

Local da Prova: **Caparica - Trafaria**

Data: **23/10/2022**

Hora da Partida: **08:45:15**

Distancias: **Natação - 1.500m (2 voltas)**

Ciclismo - 39.600m (4 voltas)

Corrida - 9.950m (3 voltas)

Classificação Grupo de Idade - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
20-24												
1	107321	2866	Luis Moleiro	20-24	Clube de Natação de Torres Novas	00:20:24	00:01:07	01:08:35	00:00:49	00:32:58	02:03:53	00:00:00
2	105629	3326	José Nunes	20-24	Alhandra Sporting Club	00:20:17	00:01:24	01:13:10	00:00:42	00:36:11	02:11:44	00:07:51
3	103638	2835	Guilherme Bonito	20-24	Outsystems Olímpico de Oeiras	00:19:43	00:01:00	01:14:23	00:00:42	00:39:36	02:15:24	00:11:31
4	107651	2959	Bernardo Dionísio	20-24	Sport Lisboa e Benfica	00:19:34	00:01:12	01:14:16	00:00:54	00:42:18	02:18:14	00:14:21
5	100283	2993	João Maria Inácio	20-24	Pimpões Triatlo	00:25:04	00:02:56	01:16:51	00:00:52	00:37:43	02:23:26	00:19:33
DNS	105548	2673	Gonçalo Brito	20-24	Sporting Clube de Espinho - FERSILVA	-	-	-	-	-	DNS	

25-29

1	100787	2556	Afonso Garcia	25-29	Outsystems Olímpico de Oeiras	00:19:34	00:01:02	01:09:36	00:00:46	00:38:29	02:09:27	00:00:00
2	108559	3650	Nelson Oliveira	25-29	AmoraSub/Associação Naval Amorense	00:20:26	00:01:12	01:13:02	00:00:37	00:36:18	02:11:35	00:02:08
3	104855	3720	Tiago Lopes	25-29	Outsystems Olímpico de Oeiras	00:21:10	00:01:22	01:09:38	00:01:01	00:44:10	02:17:21	00:07:54
4	107646	2956	Ricardo Silva	25-29	LXTRIATHLON	00:25:20	00:01:36	01:23:31	00:00:49	00:42:15	02:33:31	00:24:04
5	108496	3587	Daniel Amaral	25-29	Clube dos Galitos	00:28:03	00:02:22	01:23:30	00:00:59	00:44:10	02:39:04	00:29:37
6	108761	3809	Luis Gonçalves	25-29	Individual	00:27:30	00:04:11	01:32:47	00:02:46	00:43:46	02:51:00	00:41:33
DNS	100208	2572	Miguel Tomé	25-29	SFRAA TRIATLO	-	-	-	-	-	DNS	
DNS	108284	3335	Nuno Silva	25-29	AmoraSub/Associação Naval Amorense	-	-	-	-	-	DNS	
DNS	101325	3409	José Luís Virtuoso	25-29	AmoraSub/Associação Naval Amorense	-	-	-	-	-	DNS	
DNS	108679	3730	Miguel Ponce Leão	25-29	Individual	-	-	-	-	-	DNS	
DNS	104009	3876	Mário Rocha	25-29	Clube dos Galitos	-	-	-	-	-	DNS	

30-34

1	106271	3438	Adriano Correia	30-34	Clube de Natação de Torres Novas	00:20:03	00:01:10	01:13:43	00:00:35	00:34:04	02:09:35	00:00:00
2	103974	3858	João Rodrigues	30-34	A. R. Casaense	00:20:37	00:01:16	01:14:49	00:00:42	00:34:18	02:11:42	00:02:07
3	107729	2987	Henrique Moreira	30-34	Clube dos Galitos	00:25:12	00:01:32	01:15:25	00:00:48	00:33:52	02:16:49	00:07:14

