

Local da Prova: **Régua**

Data: **28/08/2022**

Hora da Partida: **08:04:45**

Distancias: Natação - 1900

Ciclismo - 90000

Corrida - 21100

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
1	100378	3816	Filipe Azevedo	25-29	Estoril Praia Credibom	00:24:20	00:01:27	02:06:18	00:01:23	01:15:39	03:49:07	00:00:00
2	100780	2508	Rafael Domingos	25-29	Estoril Praia Credibom	00:25:35	00:01:22	02:15:24	00:01:02	01:21:16	04:04:39	00:15:32
3	104009	3876	Mário Rocha	25-29	Clube dos Galitos	00:28:37	00:01:40	02:17:13	00:01:12	01:22:06	04:10:48	00:21:41
4	100598	2584	André Duarte	25-29	Clube de Natação de Torres Novas	00:28:37	00:01:35	02:21:47	00:01:15	01:18:59	04:12:13	00:23:06
5	102323	4197	Hugo Pina	40-44	CNCVG	00:27:35	00:01:53	02:17:53	00:01:19	01:23:39	04:12:19	00:23:12
6	106271	3438	Adriano Correia	30-34	Clube de Natação de Torres Novas	00:27:36	00:01:28	02:23:00	00:01:01	01:21:56	04:15:01	00:25:54
7	101010	3704	Nuno Rodrigues	35-39	CNCVG	00:28:41	00:01:53	02:21:20	00:01:13	01:22:27	04:15:34	00:26:27
8	101614	2812	José Pedro Vieira	20-24	Clube de Natação de Torres Novas	00:24:20	00:01:22	02:10:58	00:01:00	01:39:22	04:17:02	00:27:55
9	101964	4765	Nelson Mestre	40-44	Lusitano / Frusoal	00:29:16	00:01:48	02:20:43	00:01:08	01:25:30	04:18:25	00:29:18
10	102259	5701	Rafael Gomes	40-44	Estoril Praia Credibom	00:29:27	00:02:06	02:17:31	00:01:04	01:28:26	04:18:34	00:29:27
11	108758	5917	Lino Barruncho	45-49	Individual	00:32:37	00:01:54	02:19:47	00:01:31	01:23:21	04:19:10	00:30:03
12	104663	5513	Luis Mira Nunes	45-49	CNATRIL Triatlo	00:32:49	00:02:00	02:19:20	00:01:26	01:24:01	04:19:36	00:30:29
13	101865	4324	Rui Narigueta	45-49	Outsystems Olímpico de Oeiras	00:37:57	00:01:52	02:13:08	00:01:26	01:26:12	04:20:35	00:31:28
14	104974	3166	Eduardo Mourato	30-34	Estoril Praia Credibom	00:28:51	00:02:33	02:25:31	00:01:01	01:23:18	04:21:14	00:32:07
15	102120	4337	Paulo Martins	45-49	Sporting Clube de Espinho - FERSILVA	00:32:59	00:02:32	02:18:54	00:01:32	01:25:54	04:21:51	00:32:44
16	107042	2772	Diogo Allen Coelho	25-29	MARRETAS DO NORTE	00:29:54	00:02:48	02:16:29	00:01:28	01:31:15	04:21:54	00:32:47
17	107708	2244	Tomás Teixeira	JUN	CNCVG	00:28:31	00:02:06	02:21:30	00:00:58	01:29:00	04:22:05	00:32:58
18	104362	3964	Duarte Pais	35-39	MARRETAS DO NORTE	00:29:26	00:02:18	02:22:33	00:01:30	01:26:52	04:22:39	00:33:32
19	100787	2556	Afonso Garcia	25-29	Outsystems Olímpico de Oeiras	00:25:57	00:01:36	02:26:43	00:01:24	01:28:02	04:23:42	00:34:35
20	101538	2623	Guilherme Pires	20-24	Clube de Natação de Torres Novas	00:24:17	00:01:36	02:40:13	23:40:11	01:40:22	04:26:39	00:37:32
