

Local da Prova: **Portimão**

Data: **01/10/2022**

Hora da Partida: **00:00:00**

Distancias: Natação - 750m (1 volta)

Ciclismo - 20.300 (2 voltas)

Corrida - 5.000 (2 voltas)

Classificações Absolutos Femininos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	Ciclismo	Corrida	T.Ind.	T.Equipa	Diff.
1	100515	109C	Rafaela Cananó Silva	ABS	Sport Lisboa e Benfica	00:11:10	00:34:17	00:18:47	01:04:14	01:04:14	-
	100701	109E	Melanie Santos	ABS	Sport Lisboa e Benfica	00:11:09	00:34:18	00:18:47	01:04:14		
	100469	109F	Madalena Almeida	ABS	Sport Lisboa e Benfica	00:11:10	00:34:17	00:18:47	01:04:14		
	103073	109B	Cassilda Carvalho	ABS	Sport Lisboa e Benfica	00:11:10	-	-	01:08:47		
	100643	109A	Beatriz Pinto	ABS	Sport Lisboa e Benfica	00:12:00	00:37:55	-	DNF		
	102291	109D	Letícia Magalhães	ABS	Sport Lisboa e Benfica	-	-	-	DNS		
2	101358	110C	Ana Ramos	SEN	Clube de Natação de Torres Novas	00:11:34	00:34:56	00:19:02	01:05:32	01:05:33	00:01:19
	100316	110A	Maria Tomé	SEN	Clube de Natação de Torres Novas	00:11:30	00:34:57	00:19:06	01:05:33		
	101605	110B	Joana Miranda	SEN	Clube de Natação de Torres Novas	00:11:31	00:34:54	00:19:08	01:05:33		
	101620	110D	Mariana Correia	SEN	Clube de Natação de Torres Novas	00:11:51	00:43:12	-	DNF		
3	102284	107A	Ana Carapeta	ABS	Alhandra Sporting Club	00:12:13	00:35:24	00:19:35	01:07:12	01:07:14	00:03:00
	100671	107B	Inês Rico	ABS	Alhandra Sporting Club	00:12:13	-	-	01:07:12		
	100502	107D	Beatriz Boal	ABS	Alhandra Sporting Club	00:12:17	00:35:18	00:19:39	01:07:14		
	103057	107E	Inês Filipa Sousa	ABS	Alhandra Sporting Club	00:12:14	00:35:21	00:21:27	01:09:02		
	104354	107C	Matilde Tomás	ABS	Alhandra Sporting Club	00:12:18	-	-	DNF		
	100720	107F	Tatiana Marques	ABS	Alhandra Sporting Club	00:12:19	-	-	DNF		
4	100384	108A	Helena Paula Carvalho	ABS	Outsystems Olímpico de Oeiras	00:11:50	00:35:02	00:21:20	01:08:12	01:08:12	00:03:58
	102922	108B	Matilde Santos	ABS	Outsystems Olímpico de Oeiras	00:11:53	00:34:53	00:21:26	01:08:12		
	104204	108C	Beatriz Nunes Santos	ABS	Outsystems Olímpico de Oeiras	00:11:54	00:34:49	00:21:29	01:08:12		
	107787	108D	Francisca Parente	ABS	Outsystems Olímpico de Oeiras	00:14:50	00:39:15	-	DNF		
5	104367	106A	Raquel Rocha	SEN	CNATRIL Triatlo	00:13:29	00:35:41	00:19:09	01:08:19		

Classificações Absolutos Femininos

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	106503	106B	Mariana Marques	SEN	CNATRIL Triatlo	00:13:31	00:35:40	00:19:09	01:08:20		
	103649	106C	Tuxa Negri	SEN	CNATRIL Triatlo	00:13:30	-	-	01:08:20	01:08:20	00:04:06
6	103155	102A	Maria Inês França	ABS	CNCVG	00:15:24	00:41:30	00:24:38	01:21:32		
	105472	102B	Carla Guerra	ABS	CNCVG	00:15:17	00:41:37	00:24:38	01:21:32		
	106531	102C	Marta Barbosa	ABS	CNCVG	00:15:16	00:41:38	00:24:38	01:21:32	01:21:32	00:17:18
	103688	102D	Mariana Paulino	ABS	CNCVG	00:15:17	00:47:42	-	DNF		
7	107484	101A	Matilde Martins	ABS	Lusitano / Frusoal	00:15:46	00:45:01	00:25:08	01:25:55		
	104244	101B	Natacha Santos	ABS	Lusitano / Frusoal	00:15:44	00:45:02	00:25:09	01:25:55		
	103200	101C	Cláudia Ferreira	ABS	Lusitano / Frusoal	00:15:45	00:45:03	00:25:07	01:25:55	01:25:55	00:21:41
8	100141	103A	Fernanda Marques Santinha	VET	Clube Oriental de Lisboa	00:18:08	00:49:33	00:26:55	01:34:36		
	104775	103B	Elisabete Costa	VET	Clube Oriental de Lisboa	00:18:08	00:49:36	00:26:52	01:34:36		
	100696	103C	Maria Sousa	VET	Clube Oriental de Lisboa	00:18:08	00:49:34	00:26:54	01:34:36	01:34:36	00:30:22
9	100472	104A	Mariana Silva	ABS	SFRAA TRIATLO	00:17:34	00:50:40	00:30:31	01:38:45		
	100161	104B	Joana Tomé	ABS	SFRAA TRIATLO	00:17:34	00:50:44	00:30:27	01:38:45		
	104869	104C	Sofia Cruz	ABS	SFRAA TRIATLO	00:18:06	00:50:09	00:30:30	01:38:45	01:38:45	00:34:31