Classificação Grupo de Idade - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
4	108173	3272	Ricardo Passos	30-34	Palmela Desporto / Tripla Rotação	00:25:06	00:01:48	01:17:51	00:00:57	00:36:54	02:22:36	00:13:01
5	108160	3249	Tiago Luis	30-34	SUC - Silvestre Festas / MoonSport Innerme	00:24:59	00:01:18	01:19:00	00:01:13	00:38:18	02:24:48	00:15:13
6	107246	2964	Daniel Marques	30-34	Sporting Clube de Portugal	00:25:21	00:01:44	01:15:42	00:01:03	00:41:20	02:25:10	00:15:35
7	100800	3026	David Maia	30-34	Outsystems Olímpico de Oeiras	00:25:03	00:01:23	01:16:06	00:00:57	00:42:42	02:26:11	00:16:36
8	102824	3182	Rui Lucas	30-34	Peniche A. C.	00:26:20	00:01:48	01:19:24	00:01:00	00:38:13	02:26:45	00:17:10
9	107877	3076	Hugo Fragoso	30-34	AmoraSub/Associação Naval Amorense	00:26:30	00:01:57	01:23:08	00:01:15	00:42:21	02:35:11	00:25:36
10	108234	3314	Daniel Doe	30-34	Individual	00:26:19	00:02:14	01:21:18	00:01:04	00:46:01	02:36:56	00:27:21
11	103315	3204	Cristiano Marques	30-34	Pedrogão Triatlo	00:25:27	00:02:00	01:26:24	00:01:22	00:46:06	02:41:19	00:31:44
12	108701	3832	João Santos Silva	30-34	Individual	00:26:57	00:02:38	01:30:10	00:01:01	00:40:47	02:41:33	00:31:58
13	107380	2881	Gonçalo Gonçalves	30-34	Exército de Portugal	00:27:36	00:01:31	01:27:14	00:02:14	00:44:45	02:43:20	00:33:45
14	107893	3082	Ricardo Pires	30-34	BEST	00:34:35	00:02:50	01:24:16	00:01:07	00:44:09	02:46:57	00:37:22
15	108657	3714	Mauro Magalhães	30-34	Clube Millenniumbcp	00:29:07	00:03:22	01:41:49	00:01:36	00:57:04	03:12:58	01:03:23
DNF	107738	2994	Emanuel Freitas	30-34	Palmela Desporto / Tripla Rotação	00:26:20	00:01:24	-	-	-	DNF	
DNS	103780	3448	João Cordeiro	30-34	Try Portugal / V. Janes	-	-	-	-	-	DNS	
DNS	108659	3717	Tiago Araújo	30-34	Individual	-	-	-	-	-	DNS	

35-39

1	101010	3704	Nuno Rodrigues	35-39	CNCVG	00:20:26	00:01:09	01:13:23	00:00:38	00:35:03	02:10:39	00:00:00
2	102222	3815	Ricardo Rosado	35-39	Núcleo do Sporting da Golegã	00:25:07	00:01:20	01:10:51	00:00:38	00:35:14	02:13:10	00:02:31
3	104870	3031	Miguel Neto Gonçalves	35-39	Clube dos Galitos	00:19:51	00:01:16	01:15:51	00:00:48	00:37:54	02:15:40	00:05:01
4	106826	2715	Ricardo Durão	35-39	Estoril Praia Credibom	00:24:43	00:01:17	01:11:23	00:00:52	00:37:48	02:16:03	00:05:24
5	106930	2740	Eduardo Gonçalves	35-39	A. R. Casaense	00:21:27	00:01:48	01:14:29	00:01:02	00:37:31	02:16:17	00:05:38
6	106925	2736	Rui Martins	35-39	Sporting Clube de Portugal	00:25:27	00:01:36	01:15:30	00:00:49	00:35:34	02:18:56	00:08:17
7	104622	3197	Fábio Faustino	35-39	Vasco da Gama Atlético Clube Sines	00:25:29	00:01:38	01:15:29	00:01:04	00:37:58	02:21:38	00:10:59
8	107647	2957	Henrique Pereira	35-39	Outsystems Olímpico de Oeiras	00:20:27	00:01:24	01:22:31	00:01:13	00:36:28	02:22:03	00:11:24
9	105795	3814	Luis Viedma	35-39	Pimpões Triatlo	00:25:54	00:01:38	01:17:20	00:00:48	00:36:37	02:22:17	00:11:38
10	106708	2679	João Freitas	35-39	Try Portugal / V. Janes	00:25:42	00:02:31	01:15:19	00:00:45	00:39:41	02:23:58	00:13:19
11	106232	3310	Leonel Marques	35-39	CNCVG	00:25:57	00:01:23	01:18:02	00:01:18	00:37:28	02:24:08	00:13:29
12	104877	3085	Nuno Dias	35-39	AMICICLO GRÂNDOLA	00:26:47	00:01:30	01:16:52	00:00:48	00:38:26	02:24:23	00:13:44
13	102590	3279	Ivo Pona	35-39	Outsystems Olímpico de Oeiras	00:25:51	00:02:18	01:17:06	00:01:40	00:39:05	02:26:00	00:15:21
14	106795	2704	Filipe Vieira	35-39	Clube de Futebol Os Belenenses	00:25:44	00:01:18	01:17:36	00:01:00	00:42:07	02:27:45	00:17:06
15	105322	3544	Bruno Martins	35-39	Triatlo Fundação Salesianos	00:25:07	00:01:31	01:17:42	00:01:33	00:43:35	02:29:28	00:18:49

