

Local da Prova: **Abrantes**

Data: **10-07-2022**

Hora da Partida: **10:32:05**

Distancias: Natação - 750

Ciclismo - 18600

Corrida - 4500

Classificação Absoluta - Masculinos

| # | Lic. | Dors. | Nome | Esc. | Equipa | Natação | T1 | Ciclismo | T2 | Corrida | T.Total | Diff. |
|----|--------|-------|---------------------------|-------|----------------------------------|----------|----------|----------|----------|----------|----------|----------|
| 1 | 101609 | 1835 | João Nuno Batista | CAD | Clube de Natação de Torres Novas | 00:08:23 | 00:01:00 | 00:27:49 | 00:00:37 | 00:12:58 | 00:50:47 | 00:00:00 |
| 2 | 100424 | 2824 | Gonçalo Oliveira | 20-24 | Clube de Natação de Torres Novas | 00:08:30 | 00:01:01 | 00:27:40 | 00:00:43 | 00:13:03 | 00:50:57 | 00:00:10 |
| 3 | 100235 | 3803 | Pedro Afonso Pinto Gaspar | 25-29 | Outsystems Olímpico de Oeiras | 00:08:25 | 00:01:01 | 00:27:47 | 00:00:36 | 00:13:16 | 00:51:05 | 00:00:18 |
| 4 | 101999 | 3139 | Alexandre Montez | 20-24 | Outsystems Olímpico de Oeiras | 00:08:22 | 00:01:02 | 00:27:44 | 00:00:39 | 00:13:40 | 00:51:27 | 00:00:40 |
| 5 | 105758 | 2203 | Diogo Tomé | JUN | Sport Lisboa e Benfica | 00:08:13 | 00:01:05 | 00:27:57 | 00:00:32 | 00:14:05 | 00:51:52 | 00:01:05 |
| 6 | 103108 | 2840 | Hugo Figueiredo | 20-24 | Sporting Clube de Portugal | 00:08:44 | 00:00:58 | 00:28:42 | 00:00:37 | 00:13:03 | 00:52:04 | 00:01:17 |
| 7 | 100354 | 2813 | Afonso do Canto | 20-24 | Clube de Natação de Torres Novas | 00:08:32 | 00:01:04 | 00:28:41 | 00:00:34 | 00:13:31 | 00:52:22 | 00:01:35 |
| 8 | 101627 | 1833 | Pedro Afonso Razões | CAD | Clube de Natação de Torres Novas | 00:08:32 | 00:00:58 | 00:28:49 | 00:00:42 | 00:13:39 | 00:52:40 | 00:01:53 |
| 9 | 103699 | 2277 | Gabriel Santos | JUN | Sport Lisboa e Benfica | 00:08:03 | 00:01:08 | 00:29:06 | 00:01:16 | 00:13:17 | 00:52:50 | 00:02:03 |
| 10 | 102382 | 2284 | José Tadeia | JUN | Alhandra Sporting Club | 00:08:37 | 00:01:07 | 00:29:02 | 00:00:33 | 00:13:59 | 00:53:18 | 00:02:31 |
| 11 | 100629 | 2827 | Afonso Nunes | 20-24 | Alhandra Sporting Club | 00:08:38 | 00:01:05 | 00:29:04 | 00:00:36 | 00:14:03 | 00:53:26 | 00:02:39 |
| 12 | 101538 | 2623 | Guilherme Pires | 20-24 | Clube de Natação de Torres Novas | 00:08:17 | 00:01:05 | 00:28:47 | 00:00:37 | 00:14:45 | 00:53:31 | 00:02:44 |
| 13 | 107028 | 2774 | Alberto Casillas | 30-34 | Estoril Praia Credibom | 00:09:12 | 00:01:09 | 00:28:20 | 00:00:43 | 00:14:14 | 00:53:38 | 00:02:51 |
| 14 | 102921 | 1911 | Rodrigo Pissarra | CAD | Alhandra Sporting Club | - | - | - | - | - | 00:53:44 | 00:02:57 |
| 15 | 104381 | 3213 | João Dias | 20-24 | Sporting Clube de Portugal | 00:08:27 | 00:01:08 | 00:28:44 | 00:00:41 | 00:14:49 | 00:53:49 | 00:03:02 |
| 16 | 107064 | 2227 | João Canadas | JUN | Outsystems Olímpico de Oeiras | 00:08:21 | 00:01:07 | 00:29:16 | 00:00:43 | 00:14:27 | 00:53:54 | 00:03:07 |
| 17 | 106308 | 2264 | João Vaz | JUN | Sporting Clube de Portugal | 00:08:57 | 00:01:02 | 00:28:46 | 00:00:36 | 00:14:34 | 00:53:55 | 00:03:08 |
| 18 | 105354 | 2278 | Pedro Carvalho | JUN | Sport Lisboa e Benfica | 00:08:48 | 00:01:01 | 00:29:36 | 00:00:36 | 00:14:10 | 00:54:11 | 00:03:24 |
| 19 | 101289 | 2222 | Miguel Agoas Catarino | JUN | Outsystems Olímpico de Oeiras | 00:08:50 | 00:01:09 | 00:28:46 | 00:00:42 | 00:15:22 | 00:54:49 | 00:04:02 |
| 20 | 102465 | 8425 | António Barata | 20-24 | Sport Lisboa e Benfica | 00:09:25 | 00:01:06 | 00:30:08 | 00:00:40 | 00:14:32 | 00:55:51 | 00:05:04 |
| 21 | 105033 | 1914 | José Ferreira | CAD | Sporting Clube de Portugal | 00:08:51 | 00:01:12 | 00:29:43 | 00:00:42 | 00:15:29 | 00:55:57 | 00:05:10 |
| 22 | 100675 | 3062 | João Bernardo Queirós | 20-24 | Outsystems Olímpico de Oeiras | 00:08:58 | 00:01:07 | 00:28:44 | 00:00:45 | 00:16:35 | 00:56:09 | 00:05:22 |
| 23 | 105458 | 1521 | Pedro Vitorino | CAD | Alhandra Sporting Club | 00:08:48 | 00:01:05 | 00:31:00 | 00:00:43 | 00:15:03 | 00:56:39 | 00:05:52 |
| 24 | 104855 | 3720 | Tiago Lopes | 25-29 | Outsystems Olímpico de Oeiras | 00:11:05 | 00:01:14 | 00:29:42 | 00:00:49 | 00:13:57 | 00:56:47 | 00:06:00 |
| 25 | 100447 | 2253 | Antonio Vaz Pedro | JUN | Outsystems Olímpico de Oeiras | 00:08:36 | 00:01:11 | 00:28:56 | 00:00:42 | 00:17:28 | 00:56:53 | 00:06:06 |
| 26 | 108107 | 2261 | Marcos Rilo | JUN | Pimpões Triatlo | 00:09:50 | 00:01:07 | 00:30:53 | 00:00:35 | 00:14:29 | 00:56:54 | 00:06:07 |
| 27 | 103745 | 3143 | Abel Afonso | 20-24 | Clube de Natação de Torres Novas | 00:08:42 | 00:01:14 | 00:32:00 | 00:00:39 | 00:14:25 | 00:57:00 | 00:06:13 |
| 28 | 102222 | 3815 | Ricardo Rosado | 35-39 | Núcleo do Sporting da Golegã | 00:10:51 | 00:01:11 | 00:29:53 | 00:00:42 | 00:14:55 | 00:57:32 | 00:06:45 |