21	101071	4001	David Caldeirão	45-49	Louletano	00:29:06	00:01:49	02:20:51	00:01:18	01:35:50	04:28:54	00:39:47
22	106378	3569	Rui Martins	35-39	Núcleo do Sporting da Golegã	00:28:29	00:02:13	02:30:56	00:01:34	01:29:10	04:32:22	00:43:15
23	101866	4894	Rui Costa	45-49	Exército de Portugal	00:34:53	00:02:24	02:25:52	00:01:32	01:27:50	04:32:31	00:43:24
24	101824	4814	Gonçalo Resina	45-49	Núcleo do Sporting da Golegã	00:35:11	00:02:52	02:26:54	00:01:27	01:26:28	04:32:52	00:43:45
25	107269	2847	Rodrigo Viana	25-29	MARRETAS DO NORTE	00:32:41	00:03:18	02:28:41	00:01:30	01:27:18	04:33:28	00:44:21
26	103696	3523	Luis Ferreira	35-39	Núcleo do Sporting da Golegã	00:34:20	00:02:18	02:28:07	00:01:00	01:29:43	04:35:28	00:46:21
27	105881	3951	Manuel Silva	20-24	Individual	00:29:28	00:02:50	02:32:17	00:01:40	01:31:10	04:37:25	00:48:18
28	104454	3008	João Pacheco	35-39	Outsystems Olímpico de Oeiras	00:32:30	00:01:42	02:25:18	00:01:18	01:37:52	04:38:40	00:49:33

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
29	102119	4736	Nuno Fernandes	40-44	Sporting Clube de Espinho - FERSILVA	00:36:35	00:02:49	02:26:52	00:01:35	01:31:07	04:38:58	00:49:51
30	104758	4626	Rui Gomes	45-49	Sporting Clube de Espinho - FERSILVA	00:32:58	00:02:43	02:33:40	00:01:23	01:28:15	04:38:59	00:49:52
31	104735	3379	Bruno Santos	30-34	CNCVG	00:29:17	00:02:10	02:25:17	00:01:15	01:41:05	04:39:04	00:49:57
32	104783	3499	João Pedro Gomes	35-39	Núcleo do Sporting da Golegã	00:32:56	00:02:54	02:18:32	00:01:15	01:44:00	04:39:37	00:50:30
33	105527	5209	Lourenço Mota	40-44	Clube dos Galitos	00:34:54	00:03:01	-	-	-	04:39:50	00:50:43
34	104762	5295	João Mártires da Silva	40-44	Estoril Praia Credibom	00:32:50	00:02:22	02:28:03	00:01:44	01:35:55	04:40:54	00:51:47
35	105742	5286	Victor Simões	40-44	Louletano	00:33:56	00:02:55	02:25:07	00:01:53	01:37:33	04:41:24	00:52:17
36	103671	4372	João Faria	50-54	Associação Académica de São Mamede	00:30:02	00:02:32	02:32:30	00:01:14	01:35:59	04:42:17	00:53:10
37	101008	4105	Mario Pires	45-49	Clube de Futebol Os Belenenses	00:31:51	00:02:23	02:32:09	00:02:35	01:33:37	04:42:35	00:53:28
38	100603	4017	João Pedro Fulgêncio	45-49	Clube de Futebol Os Belenenses	00:31:42	00:02:05	02:27:45	00:02:08	01:39:26	04:43:06	00:53:59
39	106155	3170	Luís Fraga	35-39	Outsystems Olímpico de Oeiras	00:32:22	00:02:03	02:35:56	00:01:42	01:31:35	04:43:38	00:54:31
40	100266	4448	Sérgio Batalha	50-54	3B - triatlo	00:36:28	00:02:30	02:34:20	00:01:27	01:29:15	04:44:00	00:54:53