Classificação Grupo de Idade - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
16	101493	3119	Jose Paiva	35-39	Clube dos Galitos	00:23:09	00:01:16	01:20:29	00:00:56	00:45:10	02:31:00	00:20:21
17	108298	3340	João Dinis	35-39	Clube Atlético de Oliveira do Hospital	00:28:17	00:02:01	01:21:43	00:01:03	00:38:47	02:31:51	00:21:12
18	107625	2948	Marco Cunha	35-39	AmoraSub/Associação Naval Amorense	00:29:13	00:01:35	01:21:49	00:01:03	00:38:12	02:31:52	00:21:13
19	107993	3117	David Fernandes	35-39	Sporting Clube de Portugal	00:28:59	00:01:33	01:18:13	00:01:02	00:42:31	02:32:18	00:21:39
20	105948	3066	João Saldanha Lopes	35-39	LXTRIATHLON	00:25:32	00:01:44	01:23:27	00:00:56	00:42:41	02:34:20	00:23:41
21	108702	3734	Daniel Jose Cesario	35-39	AmoraSub/Associação Naval Amorense	00:26:29	00:02:16	01:21:47	00:01:00	00:43:33	02:35:05	00:24:26
22	106193	3219	Miguel Simões	35-39	GRCD Leião Triatlo	00:25:54	00:02:04	01:21:53	00:01:27	00:45:15	02:36:33	00:25:54
23	104719	3302	Carlos Escorcio	35-39	Clube de Futebol Os Belenenses	00:27:11	00:01:50	01:24:55	00:01:15	00:42:05	02:37:16	00:26:37
24	108035	3153	Sergio Vicente	35-39	AmoraSub/Associação Naval Amorense	00:26:44	00:02:41	01:22:37	00:01:39	00:46:52	02:40:33	00:29:54
25	106260	3386	Flávio Figueiredo	35-39	Exército de Portugal	00:25:30	00:02:18	01:32:27	00:01:01	00:43:15	02:44:31	00:33:52
26	108419	3471	Pedro Borges	35-39	Individual	00:25:59	00:02:38	01:37:53	00:01:35	00:48:00	02:56:05	00:45:26
DSQ	102718	3115	Rafael Batista	35-39	Louletano	00:20:32	00:01:50	01:14:26	00:00:46	-	DSQ	
DNS	108070	3178	Guilherme Marta	35-39	Individual	-	-	-	-	-	DNS	
DNS	103409	3360	João Paulo Cardoso	35-39	Exército de Portugal	-	-	-	-	-	DNS	
DNS	103797	3682	João Gonçalves	35-39	Clube de Futebol Os Belenenses	-	-	-	-	-	DNS	
DNS	103916	3793	Rui Melo	35-39	A. R. Casaense	-	-	-	-	-	DNS	