Classificação Absoluta - Masculinos

| # | Lic. | Dors. | Nome | Esc. | Equipa | Natação | T1 | Ciclismo | T2 | Corrida | T.Total | Diff. |
|----|--------|-------|------------------------|-------|------------------------------------|----------|----------|----------|----------|----------|----------|----------|
| 29 | 105032 | 1913 | Afonso Ferreira | CAD | Sporting Clube de Portugal | 00:09:27 | 00:01:11 | 00:31:24 | 00:00:44 | 00:14:47 | 00:57:33 | 00:06:46 |
| 30 | 104099 | 1902 | Manel Bartolomeu | CAD | Clube de Natação de Torres Novas | 00:08:32 | 00:01:09 | 00:30:06 | 00:00:43 | 00:17:11 | 00:57:41 | 00:06:54 |
| 31 | 100655 | 1849 | David Borda d'Água | CAD | Alhandra Sporting Club | 00:09:35 | 00:01:12 | 00:31:05 | 00:00:36 | 00:15:28 | 00:57:56 | 00:07:09 |
| 32 | 102512 | 1864 | Vasco Silva | CAD | Outsystems Olímpico de Oeiras | 00:09:32 | 00:01:06 | 00:31:24 | 00:00:42 | 00:15:37 | 00:58:21 | 00:07:34 |
| 33 | 108559 | 3650 | Nelson Oliveira | 25-29 | AmoraSub/Associação Naval Amorense | 00:09:53 | 00:01:18 | 00:32:07 | 00:00:41 | 00:15:45 | 00:59:44 | 00:08:57 |
| 34 | 106979 | 1908 | André Duarte Jorge | CAD | Outsystems Olímpico de Oeiras | 00:09:48 | 00:01:14 | 00:32:06 | 00:00:51 | 00:15:49 | 00:59:48 | 00:09:01 |
| 35 | 103109 | 1909 | Tomás Figueiredo | CAD | Outsystems Olímpico de Oeiras | 00:10:17 | 00:01:14 | 00:31:41 | 00:00:47 | 00:16:04 | 01:00:03 | 00:09:16 |
| 36 | 106615 | 4135 | Bruno Teles Grilo | 45-49 | Estoril Praia Credibom | 00:10:09 | 00:01:16 | 00:32:02 | 00:00:52 | 00:15:46 | 01:00:05 | 00:09:18 |
| 37 | 102225 | 1855 | Tiago Margarido | CAD | Sport Lisboa e Benfica | 00:10:17 | 00:01:13 | 00:31:28 | 00:00:41 | 00:16:29 | 01:00:08 | 00:09:21 |
| 38 | 103079 | 3824 | João Rebelo | 25-29 | Vasco da Gama Atlético Clube Sines | 00:11:01 | 00:01:28 | 00:32:00 | 00:00:42 | 00:14:59 | 01:00:10 | 00:09:23 |
| 39 | 107913 | 3089 | André Picado | 20-24 | Alhandra Sporting Club | 00:09:22 | 00:01:21 | 00:32:50 | 00:00:41 | 00:16:00 | 01:00:14 | 00:09:27 |
| 40 | 103803 | 1517 | Afonso Ferreira | CAD | Sport Lisboa e Benfica | - | - | - | - | - | 01:00:20 | 00:09:33 |
| 41 | 108073 | 3186 | João Piedade | 30-34 | Individual | 00:10:05 | 00:01:23 | 00:32:39 | 00:00:47 | 00:15:37 | 01:00:31 | 00:09:44 |
| 42 | 105629 | 3326 | José Nunes | 20-24 | Alhandra Sporting Club | 00:09:29 | 00:01:25 | 00:32:10 | 00:00:41 | 00:16:53 | 01:00:38 | 00:09:51 |
| 43 | 107631 | 2949 | Simão Albuquerque | 25-29 | Clube 4 Estilos | 00:11:12 | 00:01:10 | 00:33:21 | 00:00:37 | 00:14:37 | 01:00:57 | 00:10:10 |
| 44 | 100462 | 2577 | João Canas | 25-29 | Sporting Clube de Portugal | 00:10:03 | 00:01:14 | 00:31:40 | 00:00:42 | 00:17:38 | 01:01:17 | 00:10:30 |
