	Joana Miranda	20-24	Clube de Natação de Torres Novas	00:09:37	00:01:15	00:34:57	00:00:47	00:17:26	01:04:02	00:05:37
9	100515	2275	Rafaela Cananó Silva	JUN	Sport Lisboa e Benfica	00:09:27	00:01:07	00:35:41	00:00:47	00:17:14	01:04:16	00:05:51
10	104354	1929	Matilde Tomás	CAD	Alhandra Sporting Club	00:09:58	00:01:17	00:35:07	00:00:40	00:17:36	01:04:38	00:06:13
11	102427	1967	Bruna Belo	CAD	ADRAP Madeira	00:10:37	00:01:21	00:33:55	00:00:51	00:18:14	01:04:58	00:06:33
12	102284	1931	Ana Carapeta	CAD	Alhandra Sporting Club	00:09:43	00:01:19	00:36:40	00:00:41	00:17:00	01:05:23	00:06:58
13	104884	1928	Sofia Santos Rocha	CAD	Sporting Clube de Portugal	00:10:19	00:01:20	00:36:11	00:00:44	00:17:35	01:06:09	00:07:44
14	102210	1854	Luisa Miranda	CAD	Sport Lisboa e Benfica	00:10:56	00:01:15	00:35:37	00:00:50	00:17:33	01:06:11	00:07:46
15	103057	1912	Inês Filipa Sousa	CAD	Alhandra Sporting Club	00:09:22	00:01:26	00:35:25	00:00:43	00:20:16	01:07:12	00:08:47
16	107943	1922	Inês Rilo	CAD	Pimpões Triatlo	00:10:53	00:01:26	00:36:29	00:00:41	00:17:49	01:07:18	00:08:53
17	100844	1906	Sara Pereira	CAD	Outsystems Olímpico de Oeiras	00:10:57	00:01:15	00:36:45	00:00:59	00:18:23	01:08:19	00:09:54
18	100502	1867	Beatriz Boal	CAD	Alhandra Sporting Club	00:10:23	00:01:19	00:36:01	00:00:51	00:20:02	01:08:36	00:10:11
19	100690	2285	Luana Quaresma	JUN	Alhandra Sporting Club	00:09:33	00:01:24	00:38:28	00:00:45	00:18:44	01:08:54	00:10:29
20	108475	3556	Lara Kunze	25-29	Clube Oriental de Lisboa	00:12:28	00:01:28	00:37:08	00:01:14	00:16:46	01:09:04	00:10:39
21	100760	2254	Catarina Moutinho	JUN	Clube de Natação de Torres Novas	00:11:17	00:01:27	00:36:07	00:00:47	00:19:55	01:09:33	00:11:08
22	104550	1900	Mafalda Leirião	CAD	Clube de Natação de Torres Novas	00:10:24	00:01:15	00:37:17	00:00:45	00:20:45	01:10:26	00:12:01
23	107787	3010	Francisca Parente	25-29	Outsystems Olímpico de Oeiras	00:13:19	00:01:25	00:37:43	00:00:49	00:17:21	01:10:37	00:12:12
24	103703	1542	Sofia Corrêa	CAD	Alhandra Sporting Club	00:10:56	00:01:27	00:38:20	00:00:50	00:19:22	01:10:55	00:12:30
25	103686	2151	Margarida Barão	JUN	Sporting Clube de Portugal	00:09:29	00:01:21	00:38:37	00:00:49	00:20:56	01:11:12	00:12:47
26	108089	3209	Sara Neto	30-34	Clube de Futebol Os Belenenses	00:14:20	00:01:34	00:37:17	00:01:02	00:17:02	01:11:15	00:12:50
27	102665	1545	Ana Jorge	CAD	CAPGE	00:11:05	00:01:16	00:40:21	00:00:45	00:18:13	01:11:40	00:13:15
28	100720	1935	Tatiana Marques	CAD	Alhandra Sporting Club	00:10:10	00:01:28	00:39:55	00:00:46	00:20:44	01:13:03	00:14:38

Classificação Absoluta - Femininos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
29	100141	4605	Fernanda Marques Santinha	50-54	Clube Oriental de Lisboa	00:14:24	00:01:59	00:37:59	00:01:02	00:17:54	01:13:18	00:14:53
30	107577	2927	Filipa Vieira	35-39	Louletano	00:15:14	00:01:41	00:37:29	00:01:05	00:17:53	01:13:22	00:14:57
31	102027	1843	Luna Neves	CAD	Sporting Clube de Portugal	00:10:41	00:01:16	00:40:40	00:00:54	00:20:42	01:14:13	00:15:48
32	100696	4506	Maria Sousa	45-49	Clube Oriental de Lisboa	00:15:29	00:01:49	00:37:03	00:01:07	00:19:11	01:14:39	00:16:14