41	104010	5700	Marco Ferreira	40-44	Clube dos Galitos	00:32:46	00:01:52	02:27:48	00:01:37	01:40:11	04:44:14	00:55:07
42	103659	4367	José Peixoto	50-54	G.D.GOMA	00:36:29	00:03:13	02:28:29	00:01:16	01:35:11	04:44:38	00:55:31
43	106510	3699	Rúben Duarte	30-34	3B - triatlo	00:36:09	00:02:23	02:36:35	00:01:44	01:28:50	04:45:41	00:56:34
44	101811	4151	António Calafate	55-59	Núcleo do Sporting da Golegã	00:28:40	00:01:55	02:32:35	00:02:20	01:40:30	04:46:00	00:56:53
45	100328	3735	Ricardo Costa	35-39	Triatlo Clube Tap	00:29:23	00:02:29	02:36:39	00:01:34	01:36:37	04:46:42	00:57:35
46	101301	3322	António Fortuna	35-39	Individual	00:35:03	00:02:29	02:32:55	00:01:12	01:38:59	04:50:38	01:01:31
47	100125	4397	Carlos Silva	55-59	Outsystems Olímpico de Oeiras	00:39:39	00:02:30	02:32:18	00:02:13	01:34:15	04:50:55	01:01:48
48	107738	2994	Emanuel Freitas	30-34	Palmela Desporto / Tripla Rotação	00:33:36	00:01:46	02:43:16	00:00:55	01:32:25	04:51:58	01:02:51
49	105210	3410	Pedro Ferreira da Silva	35-39	MARRETAS DO NORTE	00:31:15	00:02:21	02:30:40	00:03:17	01:44:42	04:52:15	01:03:08
50	104118	4377	Pedro Mendonça	45-49	Louletano	00:38:22	00:03:20	02:31:26	00:01:40	01:38:14	04:53:02	01:03:55
51	101340	4102	João Fragoso	40-44	Estoril Praia Credibom	00:31:41	00:02:10	02:22:40	00:02:11	01:55:52	04:54:34	01:05:27
52	105139	5113	Diogo Pina Pereira	45-49	Triatlo Fundação Salesianos	00:34:46	00:02:22	02:35:33	00:01:12	01:40:44	04:54:37	01:05:30
53	100793	4032	Carlos Gomes	60-64	Outsystems Olímpico de Oeiras	00:35:51	00:02:46	02:38:00	00:01:54	01:37:37	04:56:08	01:07:01
54	100800	3026	David Maia	30-34	Outsystems Olímpico de Oeiras	00:32:11	00:02:02	02:38:28	00:01:41	01:41:48	04:56:10	01:07:03
55	106666	2670	Márcio Miguel	30-34	CNAL - Triatlo	00:34:43	00:02:57	02:35:06	00:01:25	01:43:20	04:57:31	01:08:24
56	103784	4404	Rui Gonçalo Vieira	40-44	Núcleo do Sporting da Golegã	00:34:05	00:03:23	02:41:24	00:01:32	01:37:26	04:57:50	01:08:43
57	101169	4245	Jorge Fonseca	40-44	Estoril Praia Credibom	00:32:40	00:02:12	02:31:33	00:01:36	01:49:57	04:57:58	01:08:51
58	100692	3795	Luís Merca	35-39	Alhandra Sporting Club	00:29:26	00:02:35	02:31:07	00:01:36	01:53:49	04:58:33	01:09:26
59	101558	4167	Carlos Maia	50-54	Sport Algés e Dafundo	00:35:59	00:03:01	02:31:31	00:01:57	01:46:30	04:58:58	01:09:51
60	104545	4205	Mauro Azevedo	50-54	A. R. Casaense	00:34:33	00:03:07	02:48:47	00:01:35	01:31:09	04:59:11	01:10:04
61	104841	3488	André Alves	35-39	Individual	00:41:49	00:03:38	02:35:30	00:01:52	01:39:09	05:01:58	01:12:51