| 45 | 100835 | 3708 | Octávio Vicente | 35-39 | Tramagal Sport União | 00:12:33 | 00:01:15 | 00:31:54 | 00:00:39 | 00:15:01 | 01:01:22 | 00:10:35 |
| 46 | 103775 | 1836 | Francisco Borges | CAD | Clube de Natação de Torres Novas | 00:09:15 | 00:01:15 | 00:31:35 | 00:00:44 | 00:18:34 | 01:01:23 | 00:10:36 |
| 47 | 102637 | 2262 | Diogo Carvalhinho | JUN | Pimpões Triatlo | 00:10:30 | 00:01:15 | 00:32:37 | 00:00:46 | 00:16:18 | 01:01:26 | 00:10:39 |
| 48 | 103874 | 3773 | Adriano Luz Domingos | 30-34 | Vasco da Gama Atlético Clube Sines | 00:11:50 | 00:01:38 | 00:32:18 | 00:00:50 | 00:14:50 | 01:01:26 | 00:10:39 |
| 49 | 100658 | 1838 | Dinis Barrocas | CAD | Alhandra Sporting Club | 00:09:53 | 00:01:17 | 00:31:48 | 00:00:46 | 00:17:46 | 01:01:30 | 00:10:43 |
| 50 | 104622 | 3197 | Fábio Faustino | 35-39 | Vasco da Gama Atlético Clube Sines | 00:12:10 | 00:01:23 | 00:31:57 | 00:00:44 | 00:15:17 | 01:01:31 | 00:10:44 |
| 51 | 103261 | 1529 | Vasco Saraiva de Melo | CAD | SFRAA TRIATLO | 00:09:25 | 00:01:14 | 00:32:27 | 00:01:19 | 00:17:08 | 01:01:33 | 00:10:46 |
| 52 | 106925 | 2736 | Rui Martins | 35-39 | Sporting Clube de Portugal | 00:12:13 | 00:01:32 | 00:32:00 | 00:00:48 | 00:15:13 | 01:01:46 | 00:10:59 |
| 53 | 101291 | 4704 | Ricardo Lanceiro | 45-49 | Clube de Futebol Os Belenenses | 00:12:15 | 00:01:20 | 00:32:09 | 00:00:53 | 00:15:10 | 01:01:47 | 00:11:00 |
| 54 | | 3215 | Diogo Nunes | 20-24 | Sporting Clube de Portugal | 00:11:08 | 00:01:13 | 00:33:26 | 00:00:44 | 00:15:18 | 01:01:49 | 00:11:02 |
| 55 | 100479 | 1506 | Rafael Santos | CAD | SFRAA TRIATLO | 00:10:54 | 00:01:19 | 00:32:16 | 00:00:48 | 00:16:53 | 01:02:10 | 00:11:23 |
| 56 | 104762 | 5295 | João Mártires da Silva | 40-44 | Estoril Praia Credibom | 00:12:36 | 00:01:20 | 00:31:46 | 00:00:46 | 00:15:48 | 01:02:16 | 00:11:29 |
| 57 | 103335 | 1879 | David Fernandes | CAD | Clube Triatlo de Abrantes | 00:09:47 | 00:01:12 | 00:32:00 | 00:00:44 | 00:18:45 | 01:02:28 | 00:11:41 |
| 58 | 107266 | 1916 | Rodrigo Nunes | CAD | Sporting Clube de Portugal | 00:11:26 | 00:01:16 | 00:33:05 | 00:00:42 | 00:16:06 | 01:02:35 | 00:11:48 |
| 59 | 101811 | 4151 | António Calafate | 55-59 | Núcleo do Sporting da Golegã | 00:10:38 | 00:01:53 | 00:32:06 | 00:01:09 | 00:16:51 | 01:02:37 | 00:11:50 |
| 60 | 103093 | 2638 | Rafael Travassos | 20-24 | CNATRIL Triatlo | 00:10:24 | 00:01:17 | 00:32:45 | 00:00:59 | 00:17:21 | 01:02:46 | 00:11:59 |
| 61 | 100590 | 4142 | Paulo Figueiredo | 50-54 | Individual | 00:11:40 | 00:01:23 | 00:31:30 | 00:00:53 | 00:17:24 | 01:02:50 | 00:12:03 |