33	105584	2837	Catarina Dias	20-24	Outsystems Olímpico de Oeiras	00:11:35	00:01:24	00:40:30	00:00:55	00:20:29	01:14:53	00:16:28
34	104217	2290	Maria Rodrigues	JUN	Outsystems Olímpico de Oeiras	00:10:10	00:01:28	00:41:26	00:01:00	00:20:49	01:14:53	00:16:28
35	105392	5196	Malvina Gomes	40-44	Palmela Desporto / Tripla Rotação	00:13:25	00:01:29	00:39:22	00:01:07	00:19:37	01:15:00	00:16:35
36	105472	5421	Carla Guerra	45-49	CNCVG	00:13:53	00:01:50	00:37:31	00:01:16	00:21:20	01:15:50	00:17:25
37	105917	1859	Marta Atalaya Rebelo	CAD	Outsystems Olímpico de Oeiras	00:10:43	00:01:39	00:42:26	00:00:57	00:20:51	01:16:36	00:18:11
38	107410	2892	Claire Josquin	25-29	CNATRIL Triatlo	00:15:21	00:01:41	00:41:57	00:01:13	00:17:11	01:17:23	00:18:58
39	106947	5042	Elaine Holmes	50-54	CNATRIL Triatlo	00:13:50	00:01:55	00:40:27	00:01:01	00:20:20	01:17:33	00:19:08
40	108111	3232	Marta Alexandra Costa	30-34	Clube de Triatlo do Fundão	00:14:43	00:02:05	00:40:16	00:01:07	00:19:34	01:17:45	00:19:20
41	103155	2260	Maria Inês França	JUN	CNCVG	00:12:11	00:01:21	00:41:30	00:01:01	00:21:58	01:18:01	00:19:36
42	106758	1520	Leonor Fazendeiro	CAD	Sport Lisboa e Benfica	00:12:27	00:01:27	00:43:19	00:01:01	00:20:03	01:18:17	00:19:52
43	106531	3175	Marta Barbosa	20-24	CNCVG	00:12:06	00:01:25	00:41:46	00:00:54	00:22:55	01:19:06	00:20:41
44	104698	1901	Cláudia Orvalho	CAD	Clube de Natação de Torres Novas	00:11:21	00:01:22	00:42:53	00:00:57	00:22:47	01:19:20	00:20:55
45	100997	2255	Filipa Gomes	JUN	Outsystems Olímpico de Oeiras	00:11:53	00:01:38	00:43:33	00:00:54	00:21:51	01:19:49	00:21:24
46	100697	1866	Maria Calçada	CAD	Alhandra Sporting Club	00:10:47	00:01:30	00:42:58	00:00:58	00:23:59	01:20:12	00:21:47
47	103050	4638	Sara Colaço	45-49	Clube Oriental de Lisboa	00:14:12	00:02:09	00:41:09	00:01:44	00:22:34	01:21:48	00:23:23
48	101545	4558	Maria João Rico	50-54	Clube de Triatlo do Fundão	00:16:23	00:02:12	00:42:39	00:01:16	00:19:31	01:22:01	00:23:36
49	104271	4494	Ana Vieira Lopes	50-54	Clube Oriental de Lisboa	00:15:55	00:02:26	00:40:29	00:01:56	00:21:51	01:22:37	00:24:12
50	107156	2799	Andreia Lourenço	35-39	CNCVG	00:19:33	00:01:50	00:40:34	00:01:36	00:19:30	01:23:03	00:24:38
51	106714	5525	Tânia Rodrigues	40-44	AmoraSub/Associação Naval Amorense	00:16:47	00:02:10	00:41:31	00:01:23	00:21:22	01:23:13	00:24:48
52	108040	5674	Cacau Figueiredo	45-49	AmoraSub/Associação Naval Amorense	00:20:04	00:01:46	00:40:13	00:01:05	00:20:12	01:23:20	00:24:55
53	103934	3811	Joana Moura	30-34	Clube Oriental de Lisboa	00:14:11	00:02:14	00:42:23	00:01:57	00:25:20	01:26:05	00:27:40
54	104276	1827	Leonor Medronheira	CAD	Palmela Desporto / Tripla Rotação	00:12:23	00:01:44	00:48:00	00:00:50	00:23:15	01:26:12	00:27:47
55	103688	1821	Mariana Paulino	CAD	CNCVG	00:11:22	00:01:50	00:50:21	00:01:13	00:24:31	01:29:17	00:30:52
56	0	8215	Catarina Feijão	30-34	Não Federado	00:17:04	00:02:14	00:44:07	00:01:20	00:25:28	01:30:13	00:31:48
DNF	104204	3141	Beatriz Nunes Santos	20-24	Outsystems Olímpico de Oeiras	00:09:39	00:01:13	-	-	-	DNF	