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
62	107368	5055	Pedro Duarte	45-49	Individual	00:39:57	00:03:56	02:35:57	00:02:21	01:41:14	05:03:25	01:14:18
63	108046	3165	Renan Castro	35-39	Outsystems Olímpico de Oeiras	00:36:55	00:02:43	02:35:43	00:01:48	01:47:46	05:04:55	01:15:48
64	103213	5277	Gabriel Carvalho	40-44	Núcleo do Sporting da Golegã	00:34:05	00:03:34	02:33:01	00:02:08	01:52:30	05:05:18	01:16:11
65	104778	5630	João Ribeiro	40-44	Sporting Clube de Espinho - FERSILVA	00:41:37	00:02:47	02:38:04	00:01:39	01:42:29	05:06:36	01:17:29
66	107373	2878	Bruno Conceição	25-29	Clube dos Galitos	00:39:42	00:04:55	02:40:11	00:01:27	01:40:29	05:06:44	01:17:37
67	102925	4738	Bruno Fonseca	40-44	3B - triatlo	00:40:34	00:03:17	02:40:49	00:02:02	01:42:26	05:09:08	01:20:01
68	101738	5274	Ricardo Carvalho	40-44	Clube dos Galitos	00:36:32	00:02:44	02:39:26	00:01:14	01:49:24	05:09:20	01:20:13
69	100748	3218	Pedro M. Machado	35-39	Sport Algés e Dafundo	00:32:20	00:03:07	02:38:58	00:01:17	01:55:00	05:10:42	01:21:35
70	101065	4060	António Moura	60-64	Pimpões Triatlo	00:36:20	00:02:26	02:43:27	00:01:25	01:48:21	05:11:59	01:22:52
71	105599	4280	Ivo Magalhães	45-49	A. R. Casaense	00:33:59	00:03:03	02:35:57	00:01:41	01:57:45	05:12:25	01:23:18
72	108355	3389	João Garcia	20-24	Clube dos Galitos	00:34:47	00:03:29	02:48:57	00:01:24	01:45:37	05:14:14	01:25:07
73	101038	5666	João Moita	40-44	Associação Beat Your Limit!	00:34:56	00:03:23	02:46:24	00:01:50	01:48:06	05:14:39	01:25:32
74	108085	3201	Joao Sottomayor	30-34	Associação Beat Your Limit!	00:39:02	00:04:48	02:46:19	00:02:55	01:42:28	05:15:32	01:26:25
75	105293	5163	Hugo Henriques	45-49	Clube de Futebol Os Belenenses	00:39:30	00:03:54	02:44:53	00:01:58	01:45:41	05:15:56	01:26:49
76	108060	5685	António Ferreira	40-44	Individual	00:38:08	00:03:53	02:51:19	00:02:16	01:40:29	05:16:05	01:26:58
77	107256	4715	Áristides Bordalo	55-59	Estoril Praia Credibom	00:42:29	00:03:03	02:45:56	00:01:26	01:43:20	05:16:14	01:27:07
78	105620	4918	Pedro Vieira	40-44	MARRETAS DO NORTE	00:42:46	00:03:37	02:37:24	00:01:21	01:51:23	05:16:31	01:27:24
79	100625	4049	Nuno Costa	45-49	Outsystems Olímpico de Oeiras	00:32:05	00:03:19	02:47:28	00:01:30	01:52:34	05:16:56	01:27:49
80	101531	4530	Luís Filipe Valente	50-54	Clube Oriental de Lisboa	00:34:58	00:02:32	02:42:45	00:01:41	01:55:32	05:17:28	01:28:21
81	104789	4829	Jose Monteiro	55-59	Veteranos do Porto	00:48:07	00:02:41	02:45:15	00:02:21	01:40:11	05:18:35	01:29:28
82	104852	4261	Paulo Faria	40-44	Outsystems Olímpico de Oeiras	00:36:48	00:03:41	02:49:57	00:02:08	01:46:38	05:19:12	01:30:05