Classificação Absoluta - Masculinos

| # | Lic. | Dors. | Nome | Esc. | Equipa | Natação | T1 | Ciclismo | T2 | Corrida | T.Total | Diff. |
|----|--------|-------|------------------------------|-------|--|----------|----------|----------|----------|----------|----------|----------|
| 62 | 107972 | 3095 | Nicolas Ezequiel Puliani | 25-29 | Vasco da Gama Atlético Clube Sines | 00:12:10 | 00:01:20 | 00:33:11 | 00:00:42 | 00:15:29 | 01:02:52 | 00:12:05 |
| 63 | 106405 | 2219 | André Sousa | JUN | Outsystems Olímpico de Oeiras | 00:09:40 | 00:01:20 | 00:33:08 | 00:01:00 | 00:17:45 | 01:02:53 | 00:12:06 |
| 64 | 101008 | 4105 | Mario Pires | 45-49 | Clube de Futebol Os Belenenses | 00:12:20 | 00:01:27 | 00:32:48 | 00:00:51 | 00:15:57 | 01:03:23 | 00:12:36 |
| 65 | 106232 | 3310 | Leonel Marques | 35-39 | CNCVG | 00:13:01 | 00:01:23 | 00:32:11 | 00:00:59 | 00:15:54 | 01:03:28 | 00:12:41 |
| 66 | 106745 | 2692 | Ricardo Oliveira Gaspar | 30-34 | FET-Fátima Escola de Triatlo | 00:13:47 | 00:01:32 | 00:32:04 | 00:00:52 | 00:15:19 | 01:03:34 | 00:12:47 |
| 67 | 102063 | 4171 | Eduardo Costa | 45-49 | SUC - Silvestre Festas / MoonSport Innerme | 00:09:21 | 00:01:15 | 00:33:31 | 00:00:49 | 00:18:43 | 01:03:39 | 00:12:52 |
| 68 | 104617 | 4652 | João Morais | 40-44 | Estoril Praia Credibom | 00:11:19 | 00:01:45 | 00:32:42 | 00:01:05 | 00:16:53 | 01:03:44 | 00:12:57 |
| 69 | 102296 | 1930 | tiago miguel casinha | CAD | CNCVG | 00:11:11 | 00:01:17 | 00:34:06 | 00:00:41 | 00:16:37 | 01:03:52 | 00:13:05 |
| 70 | 108589 | 5864 | Bruno Costa | 40-44 | Clube de Triatlo do Fundão | 00:12:38 | 00:01:54 | 00:32:07 | 00:00:57 | 00:16:17 | 01:03:53 | 00:13:06 |
| 71 | 101162 | 2207 | Gonçalo Coelho | JUN | CNCVG | 00:09:45 | 00:01:23 | 00:34:06 | 00:00:52 | 00:17:56 | 01:04:02 | 00:13:15 |
| 72 | 105677 | 1862 | Miguel Neves | CAD | Sport Lisboa e Benfica | 00:11:11 | 00:01:15 | 00:34:31 | 00:00:41 | 00:16:25 | 01:04:03 | 00:13:16 |
| 73 | 101836 | 5588 | Luís Cancela | 45-49 | Tramagal Sport União | 00:14:55 | 00:01:15 | 00:31:52 | 00:00:55 | 00:15:07 | 01:04:04 | 00:13:17 |
| 74 | 100283 | 2993 | João Maria Inácio | 20-24 | Pimpões Triatlo | 00:13:01 | 00:01:34 | 00:31:57 | 00:00:53 | 00:16:42 | 01:04:07 | 00:13:20 |
| 75 | 107651 | 2959 | Bernardo Dionísio | 20-24 | Sport Lisboa e Benfica | 00:08:56 | 00:01:34 | 00:35:19 | 00:00:59 | 00:17:33 | 01:04:21 | 00:13:34 |
| 76 | 106328 | 1519 | Afonso Fazendeiro | CAD | Sport Lisboa e Benfica | 00:09:28 | 00:01:18 | 00:33:40 | 00:00:48 | 00:19:10 | 01:04:24 | 00:13:37 |
| 77 | 107198 | 4561 | Rui Fonseca | 45-49 | Clube de Futebol Os Belenenses | 00:12:26 | 00:01:25 | 00:34:06 | 00:00:56 | 00:16:06 | 01:04:59 | 00:14:12 |