40-44

1	100757	4043	Bruno Pais	40-44	Estoril Praia Credibom	00:20:30	00:01:00	01:08:44	00:00:52	00:35:22	02:06:28	00:00:00
2	102323	4197	Hugo Pina	40-44	CNCVG	00:21:17	00:01:18	01:14:12	00:00:49	00:35:08	02:12:44	00:06:16
3	105312	5169	Alex Cabrita	40-44	Louletano	00:24:55	00:01:27	01:11:01	00:00:42	00:35:04	02:13:09	00:06:41
4	101717	4637	João França	40-44	Clube dos Galitos	00:20:56	00:01:27	01:14:06	00:00:58	00:37:04	02:14:31	00:08:03
5	102653	5242	Nuno Neves	40-44	Louletano	00:20:35	00:01:23	01:14:43	00:00:44	00:37:19	02:14:44	00:08:16
6	101340	4102	João Fragoso	40-44	Estoril Praia Credibom	00:25:13	00:01:14	01:10:55	00:01:00	00:39:42	02:18:04	00:11:36
7	104762	5295	João Mártires da Silva	40-44	Estoril Praia Credibom	00:25:26	00:01:12	01:13:48	00:01:01	00:37:19	02:18:46	00:12:18
8	101520	5067	Tiago Lobo	40-44	Mc Donald's/Tribraga	00:21:14	00:01:13	01:18:37	00:00:52	00:37:46	02:19:42	00:13:14
9	106709	5620	Bruno Rolim	40-44	Try Portugal / V. Janes	00:25:51	00:01:48	01:15:51	00:00:53	00:37:03	02:21:26	00:14:58
10	108589	5864	Bruno Costa	40-44	Clube de Triatlo do Fundão	00:25:25	00:01:46	01:15:31	00:01:05	00:38:24	02:22:11	00:15:43
11	102656	4278	João Martinho	40-44	CNATRIL Triatlo	00:21:38	00:01:26	01:17:31	00:00:59	00:41:16	02:22:50	00:16:22
12	105527	5209	Lourenço Mota	40-44	Clube dos Galitos	00:26:07	00:02:16	01:20:08	00:01:01	00:37:26	02:26:58	00:20:30
13	107087	4469	João Lobo	40-44	LXTRIATHLON	00:25:08	00:01:43	01:18:05	00:01:39	00:41:04	02:27:39	00:21:11
14	107136	5526	Pedro Miranda	40-44	GRCD Leião Triatlo	00:26:47	00:02:08	01:20:06	00:01:12	00:43:41	02:33:54	00:27:26

Classificação Grupo de Idade - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
15	104915	5028	Rui Gaspar	40-44	Associação Humanitária Bombeiros dos Estoris	00:25:49	00:02:17	01:22:27	00:01:57	00:41:37	02:34:07	00:27:39
16	101783	5228	Pedro Fernandes	40-44	Clube Oriental de Lisboa	00:26:09	00:01:47	01:25:12	00:00:55	00:44:26	02:38:29	00:32:01
17	106613	4328	Guilherme Libório	40-44	Outsystems Olímpico de Oeiras	00:25:26	00:02:17	01:29:22	00:01:22	00:40:12	02:38:39	00:32:11
18	107550	5366	Lucas Sanabio	40-44	Estoril Praia Credibom	00:26:23	00:02:21	01:23:49	00:01:24	00:46:44	02:40:41	00:34:13
19	104374	5124	Nuno Mota	40-44	Individual	00:26:18	00:02:12	01:28:38	00:01:07	00:43:26	02:41:41	00:35:13
20	102306	4853	Mario Santana	40-44	Clube do Pessoal EDP	00:26:38	00:02:30	01:28:54	00:01:30	00:44:12	02:43:44	00:37:16
21	107179	4520	Nuno Faria	40-44	Palmela Desporto / Tripla Rotação	00:26:40	00:02:35	01:27:19	00:01:31	00:45:54	02:43:59	00:37:31
22	107712	5558	Justino Santos	40-44	LXTRIATHLON	00:26:01	00:02:39	01:32:06	00:01:26	00:48:19	02:50:31	00:44:03
23	103898	5261	Rui Santos	40-44	AmoraSub/Associação Naval Amorense	00:28:11	00:02:05	01:30:49	00:01:58	00:48:31	02:51:34	00:45:06
24	108621	5873	Dinis Delgado dos Santos	40-44	Individual	00:25:45	00:03:38	01:36:14	00:03:58	00:45:23	02:54:58	00:48:30
25	108090	5708	Joel Alexandre	40-44	Clube de Futebol Os Belenenses	00:27:04	00:02:41	01:36:55	00:01:09	00:51:39	02:59:28	00:53:00
26	108636	5883	Gustavo Neves	40-44	Individual	00:27:11	00:02:29	01:36:00	00:02:10	00:51:52	02:59:42	00:53:14
27	108141	5726	Eduardo Poças	40-44	GRCD Leão Triatlo	00:25:38	00:03:28	01:41:04	00:01:46	00:53:59	03:05:55	00:59:27
28	108363	5799	Luís Braz	40-44	GDR Manique de Cima	00:39:52	00:03:06	01:57:11	00:02:00	01:06:12	03:48:21	01:41:53
DNF	107615	5441	José Rafael Charrua	40-44	Individual	00:27:58	00:02:43	-	-	-	DNF	
DNS	105591	4115	Vasco Baptista	40-44	Individual	-	-	-	-	-	DNS	
DNS	105592	4543	Nuno Bela	40-44	Outsystems Olímpico de Oeiras	-	-	-	-	-	DNS	
DNS	102925	4738	Bruno Fonseca	40-44	3B - triatlo	-	-	-	-	-	DNS	
DNS	105321	5175	Joao Serralha	40-44	Clube de Futebol Os Belenenses	-	-	-	-	-	DNS	
DNS	102086	5643	Tiago Cochicho	40-44	GDR Manique de Cima	-	-	-	-	-	DNS	
DNS	108466	5828	Martin Leonardo Soto	40-44	Clube de Futebol Os Belenenses	-	-	-	-	-	DNS	
DNS	108673	5895	Cristóvão dos Santos	40-44	Clube de Natação de Torres Novas	-	-	-	-	-	DNS	