83	105571	5219	Rui Velez	55-59	Clube Oriental de Lisboa	00:34:59	00:03:15	02:44:01	00:01:30	01:55:53	05:19:38	01:30:31
84	100789	2557	André Fernandes	25-29	Clube de Natação da Amadora	00:26:20	00:02:03	02:33:44	00:01:29	02:16:41	05:20:17	01:31:10
85	100144	4059	Fernando Feijão	65-69	Individual	00:36:46	00:03:00	02:50:30	00:01:35	01:48:37	05:20:28	01:31:21
86	101522	4629	António Jorge Martinho	55-59	Clube Oriental de Lisboa	00:32:34	00:03:22	02:47:56	00:02:06	01:54:38	05:20:36	01:31:29
87	108315	5777	André Correia	40-44	Associação Beat Your Limit!	00:47:42	00:04:41	02:41:23	00:01:55	01:45:41	05:21:22	01:32:15
88	105549	5213	Marco Pereira	40-44	Associação Académica de São Mamede	00:42:08	00:02:36	02:46:30	00:01:11	01:49:04	05:21:29	01:32:22
89	102356	5600	Rui Costa	45-49	Individual	00:39:34	00:02:29	02:40:26	00:01:27	02:00:25	05:24:21	01:35:14
90	106911	2732	Gonçalo Bouhon	30-34	Individual	00:32:53	00:03:19	-	-	01:44:32	05:25:52	01:36:45
91	108495	3580	Nuno Oliveira	30-34	Vitória Sport Clube Triatlo	00:36:23	00:02:45	02:52:25	00:01:38	01:52:44	05:25:55	01:36:48
92	106481	3606	Pedro Magalhães	30-34	Individual	00:33:40	00:03:10	02:47:41	00:02:32	02:02:32	05:29:35	01:40:28
93	102251	4508	Vasco Borges	50-54	A. R. Casaense	00:36:50	00:02:44	02:46:56	00:01:28	02:01:38	05:29:36	01:40:29
94	105633	5227	Nuno Dantas	40-44	GRCD Leião Triatlo	00:39:52	00:03:31	03:00:09	00:01:40	01:44:35	05:29:47	01:40:40

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
95	105299	5167	Bruno Ornelas	45-49	CAFH	00:34:39	00:03:35	02:43:53	00:01:37	02:06:28	05:30:12	01:41:05
96	104646	4528	Gabriel Alves	55-59	3B - triatlo	00:41:34	00:03:09	02:45:28	00:02:34	01:59:03	05:31:48	01:42:41
97	103853	4663	Jorge Costa	50-54	Sporting Clube de Espinho - FERSILVA	00:36:25	00:04:20	02:54:53	00:02:07	01:54:42	05:32:27	01:43:20
98	103173	4427	Miguel David	50-54	Clube Oriental de Lisboa	00:34:31	00:03:57	02:50:43	00:01:58	02:03:21	05:34:30	01:45:23
99	107414	5208	Miguel Barnabé	55-59	Fc Ferreiras	00:40:14	00:03:02	02:49:06	00:02:03	02:00:20	05:34:45	01:45:38
100	103971	4971	Fernando Ferreira	50-54	Individual	00:39:49	00:03:36	02:52:52	00:02:16	01:58:08	05:36:41	01:47:34
101	107205	2819	Bruno Ferreira	30-34	GDR Manique de Cima	00:43:35	00:03:15	02:34:54	00:03:04	02:12:40	05:37:28	01:48:21
102	104714	5262	Luís Massapina	40-44	Fc Ferreiras	00:45:01	00:02:55	02:54:38	00:02:40	01:52:58	05:38:12	01:49:05
103	107877	3076	Hugo Fragoso	30-34	AmoraSub/Associação Naval Amorense	00:35:47	00:03:00	02:56:46	00:02:47	02:00:14	05:38:34	01:49:27