| 78 | 108612 | 3678 | Miguel Pecegueiro | 30-34 | Individual | 00:13:38 | 00:01:29 | 00:32:37 | 00:01:18 | 00:16:35 | 01:05:37 | 00:14:50 |
| 79 | 106982 | 5759 | Fabiano Vaz | 40-44 | Vasco da Gama Atlético Clube Sines | 00:13:42 | 00:01:55 | 00:32:36 | 00:01:01 | 00:16:35 | 01:05:49 | 00:15:02 |
| 80 | 101521 | 3159 | André Jesus | 35-39 | Clube Oriental de Lisboa | 00:14:30 | 00:01:28 | 00:32:45 | 00:00:59 | 00:16:20 | 01:06:02 | 00:15:15 |
| 81 | 101531 | 4530 | Luís Filipe Valente | 50-54 | Clube Oriental de Lisboa | 00:13:06 | 00:01:32 | 00:33:17 | 00:00:54 | 00:17:32 | 01:06:21 | 00:15:34 |
| 82 | 104060 | 1881 | Vasco Nunes | CAD | Alhandra Sporting Club | 00:09:28 | 00:01:13 | 00:38:38 | 00:00:35 | 00:16:29 | 01:06:23 | 00:15:36 |
| 83 | 107866 | 5606 | Bernardo Pessoa | 40-44 | Louletano | 00:12:45 | 00:01:39 | 00:33:28 | 00:01:04 | 00:18:02 | 01:06:58 | 00:16:11 |
| 84 | 100757 | 4043 | Bruno Pais | 40-44 | Estoril Praia Credibom | 00:09:52 | 00:01:32 | 00:32:41 | 00:00:50 | 00:22:07 | 01:07:02 | 00:16:15 |
| 85 | 106270 | 2726 | David António Serrão Martins | 30-34 | Vasco da Gama Atlético Clube Sines | 00:13:41 | 00:01:51 | 00:33:20 | 00:01:41 | 00:16:41 | 01:07:14 | 00:16:27 |
| 86 | 101824 | 4814 | Gonçalo Resina | 45-49 | Núcleo do Sporting da Golegã | 00:15:17 | 00:01:36 | 00:33:24 | 00:01:01 | 00:15:57 | 01:07:15 | 00:16:28 |
| 87 | 100570 | 4472 | Carlos Fernandes | 45-49 | SFRAA TRIATLO | 00:12:04 | 00:01:30 | 00:34:18 | 00:00:50 | 00:18:38 | 01:07:20 | 00:16:33 |
| 88 | 103096 | 1878 | André Canhoto | CAD | Outsystems Olímpico de Oeiras | 00:10:10 | 00:01:17 | 00:37:14 | 00:00:44 | 00:18:08 | 01:07:33 | 00:16:46 |
| 89 | 103321 | 4860 | Renato Araújo | 50-54 | AmoraSub/Associação Naval Amorense | 00:14:00 | 00:01:27 | 00:34:20 | 00:00:56 | 00:17:09 | 01:07:52 | 00:17:05 |
| 90 | 100578 | 4703 | Henrique Matias | 45-49 | CNATRIL Triatlo | 00:12:10 | 00:01:39 | 00:34:43 | 00:00:55 | 00:18:57 | 01:08:24 | 00:17:37 |
| 91 | 102096 | 4678 | José Massaça | 50-54 | Clube Oriental de Lisboa | 00:14:43 | 00:01:24 | 00:34:58 | 00:00:58 | 00:16:44 | 01:08:47 | 00:18:00 |
| 92 | 100681 | 4003 | João Miguel Nunes | 55-59 | Alhandra Sporting Club | 00:14:01 | 00:01:26 | 00:34:15 | 00:00:49 | 00:18:25 | 01:08:56 | 00:18:09 |
| 93 | 100201 | 4617 | Marco Cruz | 50-54 | Mc Donald's/Tribraga | 00:12:54 | 00:01:33 | 00:34:27 | 00:01:10 | 00:18:54 | 01:08:58 | 00:18:11 |
| 94 | 105906 | 1549 | João Vasques | CAD | CAPGE | 00:11:21 | 00:01:17 | 00:35:20 | 00:00:51 | 00:20:44 | 01:09:33 | 00:18:46 |