45-49

1	106615	4135	Bruno Teles Grilo	45-49	Estoril Praia Credibom	00:20:29	00:01:18	01:13:02	00:00:50	00:36:02	02:11:41	00:00:00
2	101865	4324	Rui Narigueta	45-49	Outsystems Olímpico de Oeiras	00:25:59	00:01:24	01:10:13	00:00:48	00:37:16	02:15:40	00:03:59
3	107657	5546	Alexandre Paiva Nunes	45-49	Individual	00:26:37	00:01:41	01:16:44	00:00:51	00:37:23	02:23:16	00:11:35
4	101619	4711	Marco Sousa	45-49	Pedrógão Triatlo	00:25:17	00:01:12	01:18:43	00:01:02	00:37:41	02:23:55	00:12:14
5	105315	5170	Hugo Gaudêncio	45-49	REPSOL TRIATLO	00:24:50	00:01:29	01:17:16	00:01:10	00:39:27	02:24:12	00:12:31
6	108353	5793	Rui Duarte	45-49	Triatlo de Faro	00:21:19	00:01:42	01:21:58	00:01:04	00:39:06	02:25:09	00:13:28
7	100578	8421	Henrique Matias	45-49	CNATRIL Triatlo	00:25:16	00:01:43	01:15:37	00:00:59	00:42:02	02:25:37	00:13:56
8	108712	5900	Celso Guerra	45-49	AmoraSub/Associação Naval Amorense	00:26:06	00:01:46	01:16:25	00:01:00	00:41:43	02:27:00	00:15:19

