

Local da Prova: **Pinhel**

Data: **11/09/2022**

Hora da Partida: **10:30:21**

Distancias: Natação - 750

Ciclismo - 20500

Corrida - 5000

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
1	100783	248	Tiago Maia	30-34	Sporting Clube de Espinho - FERSILVA	00:11:06	00:01:01	00:48:46	00:00:00	00:19:38	01:20:31	00:00:00
2	100436	258	Rui Jorge Dolores	35-39	AMICICLO GRÂNDOLA	00:12:28	00:01:08	00:49:06	00:00:00	00:19:57	01:22:39	00:02:08
3	100425	218	Hugo Baluga	25-29	AMICICLO GRÂNDOLA	00:13:49	00:01:05	00:50:07	00:00:00	00:19:26	01:24:27	00:03:56
4	103353	224	João Jesus	30-34	AMICICLO GRÂNDOLA	00:14:24	00:01:18	00:50:41	00:00:00	00:19:38	01:26:01	00:05:30
5	105354	244	Pedro Carvalho	JUN	Sport Lisboa e Benfica	00:11:03	00:01:03	00:55:01	00:00:00	00:20:48	01:27:55	00:07:24
6	103366	243	Dimis Ferreira	CAD	Clube de Natação de Torres Novas	00:11:39	00:01:15	00:53:26	-	-	01:28:35	00:08:04
7	102259	202	Rafael Gomes	40-44	Estoril Praia Credibom	00:13:42	00:01:23	00:52:14	00:00:00	00:21:20	01:28:39	00:08:08
8	102466	231	Manuel Dias	CAD	Individual	00:11:42	00:01:07	00:54:54	00:00:00	00:22:36	01:30:19	00:09:48
9	100835	226	Octávio Vicente	35-39	Tramagal Sport União	00:15:01	00:01:09	00:53:14	00:00:00	00:21:04	01:30:28	00:09:57
10	106936	238	Rui Matias	25-29	SFRAA TRIATLO	00:13:49	00:01:29	00:54:15	00:00:00	00:22:20	01:31:53	00:11:22
11	106328	245	Afonso Fazendeiro	CAD	Sport Lisboa e Benfica	00:11:07	00:01:03	00:57:38	00:00:00	00:24:28	01:34:16	00:13:45
12	100570	236	Carlos Fernandes	45-49	SFRAA TRIATLO	00:14:46	00:01:25	00:57:51	00:00:00	00:21:54	01:35:56	00:15:25
13	104877	208	Nuno Dias	35-39	AMICICLO GRÂNDOLA	00:17:23	00:01:32	00:56:22	00:00:00	00:22:15	01:37:32	00:17:01
14	102225	246	Tiago Margarido	CAD	Sport Lisboa e Benfica	00:13:01	00:01:03	01:01:54	00:00:00	00:25:00	01:40:58	00:20:27
15	107597	235	Avelino Santos	30-34	SFRAA TRIATLO	00:23:26	00:01:40	00:55:05	00:00:00	00:21:29	01:41:40	00:21:09
16	101543	249	Luís Gonçalves	45-49	Clube de Triatlo do Fundão	00:14:24	00:01:34	01:00:30	00:00:00	00:25:49	01:42:17	00:21:46
17	101762	237	Pedro Bilro	45-49	SFRAA TRIATLO	00:19:04	00:02:12	00:59:12	00:00:00	00:25:55	01:46:23	00:25:52
18	104823	210	Nuno Nobre	50-54	Clube Millenniumbcp	00:22:46	00:01:34	00:59:31	00:00:00	00:23:40	01:47:31	00:27:00
19	108321	230	Nuno André Vilão dos Santos	40-44	DAR-Recardães EXPansion	00:18:21	00:01:36	01:01:58	00:00:00	00:27:16	01:49:11	00:28:40
20	107541	215	João Amaral	45-49	Clube de Triatlo de Viseu	00:18:31	00:02:30	01:04:41	00:00:00	00:24:47	01:50:29	00:29:58
21	101534	214	António Catarino	55-59	Clube de Triatlo do Fundão	00:18:25	00:01:48	00:53:53	00:00:00	00:37:27	01:51:33	00:31:02
22	104519	229	Pedro Tavares	45-49	Clube de Triatlo de Viseu	00:18:31	00:02:29	01:00:48	00:00:00	00:29:47	01:51:35	00:31:04
23	108610	253	José Damas	60-64	Clube Triatlo de Abrantes	00:21:57	00:02:44	00:58:00	00:00:00	00:28:56	01:51:37	00:31:06
24	107765	241	João Santos	40-44	DAR-Recardães EXPansion	00:16:54	00:02:09	01:01:55	00:00:00	00:31:56	01:52:54	00:32:23
25	107844	250	Artur Resende Santana	CAD	Clube Triatlo de Abrantes	00:18:49	00:02:03	01:05:20	-	-	01:53:03	00:32:32
26	101041	239	Luis Ferreira	50-54	Associação Académica de São Mamede	00:15:44	00:02:21	01:06:50	00:00:00	00:30:20	01:55:15	00:34:44
27	105950	216	Tiago Ferreira	40-44	Clube de Triatlo de Viseu	00:17:58	00:02:26	01:06:57	00:00:00	00:28:16	01:55:37	00:35:06
28	101830	221	João Boim	45-49	AMICICLO GRÂNDOLA	00:17:57	00:02:01	01:05:56	-	-	01:55:46	00:35:15

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
29	105143	217	Luís Santos	40-44	Clube Fluvial Vilacondense	00:21:32	00:02:29	01:01:08	-	-	01:57:51	00:37:20
30	105501	252	Pedro Afonso Marques	20-24	Clube Triatlo de Abrantes	00:17:10	00:01:39	01:09:12	00:00:00	00:30:21	01:58:22	00:37:51
31	104639	254	Carlos Vitorino	55-59	Clube Triatlo de Abrantes	00:22:04	00:02:10	01:03:42	-	-	01:58:50	00:38:19
32	102223	223	Rui Salgueiro	45-49	Tramagal Sport União	00:21:36	00:01:33	01:02:22	-	-	01:59:42	00:39:11
33	105743	204	Abílio João Malheiro	45-49	Clube Fluvial Vilacondense	00:21:33	00:02:02	01:09:34	00:00:00	00:28:46	02:01:55	00:41:24
34	106855	213	Ângelo Fernandes	45-49	Clube de Triatlo de Viseu	00:20:30	00:02:28	01:08:36	-	-	02:03:33	00:43:02
35	107315	203	André Coelho	35-39	Clube de Triatlo de Viseu	00:20:58	00:02:52	01:19:13	00:01:32	00:30:20	02:14:55	00:54:24
36	106692	227	Pedro Gonçalves	35-39	Clube Fluvial Vilacondense	00:21:49	00:02:11	01:24:21	00:01:27	00:27:09	02:16:57	00:56:26
37	101453	200	Ulisses Lopes	45-49	Clube Fluvial Vilacondense	00:19:29	00:02:51	01:22:38	00:01:53	00:42:15	02:29:06	01:08:35
38	0	228	Mário Magalhães	60-64	Não Federado	00:23:18	00:03:59	01:27:14	00:02:39	00:42:00	02:39:10	01:18:39