Classificação Absoluta - Masculinos

| # | Lic. | Dors. | Nome | Esc. | Equipa | Natação | T1 | Ciclismo | T2 | Corrida | T.Total | Diff. |
|-----|--------|-------|-----------------------|-------|------------------------------------|----------|----------|----------|----------|----------|----------|----------|
| 95 | 103129 | 4895 | Paulo Goulart | 50-54 | Clube de Futebol Os Belenenses | 00:12:35 | 00:01:32 | 00:34:48 | 00:00:58 | 00:19:43 | 01:09:36 | 00:18:49 |
| 96 | 108035 | 3153 | Sergio Vicente | 35-39 | AmoraSub/Associação Naval Amorense | 00:13:59 | 00:01:57 | 00:34:57 | 00:01:02 | 00:17:51 | 01:09:46 | 00:18:59 |
| 97 | 105815 | 5548 | António Patrício | 40-44 | Estoril Praia Credibom | 00:12:12 | 00:01:47 | 00:36:40 | 00:01:03 | 00:18:21 | 01:10:03 | 00:19:16 |
| 98 | 106402 | 1891 | Rafael Assis | CAD | Pimpões Triatlo | 00:11:09 | 00:01:28 | 00:39:00 | 00:00:42 | 00:18:02 | 01:10:21 | 00:19:34 |
| 99 | 108062 | 3173 | Pedro Sanguino | 35-39 | CNATRIL Triatlo | 00:13:39 | 00:01:59 | 00:35:59 | 00:01:14 | 00:17:33 | 01:10:24 | 00:19:37 |
| 100 | 107993 | 3117 | David Fernandes | 35-39 | Sporting Clube de Portugal | 00:15:16 | 00:01:41 | 00:33:49 | 00:01:02 | 00:18:39 | 01:10:27 | 00:19:40 |
| 101 | 104728 | 4531 | Pedro Rico | 45-49 | Peniche A. C. | 00:12:00 | 00:01:44 | 00:35:54 | 00:01:09 | 00:19:56 | 01:10:43 | 00:19:56 |
| 102 | 104185 | 8397 | Francisco Magro | CAD | Aminata Triatlo | 00:10:07 | 00:01:11 | 00:37:09 | 00:00:46 | 00:21:37 | 01:10:50 | 00:20:03 |
| 103 | 108439 | 5826 | Bruno Pereira | 45-49 | AmoraSub/Associação Naval Amorense | 00:14:03 | 00:01:49 | 00:35:54 | 00:01:22 | 00:18:04 | 01:11:12 | 00:20:25 |
| 104 | 101065 | 4060 | António Moura | 60-64 | Pimpões Triatlo | 00:13:58 | 00:01:42 | 00:35:58 | 00:00:45 | 00:18:52 | 01:11:15 | 00:20:28 |
| 105 | 101435 | 4121 | Paulo Codinha | 55-59 | Triatlo Clube Tap | 00:12:28 | 00:01:50 | 00:36:40 | 00:01:10 | 00:19:18 | 01:11:26 | 00:20:39 |
| 106 | 105790 | 5310 | Nuno Navalho | 45-49 | FET-Fátima Escola de Triatlo | 00:16:04 | 00:02:14 | 00:35:04 | 00:01:17 | 00:16:54 | 01:11:33 | 00:20:46 |
| 107 | 107646 | 2956 | Ricardo Silva | 25-29 | LXTRIATHLON | 00:13:30 | 00:01:27 | 00:36:02 | 00:00:59 | 00:19:36 | 01:11:34 | 00:20:47 |
| 108 | 107844 | 1892 | Artur Resende Santana | CAD | Clube Triatlo de Abrantes | 00:14:56 | 00:01:40 | 00:36:54 | 00:01:12 | 00:17:00 | 01:11:42 | 00:20:55 |
| 109 | 104973 | 1841 | Vasco Sequeira | CAD | CNCVG | 00:12:05 | 00:01:28 | 00:39:22 | 00:01:15 | 00:17:38 | 01:11:48 | 00:21:01 |