Classificação Grupo de Idade - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
9	101543	4644	Luís Gonçalves	45-49	Clube de Triatlo do Fundão	00:25:22	00:01:50	01:17:38	00:00:48	00:42:59	02:28:37	00:16:56
10	106381	4405	Rui Pereira	45-49	Peniche A. C.	00:26:05	00:02:11	01:17:13	00:01:43	00:42:32	02:29:44	00:18:03
11	103282	4843	Pedro Fernandes	45-49	CNATRIL Triatlo	00:25:18	00:02:13	01:17:54	00:01:28	00:43:05	02:29:58	00:18:17
12	107581	5380	Francisco Brígido	45-49	BEST	00:27:09	00:03:45	01:21:37	00:01:25	00:40:38	02:34:34	00:22:53
13	105791	5311	João Rosa	45-49	Peniche A. C.	00:25:51	00:01:56	01:20:42	00:01:13	00:45:04	02:34:46	00:23:05
14	102308	4855	Clélio Cunha	45-49	Associação Humanitária Bombeiros dos Estoris	00:26:06	00:02:27	01:25:19	00:01:09	00:42:06	02:37:07	00:25:26
15	103899	4929	Esmeraldino Sá	45-49	AmoraSub/Associação Naval Amorense	00:27:20	00:01:45	01:24:49	00:01:22	00:41:53	02:37:09	00:25:28
16	105299	5167	Bruno Ornelas	45-49	CAFH	00:25:50	00:02:34	01:23:15	00:01:07	00:45:14	02:38:00	00:26:19
17	103989	4981	José Farinha	45-49	Clube Millenniumbcp	00:28:37	00:01:55	01:20:14	00:01:37	00:45:55	02:38:18	00:26:37
18	102082	4071	Rui de Oliveira	45-49	SUC - Silvestre Festas / Moonport Innerme	00:21:32	00:01:39	01:27:48	00:01:09	00:46:16	02:38:24	00:26:43
19	104894	4104	André Cabral	45-49	Outsystems Olímpico de Oeiras	00:26:07	00:03:04	01:27:56	00:00:54	00:41:20	02:39:21	00:27:40
20	106338	4310	Ken Gielen	45-49	AmoraSub/Associação Naval Amorense	00:20:52	00:01:49	01:27:26	00:01:43	00:47:33	02:39:23	00:27:42
21	104544	4172	Luís Miguel Tomé	45-49	Peniche A. C.	00:31:28	00:01:26	01:21:19	00:00:55	00:44:36	02:39:44	00:28:03
22	105386	5193	Nuno José	45-49	GRCD Leião Triatlo	00:26:35	00:02:41	01:19:35	00:01:57	00:49:16	02:40:04	00:28:23
23	105293	5163	Hugo Henriques	45-49	Clube de Futebol Os Belenenses	00:26:45	00:01:53	01:27:46	00:01:17	00:43:03	02:40:44	00:29:03
24	100131	4838	Rodrigo Costa	45-49	REPSOL TRIATLO	00:20:17	00:01:34	01:29:27	00:01:20	00:49:20	02:41:58	00:30:17
25	108210	5757	Rui Silvestre	45-49	Triatlo de Faro	00:26:54	00:02:09	01:21:20	00:01:31	00:50:37	02:42:31	00:30:50
26	106710	5605	Pedro Filipe	45-49	Try Portugal / V. Janes	00:23:37	00:02:10	01:24:54	00:02:13	00:49:59	02:42:53	00:31:12
27	108015	5656	Artur Alves	45-49	GRCD Leião Triatlo	00:27:20	00:03:22	01:25:51	00:02:14	00:45:17	02:44:04	00:32:23
28	108047	5681	Marco Rocha	45-49	Outsystems Olímpico de Oeiras	00:26:27	00:02:43	01:33:13	00:01:14	00:42:03	02:45:40	00:33:59
29	101567	4249	Luís Cipriano	45-49	AMCR Fonte Grada	00:32:35	00:01:43	01:26:50	00:01:02	00:46:08	02:48:18	00:36:37
30	105947	5358	Nuno Malaquias	45-49	Sport Algés e Dafundo	00:33:29	00:02:22	01:28:53	00:01:32	00:48:34	02:54:50	00:43:09
31	107635	5458	António Silva	45-49	Individual	00:34:23	00:05:51	01:30:45	00:01:40	00:49:45	03:02:24	00:50:43
32	108676	5324	Pedro Botelho	45-49	AmoraSub/Associação Naval Amorense	00:26:19	00:03:37	01:34:53	00:02:30	00:56:03	03:03:22	00:51:41
33	106949	5049	Nuno Mendes Soares	45-49	CNAIvito	00:25:53	00:02:48	01:42:58	00:01:36	00:52:12	03:05:27	00:53:46
34	106496	5407	Paulo Gonçalves	45-49	Outsystems Olímpico de Oeiras	00:26:24	00:01:56	01:38:19	00:01:33	00:57:48	03:06:00	00:54:19
35	105223	5137	Nuno Luís Sousa	45-49	Individual	00:34:01	00:03:19	01:38:30	00:01:24	00:50:41	03:07:55	00:56:14
36	100577	4430	Hélder Gonçalves Ribeiro	45-49	Individual	00:39:57	00:02:30	01:35:40	00:01:34	00:53:41	03:13:22	01:01:41
DNF	107198	4561	Rui Fonseca	45-49	Clube de Futebol Os Belenenses	00:25:19	00:01:42	01:05:46	-	-	DNF	
DNS	101008	4105	Mario Pires	45-49	Clube de Futebol Os Belenenses	-	-	-	-	-	DNS	
DNS	100630	4114	Alexandre Rico	45-49	Alhandra Sporting Club	-	-	-	-	-	DNS	
DNS	102063	4171	Eduardo Costa	45-49	SUC - Silvestre Festas / Moonport Innerme	-	-	-	-	-	DNS	
DNS	103720	4445	João Cunha Rêgo	45-49	Triatlo Clube Tap	-	-	-	-	-	DNS	