104	106970	5104	Luís Figueira	45-49	GRCD Leão Triatlo	00:34:51	00:03:44	02:56:34	00:03:00	02:01:49	05:39:58	01:50:51
105	100733	4792	João Seródio	40-44	Sport Algés e Dafundo	00:38:03	00:03:40	02:49:00	00:03:22	02:06:06	05:40:11	01:51:04
106	102519	4794	Filipe Ramos	45-49	SUC - Silvestre Festas / MoonSport Innerme	00:36:43	00:02:32	02:54:20	00:03:29	02:05:22	05:42:26	01:53:19
107	105553	5584	Alexandre Guimarães	45-49	Individual	00:45:21	00:03:35	02:42:24	00:01:37	02:09:54	05:42:51	01:53:44
108	108757	3807	Rony Santos	45-49	Sporting Clube de Espinho - FERSILVA	00:37:06	00:04:02	02:44:18	00:02:22	02:15:17	05:43:05	01:53:58
109	103529	4070	Ricardo Pereira	50-54	Estoril Praia Credibom	00:42:27	00:03:53	-	-	01:55:37	05:43:20	01:54:13
110	106916	4992	Gustavo Antunes	40-44	Individual	00:37:52	00:03:27	02:51:59	00:01:52	02:11:43	05:46:53	01:57:46
111	108001	5641	Luís Mendes	45-49	Individual	00:43:11	00:05:04	03:05:12	00:03:13	01:51:30	05:48:10	01:59:03
112	105489	5425	João Fernando	40-44	Sporting Clube de Espinho - FERSILVA	00:34:14	00:03:32	02:48:55	00:01:40	02:21:35	05:49:56	02:00:49
113	108409	5812	Ricardo Santos	40-44	Individual	00:40:23	00:03:38	02:54:03	00:02:04	02:10:14	05:50:22	02:01:15
114	108706	3739	João Ferreira	25-29	Individual	00:36:23	00:04:27	02:59:25	00:04:25	02:05:55	05:50:35	02:01:28
115	105639	3683	João Seródio	35-39	Try Portugal / V. Janes	00:39:28	00:02:53	02:36:09	00:02:32	02:29:34	05:50:36	02:01:29
116	104361	4833	Vitor Fonseca	40-44	Individual	00:45:15	00:04:13	-	-	02:00:20	05:53:45	02:04:38
117	101442	4176	Vitor Grilo	55-59	Triatlo Clube Tap	00:34:38	00:04:59	-	-	02:01:14	05:54:20	02:05:13
118	105174	5117	Helder Correia	45-49	Associação Académica de São Mamede	00:34:45	00:06:09	03:16:50	00:02:06	01:56:33	05:56:23	02:07:16
119	107254	4701	Jorge Leite	50-54	Outsystems Olímpico de Oeiras	00:39:33	00:05:00	-	-	02:00:04	05:56:32	02:07:25
120	106327	4164	Raul Azevedo	50-54	Individual	00:38:43	00:05:16	02:59:10	00:03:46	02:11:39	05:58:34	02:09:27
121	100743	4035	Paulo Jorge Correia Lamego	50-54	Sport Algés e Dafundo	00:34:42	00:03:17	02:58:49	00:01:29	02:26:46	06:05:03	02:15:56
122	104359	3961	Rafael Ferraz	35-39	Individual	00:35:00	00:03:32	02:53:08	00:03:10	02:30:20	06:05:10	02:16:03
123	103436	5914	Francisco Caldas	40-44	Sporting Clube de Espinho - FERSILVA	00:47:59	00:03:59	02:47:25	00:01:44	02:28:02	06:09:09	02:20:02
124	106197	5454	Celso Teixeira	55-59	Sporting Clube de Espinho - FERSILVA	00:45:49	00:04:17	02:53:10	00:02:25	02:25:00	06:10:41	02:21:34