| 110 | 106991 | 2765 | José Madeira | 35-39 | CNATRIL Triatlo | 00:15:02 | 00:01:43 | 00:36:42 | 00:01:37 | 00:16:56 | 01:12:00 | 00:21:13 |
| 111 | 108702 | 3734 | Daniel Jose Cesario | 35-39 | AmoraSub/Associação Naval Amorense | 00:14:35 | 00:02:11 | 00:34:06 | 00:01:10 | 00:20:01 | 01:12:03 | 00:21:16 |
| 112 | 101089 | 4108 | Paulo Renato Santos | 55-59 | Peniche A. C. | 00:14:29 | 00:01:31 | 00:35:56 | 00:01:04 | 00:19:07 | 01:12:07 | 00:21:20 |
| 113 | 108110 | 3228 | Pedro Miguel Maurício | 30-34 | Clube de Triatlo do Fundão | 00:14:01 | 00:01:53 | 00:36:43 | 00:00:58 | 00:19:28 | 01:13:03 | 00:22:16 |
| 114 | 104267 | 2963 | Ruben Matos | 30-34 | Clube Triatlo de Abrantes | 00:11:41 | 00:01:28 | 00:38:42 | 00:00:51 | 00:20:22 | 01:13:04 | 00:22:17 |
| 115 | 0 | 8384 | Pedro Pinheiro | 45-49 | Não Federado | 00:14:58 | 00:02:02 | 00:35:29 | 00:00:57 | 00:19:42 | 01:13:08 | 00:22:21 |
| 116 | 104954 | 5078 | Patrick Ebrero | 45-49 | Peniche A. C. | 00:16:04 | 00:02:06 | 00:35:13 | 00:01:11 | 00:18:41 | 01:13:15 | 00:22:28 |
| 117 | 108234 | 3314 | Daniel Doe | 30-34 | Individual | 00:15:00 | 00:01:37 | 00:35:42 | 00:01:09 | 00:19:56 | 01:13:24 | 00:22:37 |
| 118 | 104138 | 4322 | Adolfo Vagos | 50-54 | Peniche A. C. | 00:16:12 | 00:01:36 | 00:36:11 | 00:00:58 | 00:19:07 | 01:14:04 | 00:23:17 |
| 119 | 100210 | 4535 | Miguel Gaivão | 60-64 | Individual | 00:14:48 | 00:01:47 | 00:37:37 | 00:01:00 | 00:18:56 | 01:14:08 | 00:23:21 |
| 120 | 101396 | 5696 | Rui Trovão | 40-44 | REPSOL TRIATLO | 00:13:52 | 00:01:32 | 00:39:01 | 00:01:11 | 00:18:39 | 01:14:15 | 00:23:28 |
| 121 | 101066 | 4221 | António Vitorino | 50-54 | Peniche A. C. | 00:16:29 | 00:01:20 | 00:36:11 | 00:00:55 | 00:19:29 | 01:14:24 | 00:23:37 |
| 122 | 105549 | 5213 | Marco Pereira | 40-44 | Associação Académica de São Mamede | 00:15:29 | 00:01:51 | 00:36:51 | 00:01:01 | 00:19:30 | 01:14:42 | 00:23:55 |
| 123 | 102104 | 4545 | Paulo Ferreira | 45-49 | Triatlo Clube Tap | 00:15:56 | 00:01:59 | 00:36:22 | 00:01:28 | 00:19:02 | 01:14:47 | 00:24:00 |
| 124 | 105501 | 2635 | Pedro Afonso Marques | 20-24 | Clube Triatlo de Abrantes | 00:14:02 | 00:01:23 | 00:38:46 | 00:00:47 | 00:19:59 | 01:14:57 | 00:24:10 |
| 125 | 106916 | 4992 | Gustavo Antunes | 40-44 | Individual | 00:14:15 | 00:02:10 | 00:39:00 | 00:01:01 | 00:19:27 | 01:15:53 | 00:25:06 |
| 126 | 103720 | 4445 | João Cunha Rêgo | 45-49 | Triatlo Clube Tap | 00:15:52 | 00:02:06 | 00:37:44 | 00:01:41 | 00:19:13 | 01:16:36 | 00:25:49 |
| 127 | 108047 | 5681 | Marco Rocha | 45-49 | Outsystems Olímpico de Oeiras | 00:15:27 | 00:02:34 | 00:38:51 | 00:01:34 | 00:18:18 | 01:16:44 | 00:25:57 |