Classificação Grupo de Idade - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
DNS	101824	4814	Gonçalo Resina	45-49	Núcleo do Sporting da Golegã	-	-	-	-	-	DNS	

50-54

1	103671	4372	João Faria	50-54	Associação Académica de São Mamede	00:23:55	00:02:06	01:14:27	00:01:10	00:37:26	02:19:04	00:00:00
2	101531	4530	Luís Filipe Valente	50-54	Clube Oriental de Lisboa	00:25:49	00:01:22	01:17:01	00:01:09	00:40:05	02:25:26	00:06:22
3	101596	4632	Gonçalo Neves	50-54	Pedrogão Triatlo	00:21:22	00:01:07	01:21:38	00:00:54	00:43:28	02:28:29	00:09:25
4	103321	4860	Renato Araújo	50-54	AmoraSub/Associação Naval Amorense	00:26:18	00:01:53	01:20:46	00:00:57	00:41:36	02:31:30	00:12:26
5	104823	5041	Nuno Nobre	50-54	Clube Millenniumbcp	00:29:10	00:01:39	01:19:44	00:00:59	00:40:26	02:31:58	00:12:54
6	106315	4355	José Carlos Abrantes	50-54	Exército de Portugal	00:25:28	00:02:18	01:24:02	00:01:11	00:39:33	02:32:32	00:13:28
7	100517	4022	Paulo Teles	50-54	3B - triatlo	00:25:58	00:01:46	01:16:38	00:01:03	00:47:13	02:32:38	00:13:34
8	100743	4035	Paulo Jorge Correia Lamego	50-54	Sport Algés e Dafundo	00:25:28	00:01:45	01:20:17	00:01:09	00:44:37	02:33:16	00:14:12
9	105326	5178	Luís Marques	50-54	Sporting Clube de Espinho - FERSILVA	00:28:39	00:03:41	01:26:01	00:01:35	00:41:13	02:41:09	00:22:05
10	100330	4228	Ricardo Rodrigues	50-54	Try Portugal / V. Janes	00:27:37	00:02:45	01:26:06	00:01:10	00:45:27	02:43:05	00:24:01
11	103129	4895	Paulo Goulart	50-54	Clube de Futebol Os Belenenses	00:25:54	00:01:55	01:23:46	00:01:03	00:51:00	02:43:38	00:24:34
12	104138	4322	Adolfo Vagos	50-54	Peniche A. C.	00:33:36	00:01:40	01:28:37	00:01:14	00:45:57	02:51:04	00:32:00
13	102433	4086	Miguel Rocha	50-54	Clube de Futebol Os Belenenses	00:27:19	00:02:23	01:33:43	00:01:34	00:49:05	02:54:04	00:35:00
14	105774	5303	João Campos	50-54	Louletano	00:34:42	00:02:59	01:33:59	00:01:46	00:48:38	03:02:04	00:43:00
15	101323	4624	Jorge Bernardo	50-54	AmoraSub/Associação Naval Amorense	00:32:22	00:03:10	01:38:59	00:00:57	00:47:22	03:02:50	00:43:46
16	100553	4523	Miguel Cruz	50-54	Clube Millenniumbcp	00:34:42	00:04:11	01:32:57	00:02:01	00:52:14	03:06:05	00:47:01
17	102935	4718	Rui Magalhães	50-54	Clube Millenniumbcp	00:29:07	00:03:05	01:42:05	00:01:37	00:57:04	03:12:58	00:53:54
DNF	103173	4427	Miguel David	50-54	Clube Oriental de Lisboa	00:25:29	00:01:37	-	-	-	DNF	
DNS	106584	4052	Rui Afonso	50-54	Clube de Futebol Os Belenenses	-	-	-	-	-	DNS	
DNS	103788	4623	Paulo Menezes	50-54	SUC - Silvestre Festas / MoonSport Innerme	-	-	-	-	-	DNS	
DNS	105619	4651	Pedro Queiroga	50-54	Individual	-	-	-	-	-	DNS	
DNS	107346	5009	Carlos Simão	50-54	Individual	-	-	-	-	-	DNS	
DNS	108647	5887	PEDRO TAROUCA	50-54	Individual	-	-	-	-	-	DNS	