125	106692	3068	Pedro Gonçalves	35-39	Clube Fluvial Vilacondense	00:52:57	00:03:46	03:11:22	00:01:47	02:00:58	06:10:50	02:21:43
126	108015	5656	Artur Alves	45-49	GRCD Leão Triatlo	00:40:37	00:04:01	-	-	02:17:52	06:11:04	02:21:57
127	103933	4943	Vitor Paulo	45-49	Clube Oriental de Lisboa	00:33:30	00:03:45	02:55:57	00:02:15	02:42:35	06:18:02	02:28:55

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
128	106159	5438	Paulo Martins	45-49	Clube Fluvial Vilacondense	00:40:33	00:02:45	-	-	02:28:45	06:20:06	02:30:59
129	103828	4654	Luis Diogo Santos	45-49	SUC - Silvestre Festas / MoonSport Innerme	00:28:31	00:01:48	02:21:48	00:01:13	03:29:21	06:22:41	02:33:34
130	105684	3725	Dário Lima Pereira	30-34	Vela de Tavira	00:45:55	00:03:38	03:11:21	00:02:24	02:33:39	06:36:57	02:47:50
131	106492	5165	Pedro Capelinha	50-54	CNCVG	00:37:39	00:03:24	-	-	03:07:06	06:55:12	03:06:05
DNF	103797	3682	João Gonçalves	35-39	Clube de Futebol Os Belenenses	00:30:47	00:01:49	02:21:38	00:02:08	-	DNF	
DNF	103916	3793	Rui Melo	35-39	A. R. Casaense	00:36:39	00:01:58	03:00:41	00:00:50	-	DNF	
DNF	105850	3844	João Feijão	35-39	Triatlo Clube Tap	00:36:06	00:02:04	02:33:35	00:02:03	-	DNF	
DNF	100813	3873	João Francisco Ferreira	25-29	Clube de Natação de Torres Novas	00:25:33	00:01:17	02:09:43	00:01:06	-	DNF	
DNF	102656	4278	João Martinho	40-44	CNATRIL Triatlo	00:29:21	00:02:08	02:30:12	00:02:43	-	DNF	
DNF	102489	4778	José Luís Almeida	50-54	Clube Millenniumbcp	00:40:41	00:03:21	02:59:07	00:02:22	-	DNF	
DNF	101443	4982	António José Braga Osório Gome	40-44	Paredes Aventura	00:35:54	00:02:49	02:34:24	00:01:44	-	DNF	
DNF	106164	5439	Luis Sarmento	50-54	Individual	00:29:19	00:03:40	02:46:42	00:02:00	-	DNF	
DNF	106963	5084	José Pina	40-44	Louletano	00:50:22	00:03:32	-	-	-	DNF	
DNS	100334	4272	Sergio Marques	40-44	CNATRIL Triatlo	00:28:35	00:01:35	02:18:55	00:01:20	-	DNS	
DNS	101753	2565	José Cabeça	25-29	Estoril Praia Credibom	-	-	-	-	-	DNS	
DNS	107321	2866	Luis Moleiro	20-24	Clube de Natação de Torres Novas	-	-	-	-	-	DNS	
DNS	107675	2971	André Costa	35-39	MARRETAS DO NORTE	-	-	-	-	-	DNS	
DNS	100318	3470	Mário Santos	35-39	CNATRIL Triatlo	-	-	-	-	-	DNS	
DNS	104606	4314	Goncalo Guedes Rodrigues	45-49	Veteranos do Porto	-	-	-	-	-	DNS	
DNS	107198	4561	Rui Fonseca	45-49	Clube de Futebol Os Belenenses	-	-	-	-	-	DNS	
DNS	101054	4569	Paulo Costa	50-54	Sporting Clube de Espinho - FERSILVA	-	-	-	-	-	DNS	
DNS	100209	4586	Miguel T Duarte	55-59	Individual	-	-	-	-	-	DNS	
DNS	101520	5067	Tiago Lobo	40-44	Mc Donald's/Tribraga	-	-	-	-	-	DNS	