

Local da Prova: **Pinhel**

Data: **11/09/2022**

Hora da Partida: **10:30:21**

Distancias: Natação - 750

Ciclismo - 20500

Corrida - 5000

**Classificação Absoluta - Femininos**

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
1	106520	232	Ana Caramelo	25-29	SFRAA TRIATLO	00:14:06	00:01:25	01:04:45	00:00:00	00:22:10	01:42:26	00:00:00
2	102210	247	Luisa Miranda	CAD	Sport Lisboa e Benfica	00:13:29	00:01:05	01:05:45	00:00:00	00:25:00	01:45:19	00:02:53
3	102221	251	Raquel Vital	CAD	Clube Triatlo de Abrantes	00:15:05	00:01:26	01:04:14	00:00:00	00:32:16	01:53:01	00:10:35
4	102452	225	Joana Hipólito	35-39	AMICICLO GRÂNDOLA	00:20:11	00:03:00	01:08:10	-	-	01:58:12	00:15:46
5	101825	220	Joana Fragata	45-49	AMICICLO GRÂNDOLA	00:16:53	00:02:23	01:14:12	00:00:00	00:30:44	02:04:12	00:21:46
6	100186	233	Brigitte Cardoso	35-39	SFRAA TRIATLO	00:19:13	00:01:35	01:15:20	00:00:00	00:28:27	02:04:35	00:22:09
7	107621	219	Inês Silva	30-34	AMICICLO GRÂNDOLA	00:18:13	00:01:58	01:15:21	00:01:40	00:37:05	02:14:17	00:31:51
8	104869	234	Sofia Cruz	20-24	SFRAA TRIATLO	00:18:47	00:01:53	01:32:14	00:02:01	00:28:58	02:23:53	00:41:27