55-59

1	100681	4003	João Miguel Nunes	55-59	Alhandra Sporting Club	00:26:08	00:01:26	01:21:12	00:00:57	00:41:54	02:31:37	00:00:00
2	107256	4715	Árístides Bordalo	55-59	Estoril Praia Credibom	00:26:39	00:02:03	01:25:04	00:01:11	00:38:53	02:33:50	00:02:13
3	100209	4586	Miguel T Duarte	55-59	Individual	00:25:37	00:02:00	01:23:21	00:02:19	00:43:51	02:37:08	00:05:31
4	100612	4148	Pedro Cordeiro	55-59	Sport Algés e Dafundo	00:25:04	00:01:43	01:20:44	00:01:34	00:48:48	02:37:53	00:06:16

Classificação Grupo de Idade - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
5	101089	4108	Paulo Renato Santos	55-59	Peniche A. C.	00:26:23	00:01:52	01:24:20	00:01:23	00:45:21	02:39:19	00:07:42
6	105571	5219	Rui Velez	55-59	Clube Oriental de Lisboa	00:26:38	00:01:57	01:24:36	00:01:02	00:46:57	02:41:10	00:09:33
7	104646	4528	Gabriel Alves	55-59	3B - triatlo	00:32:07	00:03:00	01:29:06	00:02:22	00:42:47	02:49:22	00:17:45
8	103307	4854	Paulo Renato Marques	55-59	Associação Humanitária Bombeiros dos Estoris	00:27:25	00:02:40	01:32:22	00:01:35	00:54:35	02:58:37	00:27:00
9	102995	4608	Luís Duque	55-59	GDR Manique de Cima	00:33:55	00:02:38	01:32:40	00:01:34	00:50:43	03:01:30	00:29:53
10	104914	5027	Pedro Costa Pereira	55-59	Estoril Praia Credibom	00:26:24	00:03:09	01:36:01	00:02:01	00:56:26	03:04:01	00:32:24
11	107814	5591	Pedro Soutelinho Correia Ribeiro	55-59	Outsystems Olímpico de Oeiras	00:28:52	00:01:54	01:44:38	00:01:27	00:57:19	03:14:10	00:42:33
DNS	101811	4151	António Calafate	55-59	Núcleo do Sporting da Golegã	-	-	-	-	-	DNS	
DNS	100903	4336	José Calheiros	55-59	Veteranos do Porto	-	-	-	-	-	DNS	

60-64

1	106649	4079	Antonio Horta	60-64	CPArmada	00:25:31	00:01:26	01:15:33	00:01:00	00:37:07	02:20:37	00:00:00
2	100793	4032	Carlos Gomes	60-64	Outsystems Olímpico de Oeiras	00:26:36	00:01:45	01:15:09	00:01:11	00:38:12	02:22:53	00:02:16
3	105058	5096	Carlos Brito	60-64	Try Portugal / V. Janes	00:25:19	00:01:30	01:16:43	00:01:04	00:42:33	02:27:09	00:06:32
4	100619	4005	José Maçarria	60-64	Individual	00:32:30	00:03:00	01:36:15	00:02:01	00:49:17	03:03:03	00:42:26
5	101076	4075	José Peixoto	60-64	Peniche A. C.	00:32:36	00:01:58	01:44:01	00:01:13	00:55:20	03:15:08	00:54:31
6	100685	4369	Jorge Corte-Real	60-64	Alhandra Sporting Club	00:34:55	00:03:31	01:44:34	00:03:01	00:54:22	03:20:23	00:59:46
DNF	104911	5025	António Marques	60-64	Associação Humanitária Bombeiros dos Estoris	00:25:49	00:02:39	01:41:07	00:03:17	-	DNF	
DNS	100308	4215	José Luís Correia	60-64	Associação Humanitária Bombeiros dos Estoris	-	-	-	-	-	DNS	
DNS	107874	5610	Luís Roseiro	60-64	Estoril Praia Credibom	-	-	-	-	-	DNS	

65-69

1	105667	5255	José Domingues	65-69	Triatlo Fundação Salesianos	00:27:35	00:02:34	01:22:23	00:01:23	00:44:35	02:38:30	00:00:00
2	100144	4059	Fernando Feijão	65-69	Individual	00:31:19	00:01:34	01:28:23	00:00:59	00:42:18	02:44:33	00:06:03
3	108175	5746	Manuel Massas Pires	65-69	Palmela Desporto / Tripla Rotação	00:32:43	00:03:38	01:33:31	00:01:57	00:45:21	02:57:10	00:18:40