Classificação Absoluta - Masculinos

| # | Lic. | Dors. | Nome | Esc. | Equipa | Natação | T1 | Ciclismo | T2 | Corrida | T.Total | Diff. |
|-----|--------|-------|------------------------------|-------|------------------------------------|----------|----------|----------|----------|----------|----------|----------|
| 128 | 103976 | 4972 | João Albuquerque | 55-59 | Clube 4 Estilos | 00:15:51 | 00:02:02 | 00:36:10 | 00:01:16 | 00:21:30 | 01:16:49 | 00:26:02 |
| 129 | 105321 | 5175 | Joao Serralha | 40-44 | Clube de Futebol Os Belenenses | 00:10:56 | 00:01:59 | 00:41:27 | 00:01:13 | 00:21:27 | 01:17:02 | 00:26:15 |
| 130 | 108701 | 5898 | João Santos Silva | 30-34 | Individual | 00:15:49 | 00:02:24 | 00:40:01 | 00:01:34 | 00:17:24 | 01:17:12 | 00:26:25 |
| 131 | 106284 | 4413 | Ricardo Baldaia | 40-44 | LXTRIATHLON | 00:16:41 | 00:01:56 | 00:37:49 | 00:00:59 | 00:19:58 | 01:17:23 | 00:26:36 |
| 132 | 104451 | 4803 | Miguel Tolda | 45-49 | Núcleo do Sporting da Golegã | 00:13:08 | 00:01:48 | 00:41:46 | 00:01:12 | 00:19:42 | 01:17:36 | 00:26:49 |
| 133 | 108610 | 5871 | José Carlos Antunes Damas | 60-64 | Clube Triatlo de Abrantes | 00:17:36 | 00:02:17 | 00:35:27 | 00:01:20 | 00:21:10 | 01:17:50 | 00:27:03 |
| 134 | 103371 | 4879 | Rui Vasques Fonseca | 55-59 | Clube de Futebol Os Belenenses | 00:14:13 | 00:02:06 | 00:40:15 | 00:01:30 | 00:20:45 | 01:18:49 | 00:28:02 |
| 135 | 102433 | 4086 | Miguel Rocha | 50-54 | Clube de Futebol Os Belenenses | 00:14:19 | 00:01:54 | 00:40:20 | 00:01:31 | 00:20:46 | 01:18:50 | 00:28:03 |
| 136 | 108419 | 3471 | Pedro Borges | 35-39 | Individual | 00:12:57 | 00:02:15 | 00:43:09 | 00:01:35 | 00:19:28 | 01:19:24 | 00:28:37 |
| 137 | 105571 | 5219 | Rui Velez | 55-59 | Clube Oriental de Lisboa | 00:17:13 | 00:02:14 | 00:38:38 | 00:01:11 | 00:20:26 | 01:19:42 | 00:28:55 |
| 138 | 101440 | 4195 | Sérgio Ogasawara de Oliveira | 50-54 | Triatlo Clube Tap | 00:17:05 | 00:01:53 | 00:38:34 | 00:01:29 | 00:20:53 | 01:19:54 | 00:29:07 |
| 139 | 101541 | 4432 | João Matos | 50-54 | Clube de Triatlo do Fundão | 00:15:02 | 00:01:54 | 00:39:29 | 00:01:14 | 00:23:41 | 01:21:20 | 00:30:33 |
| 140 | 102223 | 5743 | Rui Salgueiro | 45-49 | Tramagal Sport União | 00:17:18 | 00:01:57 | 00:37:48 | 00:01:14 | 00:23:19 | 01:21:36 | 00:30:49 |
| 141 | 102939 | 4513 | Carlos Pereira | 55-59 | AmoraSub/Associação Naval Amorense | 00:16:00 | 00:01:37 | 00:41:54 | 00:00:57 | 00:21:35 | 01:22:03 | 00:31:16 |
| 142 | 106920 | 2735 | Artur Conde | 30-34 | Clube de Natação de Torres Novas | 00:12:29 | 00:01:27 | 00:45:16 | 00:01:04 | 00:22:12 | 01:22:28 | 00:31:41 |
| 143 | 102933 | 4498 | João Galhordas | 50-54 | Individual | 00:15:59 | 00:03:05 | 00:42:57 | 00:01:12 | 00:20:00 | 01:23:13 | 00:32:26 |
| 144 | 0 | 8439 | Renato Pauleta | 55-59 | Não Federado | 00:14:31 | 00:03:21 | 00:43:15 | 00:01:02 | 00:22:11 | 01:24:20 | 00:33:33 |
| 145 | 104914 | 5027 | Pedro Costa Pereira | 55-59 | Estoril Praia Credibom | 00:15:40 | 00:02:08 | 00:40:18 | 00:01:21 | 00:25:03 | 01:24:30 | 00:33:43 |
| 146 | 106736 | 2685 | Rui Silva | 35-39 | Individual | 00:15:50 | 00:02:13 | 00:44:24 | 00:01:55 | 00:21:10 | 01:25:32 | 00:34:45 |
| 147 | 108713 | 8398 | José Palma | 35-39 | Vasco da Gama Atlético Clube Sines | 00:16:02 | 00:02:05 | 00:43:27 | 00:01:37 | 00:22:54 | 01:26:05 | 00:35:18 |
| 148 | 101076 | 4075 | José Peixoto | 60-64 | Peniche A. C. | 00:18:34 | 00:01:42 | 00:43:04 | 00:01:13 | 00:23:38 | 01:28:11 | 00:37:24 |
| 149 | 101782 | 4403 | Paulo Santos | 55-59 | Clube Oriental de Lisboa | 00:21:06 | 00:03:48 | 00:45:35 | 00:02:02 | 00:19:31 | 01:32:02 | 00:41:15 |
| 150 | | 8453 | Joaquim Chaves | 50-54 | Individual | 00:15:57 | 00:04:08 | 00:46:19 | 00:03:13 | 00:24:08 | 01:33:45 | 00:42:58 |
| 151 | 108181 | 3280 | Pedro Fonseca | 30-34 | Individual | 00:17:21 | 00:04:06 | 00:48:36 | 00:01:51 | 00:22:15 | 01:34:09 | 00:43:22 |
| 152 | 101612 | 4431 | José Sérgio | 55-59 | Clube de Natação de Torres Novas | 00:18:19 | 00:02:41 | 00:46:49 | 00:01:37 | 00:33:34 | 01:43:00 | 00:52:13 |
| 153 | 101426 | 4342 | Luis Filipe Silva | 65-69 | Triatlo Clube Tap | 00:22:22 | 00:03:10 | 00:46:00 | 00:02:53 | 00:29:27 | 01:43:52 | 00:53:05 |
| DSQ | 100503 | 2258 | Bernardo Boal | JUN | Alhandra Sporting Club | 00:09:23 | 00:01:08 | 00:31:22 | 00:00:38 | - | DSQ | |
| DNF | 107599 | 2936 | Claudio Caramelo | 35-39 | Clube de Natação de Torres Novas | 00:16:44 | 00:02:33 | 00:52:23 | 00:02:31 | - | DNF | |
| DNF | 104006 | 4991 | Duarte Almeida | 55-59 | Estoril Praia Credibom | 00:15:42 | - | - | - | - | DNF | |